

Enhancing the sensitivity of the envelope-following response for cochlear synaptopathy screening in humans: the role of stimulus envelope

Viacheslav Vasilkov^a, Markus Garrett^b, Manfred Mauermann^b, Sarah Verhulst^{a,*}

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^a*Hearing Technology @ WAVES, Department of Information Technology, Ghent University, Technologiepark 15, 9052 Zwijnaarde, Belgium*

^b*Medizinische Physik and Cluster of Excellence "Hearing4all", Department of Medical Physics and Acoustics, Carl von Ossietzky University of Oldenburg, Carl-von-Ossietzky-Straße 9-11, 26129, Oldenburg, Germany*

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Abstract

Auditory de-afferentation, a permanent reduction in the number of inner-hair-cells and auditory-nerve synapses due to cochlear synaptopathy or damage, can reliably be quantified using temporal bone histology and immunostaining. There is, however, an urgent need for non-invasive markers of synaptopathy to study its perceptual consequences in live humans and to develop effective therapeutic interventions. While animal studies have identified candidate auditory-evoked-potential (AEP) based markers for synaptopathy, their interpretation in humans has suffered from translational issues related to neural generator differences, unknown hearing-damage histopathologies or measurement sensitivity. To render AEP-based markers of synaptopathy more robust and differential to the synaptopathy aspect of sensorineural hearing loss, we followed a combined computational and experimental approach. Starting from the known characteristics of auditory-nerve physiology, we op-

timized the stimulus envelope for envelope-following-responses (EFRs) to optimally and synchronously stimulate the available auditory-nerve population and consequently generate a strong AEP. We additionally used model simulations to explore which stimuli evoked a response which was sensitive to synaptopathy, while being insensitive to possible co-existing outer-hair-cell pathologies. We compared the model-predicted trends to AEPs recorded in younger and older listeners (N=44, 24f) who either had normal or impaired audiograms. We conclude that optimal stimulation paradigms for EFR-based quantification of synaptopathy should have sharply rising envelope shapes, a minimal plateau duration of 1.7-2.1 ms for a 120 Hz modulation rate, and inter-peak intervals which contain near-zero amplitudes. From our recorded conditions, the optimal EFR-evoking stimulus had a rectangular envelope shape with a 25% duty cycle and a 95% modulation depth.

Significance Statement

Even though cochlear synaptopathy is since 2009 identified as a form of sensorineural hearing loss (SNHL) which also affect primates and humans, clinical practice does not routinely screen for it and the role of synaptopathy for sound and speech perception is presently unclear. Consequently, cochlear synaptopathy may be underdiagnosed in the ageing population with self-reported hearing difficulties and its perceptual impact underestimated. To enable a differential EEG-based diagnosis of synaptopathy in humans, it is crucial to adopt a stimulation and analysis method which yields a robust response which shows large inter-individual differences which are sensitive to synaptopathy but not affected by other SNHL aspects. Our study uniquely combines computational modeling with experiments in normal and hearing-impaired listeners to design a EFR stimulus which can be used for the differential diagnosis of synaptopathy in humans.

Abbreviations

ABR - auditory brainstem response; AEP - auditory evoked potentials; AM - amplitude modulation; ANF - auditory-nerve fiber; BB - broadband; BM - basilar membrane; CF - characteristic frequency; CN - cochlear nucleus; EFR - envelope following response; H/M/LSR - high/medium/low spontaneous rate; HI - hearing-impaired; IC - inferior colliculus; IHC - inner-hair-cell; MD - modulation depth; NH - normal-hearing; OAE - otoacoustic emission; OHC - outer hair cell; peSPL - peak-equivalent sound pressure level;

RAM - rectangular-wave amplitude-modulated; RMS - root mean square;
35 SAM - sinusoidal amplitude-modulated; SNHL - sensorineural hearing loss;

Introduction

Noise overexposure, ototoxicity and aging can cause primary cochlear de-
afferentation, i.e. progressive and irreversible damage to the afferent neuronal
structures in the auditory periphery. One form of auditory de-afferentation
40 is cochlear synaptopathy and refers to damaged synapses between the inner-
hair-cells (IHCs) and auditory-nerve fibers (ANFs). This type of sensorineu-
ral hearing loss (SNHL) was first discovered in mouse models (Kujawa &
Liberman, 2009) and has since been shown to exist in macaques and hu-
mans as well (Wu et al., 2018; Viana et al., 2015; Makary et al., 2011; Valero
45 et al., 2017). Cochlear synaptopathy specifically degenerates the synaptic
terminals of the spiral ganglion cells and precedes hair cell damage in the
ageing process (Wu et al., 2018; Fernandez et al., 2015; Sergeyenko et al.,
2013). Also Ouabain and Kanic-acid treatment (Bourien et al., 2014; Sha-
heen et al., 2015; Chambers et al., 2016; Sheets, 2017) or noise-induced in-
50 sults which only cause a temporary threshold shift have shown to result in
cochlear synaptopathy (Kujawa & Liberman, 2009; Furman et al., 2013).
The compelling histopathological evidence, along with outcomes from ani-
mal behavior studies of auditory de-afferentation (Schuknecht & Woellner,
1955; Lobarinas et al., 2013), have shown that cochlear synaptopathy has lit-
55 tle effect on hearing sensitivity assessed through the behavioral audiogram or

physiological threshold measures (e.g., distortion-product otoacoustic emissions; DPOAEs or auditory brainstem responses; ABRs). Cochlear synaptopathy might hence remain hidden during routine clinical hearing screening (Schaette & McAlpine, 2011), which typically assesses hearing sensitivity using the audiogram. We might hence overlook a large population of listeners who have accrued synaptopathy while their audiograms reflect normal hearing. Additionally, in listeners with age-related audiometric declines (ISO 7029), we hitherto only diagnosed and treated the hair-cell-damage aspect of SNHL, while disregarding the possible co-existing synaptopathy aspect. To study the prevalence of synaptopathy, and its consequences for sound perception in humans, it is hence crucial to develop a non-invasive differential diagnostic test for synaptopathy which offers a pathway to effective therapeutic interventions.

The search for candidate non-invasive markers of synaptopathy has been ongoing since its discovery and has shown a promising role for auditory-evoked potentials (AEPs). Specifically, a reduction of the supra-threshold auditory brainstem response (ABR) amplitude was directly associated with histologically-verified cochlear synaptopathy (Kujawa & Liberman, 2009; Furman et al., 2013; Sergeyenko et al., 2013; Bourien et al., 2014; Möhrle et al., 2016a). Particularly, the ABR wave-I amplitude is currently considered as the most direct metric of cochlear synaptopathy (Kujawa & Liberman, 2009; Schaette & McAlpine, 2011; Lin et al., 2011; Furman et al., 2013; Prendergast et al., 2017a, 2018; Plack et al., 2016; Bramhall et al., 2019). The second

measure proposed from cochlear synaptopathy studies in animal models is
80 the envelope-following response (EFR), an AEP-type which is of predominant subcortical origin when the amplitude modulation (AM) rate of the sustained stimulus is above 80 Hz (Purcell et al., 2004). EFRs offer a more robust metric of cochlear synaptopathy than ABRs, as synaptopathy-induced EFR changes are greater than ABR amplitude reductions in the same animal
85 (Shaheen et al., 2015; Parthasarathy et al., 2018).

Despite the compelling experimental evidence of studies which combined AEP recordings with direct post-mortem synapse counts, a direct translation toward a differential synaptopathy diagnosis in humans has proven difficult (Plack et al., 2016; Guest et al., 2017, 2018; Prendergast et al., 2017a, 2018;
90 Bramhall et al., 2019; Garrett & Verhulst, 2019; Bharadwaj et al., 2019). The human data is not unambiguous in demonstrating reduced AEP metrics in listener groups with suspected synaptopathy (e.g., as induced through accumulated noise-exposure or age), and a number of studies report subtle or non-significant correlations between different electrophysiological markers which
95 are sensitive to synaptopathy in animals (e.g. ABR and EFR amplitudes or slope changes, middle-ear-muscle reflex strength; Prendergast et al., 2017a; Guest et al., 2019; Garrett & Verhulst, 2019). Also individual differences in psychoacoustic tasks thought to be sensitive to cochlear synaptopathy (e.g. speech perception in noise, frequency discrimination, amplitude-modulation
100 detection) do in some studies correlate with physiological markers of synaptopathy (e.g.; Bharadwaj et al., 2015; Mehraei et al., 2016; Liberman et al.,

2016; Verhulst et al., 2018b), whereas in others they do not (e.g.; Schoof & Rosen, 2016; Guest et al., 2018; Prendergast et al., 2017b; Plack et al., 2014; Johannesen et al., 2019).

105 There are several aspects which contribute to these translational issues: the adopted physiological markers may be affected by species-specific biophysical processes (e.g. humans may be less vulnerable to noise damage than other species; Dobie & Humes, 2017; Valero et al., 2017; Hickox et al., 2017). Secondly, the markers may be differently impacted by the functionality of SNHL
110 aspects (e.g., OHC nonlinearity vs ANF dynamic range coding; Bramhall et al., 2019; Garrett & Verhulst, 2019), which may complicate their interpretation in terms of synaptopathy. Another aspect relates to the limited extent by which cochlear synaptopathy might affect the considered the perceptual tasks (e.g. 50% ANF loss might be required to see a perceptual effect;
115 Oxenham, 2016), and different ANF types may contribute differently to the considered electrophysiological markers. E.g., low-spontaneous rate ANFs do not contribute strongly to the transient ABR wave-I (Bourien et al., 2014), but may contribute strongly to the EFR to low-modulation depth stimulation (Bharadwaj et al., 2014). Lastly, it is possible that electrophysiological
120 markers of synaptopathy simply have limited test-retest reliability for human use (D’haenens et al., 2008; Prendergast et al., 2018). Before resorting to non-AEP based diagnostic markers, it is hence worthwhile to optimize existing AEP stimulation paradigms and analysis approaches to enhance the signal-to-noise ratio of the AEP, and as consequence, improve test reliability.

125 This route may yield a robust and sensitive diagnostic marker for auditory
deafferentation in humans, and help resolve the role of cochlear synaptopathy
for sound perception.

To address the above translational issues, this study focusses on optimizing
stimulation and analysis paradigms to yield a reliable EFR-based cochlear
130 synaptopathy diagnosis in humans. We focus on the EFR, a particular AEP
type evoked by sustained periodic stimuli with constant carrier and modula-
tion frequencies. In other clinical studies, responses to this type of stimula-
tion are also referred to as auditory steady-state responses (ASSR). However,
to remain consistent with the nomenclature adopted in cochlear synaptopa-
135 thy studies, we will use the more general EFR term. To develop more robust
EFR markers, we draw from functional IHC-AN and peripheral auditory
processing properties to develop stimulation paradigms which better reflect
the available ANF population. This is important because a strong baseline
EFR response will be more sensitive to changes induced by alterations in
140 the ANF population. At the same time, we adopt an optimized analysis
method which extracts all the relevant envelope-following components from
the raw EEG recordings (Vasilkov & Verhulst, 2019). Furthermore, we stud-
ied how OHC functionality affects the EFR generators to different stimula-
tion paradigms to evaluate which EFR markers are differentially sensitive to
145 synaptopathy, even when OHC damage is simultaneously present. We tested
our biophysically-inspired stimulation paradigms in a computational model
of the human auditory periphery (Verhulst et al., 2018a; Vecchi & Verhulst,

2019, v1.2) which can simulate EFRs for several frequency-specific SNHL profiles with different combinations of OHC and synaptopathy damage. The model simulations were compared against reference data recorded from three groups of study participants: young and older listeners with normal or elevated audiometric thresholds. The latter two groups show age-related SNHL damage with less or more OHC damage, whereas the first two groups might show differences in age-related synaptopathy. Both model simulations and experiments confirmed that our proposed modifications to the stimulation and analysis paradigms increased the EFR magnitude and its sensitivity to selectively detecting changes in the ANF population, to yield a more-robust non-invasive marker of cochlear synaptopathy for use in humans.

Materials and Methods

Stimuli

All acoustic AEP stimuli were generated in MATLAB R2015b (The MathWorks Inc., 2015) and had a sampling rate of 48 kHz for the recording sessions and of 100 kHz for the model simulations. Specifically, we designed our stimuli on the basis of known observations in psychoacoustic and physiological studies of AM (e.g., van de Par & Kohlrausch, 1997; John et al., 2002, 2003; Bernstein & Trahiotis, 2002, 2009; Stürzebecher et al., 2003; Griffin et al., 2005; Dreyer & Delgutte, 2006; Laback et al., 2011; Klein-Hennig et al., 2011; Greenberg et al., 2017; Van Canneyt et al., 2019), and hypothesize

170 that overall stronger EFRs might render individual EFR differences more
robust. From the analysis of the named studies, we suspect that a com-
bination of increased silence gaps between the stimulus peaks and shorter
stimulus duty-cycles might cause more synchronized ANF activity, which, in
turn might result in stronger EFRs. To test this hypothesis, we designed
175 seven stimulus conditions which had the same amplitude modulated (120
Hz) 400-ms tonal/noise stimuli, but had different stimulus levels or envelope
shapes. To validate our predictions and study the relative contribution of
synaptopathy and OHC deficits, we simulated single-unit ANF responses as
well as EFRs, which we also recorded EFRs in 44 participants. We used
180 the widely-adopted sinusoidal amplitude-modulation (SAM) as the reference
condition:

$$m(t) = \frac{A_m}{2} \sin(2\pi f_m t), \quad (1)$$

where A_m corresponds to the peak-to-peak amplitude, f_m is the modulation
frequency, t is the time vector. Two carrier types were considered: a 4-kHz
pure tone (PT) and a white noise carrier with a 50-16000 Hz bandwidth (BB)
185 which stimulates a tonotopically broader cochlear region. Amplitude mod-
ulation was implemented by multiplying the carrier $c(t)$ with peak-to-peak
amplitude A_c with $[1 + md * m(t)/(A_m)]$, where $md = A_m/A_c$. Figure 1a rep-
resents two cycles of the reference SAM stimulus with the 4-kHz PT carrier
presented in sine phase. EFRs to the reference SAM stimuli were compared

190 to EFRs evoked by five AM stimuli which had the same 4-kHz pure tone carrier, but had different modulators or sound levels.

The second, non-sinusoidal periodic modulator was a rectangular waveform with a period of 2π and a 25% duty-cycle (RAM25, Fig. 1b) which was generated using the $square(t, 100d)$ function (MATLAB R2015b). The RAM25
195 modulator can be described as the Fourier series expansion:

$$m(t) = A_m \left(\frac{2}{\pi} \sum_{n=1}^{\infty} \frac{\sin(\pi n d) \cos(2\pi n f_m t)}{n} - \frac{1}{2} + d \right), \quad (2)$$

where $d = 0.25$ denotes the duty-cycle, which represented a ratio between the pulse width and the total period of the modulator, n is the harmonic number of the series.

The third modulator was a rectangular waveform with a 50% duty-cycle
200 (RAM50; Fig. 1c) which was generated using the $square(t, 100d)$ function with $d = 0.5$, and can be described as:

$$m(t) = \frac{2A_m}{\pi} \sum_{n=1}^{\infty} \frac{\sin(2\pi(2n-1)f_m t)}{(2n-1)}. \quad (3)$$

The fourth modulator was a ten-harmonic complex (H10AM, Fig. 1d) presented in cosine phase and is defined as:

$$m(t) = \frac{A_m}{2} \sum_{n=1}^{10} \cos(2\pi n f_m t). \quad (4)$$

205 The different AM stimuli were calibrated to have the same root-mean-square (RMS) sound pressure of 70 dB SPL. To study whether there was an effect of RMS versus peak-to-peak sound calibration, two stimuli were also calibrated to have the same peak-to-peak amplitude as the reference SAM tone (i.e. RAM25_{ptp} and RAM50_{ptp}; Fig. 1b and Fig. 1c, cyan). They were presented
210 at 68.18 dB SPL and 71.18 dB SPL, respectively. All stimuli were 95% amplitude modulated (e.g., -0.45 dB re 100% modulation) with a starting phase shift of $3\pi/2$ (except for the H10 complex modulator which had a 0 starting phase shift). Each stimulus was ramped using a 2.5% tapered-cosine (Tukey) window and was presented 1000 times using 500 repetitions
215 per polarity. Stimuli were presented monaurally and a uniformly distributed inter-stimulus silence interval of 100 ± 10 ms was applied.

ABRs were recorded to 3000 repetitions of a 80- μ s click presented monaurally with alternating (condensation/rarefaction) polarity at a mean rate of 10 Hz (including the uniformly distributed 10% silence jitter). Three stimulus levels were tested (70, 85, and 100 dB peSPL) and we only considered the
220 70 and 100 dB peSPL conditions conditions for this study. ABR and EFR stimuli were calibrated using an oscilloscope, ear simulator (Brüel & Kjær, type 4157) and B&K 2610 sound level meter.

Model of the auditory periphery

225 The auditory periphery model we adopted for this study (Verhulst et al., 2018a; Vecchi & Verhulst, 2019, model implementation v1.2) simulates audi-

tory processing along the ascending pathways (Fig. 3) and includes middle-ear filtering, a nonlinear transmission-line representation of human cochlear mechanics (Verhulst et al., 2012; Altoè et al., 2014), a biophysical inspired
230 model of the IHC-AN complex (Altoè et al., 2018), and a phenomenological description of ventral cochlear nucleus (CN) and inferior colliculus (IC) neurons (Nelson & Carney, 2004). The model reasonably captures properties of AN fiber types with different spontaneous rates, level-dependent ABR/EFR characteristics, and furthermore can mimic frequency-specific hearing impair-
235 ments related to OHC damage and cochlear deafferentation or synaptopathy (Verhulst et al., 2015, 2018a).

Cochlear synaptopathy was modeled by reducing the number of IHC-AN synapses and functional ANFs of different types at each simulated tonotopic location. The normal-hearing (NH) model had 19 fibers with three sponta-
240 neous rate (SR) types synapsing onto each IHC (Verhulst et al., 2018a): 3 low (LSR), 3 medium (MSR) and 13 high (HSR), following the ratio observed in cats (Liberman, 1978). Three synaptopathy profiles were implemented by removing the following fiber types across the tonotopic axis: (i) all LSR and MSR fibers ($HI_{CS:0L,0M,13H}$), (ii) all LSR, MSR and 50 % of the HSR
245 fibers ($HI_{CS:0L,0M,07H}$), and (iii) all LSR, MSR and 80 % of the HSR fibers ($HI_{CS:0L,0M,03H}$). We limited our simulations to uniform, CF-independent synaptopathy profiles. No IHC-specific dysfunctions were simulated in the current study as synaptopathy was suggested to occur without destroying the sensory cells (Kujawa & Liberman, 2009; Lin et al., 2011; Furman et al.,

250 2013; Shaheen et al., 2015). However, IHC loss can be simulated in this framework by introducing a complete synaptopathy (0 LSR, 0 MSR, 0 HSR fibers).

Simulation of OHC dysfunction caused by damaged mechano-receptors or presbycusis is possible by adjusting the parameters of the simulated cochlear filters to yield frequency-specific gain loss profiles. Figure 2a shows mean
255 audiometric thresholds of the study participants along with corresponding simulated cochlear gain loss profiles (dashed and solid lines, respectively). These gain loss profiles (in dB HL) were used to determine the parameters of the cochlear filter gain relative to the normal-hearing cochlear filter gain at CFs corresponding to the audiometric testing frequencies (see Fig.2 in
260 Verhulst et al., 2016, for the relationship between filter gain and the value of double-pole of the basilar-membrane (BM) admittance in the model). Even though the model can simulate individual human audiograms in great detail, we limited our simulations to a range of sloping high-frequency audiograms approximating the average audiograms of each participant group (yNH, oNH,
265 oHI; see section “Participants”).

AEPs were simulated by adding up instantaneous firing rates across a tonotopic array of 401 IHC-AN/CN/IC units (Verhulst et al., 2018a) positioned along the cochlea according to the frequency-position map (Greenwood, 1990).
270 The responses from 19 AN fibers of three SR types (or all available ANFs for HI profiles) which synapse to a single IHC at each CF were summed and projected to a single CN unit of the same CF. The instantaneous firing rate

of a single CN unit served as input to a single IC unit. A same-frequency inhibition and excitation model for the CN and IC units (which captures the modulation filtering and onset enhancement characteristics of auditory brain-
stem and midbrain neurons; Nelson & Carney, 2004) was adopted. Popula-
275 tion responses were obtained by adding up instantaneous firing rates across
all simulated CFs for three processing stages: (i) the AN, after summing
up 19 ANF responses across each IHC with different CFs, which yields the
280 W-I response in Fig. 3; (ii) the CN and (iii) IC model stages yielding the
W-III and W-V response respectively. For EFR simulations, the summed
population responses from the AN, CN and IC processing stages were added
up (Verhulst et al., 2018a) to realistically capture the different subcortical
sources that contribute to EFRs (Dolphin & Mountain, 1992; Kuwada et al.,
285 2002).

Participants

A total of 44 participants were recruited into three groups based on the combination of two criteria: age and audiometric profile. The young normal-hearing (yNH; Fig. 2) group consisted of 15 participants (8 females) with
290 ages between 20-30 years (24.5 ± 2.2 y/o) and pure-tone hearing thresholds
below 25 dB HL across the standard audiometric frequency range. The older
normal-hearing (oNH; Fig. 2) group comprised 16 participants (8 females)
with ages between 60-70 years (64.3 ± 1.8 y/o) and normal hearing thresh-
olds (below 25 dB HL; Table 2) across the audiometric frequencies 0.125-4

295 kHz (where 4-kHz corresponds to the pure-tone carrier frequency of the AM
signal). The older hearing-impaired (oHI; Fig. 2) group consisted of 13
participants (8 females) with ages 60-70 years (65.2 ± 1.8 y/o) and sloping
high-frequency pure-tone audiograms that exceeded 25 dB HL at 4-kHz. An
otoscopic inspection was performed to ensure that participants had no visible
300 pathologies or obstructions. The audiometric thresholds, gender and ages of
all participating individuals are listed in Table 2. Participants were informed
about the experimental procedures and the experiments were approved by
the ethical commission of the University of Oldenburg. Participants gave a
written informed consent and were paid for their participation.

305 Audiograms were measured for standard frequencies between 0.125-8 kHz
using a clinical audiometer (Auritec AT 900) and over-ear audiometric head-
phones (Sennheiser HDA 200). Individual hearing thresholds of the audio-
metrically better ear (which was used for the auditory stimulation) are de-
picted in Fig. 2A. Figure 2B shows individual hearing thresholds at 4-kHz
310 (which corresponds to the PT carrier frequency of the EFR stimuli) for yNH
(3.3 ± 3.5 dB HL), oNH (11.6 ± 3.8 dB HL) and oHI (37.7 ± 6.4) groups.
Additionally, we recorded distortion-product otoacoustic emissions (DPOAEs)
to isolate the OHC-related aspect of SNHL. To this end, ER-2 insert ear-
phones were coupled to the ER-10B+ microphone system (Etymotic Re-
315 search) and we used a custom-made MATLAB software (Mauermann, 2013)
for DPOAE recording and analysis. Primary tone pairs were simultaneously
presented with a fixed f_2/f_1 ratio of 1.2 using a continuously sweeping DPOAE

paradigm (Long et al., 2008). Primary-frequencies were exponentially swept (2 s/octave) during stimulus presentation over a 1/3 octave range around the geometric mean. f_2 ranged from 1000 to 4000 Hz using octave steps. Levels were set according to the “scissors” level paradigm ($L_1 = 0.4L_2 + 39$ dB; Kummer et al., 1998). L_2 levels ranged in 6 dB steps between 30-60 dB SPL for both yNH and oNH participants, and 30-72 dB SPL for oHI participants. DPOAE thresholds were derived from recorded DPOAE- L_2 -level series for each mean f_2 frequency within the measured frequency range using a bootstrapping procedure. Extracted distortion components were bootstrapped 200 times and, for each bootstrap average, a tailored cubic growth function was fit through the data-points (Verhulst et al., 2016). DPOAE thresholds were determined as the median of the L_2 levels at which the cubic curve fit reached a level of -25 dB SPL (Boege & Janssen, 2002) for each bootstrap average. DPOAE thresholds at 4 kHz are depicted in Fig.2C for yNH (16.1 ± 10.0 dB HL), oNH (28.9 ± 7.5 dB HL) and oHI (48.2 ± 10.5) groups.

Recording setup and data preprocessing

Measurements were performed in a double-walled electrically-shielded booth while participants sat comfortably in a reclining chair and watched a silent movie. Stimuli were presented monaurally (using the audiometrically better ear) over magnetically-shielded ER-2 insert earphones (Etymotic Research) connected to a TDT-HB7 headphone driver (Tucker-Davis) and a Fireface UCX sound card (RME). EEG data were recorded using a

340 64-channel recording system (BioSemi) and BioSemi Active-electrodes which were spaced equidistantly in an EEG recording cap (EasyCap). A common-mode-sense active electrode was placed on the fronto-central midline and a driven-right-leg passive electrode was placed on the tip of the nose of the participant. Reference electrodes were placed on each earlobe and electrode offset voltages were kept below 25 mV for all electrodes. A 24-bit AD conversion with sampling rate of 16384 Hz was used to digitize and store the raw data (for additional setup details see Garrett et al., 2019).

The raw data were preprocessed using Python (version 2.7.10) and the MNE-Python (version 0.9.0) open-source software package (Gramfort et al., 2013, 2014). The vertex (Cz) channel potentials were re-referenced to the off-line-average of the two earlobe channel potentials to AEPs. EFR data were epoched to 400-ms windows starting from the stimulus onset and were baseline corrected using the average amplitude per epoch. ABR recordings to positive and negative polarity clicks were high-pass filtered with a cut-off frequency of 200 Hz and then low-pass filtered with a cutoff frequency of 2000 Hz using a zero-phase filter (4th order IIR Butterworth filter). ABR recordings were epoched into 20 ms windows relative to the stimulus onset. Bad epochs were identified using the joint probability criteria as implemented in EEGLAB (Brunner et al., 2013). For additional details on the ABR data pre-processing see Garrett & Verhulst (2019). To allow a fair comparison across condition and subjects, a constant number (100) of pair-averaged epochs (out of 1500) with the highest peak-to-trough amplitudes were rejected. The

peak-to-trough amplitudes which remained after artifact rejection were below 25 μV .

365 *EEG analysis*

Pre-processed time-domain EEG waveforms were further processed in MATLAB R2014b (The MathWorks Inc., 2014) to perform waveform averaging, bootstrapping and feature extraction. **EFR** magnitudes were derived by estimating the amplitude of a time-domain response which contained pre-
370 dominantly stimulus-driven energy. This signal was obtained by removing the individual electrophysiological noise floor (NF) and stimulus-irrelevant EEG components (Fig. 4). We calculated the mean EFR magnitude and corresponding standard deviation across the available epochs using a bootstrap procedure (Zhu et al., 2013). In each bootstrap run, a magnitude spectrum
375 (in μV) was calculated by calculating the FFT of the time-domain average of 1000 randomly sampled response epochs (500 epochs per each stimulus polarity) with replacement. Epochs were ramped using a 2% tapered-cosine (Tukey) window before the frequency-domain transformation was applied. An example of an EEG magnitude spectrum for one bootstrap average and
380 corresponding NF estimates is shown for a listener from the NH group (#7 and 70-dB-SPL RAM25_{rms} stimulation) in Fig. 4A. To include all available envelope-related components, the EFR magnitude was computed from the EEG spectrum based on the energy at the frequency corresponding to the stimulus modulation rate ($f_0=120$ Hz) and harmonics of the fundamental

385 modulation frequency ($f_{(k-1)}=k*f_0$, $k=[1..5]$ for our recordings) using the energy above the NF. The noise floor at f_0 - f_4 was computed as the average magnitude across the ten bins centered around the corresponding frequency (5 bins on either side). Spectral peaks at f_0 - f_4 (F_n) were then corrected by subtracting the respective NF_n values to yield a relative peak-to-noise-floor
390 (PtN) magnitude estimates (blue arrows; Fig. 4A). Negative PtN estimates (e.g., when spectral peaks F_n were smaller than the noise-floor NF_n) were set to zero and energy at other frequencies were removed. The EFR waveform was obtained after performing an iFFT which included the noise-floor corrected peaks (F_n-NF_n) and their corresponding phase angle values (θ_n)
395 to yield a time-domain signal which mostly contains response energy related to the AM stimulation (Vasilkov & Verhulst, 2019). This procedure allowed us to focus on the individual NF-corrected component of the recording and uses absolute signal values (in μV) instead of SNR values (which can be affected by noise-floor level variability between NH and HI listeners).
400 Figure 4B depicts the comparison between reconstructed and recorded time-domain signals (solid blue and thin gray traces, respectively). Note that the recordings in Fig. 4B were band-pass filtered between 117 Hz and 603 Hz to keep stimulus-related components and to remove irrelevant energy beyond the fundamental modulation frequency and its harmonics for visual clarity.
405 Finally, the EFR magnitude was defined as half the peak-to-peak amplitude

of the reconstructed time domain-signal waveform, i.e:

$$\text{EFR}_{\text{PtN}} = \frac{\text{peak-to-peak} \left(\frac{1}{N} \sum_{n=0}^{N-1} (F_n - \text{NF}_n) e^{i\theta_n} \right)}{2}; \quad (5)$$

$$\text{if } n \neq \frac{kf_0}{f_s}N, \text{ then } F_n, \text{NF}_n = 0, \text{ for } k = [1..5],$$

where N corresponds to the length of the magnitude spectrum, and f_s is the sampling rate. As a result of the bootstrapping procedure, we obtained 200
410 reconstructed time-domain waveforms for each listener and stimulus condition, which we used to accurately estimate the EFR_{PtN} magnitude and its standard deviation. Simulated EFR magnitudes for different SNHL profiles were directly derived from the time-domain responses, because no noise or stochastic processes were implemented in the adopted model version. The
415 simulated EFR magnitude was defined as half of the peak-to-peak amplitude of the average one-modulation-cycle waveform across the 400-ms epoch duration.

ABR waveforms, variability and noise floors were estimated using a bootstrap procedure. For each condition, 1000 time-domain epochs (for positive
420 and negative stimulus polarities) were randomly drawn with replacement and averaged 200 times. To estimate the noise-floor, epoch averaging was repeated 1000 times, but half of the total (1000) randomly drawn epochs were multiplied by -1 before averaging. Both ABR wave-I and wave-V and

their corresponding peaks were identified by visual inspection. Picked ABR
425 peaks were corrected by noise floor estimates. ABR amplitudes [in μV] were
defined as half the amplitude difference between the corresponding positive
peak and maximal negative deflection before the next up-going slope (Picton,
2010).

Results

430 *Simulated single-unit responses to EFR stimuli with different envelope shapes*

Simulated ANF firing rates at the CF of 4 kHz were summed across the
different fiber types and shown in Fig. 1e-h for the different stimuli. Re-
sponses to two cycles of the reference 70-dB-SPL SAM tone are shown as
well as responses to the other three envelope shape stimuli. Each panel de-
435 picts simulations of the summed responses of the normal-hearing model (NH:
green) as well as for two models which simulated different aspects of SNHL:
two degrees of simulated OHC damage ($\text{HI}_{\text{OHC}:10@4\text{K}}$: blue, $\text{HI}_{\text{OHC}:35@4\text{K}}$: red)
and one synaptopathy profile ($\text{HI}_{\text{CS}:0\text{L},0\text{M},03\text{H}}$: black). The simulated NH re-
sponses generally follow the stimulus envelope shape, but due to the non-
440 linear properties of the auditory periphery, the individual responses show
different degrees of response strength and distortion. In particular, the NH
reference SAM response in Fig. 1e shows a distorted shape with (i) strong
firing rates in response to the sloping parts of each stimulation cycle due to
nonlinear cochlear responses properties. The same mechanism caused only
445 short temporal regions where there was no firing in response to stimulus en-

velope minima, and (ii), low firing rates towards the end of each cycle (due to IHC-AN adaptation properties; Altoè et al., 2018).

Despite their similar modulation rates and SPL levels, NH responses in Fig. 1f,g had steeper attack/decay slopes with broader temporal regions with
450 near-zero firing rates. The RAM stimuli evoked stronger responses compared to the reference SAM condition. Simulated NH ANF responses evoked by the H10AM stimulus (Fig. 1h, green) were characterized by sharp peaks and showed pronounced firing to the near-threshold stimulus fluctuations between two cycle peaks (due to OHC-related amplification for low stimu-
455 lus levels). Comparison between the conditions shows that long inter-peak-intervals (IPI) are a necessary condition to yield high peak firing rates during supra-threshold stimulation with modulated stimuli of high modulation rates (Fig. 1f, green; RAM25). Longer IPIs may provide more time for the neuron to recover (e.g. replenish neurotransmitter) such that it can respond more
460 reliably to each stimulation cycle. However, a comparison between RAM25 and H10AM, or SAM and RAM50 firing rates confirms that long IPIs are a necessary, but insufficient, condition. In fact, stimulation within the IPI can reduce the peak firing rates (e.g. see H10AM). Comparison between the RAM50 and RAM25 firing rates shows that the firing rate increases with de-
465 creasing duty-cycle of the stimulus envelope. This reflects more synchronized spiking activity to the stimulation plateau and reduced spiking in the silence windows caused by the longer RAM25 IPI.

Cochlear amplification responds differently to the different stimulus envelope

shapes, and consequently, OHC damage might influence the simulated ANF
470 responses differently. Simulated NH ANF rates (green) and HI rates for 10
(blue) and 35 dB HL (red) loss at 4 kHz are depicted in Fig. 1e-h. For
the reference SAM stimulus (Fig. 1e), increasing the degree of cochlear gain
loss resulted in linearized and less distorted ANF firing rates and broader
silence regions between the response cycles. Additionally, enhanced response
475 amplitudes were observed in comparison to the NH ANF responses near the
stimulus envelope maxima. Stronger peak ANF rates for HI vs NH sim-
ulations were also observed for the H10AM condition. Elevated threshold
sensitivity in combination with small ANF rates between the stimulus peaks,
caused strong HI ANF peak responses near the envelope maxima. Cochlear
480 gain loss affected the RAM firing rates differently: ANF rates to all simu-
lated cochlear gain loss profiles largely overlapped and showed only marginal
differences between the peak rates of NH and HI responses. These simula-
tions show that different degrees of OHC damage had a negligible effect on
the peak RAM-ANF rates at CF.

485 Introducing synaptopathy reduced the firing rates to all stimuli (Fig. 1e-h,
black dashed lines). This reduction was proportional to the remaining num-
ber of intact ANFs. Figures 1e-h show that the stimulus envelope shape
can have an important effect on how the ANF firing patterns are affected by
different aspects of SNHL. Both responses to the SAM and H10AM stimuli
490 show that inter-peak envelope components with low sound intensities can
yield stronger peak responses after OHC damage, which - to a certain degree

- can compensate for the reduced firing rates caused by synaptopathy when both SNHL aspects are present. In contrast, the ANF rates to the RAM stimuli were strongly affected by synaptopathy, irrespective of the OHC damage pattern. These ANF response simulations at CF hence suggest that AM
495 stimuli with rectangular envelope shapes can provide a differential and enhanced sensitivity to the synaptopathy aspect of SNHL.

Simulated and recorded EFRs: time domain comparison

500 To investigate whether the EFR, as a population response across a neuronal population of different CFs, follows the on-CF ANF response trends, Figs 1i-l show simulated (open traces) and recorded (filled traces) EFR waveform averages per group. Simulated and recorded NH EFRs (Fig. 1i-l, green) generally followed the trends observed in the ANF responses by showing the
505 strongest response maxima for the RAM25 stimulus. Comparing the H10AM to the RAM25 EFR confirms that long IPIs and short duty-cycles are important, but not sufficient to evoke a strong EFR, and that low-level stimulation between two envelope maxima can end up reducing the EFR strength. It is noteworthy that the RAM50 recording showed two peaks per cycle whereas
510 neither the RAM50 simulations, nor the RAM25 responses showed such a double response peak within an envelope cycle. Our simulations showed that double responses can occur when apical off-CF BM vibrations (approximately up to one octave below the 4-kHz CF) contribute to the ANF population re-

sponse. However, the CN/IC filtering properties of our model removed this
515 second peak from our EFR simulations.

In agreement with ANF simulations, synaptopathy reduced the peak-to-peak
amplitudes of the simulated EFRs considerably. The recordings showed re-
duced EFR amplitudes in both groups of older listeners (oNH and oHI) com-
pared to the yNH group (Fig. 1i-l). Our simulations suggest that age-related
520 synaptopathy was the cause of this reduction in the older participant groups.
One might further speculate that the somewhat smaller oHI than oNH re-
sponses for the RAM conditions reflects a stronger degree of synaptopathy
in the oHI group. This statement is supported by the predicted insensitivity
of the RAM EFR to OHC damage. At the same time, it is important to note
525 that the H10AM response difference between oNH and oHI groups disappears
(Fig. 1l). This observed trend corroborates the simulations which show that
the OHC damage aspect can counteract the synaptopathy-induced response
reduction for the H10AM, but not RAM, stimuli.

Group EFR magnitudes across stimulus conditions

530 Fig. 5a compares recorded (filled symbols) and simulated EFR magni-
tudes (open symbols) across conditions and subject groups, and Table 3
reports the associated group means and variability. NH SAM-EFR magni-
tudes were significantly smaller than for the other conditions (paired t-tests
between SAM-EFR and the other conditions showed $p < 0.001$ for all tests).
535 Despite the sensitivity of this metric to synaptopathy (model simulations

and Parthasarathy et al., 2018), the distribution of SAM-EFR data-points showed considerable overlap across the three subject groups and limits its potential for individual diagnosis in humans. NH EFR magnitudes to the other stimulus conditions were overall larger and showed a larger spread
540 around the mean (Table 3), which emphasizes individual EFR differences and can hence improve diagnostic interpretation. Specifically, the RAM25 magnitudes showed non-overlapping interquartile ranges between the groups and demonstrates that this metric is more sensitive to capturing age-related SNHL aspects than the reference SAM-EFR. The overlapping SAM-EFR
545 responses between yNH and oNH groups were not observed for the RAM25-EFR, consistent with the simulations which showed that synaptopathy had a greater effect on the latter metric. At the same time, the RAM-EFR was less influenced by individual OHC damage differences. Experimental support for this statement follows from the observation that the EFR group means
550 were larger between the yNH and oNH/oHI groups ($t=4.91$ and 8.38 with $p<0.00005$ in both cases) than between the oNH and oHI group ($t=3.70$ and $p=0.001$), whereas the 4-kHz hearing threshold differences between the groups (Fig.2) were larger between the oNH and oHI group ($t=12.48$, $p=0$) than between the yNH and oNH group ($t=6.04$; $p=0$). Lastly, in agreement
555 with the ANF simulations of Fig.1, the longer duty-cycle RAM50 EFRs had significantly smaller magnitudes than the RAM25 EFR (NH ptp/rms condition, $t=6.87/8.65$, $p=0$).

Lastly, it is of interest to study whether the stronger RAM vs SAM EFR

magnitudes were caused by the broader tonotopic excitation of the RAM
stimulus or whether the shape of the temporal envelope was most efficient
560 at eliciting a stronger synchronized neuronal response. To this end, we compared both EFR magnitudes those of an EFR evoked by an 70-dB-SPL SAM broadband white noise carrier (Fig. 5a; SAM_{BB}). SAM_{BB} magnitudes were on average larger than reference SAM magnitudes (NH: $t=6.61$, $p=0$), but
565 were smaller than the RAM25 EFRs (NH: $t=7.25$, $p=0$; see also Table 3). This observation confirms that, even for a carrier with a broad tonotopic excitation, SAM EFRs were limited by the neuronal/synaptic saturation properties in response to the SAM envelope shape. Stimulus envelopes which are optimized to enhance synchronous ANF firing can result in stronger EFRs,
570 even for narrow-band carriers. Comparison between RAM-EFRs elicited by same-rms and/or same-peak-equivalent SPLs only showed marginal magnitude differences, in line with the model predictions (Fig. 4a, open symbols). Given the small level-differences between the two stimulation paradigms (less than 2 dB SPL), there was no observed benefit of using one over the other.

575 *Individual EFR differences and their relationship to different SNHL aspects*

Figure 6 depicts the relationship between individual EFR magnitudes and 4-kHz DPOAE thresholds across all subjects, and shows mean EFR magnitudes for groups separated by their 4-kHz audiometric threshold ($y_{NH}/o_{NH} < 25$ dB HL \leq o_{HI} , Table2) or by their age ($y_{NH} < 30$ y/o and o_{NH}/o_{HI}
580 > 60 y/o). The group data in Figure 6a shows that it was not possible to

discriminate between younger and older participants on the basis of the SAM-EFR magnitude. The same conclusion is drawn for the normal or elevated audiometric thresholds (4-kHz) groups. This suggest that the SAM-EFR is a weak response, and is affected by both age-related and OHC-damage aspects of SNHL, which corroborates the model predictions showing that both synap-
585 topathy and OHC damage can affect the SAM-EFR. Despite overall stronger H10AM EFR magnitudes (Fig. 6b), they were similarly unable to segregate groups of young/old age or normal/elevated threshold listeners. Differently, the RAM-EFR magnitudes (Fig. 6c,d) were able to separate listeners into
590 groups of younger or older listeners, demonstrating that this condition is more susceptible to the age-related aspect of SNHL than to the OHC damage aspect of SNHL. This latter statement is further supported by the observation that the separation into groups of younger/older listeners was better on the basis of the RAM-EFR magnitude than on the basis of the DPOAE
595 threshold. Even though OHC and age-related SNHL deficits can coexist in older listeners, the RAM-EFR stimulus was more sensitive at isolating the age-related aspect than the other considered stimuli. These results corroborate our model simulations which show a near-differential sensitivity of the RAM-EFR to synaptopathy, and a mixed sensitivity of the SAM, H10AM-
600 EFR to OHC damage and synaptopathy. Because at the same time, animal studies of age-related and histologically-verified synaptopathy show reduced EFRs (Sergeyenko et al., 2013; Fernandez et al., 2015; Möhrle et al., 2016b; Parthasarathy & Kujawa, 2018), we have strong circumstantial evidence that

the RAM-EFR magnitude was successful at separating listeners into groups
605 with and without age-related auditory de-afferentation, including cochlear
synaptopathy.

To further quantify the association between age-related SNHL factors (e.g.
cochlear synaptopathy and OHC damage) and individual EFR magnitudes,
we constructed a linear regression model of the form: $EFR_{PtN} = \beta_0 + \beta_1 *$
610 $Age + \beta_2 * DPOAE_{@4kHz}$, including data of all participants (N=44) and de-
composed the models' R^2 into commonality coefficients (using the statistical
package of the R programming language and environment; R Core Team,
2019; Nimon et al., 2008). The results are summarized in Table1.

Significant relationships between the EFR magnitude and predictive vari-
615 ables age and $DPOAE_{@4kHz}$ shared approximately half of the total explained
variance across condition (“common”). However, OHC damage (as reflected
in the $DPOAE_{@4kHz}$ threshold) showed the lowest contribution to the EFR
magnitude for all conditions. When the variance of age-related factors are
accounted for, the unique $DPOAE_{@4kHz}$ contribution became negligible. This
620 commonality analysis shows that -in case of co-existence of OHC damage and
synaptopathy-, the observed relationships between the EFR magnitude and
 $DPOAE_{@4kHz}$ are merely driven by the co-existing synaptopathy aspect of
SNHL (which the RAM-stimuli are especially sensitive to).

Laslty, it is worthwhile mentioning that a multiple regression model which
625 uses the commonly-adopted magnitude metric for the SAM-EFR stimulation
as the explaining variable, i.e the spectral peak F_n at fundamental frequency

Table 1: Results for the multiple regression model and commonality analysis

Stimulus	R ²	Adj. R ²	p-value	beta	unique [†]	common [†]
SAM	0.314	0.281	0.0004	$\beta_1 = -0.0005^*$	26.60	64.47
				$\beta_2 = -0.0003$	8.93	
H10AM _{rms}	0.220	0.182	0.0061	$\beta_1 = -0.0010^*$	52.89	47.01
				$\beta_2 = -0.0001$	0.10	
RAM50 _{ptp}	0.606	0.587	<0.0001	$\beta_1 = -0.0013^{***}$	41.98	56.06
				$\beta_2 = -0.0004$	1.96	
RAM25 _{ptp}	0.585	0.565	<0.0001	$\beta_1 = -0.0022^{***}$	38.18	58.64
				$\beta_2 = -0.0008$	3.18	

Signif. codes: 0 ‘***’ 0.001 ‘**’ 0.01 ‘*’ 0.05 ‘.’ 0.1 ‘ ’ 1

[†] % of R²

f_0 (Fig. 4), did not reach significance (multiple R² = 0.073, adjusted R² = 0.028, p-value = 0.2127). The weak SAM-EFR response, the NF confounds which affect f_N differently across listeners, and the overall underestimation of stimulus-envelope related energy in the EEG spectrum (i.e. due to omission of harmonics), are together responsible for this outcome and stress the need to use optimized stimuli and analysis methods.

Comparison between EFR magnitudes and ABR amplitudes

635 Figure 5b compares the SAM and RAM25 EFRs to features derived from low-rate (10 Hz) ABRs recorded in the same listeners. ABR amplitudes were defined as half the peak-to-through amplitude, to allow a fair comparison to the EFR magnitudes, which were calculated as half the reconstructed EFR waveform amplitude (Eq.5). ABR W-I and W-V amplitudes
640 were calculated between corresponding positive peak and subsequent negative through according to the widely adopted approach (see Picton, 2010). In agreement with normative data (Picton 2010), NH ABR amplitudes followed the expected trend with (on average) smaller W-I than W-V amplitudes and larger amplitudes with increasing SPL (see also Table 4). Overall, both oNH
645 and oHI groups showed reduced group medians in comparison to yNH W-I amplitudes. However, the interquartile ranges overlapped and only showed significant differences between yNH and oHI W-I amplitudes for the 70-dB-peSPL condition ($t = 4.48$, $p = 0.02$). Similar trends were also observed for the 100-dB-peSPL W-I amplitude (see Table4), which is a widely adopted
650 marker for synaptopathy screening as high-level transients can evoke a synchronous ANF response across a broad tonotopic region and different fiber types (Liberman, 1978). In our recordings, the 100-dB-peSPL W-I amplitude was able to separate the yNH and oNH/oHI groups ($t=3.07$, $p=0.004$ and $t=4.31$, $p=0$), but not the oNH and oHI groups, consistent with the
655 view that this marker was able to detect age-related synaptopathy aspects on a group level. The ABR W-V amplitudes were overall larger, but still

showed considerable overlap between the groups. The 70-dB-peSPL W-V was able to separate the yNH from the oNH/oHI groups ($t=3.48$, $p=0.002$ and $t=4.6$, $p=0$), and the 100-dB-peSPL W-V condition was able to separate the yNH from oHI groups ($t=2.76$, $p=0.01$), but not the yNH from the oNH listeners. Comparing ABRs to EFRs recorded from the same listeners, it is clear that the latter were characterized by a reduced magnitude distribution in comparison to the ABRs (e.g., compare their interquartile ranges, especially for oNH and oHI groups). EFRs were computed based on automatic procedures, and corrected for by the individual NF, which may partly explain this observation. At the same time, the RAM25-EFRs had significantly overall larger magnitudes than the SAM-EFR ($t=5.13$, $p=0$, $n=44$) and comparable magnitudes to the ABRs. Despite similar RAM25-EFR and ABR amplitudes, the group means were much more separated in the EFR than ABR condition. At the same time, there is a difference in their sensitivity to different aspects of SNHL. A recent modeling study showed that both synaptopathy and OHC can reduce the generator strength of the ABR (Verhulst et al., 2016; Vasilkov & Verhulst, 2019), whereas the present study shows that the RAM-EFR is maximally sensitive to synaptopathy. Taken together, we conclude that the RAM25-EFR has a better sensitivity than the ABR in identifying the age-related (synaptopathy) aspect of SNHL.

Discussion

We adopted a combined computational and experimental approach to investigate which EFR paradigms and analysis methods would enhance its
680 sensitivity to isolate the synaptopathy aspect of SNHL in listeners who may have mixed OHC-damage/synaptopathy pathologies. The modeling work incorporates our latest knowledge of the physiology of hearing and hearing damage, and the predicted the outcomes of the experimental study well. Even though we did not have access to animal physiology methods in this
685 study, our approach strongly supports the use of the RAM25 stimulus as a sensitive marker for synaptopathy in humans.

The effect of stimulus envelope characteristics on the EFR

The results of this study revealed that short duty-cycles can yield stronger EFR magnitudes due to the longer IPI and more synchronized ANF responses
690 per each cycle. These observations corroborate the experimental findings of Dreyer & Delgutte (2006) which show stronger ANF responses for transposed-vs-SAM tones. Transposed tones have envelope shapes which rise faster than SAM envelopes, and even though they are not as sharp as the RAM stimuli considered here, single-unit ANF responses show the same trends as observed
695 here. To further explore how the IPI and envelope maximum duration affects the EFR magnitude, we simulated EFRs for modulation rates of 10 Hz (Fig.7a) while changing the duty cycle from 0.2 to 25%. To study the respective effects of rate and duty-cycle, the 120-Hz modulation rate for dif-

ferent duty-cycles was used as the reference (Fig.7b), after which the IPI was
700 changed to 100 ms off-time to simulate the effect of lowering the repetition
rate to 10 Hz.

In agreement with how ABRs to click trains with low repetition rates and
long IPIs (10 Hz) yield robust ABRs (Picton, 2010), simulated 10-Hz AM
EFRs evoked stronger responses compared to the 120-Hz condition for all
705 duty-cycles (Fig.7a vs b). At the same time, stimuli of both repetition rates
evoked substantially reduced EFRs when the duty-cycle reduced from 25%
to 0.2% (where 25% corresponds to the experimental RAM25 condition).
These simulations suggest that one of the factors responsible for weak EFRs
could relate to the lower amount of sound energy carried in each short duty-
710 cycle, which might compromise a synchronized and robust ANF response.
Moreover, large duty-cycles (e.g. 50% as used in RAM50) were also shown
to evoke reduced EFRs when compared to the 25% duty-cycle (Fig. 1g,k
vs f,j). The recordings even showed a second response peak per duty-cycle
for the RAM50, which may have compromised the synchronous response to
715 the stimulus envelope frequency. The experimental results and model sim-
ulations hence suggest that the IPI (which determines the silence interval
between the stimulus peaks) was more important than the duration of the
duty-cycle to yield robust EFR responses. However, too short, or too long,
pulse durations can also compromise the stimulation efficiency, and hence
720 point to a sweet-spot duty-cycle of 15-25% for most efficient EFR stimula-
tion.

Furthermore, stimuli with short (click-like) duty-cycles, which contain limited sound energy per cycle as a result, evoked responses that were strongly influenced by the OHC aspect of SNHL. This aspect is observed in Fig.6b, 725 which shows a greater influence of cochlear gain loss when the duty-cycle reduced to 0.2%. Figure 7a furthermore shows that the overall stimulation rate has an effect as well: the 10-Hz rate condition was more affected by cochlear gain loss than was the 120-Hz condition. ANF responses evoked by transient stimuli presented at low repetition rates might be strongly affected by the 730 active components of the BM impulse response, and hence strongly be attenuated when OHC dysfunction occurs. Differently, for the 120-Hz AM stimuli, responses stem from more saturated ANF responses (e.g., 0.129 μV and 0.075 μV reduction for Sq0.5 presented with 10 Hz and 120 Hz, respectively) and are hence more sensitive to the number of intact ANFs than to OHC dysfunction (Fig. 1e-l). To support the predominantly saturated ANF response 735 origin of the 120-Hz condition, simulated EFRs (both SAM and RAM25) with duty-cycles greater than 10% showed slightly elevated EFR magnitudes for high-frequency OHC damage (Fig. 7b, NH to $\text{HI}_{\text{OHC}:10@4\text{K}}$). These enhanced EFR magnitudes stemmed from the linearized (basal) cochlear responses and 740 attenuated BM input to the ANF in the IPI, which pulls the ANFs out of saturation to yield a stronger modulated response (Joris & Yin, 1992).

Effect of the modulation frequency on EFR strength

EFRs evoked by AM signals are known to vary in magnitude depending
745 on the modulation rate (Purcell et al., 2004; Parthasarathy et al., 2018).
There are likely several aspects underlying this variation, including cochlear
processing, neuronal properties, and different neuronal generators which con-
tribute to the population responses (Joris et al., 2004; Purcell et al., 2004;
Picton, 2010). The latter aspect can be used to steer the focus of EFR screen-
750 ing towards specific neuronal structures. It is assumed that cortical sources
dominate the EFR to AM stimuli with modulation rates below 50-100 Hz,
but that more peripheral (subcortical) neurons can follow higher modulation
rates (Purcell et al., 2004; Herdman et al., 2002; Bidelman, 2015, 2018). Con-
sequently, it might be possible to render the EFR more sensitivity to central
755 or peripheral aspects of the auditory functioning by de- or increasing the
modulation frequency, respectively. However, in humans, the factor which
limits the upper modulation frequency limit is the robustness of the recorded
signal which substantially starts declining for modulation rates above 60-70
Hz and becomes statistically indistinguishable from the background noise for
760 modulation rates above 250 Hz (Purcell et al., 2004; Picton, 2010; Garrett &
Verhulst, 2019).

To further explore the relationship between EFR strength and the stimu-
lus modulation rate, we simulated the envelope-locking limit for the RAM25
condition which had the largest median response magnitude (Fig. 4a). Fig-
765 ure 8 shows simulated EFR magnitudes for modulation frequencies between

120 and 600 Hz. The two filled symbols correspond to the median NH EFR magnitudes for the SAM and RAM25 stimuli. The simulations show that the insensitivity of the RAM25 to possibly co-occurring OHC deficits can be further increased by increasing the modulation frequency to higher modulation rates, e.g. at the 200 Hz modulation rate, there was no influence of OHC damage, while the RAM25 stimulus still evoked a 1.8 times larger response than for the reference SAM stimulus. However, this increased differential sensitivity to synaptopathy happens at the cost of overall reduced RAM25 magnitudes which might compromise the sensitivity of the metric toward detecting individual synaptopathy differences. A compromise which takes both of these aspects into account might thus be ideal. If we take the NH SAM EFR as an acceptable reference magnitude, RAM EFRs with modulation frequencies up to 240 Hz can be adopted to yield the same response sensitivity.

Implications for diagnostic applications

Finding an AEP-based metric which is differentially sensitive to the synaptopathy aspect of SNHL, even when OHC deficits are present, is an important pursuit which requires a multi-center and interdisciplinary approach. On the one hand, there is compelling evidence from animal studies that the ABR wave-I and SAM EFRs are compromised after histologically-verified synaptopathy (Kujawa & Liberman, 2009; Bourien et al., 2014; Sergeyenko et al., 2013; Shaheen et al., 2015; Möhrle et al., 2016a; Chambers et al.,

2016; Parthasarathy et al., 2018), but on the other, little is known about the respective roles of OHC and synaptopathy aspects in this degradation.

790 Animal studies of synaptopathy often focus on individual ABR/EFR markers after controlled synaptopathy-induction (e.g. quietly-raised animals with age effects, ototoxic-induced) and most human studies focus on clinically normal-hearing subjects (e.g., Kujawa & Liberman, 2009; Mehraei et al., 2016; Prendergast et al., 2017a; Guest et al., 2017). Lastly, human AEP

795 studies on listeners with impaired audiograms have the drawback that it is presently not possible to connect the individual histopathology to AEP alterations. To bridge this translational gap, model-based approaches can have a pivotal role. Even though model studies are limited by the quality of the used model, they can be effective in narrowing down the parameter space of

800 potentially sensitive AEP markers. Promising candidate markers which can afterwards be tested more efficiently in experiments with human and animal models. Despite the known limitations of model approaches, there is a present absence of controlled experimental approaches which vary the degree of OHC and synaptopathy damage in a controlled way. In the meantime,

805 models are the only available tools which can be used to study the relative contribution of OHC damage and synaptopathy on the source generators of human ABRs and EFRs.

Despite the theoretical starting-point we took in the design of our stimulus set, the model was able to validate our single-unit predictions, provided

810 confidence that the associated population EFR responses would follow these

trends, while showing differential sensitivity to either OHC or synaptopathy aspects. Even though the model simulates the functional signal representation along the auditory pathway, and does not perfectly incorporate all different brainstem neuron types, it has previously shown its merit at reasonably and collectively simulating the level-dependence of human OAEs, ABRs, EFRs while accounting for the level-dependence and adaptation properties of single unit-ANF fibers (Altoè et al., 2018; Verhulst et al., 2012, 2015, 2018a; Keshishzadeh et al., 2020). It is hence not incidental that the predicted changes in EFR strength due to stimulus envelope changes or their sensitivity to different aspects of SNHL were confirmed experimentally.

At the same time, our study showed that RAM25 EFRs were more effective at identifying age-related SNHL differences than either the SAM EFR or the ABR waves, which can advance the field in a couple of ways. First, overall stronger EFRs improve their application range towards listeners with more severe SNHL pathologies. Whereas the SAM EFRs did not show group differences between the oNH and oHI listeners, the RAM EFR was able to do this, and can hence offer a more fine-grained estimate of the degree of synaptopathy in listeners with normal or impaired audiograms. Secondly, both the model simulations and communality analysis showed that the RAM EFR is more sensitive to (age-related) synaptopathy and less sensitive possibly co-existing OHC damage aspects. Even though this finding should ideally be confirmed in animal histopathology studies of synaptopathy and OHC damage, it is clear that when confirmed, the RAM25 EFR might help

therapeutic interventions or studies which aim to study the perceptual consequences of synaptopathy. Aside from the Bharadwaj et al. (2015); Guest et al. (2017) studies which use transposed-tone EFRs with sharp envelopes, most human studies use the smaller ABR wave-I amplitude or SAM-EFR marker to study how individual physiological responses relate to sound perception. This means that the ABR wave-I and SAM-EFRs in those studies could have been troubled by response analysis (i.e. f_0 vs f_0 +harmonics vs noise floor correction) and confounding OHC damage factors (see also Verhulst et al., 2016), which introduced an inherent variability in the presumed physiological markers of synaptopathy. It would be worthwhile to re-analyse the SAM-EFRs of those studies using the proposed analysis method, and adopt RAM stimuli for future human synaptopathy studies in which co-existing OHC damage is possible. Using a sensitive and differential marker of synaptopathy is essential to enable a causal relationship between the origin of the marker reduction (synaptopathy) and its impact on sound perception. It is known that age can result both in OHC damage (ISO 7029) and synaptopathy (Sergeyenko et al., 2013; Parthasarathy et al., 2018), and hence people with OHC damage may also suffer from synaptopathy. This means that when audiometric thresholds predict outcomes on psychoacoustic tasks in ageing studies, we should leave the possibility open that the co-existing synaptopathy aspect of SNHL was responsible for driving the reduction in task performance.

855

Conclusion

We adopted a combined theoretical and human experimental approach to develop AEP-based stimuli which showed enhanced sensitivity to the (age-related) synaptopathy aspect of SNHL. We conclude that supra-threshold
860 RAM stimuli with duty cycles between 20-25% for a 120-Hz modulation rate, are maximally efficient to both yield a strong response magnitude and a differential sensitivity to the synaptopathy aspect of SNHL. RAM25 amplitudes were considerably larger than commonly-used SAM-EFR markers of synaptopathy, and showed more pronounced age-related differences than
865 ABR markers. Improving the analysis method to include the harmonics and perform a noise-floor correction further improved the robustness of the RAM-EFR. Taken together, we hope that the outcomes of this theoretical-experimental study will improve the interpretation possibilities of future studies aimed at studying the role of synaptopathy/deafferentation for sound
870 perception and will yield a set of robust and sensitive markers of cochlear synaptopathy for use in animal and human studies.

Author Contributions

VV: Conceptualization, Methodology, Software, Validation, Formal anal-
875 ysis, Investigation, Data Curation, Writing: Original Draft, Visualization;
MG: Methodology, Software, Investigation; MM: Methodology, Software, Investigation; SV: Conceptualization, Methodology, Resources, Writing: Orig-

inal Draft, Writing: Review & Editing, Supervision, Project administration,
Funding acquisition.

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Conflict of interest statement

Ghent University filed a patent application (PCTEP2020053192) which covers some of the ideas presented in this paper. Sarah Verhulst and Viacheslav Vasilkov are inventors.
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Data availability

The model code used for the simulations is available via 10.5281/zenodo.3717800 or github.com/HearingTechnology/Verhulstetal2018Model. Software to extract the EFR magnitudes from the raw-EEG recordings as well as
895 code to generate the RAM stimuli will be made available on github.com/HearingTechnology upon the publication of the manuscript.

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1180 **Figure captions**

Figure 1. a-d Two cycles of the amplitude-modulated stimuli with different envelope shapes but the same modulation rate of 120 Hz. All stimuli were presented with the same RMS SPL (black) and stimuli with rectangular envelopes were additionally presented in an equal ptp amplitude to the reference SAM tone (cyan). **e-h** Simulated ANF responses at the 4-kHz CF evoked by the corresponding stimuli (equal-RMS). Solid traces depict responses summed across 19 AN fibers per IHC (i.e. intact ANF profile: 3 Low, 3 Medium, 13 High SR fibers) and dotted black lines represent summed responses from three fibers per IHC (i.e. severe synaptopathy HI_{CS} : 0 Low, 0 Medium, 3 High SR fibers). $HI_{OHC:10@4K}$ and $HI_{OHC:35@4K}$ traces represent responses for simulated sloping audiometric hearing loss with 10 dB or 35 dB threshold elevation at 4 kHz. NH shows the responses without simulated hearing deficits. **i-l** Time-domain representation of simulated and recorded EFRs in response to stimuli with different envelope shapes (same RMS). Open traces depict simulated EFRs for normal-hearing (NH), extreme synaptopathy ($HI_{CS:0L,0M,3H}$) and audiometric ($HI_{OHC:35@4K}$) profiles. Solid traces depict recorded EFRs averaged across young (yNH) and old (oNH) normal-hearing, and old hearing-impaired (oHI) participants groups.

1200 **Figure 2. a** Pure-tone hearing thresholds measured at frequencies between 0.125 and 8 kHz. Dashed traces depict mean values across yNH, oNH and oHI groups. Solid lines represent simulated cochlear gain loss profiles

with the corresponding dB HL sloping hearing loss (NH, $HI_{OHC:10@4K}$ and $HI_{OHC:35@4K}$). **b** Pure-tone hearing thresholds and **c** distortion-product otoacoustic emission thresholds at 4 kHz.

Figure 3. Schematic of the adopted computational model of the auditory periphery which simulates subcortical sources of human AEPs in response to acoustic stimuli (Verhulst et al., 2018a; Vecchi & Verhulst, 2019).

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Figure 4. Illustration of how the EFR_{PtN} was computed from the raw EEG recordings. **a** Magnitude spectrum (gray) of the AEP recorded in response to $RAM25_{rms}$ stimulation and averaged within one bootstrap run. Red dash markers depict the estimated noise floor (NF) and blue vertical arrows indicate peak (F_n) to NF_n magnitudes at the modulation frequency and its harmonics. **b** 100 ms-scaled time-domain representation of the recorded AEP (gray) and reconstructed time-domain EFR waveform (blue) based on noise corrected energy at the fundamental and available harmonic components ($F_n - NF_n$) with the corresponding phase angle values. The EFR magnitude was defined as half the peak-to-peak amplitude of the reconstructed signal in the time domain (blue arrow) for each bootstrap run.

Figure 4. Simulated (open symbols) and recorded (filled symbols) individual AEPs for different SNHL profiles and stimulus types. **a** EFR_{PtN} magnitudes evoked by the sustained amplitude-modulated stimuli with dif-

1225

ferent envelope shapes. **b** Comparison between EFRs and transient ABR waveform features to 10-Hz click trains of 70 and 100 dB-peSPL amplitudes.

Figure 5. Linear regression plots for EFR magnitudes evoked by AM stimuli with different envelope shapes and 4-kHz DPOAE thresholds. Top and left error bars indicate groups means and standard deviations of normal (yNH&oNH) and elevated (oHI) audiometric thresholds at 4 kHz groups (downward triangles) or young (yNH) and older (oNH&oHI) groups (upward triangles).

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Figure 6. Simulated EFR magnitudes for 10 Hz (**a**) and 120 Hz (**b**) modulation rate RAM stimuli which had the same peak-to-peak amplitude as the reference 70-dB-SPL SAM tone. EFR magnitudes are shown for the NH model as well as for models with sloping cochlear gain loss ($HI_{OHC:10@4K}$ and $HI_{OHC:35@4K}$).

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Figure 7. Simulated and recorded EFR magnitudes for reference SAM and RAM stimuli with different stimulus modulation frequencies. The duty-cycle was 25% for the RAM stimuli and the stimulus level was 70 dB SPL in all cases.

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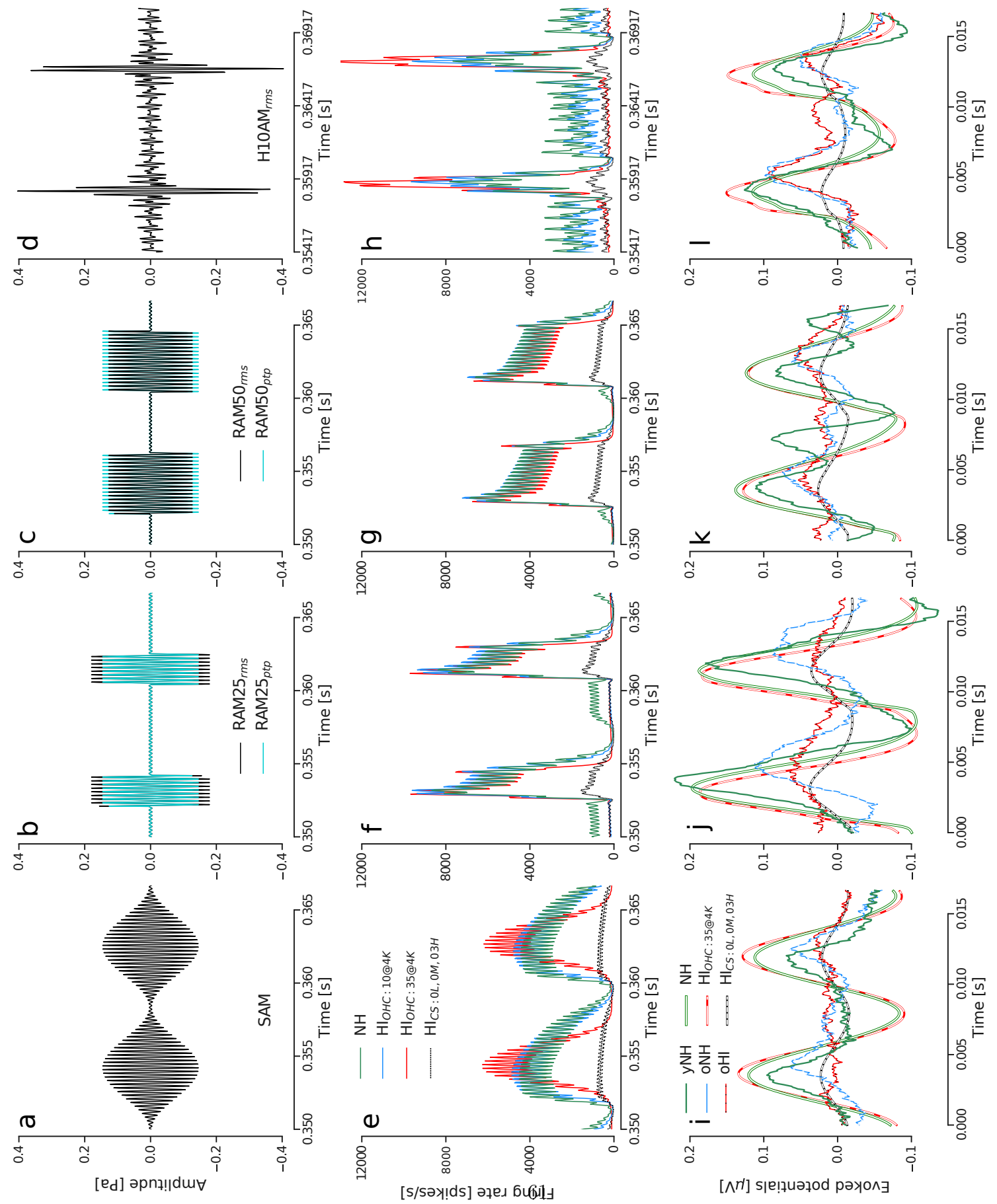


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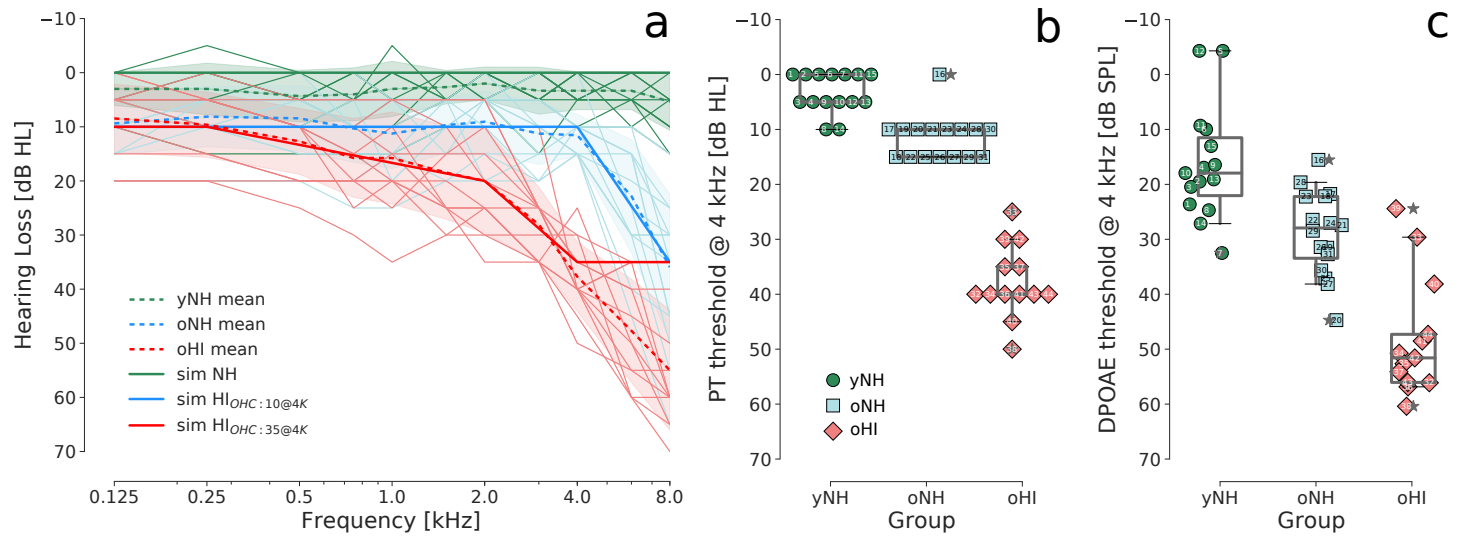


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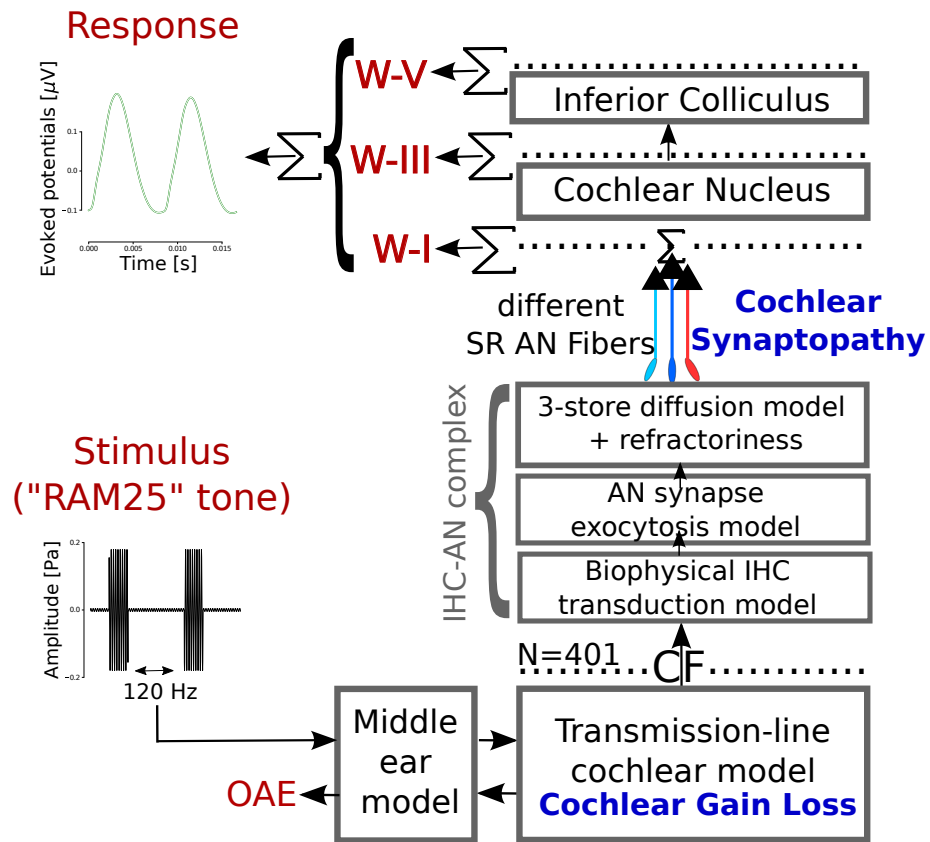


Figure 3:

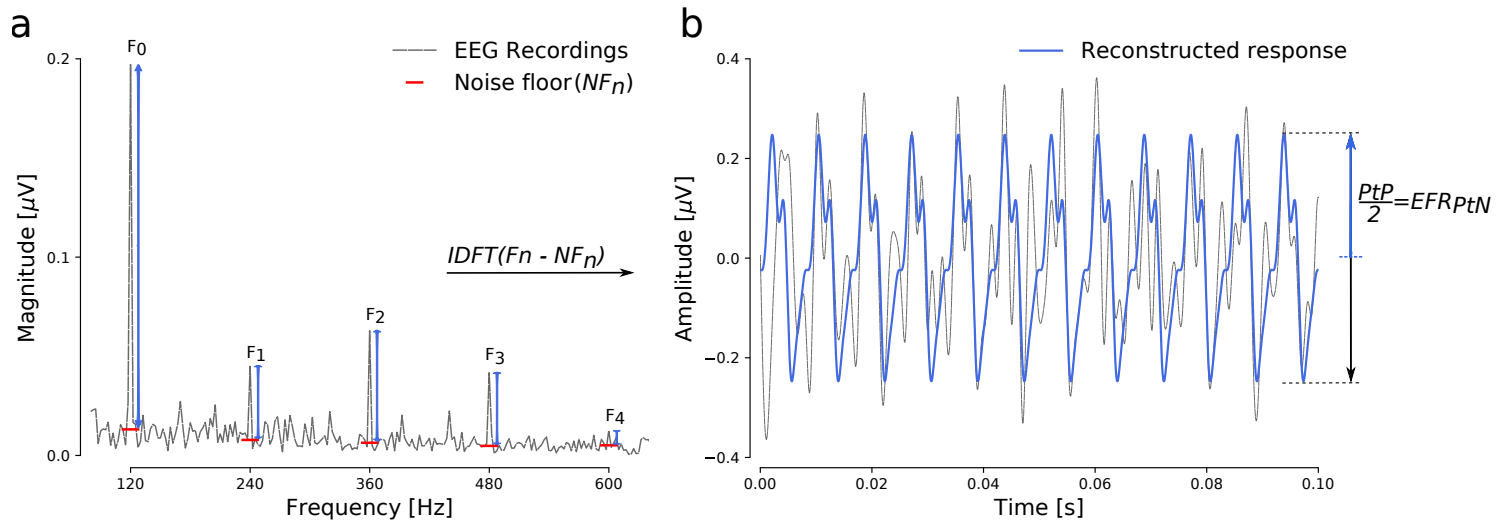


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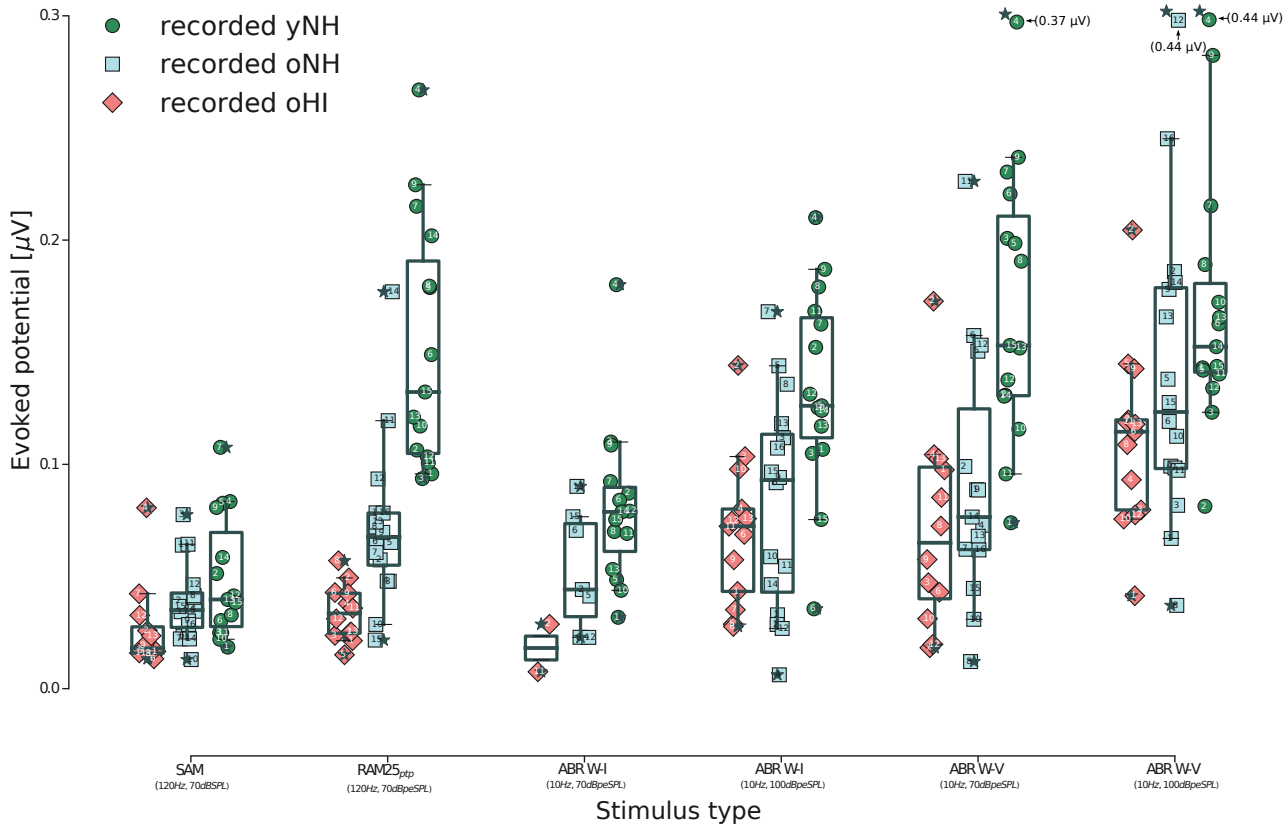
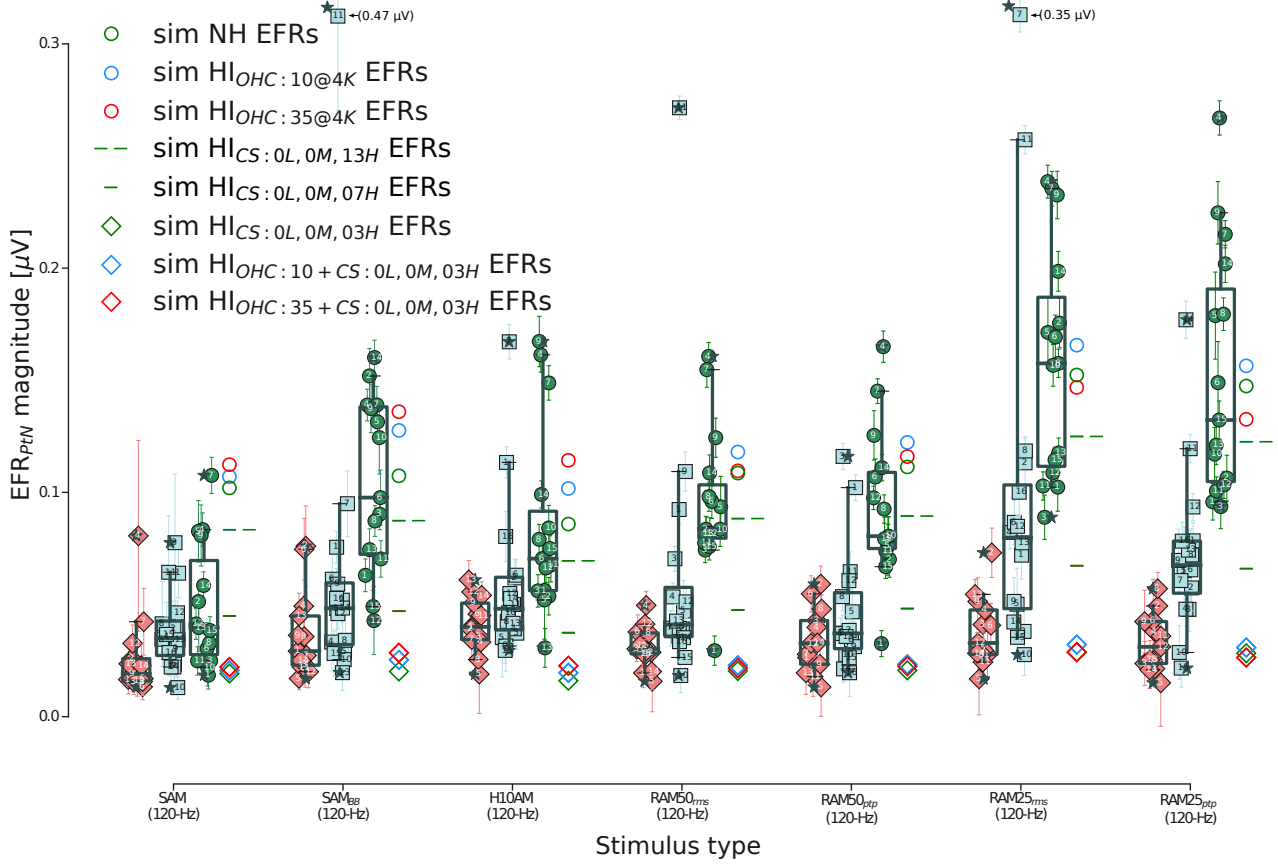


Figure 5:

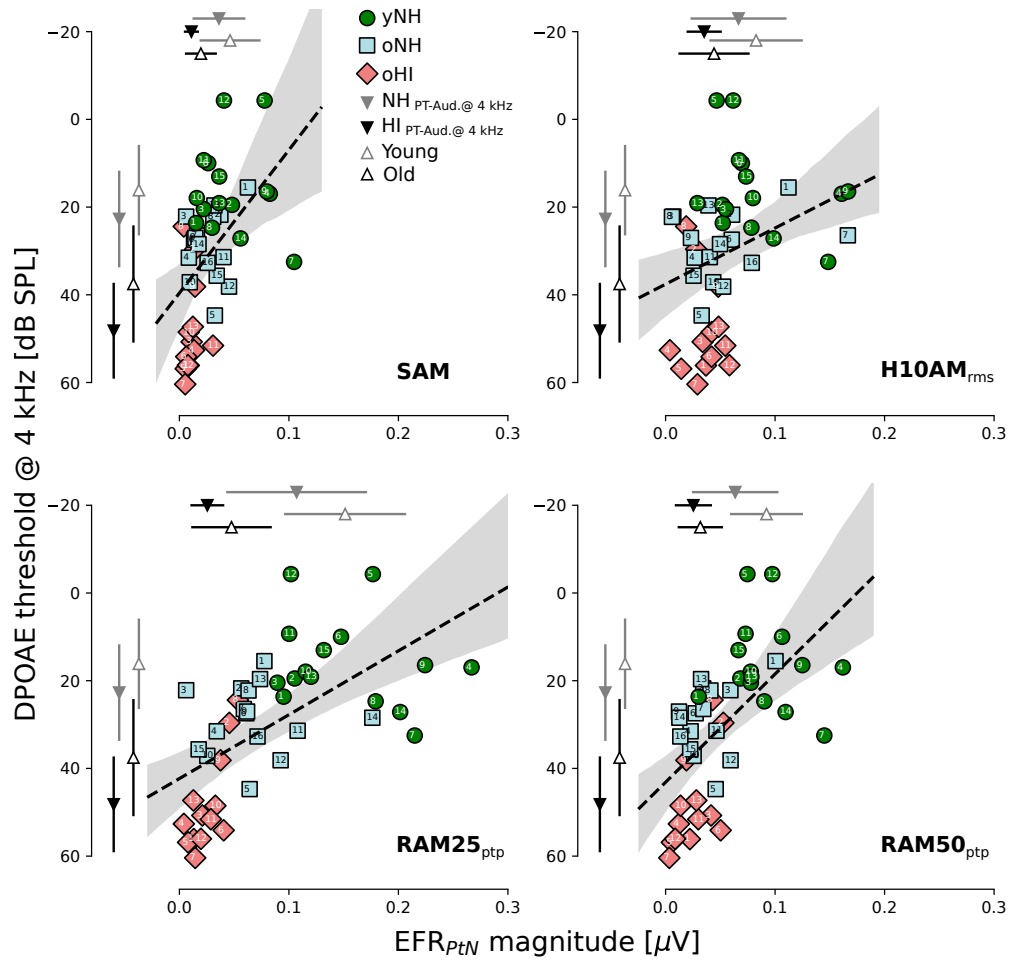


Figure 6:

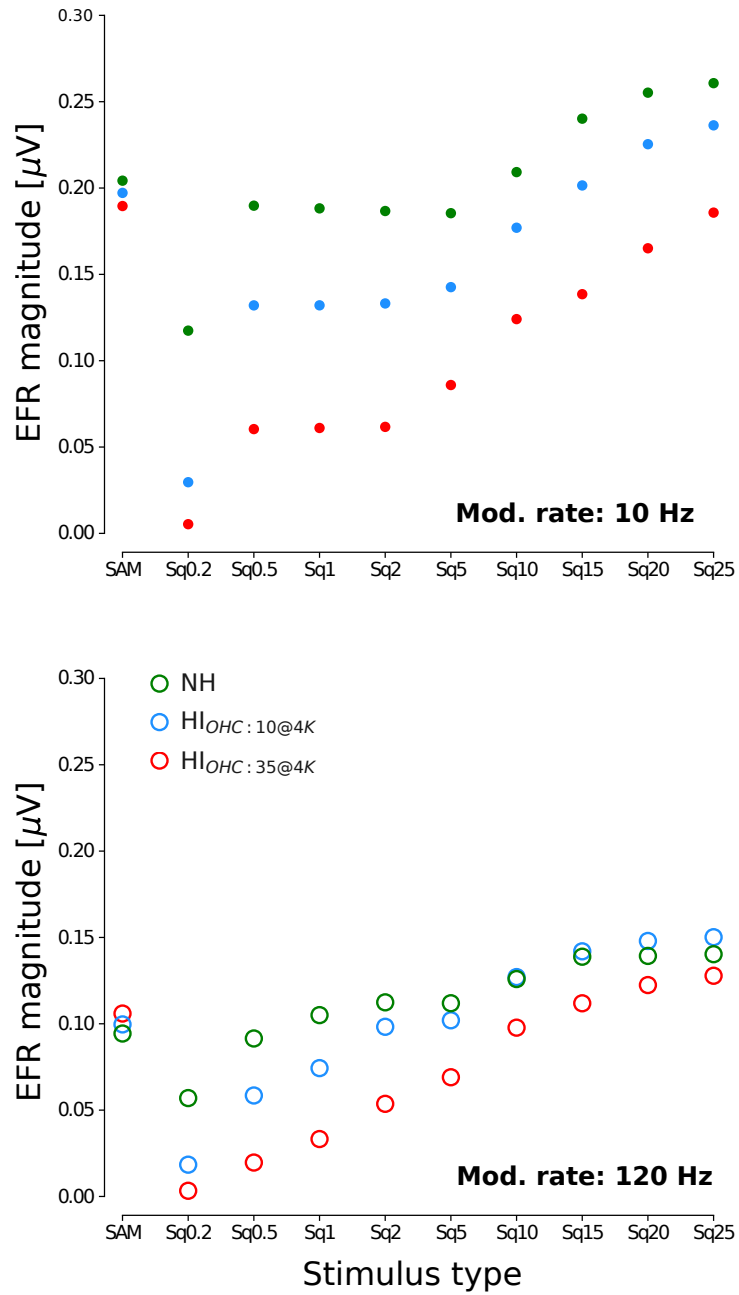


Figure 7:

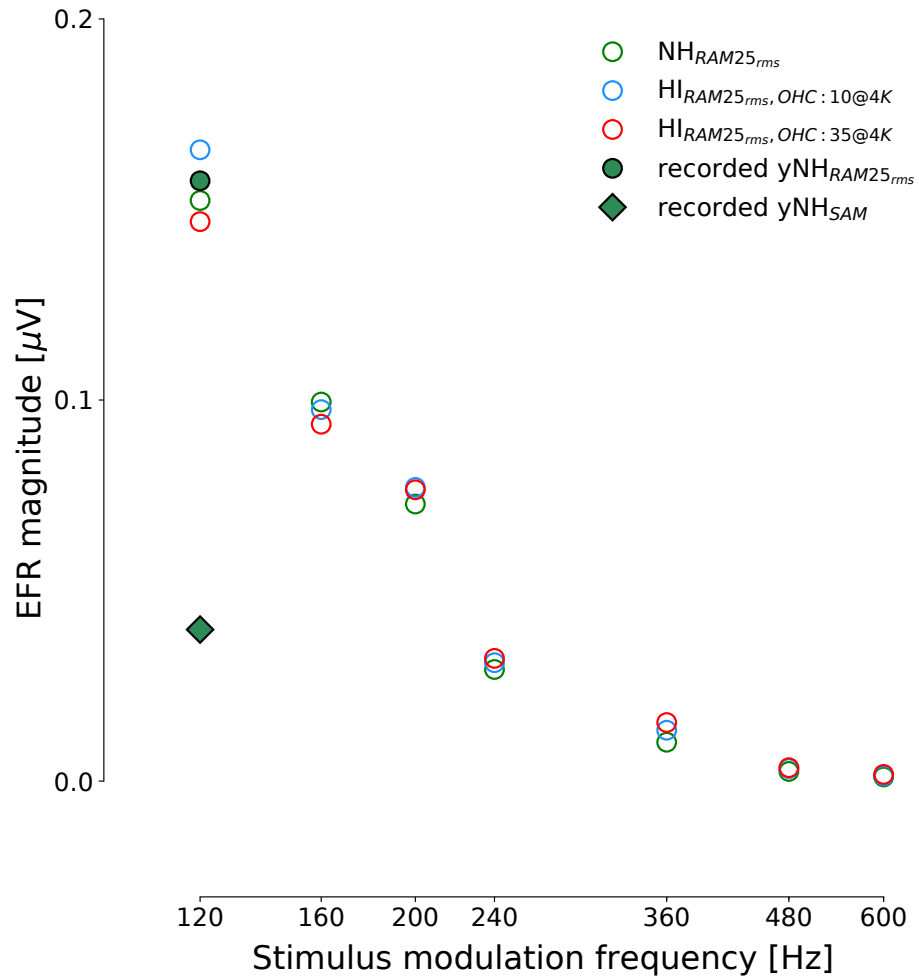


Figure 8:

Subj#	G	A	0.125	0.25	0.5	0.75	1	1.5	2	3	4	6	8	PTA
Young participants with normal hearing (yNH)														
1	m	27	5	5	10	5	-5	5	0	5	0	10	5	4.1
2	f	27	5	10	10	10	10	0	5	0	0	0	0	4.5
3	m	25	0	0	0	0	0	0	0	0	5	0	5	0.9
4	f	22	0	0	5	5	0	0	5	5	5	5	10	3.6
5	f	27	5	0	0	0	0	0	0	0	0	5	5	1.4
6	f	20	0	-5	0	0	0	5	0	5	0	0	0	0.5
7	f	24	5	5	5	0	5	0	0	0	0	0	0	1.8
8	f	25	0	0	0	0	0	0	0	5	10	5	10	2.7
9	f	28	0	0	0	0	0	5	5	0	5	0	0	1.4
10	f	23	0	0	5	0	0	0	0	0	5	5	10	2.3
11	m	22	0	0	0	0	5	5	0	0	0	0	0	0.9
12	m	24	5	5	0	5	0	0	0	0	5	5	0	2.3
13	m	25	5	5	5	10	10	5	5	15	5	5	15	7.7
14	m	23	10	15	15	15	15	10	10	10	10	10	15	12.3
15	m	26	5	5	10	10	5	5	0	5	0	0	5	4.5
Older participants with normal hearing(oNH)														
1	f	63	15	10	5	10	5	15	5	0	0	25	30	10.9
2	f	61	10	10	10	5	5	5	5	10	10	15	45	11.8
3	m	63	5	5	10	15	15	5	10	10	15	45	65	18.2
4	m	62	5	5	5	10	5	5	5	5	10	10	15	7.3
5	f	65	10	10	15	15	15	10	10	20	10	15	30	14.5
6	m	64	0	0	0	0	5	5	5	5	10	10	35	6.8
7	f	62	10	10	15	15	20	10	10	10	15	30	30	15.9
8	m	65	5	5	5	5	5	5	0	10	10	30	35	10.5
9	m	65	10	5	5	5	5	10	5	15	10	25	50	13.2
10	f	66	5	10	10	10	15	20	15	20	15	30	55	18.6
11	m	66	20	20	20	20	15	15	15	15	15	40	45	21.8
12	f	65	20	20	20	25	25	20	20	20	15	30	30	22.3
13	f	62	0	0	0	10	10	10	5	5	10	10	15	6.8
14	m	67	15	5	5	10	10	5	20	15	15	15	45	14.5
15	m	67	10	5	5	5	5	5	5	10	10	15	25	9.1
16	f	65	10	10	5	5	20	10	10	10	15	20	25	12.7
Older participants with elevated hearing thresholds (oHI)														
1	f	64	0	5	10	10	10	10	20	25	40	35	35	18.2
2	f	67	20	20	25	30	35	30	30	35	25	50	60	32.7
3	f	64	0	5	10	15	10	25	25	35	40	50	65	25.5
4	m	66	5	5	10	10	15	15	15	25	35	40	60	21.4
5	m	64	5	5	10	15	20	25	25	25	40	45	50	24.1
6	f	66	10	10	10	10	5	5	5	25	35	40	40	17.7
7	f	66	10	10	10	25	20	25	35	35	50	55	60	30.5
8	f	61	10	15	20	20	15	25	30	30	30	35	35	24.1
9	m	65	20	20	20	20	20	20	25	35	45	60	65	31.8
11	m	64	5	10	10	20	25	15	10	25	40	60	60	25.5
12	m	66	5	0	5	5	5	5	5	25	30	60	70	19.5
13	f	68	15	15	20	20	20	30	25	35	40	35	60	28.6
14	f	67	5	5	5	5	5	10	10	10	40	55	55	18.6

Table 3: Median, mean, standard deviation (SD), 1st and 3rd quartile (Q), 5th and 95th percentile (P) of the EFR magnitudes (in μV) evoked by different stimuli.

Stimulus	Group	Median	Mean	SD	Q ₁	Q ₃	P ₅	P ₉₅
SAM	yNH	0.036	0.046	0.027	0.024	0.067	0.016	0.089
	oNH	0.028	0.027	0.015	0.014	0.035	0.008	0.05
	oHI	0.009	0.011	0.007	0.006	0.013	0.005	0.021
SAM _{BB}	yNH	0.095	0.102	0.039	0.07	0.137	0.042	0.153
	oNH	0.044	0.067	0.106	0.023	0.056	0.011	0.185
	oHI	0.018	0.028	0.021	0.014	0.034	0.008	0.072
H10AM	yNH	0.07	0.083	0.041	0.054	0.089	0.041	0.163
	oNH	0.042	0.052	0.039	0.026	0.061	0.007	0.126
	oHI	0.037	0.035	0.015	0.028	0.048	0.01	0.056
RAM50 _{rms}	yNH	0.083	0.094	0.032	0.079	0.103	0.06	0.156
	oNH	0.033	0.053	0.061	0.024	0.047	0.015	0.148
	oHI	0.022	0.02	0.012	0.009	0.03	0.006	0.037
RAM50 _{ptp}	yNH	0.078	0.092	0.032	0.074	0.108	0.056	0.15
	oNH	0.033	0.037	0.022	0.023	0.046	0.013	0.07
	oHI	0.022	0.025	0.016	0.012	0.041	0.005	0.051
RAM25 _{rms}	yNH	0.157	0.157	0.05	0.111	0.187	0.097	0.236
	oNH	0.076	0.094	0.085	0.043	0.1	0.02	0.277
	oHI	0.026	0.037	0.016	0.021	0.039	0.012	0.057
RAM25 _{ptp}	yNH	0.132	0.151	0.054	0.104	0.19	0.093	0.237
	oNH	0.062	0.066	0.038	0.051	0.075	0.015	0.125
	oHI	0.021	0.025	0.015	0.013	0.038	0.006	0.049

Table 4: Median, mean, standard deviation (SD), 1st and 3rd quartile (Q), 5th and 95th percentile (P) of the ABR amplitudes (in μV) evoked by different stimuli.

Stimulus	Group	Median	Mean	SD	Q ₁	Q ₃	P ₅	P ₉₅
ABR W-I ^{70†}	yNH	0.079	0.081	0.034	0.061	0.09	0.04	0.131
	oNH	0.044	0.053	0.025	0.032	0.074	0.023	0.086
	oHI	0.018	0.018	0.011	0.013	0.023	0.009	0.028
ABR W-I ^{100†}	yNH	0.126	0.134	0.043	0.112	0.165	0.063	0.194
	oNH	0.093	0.083	0.046	0.043	0.113	0.022	0.15
	oHI	0.072	0.07	0.032	0.043	0.08	0.028	0.12
ABR W-V ^{70†}	yNH	0.153	0.176	0.07	0.131	0.211	0.089	0.276
	oNH	0.077	0.093	0.055	0.062	0.125	0.025	0.178
	oHI	0.065	0.071	0.043	0.04	0.099	0.019	0.135
ABR W-V ^{100†}	yNH	0.152	0.179	0.083	0.141	0.181	0.111	0.331
	oNH	0.123	0.149	0.091	0.098	0.179	0.06	0.294
	oHI	0.115	0.111	0.039	0.08	0.12	0.062	0.169
ABR W-V ^{100†} _(P5-P3)	yNH	0.267	0.271	0.067	0.233	0.314	0.167	0.371
	oNH	0.213	0.201	0.062	0.153	0.233	0.119	0.313
	oHI	0.165	0.169	0.061	0.118	0.207	0.091	0.265

† dB peSPL