Isolating high-quality RNA from kenaf

1	A simple and rapid method for isolating high quality DNA from kanaf
1	A simple and rapid method for isolating high-quality RNA from kenaf
2	containing high polysaccharide and polyphenol contents
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12	
13	Abstract
14	The isolation of high-quality RNA from kenaf is crucial for genetic and molecular biology studies.
15	However, high levels of polysaccharide and polyphenol compounds in kenaf tissues could
16	irreversibly bind to and coprecipitate with RNA, which complicates RNA extraction. In the present
17	study, we proposed a simplified, time-saving and low-cost extraction method for isolating high
18	quantities of high-quality RNA from several different kenaf tissues. RNA quality was measured for
19	yield and purity, and the proposed protocol yielded high quantities of RNA (10.1-12.9 μ g/g·FW).
20	Spectrophotometric analysis showed that $A_{260}/_{280}$ ratios of RNA samples were in the range of 2.11
21	to 2.13, and $A_{260/230}$ ratios were in the range of 2.04-2.24, indicating that the RNA samples were
22	free of polyphenols, polysaccharides, and protein contaminants after isolation. The method of RNA
23	extraction presented here was superior to the conventional CTAB method in terms of RNA isolation
24	efficiency and was more sample-adaptable and cost-effective than commercial kits. Furthermore, to
25	confirm downstream amenability, the high-quality RNA obtained from this method was
26	successfully used for RT-PCR, real-time RT-PCR and Northern blot analysis. We provide an
27	efficient and low-cost method for extracting high quantities of high-quality RNA from plants that
28	are rich in polyphenols and polysaccharides, and this method was also validated for the isolation of

- 29 high-quality RNA from other plants.
- 30

31 Key words: Kenaf (*Hibiscus cannabinus*); RNA isolation; high polysaccharide and polyphenol

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32 contents; RT-PCR; Northern blot analysis

33

34 1. Background

Obtaining RNA of high purity and integrity is important for conducting analytical studies, such 35 36 as reverse transcription, quantitative real-time polymerase chain reaction (qRT-PCR), Northern blot 37 and complementary DNA (cDNA) library construction, in plant molecular biology. However, isolation of high-quality RNA from higher plant tissues is a challenging process due to the 38 39 interference of endogenous RNase activation and external RNase introduction. In particular, tissues 40 that are rich in polysaccharides, polyphenolic compounds and other types of secondary metabolites 41 complicate RNA isolation (Tong et al., 2012). Polysaccharides are visually evident by their viscous, 42 glue-like texture and make the pipetting of nucleic acids unmanageable (Wang and Stegemann, 43 2010), and they can also coprecipitate with nucleic acids and constitute the major hurdle for RNA isolation (Ding et al., 2008). The coprecipitation of these compounds with RNA reduces yield and 44 45 increases the possibility of rapid degradation, making the sample unsuitable for further downstream applications due to the severe inhibition of enzymatic activity (Yang et al., 2017; Fang et al., 1992; 46 47 Moser et al., 2004). In turn, polyphenols are known to be readily oxidized to form quinones that can 48 irreversibly interact with proteins and nucleic acids to form high-molecular-weight complexes that 49 hinder isolation of good-quality RNA (Japelaghi et al., 2011). Furthermore, with maturity or 50 stressful plant growth conditions, tissues contain increased quantities of polyphenols and 51 polysaccharides, which may further encumber the isolation of high-quality RNA (Choudhary et al., 2016). Hence, with the removal of such components is necessary to achieve the isolation of RNA of 52 those 53 high quantity and quality. Many specific protocols, including utilizing 54 cetyltrimethylammonium bromide (CTAB)/NaCl (Chang et al., 1993), CTAB/LiCl (Khairul-Anuar et al., 2019), TRIzol (Guan et al., 2019) and sodium dodecyl sulfate (SDS) (Ma et al., 2015), 55 56 designed for plants with a high content of polysaccharides and polyphenols, have been developed 57 and used to render a high quantity of high-quality total RNA from young leaves (Dash, 2013). However, the majority of them pose certain limitations, as they are often expensive (Li et al., 2017), 58 59 time consuming (Sivakumar et al., 2007), tissue specific (Guan et al., 2019) or technically complex 60 (Japelaghi et al., 2011).

61 Kenaf (*Hibiscus cannabinus*) is an important fiber crop that is widely used in paper-making 62 and weaving (Monti and Alexopoulou, 2013) and harbors significant heterosis in terms of phloem

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fiber production. Therefore, understanding the genetic factors underlying heterosis in kenaf holds 63 64 promise for its breeding and production. Nucleic acid extraction from kenaf is notoriously difficult 65 because kenaf has high concentrations of polysaccharides and polyphenols, which could coprecipitate with RNA and inhibit the enzymatic reactions in subsequent steps (Japelaghi et al., 66 67 2011). Several protocols, such as those of commercial kits, have been reported for RNA isolation from kenaf tissues (Li et al., 2017; Tang et al., 2019). However, the obtained RNA was 68 contaminated by polysaccharides and easily degraded by residual RNase that could not be inhibited. 69 70 Furthermore, although the extraction of nucleic acids was shortened using commercial reagent kits 71 compared to conventional CTAB methods, these are not only expensive, but also contaminated by 72 phenolic compounds, saccharides and proteins, resulting in low-quality RNA that is unsuitable for 73 downstream applications.

74 Here, we present a simplified, efficient and cost-effective method for the isolation of high-quality total RNA from kenaf anthers, petals, leaves, stems and roots. For comparative 75 76 purposes, we established a protocol for RNA extraction using CTAB in the extraction buffer, lithium chloride (LiCl) for precipitation (Zhou et al., 2015), and a commercially available 77 78 ready-to-use reagent (Huayueyang, Beijing) for nucleic acid extraction. In contrast to the other 79 tested methods, the RNA prepared by this protocol represented a significant improvement in terms 80 of time savings and economics; additionally, the RNA was of high quality, extracted in high 81 quantities and successfully used for downstream applications such as RT-PCR, qRT-PCR and 82 Northern blot analysis. The proposed protocol was subsequently employed for successful RNA 83 extraction from other plants, such as cotton, Roselle and soybean.

84 **2. Materials and methods**

85 2.1. Plant material

Kenaf was cultivated in the test field of Guangxi Academy of Agricultural Sciences (Nanning,
Guangxi, China), and leaves, stems, roots, petals and anthers were collected at the flowering stage.
Both cotton anthers and Roselle calyxes were collected at the flowering stage as well. Soybean stem
were harvested from sixty-day-old plants grown in the field. All samples were flash-frozen in liquid
nitrogen and stored at -80 °C for further use.

91 2.2. RNA extraction

92 (1) Preparation

93 Prior to RNA extraction, mortars and pestles were wrapped in tin foil and baked in an oven at

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94	180 °C for 6 hours. All glassware was treated with 0.01% (v/v) diethylpyrocarbonate (DEPC) and					
95	autoclaved, and consumables (tips and tubes) were certified as RNase-free. All chemicals used were					
96	of molecular biology grade and purchased from Solarbio (Beijing, China). To limit exposure to					
97	noxious components (e.g., β -mercaptoethanol (B-ME), guanidine thiocyanate and					
98	phenol-chloroform), RNA extraction was conducted in a fume hood.					
99	(2) Solutions and reagents					
100	The RNA extraction buffer was composed of 100 mM Tris (pH 8.0), 25 mM EDTA (pH 8.0), 2					
101	M NaCl, 2% CTAB (w/v) and 7% B-ME $(V/V)^1$. Other solutions used in this study included a					
102	saturated guanidinium isothiocyanate solution (5 M), 100 and 75% (v/v) ethanol, RNase-free					
103	distilled deionized water, and water-saturated phenol: chloroform: isoamyl alcohol (PCI) 25:24:1					
104	(v/v/v). All solutions were prepared with 0.01% DEPC-treated distilled water. RNA isolation was					
105	carried out twice using independent pools of tissue samples.					
106	Notes: ¹ added just before use.					
107	(3) Nucleic acid isolation procedure					
108	Nucleic acid isolation was carried out using the following steps:					
109	(1) Initially, approximately 0.2-0.5 g of plant tissue sample was ground into a fine powder using a					

prechilled mortar and pestle under liquid nitrogen. Subsequently, the homogenized sample was immediately transferred into a 2-mL RNase-free centrifuge tube to minimize any RNA degradation.

112 (2) A total of 1 mL of extraction buffer that had been preheated to 65 °C was added, and the 113 suspension was thoroughly mixed and incubated for 10 min at 65 °C for adequate lysis.

114 (3) An equal volume of PCI (25: 24:1 v/v/v) was added and mixed thoroughly, and the mixture then 115 centrifuged at $18,000 \times g$ for 10 min at 4 °C.

116 (4) The aqueous phase was transferred into a new 2-mL RNase-free tube, and saturated guanidine

117 isothiocyanate (5 M) was added at a ratio of 1.7/1 according to the volume of supernatant. Then,

- 118 0.5-fold volume anhydrous ethanol was added and mixed gently.
- (5) The mixture was transferred to an RNA purification column and centrifuged at 18,000 ×g for 30
 s at 4 °C.

6 The eluate in the collection tube was discarded, and step (5) was repeated until all the mixture
had been processed.

123 (7) A total of 750 μ L of ethanol (75%) was added to the RNA spin column, which was then

124 centrifuged at 18,000 ×g for 30 s at 4 °C to wash the spin column membrane. The eluate in the

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125 collection tube was discarded.

- 126 (8) The RNA spin column was centrifuged for 2 min at full speed and 4 °C to ensure that no ethanol
- 127 remained in the column.

128 (9) The RNA spin column was placed in a new 1.5-mL RNase-free tube. Then, 50 μL of RNase-free

- 129 deionized water was added directly to the spin column membrane, and the column was placed on
- ice for 2 min. The tube was centrifuged for 2 min at $18,000 \times g$ at 4 °C to elute the RNA.

131 The other two comparative RNA extraction methods included the protocol described by Zhou

132 (2015) and a ready-to-use RNA extraction kit (Huayueyang, Beijing) that was implemented

133 following the manufacturer's instructions. Each kenaf tissue type (anthers, petals, mature leaves,

- 134 roots and stems) was extracted in two independent experiments and measured by each method.
- 135 **2.3. Assessment of RNA quantity and quality**

The purity and concentration of our RNA extracts were determined using a spectrophotometer (NanoDrop 2000, Thermo Scientific, USA) by measuring absorbance ratios of A_{260}/A_{280} and A_{260}/A_{230} . The integrity of total RNA was verified by running a 500-ng sample in a 1% (w/v) agarose gel that was then stained with SYBR Green II (Tiandz, China) and imaged using a UV transilluminator from Syngene (Bio-Rad, USA).

141 2.4. Reverse Transcriptase polymerase chain reaction (RT-PCR), real-time RT-PCR and 142 Northern blots

143 The isolated RNA samples were reverse transcribed to confirm downstream amenability. One 144 microgram of total RNA was used in a reverse transcription reaction using TransScript One-Step gDNA removal and cDNA synthesis SuperMix (TransGene Biotech, Beijing, China) to obtain 20 µL 145 146 of cDNA solution following the manufacturer's instructions. The cDNA was PCR amplified by 147 cox2, in which primers were designed to span introns and amplify a 717-bp fragment for cDNA and a 2208-bp fragment for gDNA, including a 1491-bp intron (primers are shown in Table 1). PCRs 148 149 were carried out in a final volume of 20 μ L of reaction mixture containing 10 μ L of 2 × Taq Master 150 Mix (Vazyme, China), 0.3 µM each forward and reverse primer and 50 ng of cDNA template. The thermal cycling program for PCR amplification was as follows: predenaturation at 94 °C for 3 min, 151 followed by 35 cycles of 40 s at 94 °C for denaturation, 1 min at 58 °C for annealing, 2 min at 152 153 72 °C for extension, and a final step of 5 min at 72 °C. The amplified product was visualized by gel electrophoresis in 1% (w/v) agarose gel. We also presented some samples for the expression of the 154 155 mitochondrial genes cox3 and atp9 using real-time RT-PCR and Northern blot analysis following

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- the procedure described by Liao et al (2016). All primer sequences used in this study are listed in
- 157 Table 1.
- 158
- 159 **Table 1** Primers used for this study.

Gene	Primer Sequence (5'-3')	Function	
cox2	F: GGATTTCAAGACGCAGCAACACCTA	Primers for RT-PCR	
COX2	R: TTAAGCTTCCCCGGTTTGGG	Primers for RI-PCR	
atn0	qF: ATGAATGATAAAGCGCGTGACGAG		
atp9	qR: CGGTTAGAGCAAAGCCCAAAATG	Primers for real-time	
cox3	qF: CGGAGCTTTGGCAACCACCG	RT-PCR	
013	qR: ACGTAGAACATCGCGCCACCA		
atp9	F: ATGAATGATAAAGCGCGTGACGAGA		
uip3	R: TCAGAATACGAATAAGATCAGAAAGGCCA	Primers for probe	
cox3	F: ACCGAGGCAAAGTGGTTTATGAT	labeling	
	R: AGCCCGATTCTCTTTGTCTTC		

160 **3. Results and discussion**

161 **3.1. Quantity, quality and yield of total RNA**

Several total RNA extraction protocols specifically designed for kenaf have been reported. 162 163 However, these protocols present important limitations: many reported methods utilize expensive 164 commercial extraction kits (Li et al., 2017; Tang et al., 2019), others were time consuming, which 165 could cause a potential risk of RNA degradation in the process of extraction (Zhou et al., 2015), while other kenaf-based protocols are for specific tissues (Chen et al., 2011). In the current study, 166 we described a rapid, efficient and reliable protocol that allowed for the extraction of high-quality 167 total RNA from several kenaf tissues. With our method, we successfully isolated high-quality RNA 168 from kenaf anthers (Fig. 1: lanes 1-2), sepals (Fig. 1: lanes 3-4), mature leaves (Fig. 1: lanes 5-6), 169 roots (Fig. 1: lanes 7-8) and stems (Fig. 1: lanes 9-10). RNA samples showed two sharp and 170 well-resolved ribosomal bands corresponding to the 28S and 18S rRNAs on 1.0% agarose gels (Fig. 171 172 1), and the 28S rRNA band was twice as abundant as the 18S rRNA band (Fig. 1), indicating that 173 little or no RNA samples isolated from the different tissues were degraded during the extraction. Spectrophotometric analysis revealed A₂₆₀/_{A280} ratios ranging between 2.11 and 2.15 (Table 1), 174 175 indicating a lack of protein contamination. Similarly, the A₂₆₀/A₂₃₀ ratios of all tested samples were 176 greater than 2.0, indicating that the obtained total RNA was highly pure and free of protein, polyphenol and polysaccharide contamination (Dash, 2013; Guan et al., 2019; Khairul-Anuar et al., 177 2019). The yields of total RNA extracted from different kenaf tissues were quite diverse depending 178

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on the tissue sources. The kenaf anthers yielded the highest amount of total RNA (229.31 μ g/g fresh weight (FW)), and the root issues displayed the lowest yield levels (76.24 μ g/g FW) (Table 1), indicative of the higher number of RNA cells in kenaf anthers than in roots, resulting in high sample recovery.

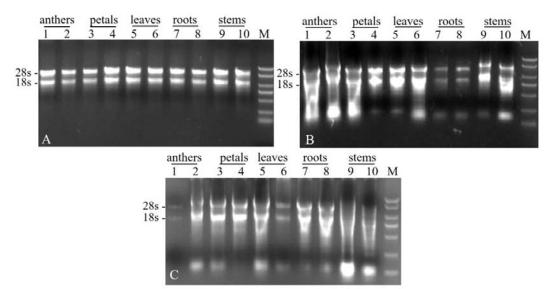
183 **3.2.** Comparison with the other RNA extraction methods

184 Nucleic acids isolated from kenaf tissues following the proposed protocol were compared in 185 terms of quantity and quality with those isolated from the LiCl-based protocol proposed by Zhou 186 (2015) and the ready-to-use RNA extraction kit (Huayueyang, Beijing). The quantity and purity of 187 kenaf RNA preparations when using this simple protocol were found to be superior to those 188 obtained using the previously reported protocols (Table 2 and Fig. 1). As shown in Table 2, the total 189 nucleic acid quantity was the highest when using the current protocol according to 190 spectrophotometric quantification, followed by similar amounts when using the RNA extraction kit, 191 and the yield was the lowest when using the method described by Zhou (2015). However, gel 192 electrophoresis showed that nucleic acids extracted from kenaf tissues were nearly degraded, especially when using the Li-Cl-based protocol described by Zhou (2015) (Fig. 1B and 1C). 193 194 Nucleic acid purity indicated by A_{260}/A_{280} absorbance ratios was between 1.48 and 1.94 for the 195 LiCl-based and RNA extraction kit protocols, respectively. This suggested that the high yields 196 shown by spectrophotometric analysis were likely the result of false measurements of secondary 197 metabolite contaminants (Wang et al., 2012), as polysaccharides and polyphenolic compounds often 198 coprecipitate and contaminate nucleic acids during extraction, thereby affecting both the quality and quantity of isolated nucleic acids (Kansal et al., 2008). Similarly, A260/A230 absorbance ratios were 199 200 lower (ranging between 0.55 and 1.41) following these two protocols, indicative of contamination 201 with polyphenols and polysaccharides (Kim and Hamada, 2005).

202 In the proposed method, CTAB, a strong ionic denaturing detergent, at a final concentration of 203 2% (w/v) and a high concentration of B-ME (7% (v/v)) were added in the extraction buffer. This 204 could completely solubilize the cell membranes and bind to the nucleic acid, as well as eliminate 205 most of the polysaccharides and polyphenolic compounds (Kim and Hamada, 2005; Wang et al., 206 2008). In addition, a relatively high NaCl content (2 M) in the extraction buffer promoted salting 207 out of the protein and avoided coprecipitation of polysaccharides with the RNA while leaving the RNA in solution (El-Ashram et al., 2016). Moreover, guanidinium isothiocyanate is an RNase 208 209 inhibitor that can effectively inhibit the activity of RNase during extraction (Suzuki et al., 2001).

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Furthermore, the presence of precooled 5 M guanidinium isothiocyanate and absolute ethyl alcohol 210 211 that could bind to nucleic acids formed a jelly-like precipitate that could then be adsorbed by an 212 RNA purification column. Taken together, these results show that good-quality total RNA was 213 successfully obtained from kenaf tissues with high levels of secondary metabolites. The current protocol of RNA isolation was not only efficient but also required less time (~ 1.5 h) that earlier 214 methods described by Chen et al (2011) and Zhou et al (2015), which required ~ 8 h. 215 Simultaneously, lower amounts of reagents were used throughout the current procedure, thus 216 217 contributing to reduced costs.



218

- 219 Fig. 1 Gel electrophoresis of kenaf RNA isolated from different tissues using the proposed protocol
- 220 (A), an RNA extraction kit (B) and a Li-Cl-based method (Zhou et al., 2015) (C). M, BM 5000
- 221 marker.
- Table 2 The purity and quality determination of RNA from kenaf tissues isolated by three different
- 223 protocols.

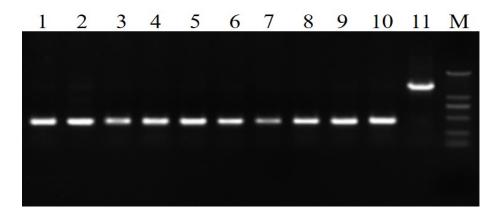
Protocol used	Tissue	Yield of total RNA (µg/g)	A ₂₆₀ /A ₂₈₀ ratio	A ₂₆₀ /A ₂₃₀ ratio
Current proposed	anthers	229.31±24.41	2.11±0.01	2.24±0.14
Current proposed	petals	91.56±9.73	2.11 ± 0.01	2.27 ± 0.09
Current proposed	leaves	95.75±6.1	2.15±0.01	2.04 ± 0.08
Current proposed	roots	76.24±13.89	2.15±0.01	2.40 ± 0.06
Current proposed	stems	105.96±13.32	2.13±0.02	2.32±0.21
RNA extraction kit	anthers	146.84 ± 31.06	1.82 ± 0.27	$0.69{\pm}0.04$
RNA extraction kit	petals	65.83±10.16	1.87 ± 0.33	1.20 ± 0.98
RNA extraction kit	leaves	80.52±14.72	1.48 ± 0.03	1.11 ± 0.42
RNA extraction kit	roots	19.04 ± 5.62	$1.94{\pm}0.07$	1.41 ± 0.55
RNA extraction kit	stems	65.35±9.53	$1.90{\pm}0.07$	1.38 ± 0.78
Zhou (2015)	anthers	30.64±9.9	$1.94{\pm}0.07$	$1.00{\pm}0.57$

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Zhou (2015)	petals	33.85±10.22	1.68 ± 0.30	0.92±0.15				
Zhou (2015)	leaves	23.22±4.76	1.70 ± 0.36	0.57±0.12				
Zhou (2015)	roots	42.39 ± 2.98	1.88 ± 0.12	0.55±0.16				
Zhou (2015)	stems	26.33±0.36	1.48 ± 0.03	$0.67 {\pm} 0.08$				

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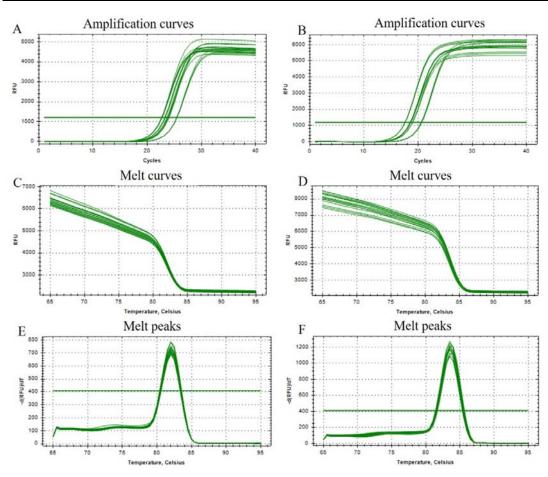
225 **3.3. Reverse transcription and downstream application of the RNA**

226 The RNA isolated by the proposed method was tested by amplifying the *cox2* gene fragment. A 227 2208-bp fragment was amplified using genomic DNA as a template, and a 717-bp fragment was amplified using cDNA as a template (Fig. 2). This suggested that the genomic DNA was 228 229 successfully eliminated from all samples by the gDNA remover reagent during reverse transcription, and PCR products using cDNA as the template indicated high-quality RNA extraction. Furthermore, 230 this differential amplification of fragments in genomic and cDNA samples not only proved the 231 232 quality of isolated RNA samples and the absence of DNA contamination but also confirmed the amenability of this method for downstream processing without any ambiguity. Moreover, the 233 234 isolation of RNA with the current protocol was successfully employed for real-time RT-PCR 235 (qRT-PCR) gene expression analysis and Northern blot analysis. As shown in Fig. 3, the values of qRT-PCR cycle thresholds (Ct) ranged from 17 to 25 cycles (Fig. 3A and 3B), and the melting 236 curve was specific, with a solitary peak occurring at approximately 82 °C to 83 °C (Fig. 3C-F). In 237 addition to qRT-PCR, Northern blot analysis was carried out to further demonstrate the quality of 238 239 RNA prepared by our protocol. The fluorescent signal with clear bands and high intensity was 240 detected in RNA transcripts (Fig. 4), indicating that high-quality RNA was isolated from kenaf 241 tissues and was suitable for downstream application.



242

Fig. 2 RT-PCR determination of the extracted RNA isolated by the current protocol. Lanes 1-10, the
amplification products of RT-PCR that used cDNA from kenaf anthers, petals, leaves, roots and stems as templates.
Lane 11, the PCR amplification product that used kenaf anther gDNA as the template. M, BM 5000 marker.

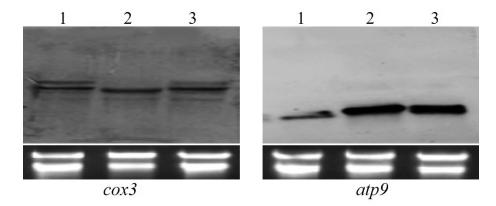


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Fig. 3 qPCR analysis of *cox3* and *atp9* genes in kenaf tissues. A-B, application curves of the qPCR
products for *cox3* (left) and *atp9* (right); C-D, melting curves of the qPCR products for *cox3* (left) and *atp9* (right);

249 E-F, melting peaks of the qPCR products for *cox3* (left) and *atp9* (right).



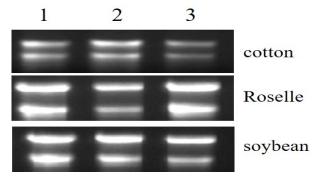
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Fig. 4 Northern blot analysis for *cox3* and *atp9* of three varieties of kenaf RNA extracted by the current protocol. The three varieties of kenaf shown in lanes 1-3 were UG93A, UG93B and F1 (UG93A/UG93R), respectively.

The present protocol could also be successfully applied for RNA extraction from other recalcitrant plant tissues, such as cotton and Roselle. The consistency of the results obtained from

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independent biological replicates confirmed the reproducibility of this method and provided a
useful tool for molecular studies focusing on crops rich in secondary metabolites. The protocol was
also successfully employed using soybean stems as material (Fig. 5) therefore potentially having a
very wide range of applicability.



260

261 Fig. 5 Gel electrophoresis of RNA isolated from different plants using the proposed protocol. Lanes

262 1-3 represent three independent biological replicates.

263

264 **4. Conclusions**

265 We reported a new protocol for the extraction of high quantities of high-quality RNA from 266 kenaf tissues with high levels of polysaccharides and polyphenols, and the extracted RNA was suitable for subsequent gene isolation and expression experiments, such as reverse transcription, 267 268 qRT-PCR, and Northern blot analysis. This protocol is an easy, efficient, relatively inexpensive, and 269 highly reproducible method to isolate RNA from kenaf, especially from tissues such as anthers, petals and leaves, which are rich in polyphenols and polysaccharides. Thus, this simple and fast 270 271 protocol has been routinely used in our laboratory for RNA isolation from cotton, Roselle, soybean 272 stems and other plants with high levels of secondary metabolites. This protocol greatly reduces 273 labor time and costs without compromising the quality and yield of RNA samples.

274

275 Declaration of Competing Interest

276 The authors declare that they have no competing interests.

277

278 Acknowledgments

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284 Author Contributions

- 285 R. Z. initiated the experiment. X. L. conducted the experiment and drafted the manuscript. H.
- L. isolated the RNA. Y. Z. and B. Z. conducted the Northern blot analysis. W. H. and X. T. assisted
- 287 with the experiment. C. L. provided suggestions for the manuscript. A. K. and K. A. revised the
- 288 manuscript and edit language.

289 290

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