

Short chain fatty acids enhance expression and activity of the umami taste receptor in enteroendocrine cells via a $G\alpha_{i/o}$ pathway

1 **Matilda Shackley^{1,2}, Edward W. Tate³, Alastair J.H. Brown⁴, Gary Frost^{1*}, Aylin C.**
2 **Hanyaloglu^{2*}**

3 ¹Section of Nutrition Research, Department Metabolism, Digestion and Reproduction, Imperial
4 College London, London, UK

5 ²Institute of Reproductive and Developmental Biology, Department Metabolism, Digestion and
6 Reproduction, Imperial College London, London, UK

7 ³Department of Chemistry, Imperial College London, London, UK

8 ⁴Translational Sciences, Sosei Heptares, Cambridge, UK

9 *** Correspondence:**

10 Aylin Hanyaloglu & Gary Frost

11 a.hanyaloglu@imperial.ac.uk; g.frost@imperial.ac.uk

12 **Keywords: short chain fatty acid₁, GPCR₂, taste receptor₃, enteroendocrine cell₄,**
13 **heterotrimeric G proteins₅.**

14 **Abstract**

15 The short chain fatty acids (SCFAs) acetate, butyrate and propionate, are produced by the fermentation
16 of non-digestible carbohydrates by the gut microbiota. SCFAs are of interest because they regulate
17 appetite, adiposity, metabolism, glycemic control and immunity. SCFAs act at two distinct
18 G protein-coupled receptors (GPCRs), FFAR2 and FFAR3. These are expressed in intestinal
19 enteroendocrine cells (EECs), where they mediate SCFA-driven anorectic gut hormone release. EECs
20 also express other GPCRs that act as nutrient sensors, in a manner that is plastic and adaptable to the
21 environment. SCFAs may elicit some of their health-promoting effects by altering levels of GPCRs in
22 EECs, thus, enhancing gut sensitivity to dietary molecules. Here, we identified that exposure of the
23 murine EEC STC-1 cell-line to a concentration of SCFAs found in the colon, specifically enhances
24 mRNA levels of the umami taste receptors TASR1 and TASR3, without altering levels of the SCFA
25 GPCRs, FFAR2 and FFAR3. Interestingly, treatment of EECs with propionate or butyrate, but not
26 acetate, increased levels of umami receptor transcripts. This phenomenon was reversed by inhibiting
27 $G\alpha_{i/o}$ signaling with pertussis toxin, suggesting that SCFAs act through FFAR2/3 to alter gene
28 expression. Surprisingly, neither a FFAR3- nor a FFAR2-selective synthetic ligand could increase
29 TASR1/TASR3 mRNA levels. We assessed the functional impact of increases in TASR1/TASR3
30 expression using unique pharmacological properties of the umami taste receptor; namely, the
31 potentiation of signaling by inosine monophosphate. We found that the umami taste receptor induced
32 inosine-1-phosphate and calcium signaling in response to L-alanine and L-monosodium glutamate, and
33 that butyrate pretreatment significantly enhanced such signaling. Our study reveals that SCFAs may
34 contribute to EEC adaptation and alter EEC sensitivity to bioactive nutrients.

35 Introduction

36 After ingestion, physical and chemical processes digest food into a large and dynamic array of
37 metabolites within the gastrointestinal (GI) tract. The detection of these, via ‘nutrient sensing’
38 mechanisms, results in the secretion of over 20 different peptides from enteroendocrine cells (EECs)
39 (1). Of particular note are colonic short-chain fatty acids (SCFAs), the anaerobic fermentation of non-
40 digestible carbohydrates, components of high-fiber diets. These are carboxylic acids with fewer than
41 six carbons (Cs), which can reach high luminal concentrations of 10^{-1} M (2):(3). 95% of the SCFAs
42 produced in the GI tract are acetate (2Cs), propionate (3Cs) and butyrate (4Cs) (3,4). These SCFAs, in
43 particular propionate, are currently of interest, not only due to their ability to regulate anorectic gut
44 hormone release, but also to promote weight loss, reduce abdominal adiposity and improve insulin
45 sensitivity (5–8).

46 A large range of lumenally expressed cell surface proteins is responsible for nutrient sensing. A
47 significant proportion of these are members of the superfamily of G protein-coupled receptors
48 (GPCRs) (8). SCFAs activate two distinct GPCRs that are known to be expressed in EECs, FFAR2
49 and FFAR3 (8–13). When expressed in heterologous cells, these two receptors display differential
50 potency for each SCFA, which also differs between human and mouse receptor orthologs, yet
51 propionate is the most potent of the SCFAs at both murine receptors (13–15). FFAR2 and FFAR3 both
52 activate $G\alpha_{i/o}$ signaling, and FFAR2 can also signal via $G\alpha_{q/11}$ to release calcium (Ca^{2+}) from
53 intracellular stores; a pathway associated with its role in inducing gut hormone secretion from human
54 and mouse EECs (5,7,8,16–18). However, beyond regulating levels of gut hormone expression (19)
55 and secretion (5,7,17,18), our understanding of the additional roles of FFAR2/3 in EECs is limited.

56 A variety of GPCRs act as nutrient sensors in EECs, each responding to a distinct range of
57 macromolecules and metabolites.(8) As the GPCR expression in EECs is not static (20), one possibility
58 is that nutrients can alter GPCR expression levels, adapting the sensitivity of the gut to other dietary
59 molecules. There is evidence to support this; obese individuals have significantly different expression
60 profiles of nutrient sensing GPCRs in their GI tract compared with lean controls, with significant gene
61 expression changes in genes encoding GPCRs, such as umami taste receptor subunit TAS1R3 and long
62 chain fatty acid receptor FFAR4 (21,22). Further studies have demonstrated that there are significant
63 differences in the mRNA expression of long and short chain fatty acid GPCRs and gustatory receptors
64 in obese mice compared with lean controls (23), which are altered significantly following gastric
65 bypass surgery (20). Overall, this suggests plasticity in the expression of nutrient sensing receptors,
66 enabling dynamic adaptation to environmental factors. It is unknown whether the recently reported
67 health benefits of increased colonic concentrations of SCFAs, such as propionate (5,7,17), are partly
68 mediated by an underlying mechanism that alters the ability of the gut to sense other dietary
69 components/metabolites.

70 In this study, we demonstrate that exposure of EECs to SCFAs can increase the gene expression of a
71 specific gustatory GPCR, the umami taste receptor, without altering the levels of SCFA receptors. This
72 altered gene expression was mediated by propionate and butyrate via a $G\alpha_{i/o}$ signaling pathway,
73 supporting a SCFA-GPCR signaling mechanism. However, synthetic FFAR2- or FFAR3-selective
74 ligands could not mimic this. The increased expression of umami taste receptor subunits by SCFAs
75 resulted in enhanced signaling from this receptor.

76

77 **Materials and Methods**

78 **Cell culture**

79 STC-1 cells originate from enteroendocrine tumors in the duodenum of double transgenic mice.(24)
80 This cell line was used for all experiments. STC-1 cells were cultured (95% O₂; 5% CO₂; 37°C) in
81 Dulbecco's modified Eagle's Medium (DMEM) containing 4.5 g/L D-glucose, 4 mM L-Glutamine
82 (Sigma), supplemented with 10% FBS (Sigma), 100 U/mL penicillin and 100 mg/L streptomycin
83 (ThermoFisher; DMEM+/+).

84 **Ligand treatment**

85 STC-1 cells were grown to 70–80% confluency before treatment with SCFAs. All SCFAs were stored
86 in solid salt form (Sigma). Solutions (100 mM) were made fresh for every experiment by dissolving in
87 DMEM+/+ for incubations <5 hrs and in serum-free media for incubations <5 hrs.
88 2-(4-chlorophenyl)-3-methyl-N-(thiazole-2-yl)butanamide (4-CMTB; Tocris) was used as a
89 FFAR2-specific agonist and AR420626 (Cayman) was used as an FFAR-specific agonist, both at a
90 working concentration of 10 μM.

91 **Quantitative-PCR**

92 After incubations with SCFAs, TRIzol® Reagent (Life Technologies) was used to extract RNA from
93 STC-1 cells. After purification, 1 μg of each RNA sample was treated with an RNase inhibitor
94 (ThermoFisher) and a DNase I treatment kit (Life Technologies). SuperScript IV Reverse
95 Transcriptase kit (Life Technologies) was used to synthesize complimentary DNA (cDNA). qPCR was
96 performed using SYBR-Green PCR Mastermix kit (ThermoFisher). Each reaction was run in triplicates
97 and cDNA was replaced with nuclease-free water as a negative control. Reactions were performed
98 using the ABI StepONE sequence system. The 2^{-ΔΔCT} method(25) was used for analysis of raw C_t
99 values. Briefly, gene expression was normalized to the housekeeping gene β-actin, and values from
100 treated cells were compared to the expression of untreated controls. All primer sequences used were
101 purchased predesigned from Sigma Aldrich UK (sequences found in **Supplementary Table 1**). Serial
102 dilution curves were performed to ensure primer efficacy of 90–110%.

103 **Measurement of intracellular cAMP**

104 All cAMP assays were performed in serum-free DMEM (Sigma) supplemented with
105 3-isobutyl-1-methylxanthine (IBMX; Sigma) to inhibit phosphodiesterase cAMP degradation. cAMP
106 concentrations were measured from cell lysates after cells were incubated for 5 minutes with synthetic
107 agonists (10 μM) for FFAR2 (4-CMTB) or FFAR3 (AR420626) using the HTRF cAMP Dynamic 2
108 immunoassay kit (CisBio). Fluorescence was measured with a PHERAstar FSX plate reader (BMG
109 Labtech) equipped with HTRF 337 optic module, with excitation at 340 nm and measurements of
110 emission at 620 nm and 665 nm. cAMP levels were interpolated from an cAMP standard curve and
111 normalized to protein concentration. All experiments were conducted in triplicate and repeated at least
112 3 times.

113 **Measurement of intracellular inosine-1-phosphate (IP₁)**

114 IP₁ signaling assays were performed after incubation with SCFAs to evaluate the response of STC-1
115 cells to L-monosodium glutamate (L-MSG; Sigma) and L-Alanine (L-Ala; Sigma), selected due to
116 their potency at the rodent umami taste receptor (26):(27). All reactions were performed in the presence
117 and absence of inosine monophosphate (IMP, 2 mM) in serum-free DMEM (Sigma) supplemented

118 with 50 mM LiCl (Sigma). After cells were treated with ligands (30 min), IP₁ concentrations were
119 measured from cell lysates using the HTRF IP-One immunoassay kit (CisBio). Fluorescence was
120 measured and IP₁ levels were quantified using the same methodology as the cAMP assay.

121 **Ca²⁺ mobilization**

122 Intracellular levels of Ca²⁺ were measured using the Fluo-4AM Direct Calcium Assay Kit (Invitrogen).
123 STC-1 cells were incubated with a 1:1 ratio of opti-MEM media (Sigma, UK) to calcium dye
124 Fluo-4-AM Direct for 30 min at 37°C and for a further 30 min at room temperature. Cells were imaged
125 using a Leica Confocal Microscope (20X dry objective; 488 nm excitation). Movies were recorded at
126 1 fps for 60 sec before addition of IMP/control (2 mM). After ensuring no calcium mobilization in
127 response to IMP, ligands (L-Ala or L-MSG) were added and movies were recorded until the readout
128 returned to basal levels. All conditions for each experiment were conducted in duplicate and repeated
129 at least three times. The fluorescence intensity of each cell was quantified using the ImageJ plugin
130 Time Series Analyzer. The maximal intensity was obtained from subtracting the average background
131 intensity (recorded before ligand addition) for each cell and averaged across 20 cells per condition.

132 **Statistical analysis**

133 Data is represented as the mean ± the standard error (SE). GraphPad Prism was used to determine
134 significance (p<0.05), using unpaired Student's t tests, One-way ANOVA with a Dunnett post-hoc, or
135 Two-way ANOVA followed by a Bonferroni post-hoc test.

136 **Results**

137 **A physiologically relevant concentration of SCFAs significantly increases the expression of** 138 **taste receptor transcripts**

139 A key aim of our study was to determine whether SCFA treatment of EECs would alter GPCRs
140 previously demonstrated to be differentially expressed between obese and lean mice and humans (20–
141 23), with a specific focus on the taste receptor GPCRs. Initially we confirmed that STC-1 cells
142 expressed FFAR2, FFAR3, TAS1R1, TASR2, TAS1R3, the taste receptor-associated G-protein,
143 α-gustducin, and two bitter taste receptors, TAS2R(108) and TAS2R(138), that were selected based
144 on their potential involvement in bitter compound-induced calcium signaling (28). We detected
145 transcripts for all these genes in STC-1 cells, albeit in varying amounts (**Figure 1A**), confirming this
146 cell-line represented an appropriate model in which to study potential interactions between SCFA
147 signaling and the gustatory signaling system.

148
149 To determine whether SCFAs can influence the expression of taste GPCRs, STC-1 cells were incubated
150 for 2 hrs with SCFAs in a 3:1:1 molar ratio of acetate:propionate:butyrate at 5 or 10mM (final
151 concentration) chosen to reflect the physiological SCFA concentrations in the proximal and distal
152 colon(3,4). qPCR was used to analyze the relative changes in expression of the transcripts of TAS1R1,
153 TAS1R2, TAS2 (108) and TAS2 (138). Incubation with 10 mM SCFAs significantly
154 upregulated all taste receptors (p<0.001 vs. control), whereas incubation at 5 mM only significantly
155 upregulated TAS1R1 and TAS1R2 (**Figure 1B**). The largest fold change was observed with transcripts
156 for TAS1R1 where SCFAs (10 mM) induced a 6.7-fold increase over basal levels (**Figure 1B**). Based
157 on these initial observations we decided to investigate the mechanism of upregulation of the TAS1R1
158 subunit further. As TAS1R1 is only functionally active when it is heterodimerized with TAS1R3 (the
159 umami taste receptor),(26,27) we extended our investigation to include the TAS1R3 subunit. Treatment
160 of cells with SCFAs (5 mM) over time (1–5 hr) revealed that TAS1R1 was significantly upregulated
161 following 2, 3 and 5 hr of SCFA incubation (**Figure 1C**). Conversely, SCFAs at 5 mM did not affect

162 the levels of TAS1R3 (**Figure 1D, 1B**). SCFAs did not alter the expression of SCFA receptors FFAR2
163 and FFAR3 (**Figure 1E, 1F**) at any time-point.
164

165 **The umami taste receptor is significantly upregulated by SCFAs, but not synthetic FFAR** 166 **ligands**

167 After demonstrating that a 3:1:1 mixture of SCFAs can influence the expression profiles of components
168 of the umami taste receptor, we assessed whether specific SCFAs mediate these changes. STC-1 cells
169 were treated with either acetate, propionate or butyrate (10 mM) for 5 hr, after which, mRNA levels of
170 TAS1R1 and TAS1R3 were measured. Interestingly, incubation with propionate or butyrate, but not
171 acetate, was sufficient to induce significant upregulation of both components of the umami taste
172 receptor. TAS1R1 was upregulated ~15-fold by both propionate (p=0.0186) and butyrate (p=0.0001;
173 **Figure 2A**). TAS1R3 was upregulated more modestly than TAS1R1, by ~3-fold following propionate
174 (p=0.01) or butyrate (p=0.04) treatment (**Figure 2B**).
175

176 As SCFAs have been reported to be able to activate both FFAR2 and FFAR3 (9), we used synthetic
177 ligands to determine whether selective activation of each receptor had a similar effect on umami taste
178 receptor gene expression. STC-1 cells were exposed to 4-CMTB, a FFAR2-specific agonist, or
179 AR420626, a FFAR3-specific agonist at concentrations known to induce maximal signal responses
180 (12, 15). The ability of these synthetic ligands to activate the $G\alpha_{i/o}$ signaling, via inhibition of
181 forskolin-induced increases in cAMP levels was also confirmed (See **Supplementary Figure 1**). While
182 these ligands activate $G\alpha_{i/o}$ signaling, as do SCFAs, they were not able to upregulate the umami taste
183 receptors (**Figure 2C, 2D**). Indeed, 4-CMTB induced a significant 2-fold decrease in mRNA levels of
184 TAS1R3 (**Figure 2D**).
185

186 **SCFA-induced upregulation of the umami taste receptor involves $G\alpha_{i/o}$ signaling**

187 At rodent orthologs of FFAR2 and FFAR3, both propionate and butyrate show significant selectivity
188 for FFAR3(15) a receptor known to signal via $G\alpha_{i/o}$ (9). To investigate whether $G\alpha_{i/o}$ activation plays
189 a fundamental role in the SCFA-induced upregulation of umami taste receptor transcripts, STC-1 cells
190 were incubated for 18 hrs with pertussis toxin (PTX), a $G\alpha_{i/o}$ inhibitor. Compared to the basal levels of
191 the PTX-pretreated control, pretreatment of cells with PTX significantly reduced the ability of
192 propionate and butyrate to induce upregulation of TAS1R1, from 18.4-fold to 4.6-fold for propionate,
193 and from 16.5-fold to 6.3-fold for butyrate (**Figure 3A**). PTX-pretreatment completely abolished the
194 propionate- and butyrate-induced upregulation of TAS1R3 (**Figure 3B**).
195

196 **Umami taste ligands signal in STC-1 cells in a manner that is potentiated by addition of IMP**

197 We then aimed to determine whether the observed upregulation of umami taste receptor mRNA could
198 be translated into an increase in functional umami receptor signaling. The umami taste receptor is
199 sensitive to a number of L-amino acids. L-MSG is the characteristic umami-tasting ligand, but studies
200 have shown this to be less potent at the mouse isoform of the receptor than at the human.(27) It is
201 documented that L-Ala elicits the strongest Ca^{2+} signals at the murine umami receptor.(27) Thus, we
202 selected L-Ala for use in our assays. To confirm the signals were via activation of umami taste receptor,
203 rather than other amino acid-sensitive receptors, we first assessed whether signaling was synergized
204 by IMP, as this is a unique signaling property of the umami receptor.(26,27)(29) Taste receptors have
205 been shown to activate phospholipase C-mediated pathways, leading to formation of 1,4,5-inositol

206 triphosphate (IP₃) (29), thus, umami taste receptor activation was determined by measurement of
207 intracellular Ca²⁺ and IP₁, a downstream metabolite of IP₃. Addition of IMP (2 mM) significantly
208 increased the levels of Ca²⁺ and IP₁ signal induced by both L-MSG and L-Ala (10 mM; **Figure 4A,**
209 **4B**).

210
211 **The increase in umami taste receptor transcript on exposure to SCFAs is coupled with an**
212 **increase in signaling response to some umami taste ligands**
213

214 To investigate whether upregulation of TAS1R1 and TAS1R3 mRNA by SCFAs translates into an
215 increase in umami-receptor signaling, we pretreated STC-1 cells overnight with butyrate, at a
216 concentration able to elicit significant upregulation of both transcripts (**Figure 2A, 2B**). We then
217 reassessed the cells' signaling response to L-MSG and L-Ala; pre-incubation with butyrate
218 significantly increased IP₁ signaling and the maximum-induced calcium response to L-Ala/IMP over
219 time (**Figure 4C–F**). However, L-MSG-induced IP₁ and Ca²⁺ responses exhibited greater variability
220 following butyrate pretreatment (**Figure 4C–F**), potentially consistent with the lower potency of this
221 ligand compared to L-Ala at the rodent umami taste receptor (27). Overall, this data suggests butyrate-
222 induced increases in umami taste receptor mRNA also result in enhanced umami taste receptor activity.

223

224 **Discussion**

225 GPCRs expressed in the GI tract have a well-established role in nutrient-sensing and anorectic/incretin
226 gut hormone secretion (3,5,7,8,16–19). Therefore, developing an understanding of GPCR expression
227 profiles and signaling functions in EECs has therapeutic value in the field of obesity and Type II
228 diabetes. SCFAs modulate gene expression in various cells, tissues and species (19,30–34). However,
229 this is the first report that physiologically relevant concentrations of SCFAs, particularly propionate
230 and butyrate, can directly and robustly upregulate transcripts encoding GPCRs in EECs. Of particular
231 note, was the substantial upregulation of the umami taste receptor subunits, as the expression profile
232 of these is significantly different in the GI tract of obese individuals when compared with lean
233 controls.(20,21) These observations provide a mechanism to explain how diet composition and SCFA
234 production are linked with fluctuations in GPCR expression patterns in obese humans and mice (20–
235 23).

236

237 Our work demonstrated that the most highly upregulated taste receptor transcript upon EEC exposure
238 to SCFAs was the umami taste receptor subunit TAS1R1. When exposed to a mixture of SCFAs, at a
239 concentration often found in the colon (4,17), TAS1R1 was upregulated nearly 7-fold, without
240 affecting expression levels of either of the SCFA receptors FFAR2/FFAR3. The umami taste receptor
241 is a known heterodimer of TAS1R1 and TAS1R3 (26,27,29). It is co-expressed in GI tissue with CCK
242 (35) and, on activation by protein hydrolysates, induces cholecystokinin (CCK) secretion from EECs
243 (36). Interestingly, exposure to either propionate or butyrate robustly enhanced gene expression of
244 both umami taste receptor subunits. There are two plausible mechanisms for the effects of SCFAs on
245 the expression of umami receptor transcripts; through FFAR2/3 G-protein signaling or through histone
246 deacetylase (HDAC) inhibition (37). That both propionate and butyrate, but not acetate, can increase
247 the levels of these receptor is interesting, and maybe explained by the difference in potency and affinity
248 of the SCFAs at rodent FFAR2/FFAR3 (15) and at HDACs (37).

249

250 Both FFAR2 and FFAR3 couple to $G\alpha_{i/o}$ signaling, and our data support a role for this GPCR signaling
251 pathway in mediating the upregulation of taste receptor genes. We clarified the contribution of $G\alpha_{i/o}$
252 signaling elicited by SCFAs (9,12,14,15) by inhibiting FFAR2/3 $G\alpha_{i/o}$ signaling with PTX. PTX
253 significantly reduced the upregulation of both umami receptor subunits induced by both propionate
254 and butyrate. This suggests FFAR2/3 $G\alpha_{i/o}$ signaling contributes significantly to the upregulation, even
255 for butyrate; a very potent HDAC inhibitor (<1 mM) (37). Inhibition of $G\alpha_{i/o}$ activity abolished
256 SCFA-induced TAS1R3 upregulation, and significantly reduced propionate-induced TAS1R1
257 upregulation more than butyrate-induced upregulation. Interestingly, propionate cannot inhibit HDACs
258 as potently as butyrate, only doing so at high concentrations of >10 mM (37). Together, this potentially
259 suggests that propionate acts more potently than butyrate through a FFAR2/3 signaling mechanism to
260 induce TAS1R1 expression. If propionate is acting via FFAR2/3 to modulate gene expression, it may
261 be hypothesized that FFAR3 is the more likely candidate, as propionate is nearly ten times more
262 selective for rodent FFAR3 than FFAR2 (15). Furthermore, FFAR3 signaling influences gene
263 expression in other cellular models: FFAR3 KO murine pancreatic islets have significantly different
264 transcriptomes to wild-type animals, though in genes associated with insulin secretion and glucose
265 regulation (38).

266

267 Surprisingly, synthetic FFAR2/FFAR3 selective ligands could not upregulate TAS1R1 or TAS1R3
268 transcripts, despite their ability to activate upstream receptor signaling in EECs. This suggests that
269 endogenous SCFA and synthetic ligands have distinct activation profiles at FFAR2/3, thus, potentially
270 eliciting different downstream responses. If both SCFAs and synthetic ligands activate similar
271 upstream G-protein pathways, it remains to be determined the additional mechanisms that drive the
272 SCFA-selective increases in gene transcription of umami taste receptors, but potentially suggests a role
273 for ligand-induced bias signaling at FFAR2/3.

274

275 We then determined whether SCFAs could enhance functional umami taste receptor activity in STC-1
276 cells. Other GPCRs able to sense L-AAAs are also expressed in EECs (8,39), but there were some
277 technical challenges in deciphering the precise contributions of each L-AA-sensitive GPCR, owing to
278 the lack of selective ligands. However, the synergistic effects of IMP offered a mechanism to detect
279 umami-specific responses (26,27). Here, umami ligands, L-MSG and L-Ala, only induced increases in
280 Ca^{2+} and IP_1 in the presence of IMP, as observed when TAS1R1-TAS1R3 is expressed in other
281 heterologous systems (26,27), supporting a role for TAS1R1-TAS1R3 signaling in STC-1 cells. Our
282 data demonstrate a significant increase in umami taste receptor signal activity after pretreatment with
283 butyrate. Of course, we cannot rule out that butyrate may modulate the expression of other genes
284 involved in Ca^{2+} signaling, such as Ca^{2+} channels or other L-AA-sensitive GPCRs (8,39–41). However,
285 it is still interesting to consider that butyrate exposure enhances L-Ala/IMP-induced Ca^{2+} signaling:
286 this is a classical pathway associated with secretion of anorexigenic gut hormones in EECs, which, in
287 turn, elicit positive physiological effects, including blood glucose regulation and appetite reduction.
288 Although butyrate alone does not induce gut hormone secretion, under conditions where a mixture of
289 SCFAs are present, it may augment responses from other metabolites including propionate and thus
290 will be interesting in future to see if there are alterations in taste receptor activity by propionate
291 exposure (1,5,7,8,16,19,39).

292 SCFAs induce gut hormone secretion via signaling through their GPCRs.(12,16,18) Using the evidence
293 gathered here, it is highly plausible that SCFAs also act to “reprogram” EECs to distinct, seemingly
294 unrelated, dietary nutrients, by upregulating the counterparts receptive to their signaling. The temporal
295 nature of these changes in terms of kinetics, and the duration in vivo will be important future steps to

296 translate these findings. Despite this, our findings support the idea that GPCR signaling networks in
297 EECs are highly complex, exhibiting the potential to adapt in response to dynamic fluctuations of
298 bioactive nutrients (8,18,43,19–23,32,39,42). In summary, we can conclude that SCFA-induced
299 remodeling of the GPCR signal system is an interesting and novel area that needs to be explored further,
300 as it has potential therapeutic value.

301 **Conflict of Interest**

302 A.J.B is a shareholder in Heptares Therapeutics (part of the Sosei Group) and hold stock options in
303 the Sosei Group. The remaining authors declare no conflict of interest.

304 **Author Contributions**

305 M.S performed all experiments under supervision of E.W.T, G.F and A.C.H. M.S, A.J.B, G-A, E.W.T.,
306 G.F and A.C.H designed research and analyzed data and wrote the paper. All authors critically read
307 and approved the final manuscript.

308 **Funding**

309 This work was supported by grants from the Biotechnology and Biological Sciences Research
310 Council to G.F, A.C.H and E.W.T (BB/N016947/1). M.S. was funded by a Medical Research
311 Council Industrial Case award, Grant Reference MR/R015732/1.

312

313 **References**

- 314 1. Egerod KL, Engelstoft MS, Grunddal K V., Nøhr MK, Secher A, Sakata I, Pedersen J,
315 Windeløv JA, Füchtbauer EM, Olsen J, et al. A major lineage of enteroendocrine cells
316 coexpress CCK, secretin, GIP, GLP-1, PYY, and neurotensin but not somatostatin.
317 *Endocrinology* (2012) doi:10.1210/en.2012-1595
- 318 2. Cummings JH, Pomare EW, Branch HWJ, Naylor CPE, MacFarlane GT. Short chain fatty
319 acids in human large intestine, portal, hepatic and venous blood. *Gut* (1987)
320 doi:10.1136/gut.28.10.1221
- 321 3. Venegas DP, De La Fuente MK, Landskron G, González MJ, Quera R, Dijkstra G, Harmsen
322 HJM, Faber KN, Hermoso MA. Short chain fatty acids (SCFAs) mediated gut epithelial and
323 immune regulation and its relevance for inflammatory bowel diseases. *Front Immunol* (2019)
324 doi:10.3389/fimmu.2019.00277
- 325 4. Hijova E, Chmelarova A. Short chain fatty acids and colonic health. *Bratisl Lek Listy* (2007)
- 326 5. Chambers ES, Viardot A, Psichas A, Morrison DJ, Murphy KG, Zac-Varghese SEK,
327 MacDougall K, Preston T, Tedford C, Finlayson GS, et al. Effects of targeted delivery of
328 propionate to the human colon on appetite regulation, body weight maintenance and adiposity
329 in overweight adults. *Gut* (2015) doi:10.1136/gutjnl-2014-307913
- 330 6. Kimura I, Ozawa K, Inoue D, Imamura T, Kimura K, Maeda T, Terasawa K, Kashihara D,
331 Hirano K, Tani T, et al. The gut microbiota suppresses insulin-mediated fat accumulation via

- 332 the short-chain fatty acid receptor GPR43. *Nat Commun* (2013) doi:10.1038/ncomms2852
- 333 7. Chambers ES, Byrne CS, Aspey K, Chen Y, Khan S, Morrison DJ, Frost G. Acute oral sodium
334 propionate supplementation raises resting energy expenditure and lipid oxidation in fasted
335 humans. *Diabetes, Obes Metab* (2018) doi:10.1111/dom.13159
- 336 8. Husted AS, Trauelsen M, Rudenko O, Hjorth SA, Schwartz TW. GPCR-Mediated Signaling
337 of Metabolites. *Cell Metab* (2017) doi:10.1016/j.cmet.2017.03.008
- 338 9. Brown AJ, Goldsworthy SM, Barnes AA, Eilert MM, Tcheang L, Daniels D, Muir AI,
339 Wigglesworth MJ, Kinghorn I, Fraser NJ, et al. The orphan G protein-coupled receptors
340 GPR41 and GPR43 are activated by propionate and other short chain carboxylic acids. *J Biol*
341 *Chem* (2003) doi:10.1074/jbc.M211609200
- 342 10. Tazoe H, Otomo Y, Karaki SI, Kato I, Fukami Y, Terasaki M, Kuwahara A. Expression of
343 short-chain fatty acid receptor GPR41 in the human colon. *Biomed Res* (2009)
344 doi:10.2220/biomedres.30.149
- 345 11. Karaki SI, Tazoe H, Hayashi H, Kashiwabara H, Tooyama K, Suzuki Y, Kuwahara A.
346 Expression of the short-chain fatty acid receptor, GPR43, in the human colon. *J Mol Histol*
347 (2008) doi:10.1007/s10735-007-9145-y
- 348 12. Milligan G, Shimpukade B, Ulven T, Hudson BD. Complex pharmacology of free fatty acid
349 receptors. *Chem Rev* (2017) doi:10.1021/acs.chemrev.6b00056
- 350 13. Bolognini D, Tobin AB, Milligan G, Moss CE. The pharmacology and function of receptors
351 for short-chain fatty acids. *Mol Pharmacol* (2016) doi:10.1124/mol.115.102301
- 352 14. Schmidt J, Smith NJ, Christiansen E, Tikhonova IG, Grundmann M, Hudson BD, Ward RJ,
353 Drewke C, Milligan G, Kostenis E, et al. Selective orthosteric free fatty acid receptor 2
354 (FFA2) agonists: Identification of the structural and chemical requirements for selective
355 activation of FFA2 versus FFA3. *J Biol Chem* (2011) doi:10.1074/jbc.M110.210872
- 356 15. Hudson BD, Tikhonova IG, Pandey SK, Ulven T, Milligan G. Extracellular ionic locks
357 determine variation in constitutive activity and ligand potency between species orthologs of
358 the free fatty acid receptors FFA2 and FFA3. *J Biol Chem* (2012)
359 doi:10.1074/jbc.M112.396259
- 360 16. Tolhurst G, Heffron H, Lam YS, Parker HE, Habib AM, Diakogiannaki E, Cameron J, Grosse
361 J, Reimann F, Gribble FM. Short-chain fatty acids stimulate glucagon-like peptide-1 secretion
362 via the G-protein-coupled receptor FFAR2. *Diabetes* (2012) doi:10.2337/db11-1019
- 363 17. Psichas A, Sleeth ML, Murphy KG, Brooks L, Bewick GA, Hanyaloglu AC, Ghatei MA,
364 Bloom SR, Frost G. The short chain fatty acid propionate stimulates GLP-1 and PYY secretion
365 via free fatty acid receptor 2 in rodents. *Int J Obes* (2015) doi:10.1038/ijo.2014.153
- 366 18. Psichas A, Reimann F, Gribble FM. Gut chemosensing mechanisms. *J Clin Invest* (2015)
367 doi:10.1172/JCI76309
- 368 19. Larraufie P, Martin-Gallausiaux C, Lapaque N, Dore J, Gribble FM, Reimann F, Blottiere

- 369 HM. SCFAs strongly stimulate PYY production in human enteroendocrine cells. *Sci Rep*
370 (2018) doi:10.1038/s41598-017-18259-0
- 371 20. Peiris M, Aktar R, Raynel S, Hao Z, Mumphrey MB, Berthoud HR, Blackshaw LA. Effects of
372 obesity and gastric bypass surgery on nutrient sensors, endocrine cells, and mucosal
373 innervation of the mouse colon. *Nutrients* (2018) doi:10.3390/nu10101529
- 374 21. Widmayer P, Küper M, Kramer M, Königsrainer A, Breer H. Altered expression of gustatory-
375 signaling elements in gastric tissue of morbidly obese patients. *Int J Obes* (2012)
376 doi:10.1038/ijo.2011.216
- 377 22. Remely M, Aumueller E, Merold C, Dworzak S, Hippe B, Zanner J, Pointner A, Brath H,
378 Haslberger AG. Effects of short chain fatty acid producing bacteria on epigenetic regulation of
379 FFAR3 in type 2 diabetes and obesity. *Gene* (2014) doi:10.1016/j.gene.2013.11.081
- 380 23. Widmayer P, Goldschmid H, Henkel H, Küper M, Königsrainer A, Breer H. High fat feeding
381 affects the number of GPR120 cells and enteroendocrine cells in the mouse stomach. *Front*
382 *Physiol* (2015) doi:10.3389/fphys.2015.00053
- 383 24. Mc Carthy T, Green BD, Calderwood D, Gillespie A, Cryan JF, Giblin L. “STC-1 cells,” in
384 *The Impact of Food Bioactives on Health: In Vitro and Ex Vivo Models* doi:10.1007/978-3-
385 319-16104-4_19
- 386 25. Livak KJ, Schmittgen TD. Analysis of relative gene expression data using real-time
387 quantitative PCR and the 2- $\Delta\Delta$ CT method. *Methods* (2001) doi:10.1006/meth.2001.1262
- 388 26. Nelson G, Chandrashekar J, Hoon MA, Feng L, Zhao G, Ryba NJP, Zuker CS. An amino-acid
389 taste receptor. *Nature* (2002) doi:10.1038/nature726
- 390 27. Toda Y, Nakagita T, Hayakawa T, Okada S, Narukawa M, Imai H, Ishimaru Y, Misaka T.
391 Two distinct determinants of ligand specificity in T1R1/T1R3 (the umami taste receptor). *J*
392 *Biol Chem* (2013) doi:10.1074/jbc.M113.494443
- 393 28. Chen MC, Wu SV, Reeve JR, Rozengurt E. Bitter stimuli induce Ca²⁺ signaling and CCK
394 release in enteroendocrine STC-1 cells: Role of L-type voltage-sensitive Ca²⁺ channels. *Am J*
395 *Physiol - Cell Physiol* (2006) doi:10.1152/ajpcell.00003.2006
- 396 29. Kinnamon SC. Umami taste transduction mechanisms. in *American Journal of Clinical*
397 *Nutrition* doi:10.3945/ajcn.2009.27462K
- 398 30. Paturi G, Butts CA, Stoklosinski H, Ansell J. Effects of early dietary intervention with a
399 fermentable fibre on colonic microbiota activity and mucin gene expression in newly weaned
400 rats. *J Funct Foods* (2012) doi:10.1016/j.jff.2012.02.013
- 401 31. Tappenden KA, Drozdowski LA, Thomson ABR, McBurney MI. Short-chain fatty acid-
402 supplemented total parenteral nutrition alters intestinal structure, glucose transporter 2
403 (GLUT2) mRNA and protein, and proglucagon mRNA abundance in normal rats. *Am J Clin*
404 *Nutr* (1998) doi:10.1093/ajcn/68.1.118
- 405 32. Sanderson IR. Short Chain Fatty Acid Regulation of Signaling Genes Expressed by the

- 406 Intestinal Epithelium. *J Nutr* (2004) doi:10.1093/jn/134.9.2450s
- 407 33. Haenen D, Zhang J, Souza da Silva C, Bosch G, van der Meer IM, van Arkel J, van den Borne
408 JJGC, Pérez Gutiérrez O, Smidt H, Kemp B, et al. A Diet High in Resistant Starch Modulates
409 Microbiota Composition, SCFA Concentrations, and Gene Expression in Pig Intestine. *J Nutr*
410 (2013) doi:10.3945/jn.112.169672
- 411 34. Goverse G, Molenaar R, Macia L, Tan J, Erkelens MN, Konijn T, Knippenberg M, Cook ECL,
412 Hanekamp D, Veldhoen M, et al. Diet-Derived Short Chain Fatty Acids Stimulate Intestinal
413 Epithelial Cells To Induce Mucosal Tolerogenic Dendritic Cells. *J Immunol* (2017)
414 doi:10.4049/jimmunol.1600165
- 415 35. Bezençon C, le Coutre J, Damak S. Taste-signaling proteins are coexpressed in solitary
416 intestinal epithelial cells. *Chem Senses* (2007) doi:10.1093/chemse/bjl034
- 417 36. Daly K, Al-Rammahi M, Moran A, Marcello M, Ninomiya Y, Shirazi-Beechey SP. Sensing of
418 amino acids by the gut-expressed taste receptor T1R1-T1R3 stimulates CCK secretion. *Am J*
419 *Physiol - Gastrointest Liver Physiol* (2013) doi:10.1152/ajpgi.00074.2012
- 420 37. Waldecker M, Kautenburger T, Daumann H, Busch C, Schrenk D. Inhibition of histone-
421 deacetylase activity by short-chain fatty acids and some polyphenol metabolites formed in the
422 colon. *J Nutr Biochem* (2008) doi:10.1016/j.jnutbio.2007.08.002
- 423 38. Priyadarshini M, Villa SR, Fuller M, Wicksteed B, Mackay CR, Alquier T, Poitout V,
424 Mancebo H, Mirmira RG, Gilchrist A, et al. An acetate-specific GPCR, FFAR2, regulates
425 insulin secretion. *Mol Endocrinol* (2015) doi:10.1210/me.2015-1007
- 426 39. Symonds EL, Peiris M, Page AJ, Chia B, Dogra H, Masding A, Galanakis V, Atiba M, Bulmer
427 D, Young RL, et al. Mechanisms of activation of mouse and human enteroendocrine cells by
428 nutrients. *Gut* (2015) doi:10.1136/gutjnl-2014-306834
- 429 40. Alamshah A, Spreckley E, Norton M, Kinsey-Jones JS, Amin A, Ramgulam A, Cao Y,
430 Johnson R, Saleh K, Akalestou E, et al. L-phenylalanine modulates gut hormone release and
431 glucose tolerance, and suppresses food intake through the calcium-sensing receptor in rodents.
432 *Int J Obes* (2017) doi:10.1038/ijo.2017.164
- 433 41. Riccardi D, Kemp PJ. The Calcium-Sensing Receptor Beyond Extracellular Calcium
434 Homeostasis: Conception, Development, Adult Physiology, and Disease. *Annu Rev Physiol*
435 (2012) doi:10.1146/annurev-physiol-020911-153318
- 436 42. Habib AM, Richards P, Cairns LS, Rogers GJ, Bannon CAM, Parker HE, Morley TCE, Yeo
437 GSH, Reimann F, Gribble FM. Overlap of endocrine hormone expression in the mouse
438 intestine revealed by transcriptional profiling and flow cytometry. *Endocrinology* (2012)
439 doi:10.1210/en.2011-2170
- 440 43. Pavlos NJ, Friedman PA. GPCR Signaling and Trafficking: The Long and Short of It. *Trends*
441 *Endocrinol Metab* (2017) doi:10.1016/j.tem.2016.10.007
- 442

443 Figure Legends

444 **Figure 1. Exposure to SCFAs significantly changes the expression profile of taste receptors in** 445 **STC-1 cells**

446 **A)** RNA was extracted from STC-1 cells for qPCR analysis of taste receptors TAS1R1, TAS1R3,
447 TAS1R2, TAS2(108) and TAS2(138); free fatty acids receptors FFAR2 and FFAR3; and
448 taste-specific G-protein α -gustducin, and normalized to the levels of housekeeping gene β -actin.
449 **B-G)** STC-1 cells were treated with NaCl (control; white bars), 5 mM SCFAs (grey bars) or 10 mM
450 SCFA (black bars) for 2 hrs, after which RNA was extracted, purified and quantified with qPCR.
451 Results are expressed as a fold change in expression over the untreated control and represents the
452 average \pm SEM, n=3. The line indicates a fold change of 1, where there has been no change in
453 expression. Two-way ANOVA, with Bonferroni post hoc, \$\$\$p<0.001 SCFA (10 mM) vs. NaCl
454 control, **p<0.01, ***p<0.001 SCFA (5 mM) vs. NaCl control.

455 **Figure 2. SCFAs and synthetic ligands differ in their ability to upregulate the umami taste** 456 **receptor.**

457 SCFAs and FFAR2/3 agonists influence gene expression of TAS1R1 and TAS1R3 differentially in
458 STC-1 cells

459 **A-B)** STC-1 cells were incubated with NaCl or SCFAs (10 mM) for 5 hrs, after which, RNA was
460 extracted and purified. Expression of taste receptors TAS1R1 (A), TAS1R3 (B) was quantified using
461 qPCR analysis and normalized to the levels of housekeeping gene β -actin. Data are expressed as
462 mean \pm SEM fold-change in expression over the untreated control (n=3). T-tests vs. control; ns, non-
463 significant; *p<0.05; **p<0.01; ***p<0.001.

464 **C-D)** STC-1 cells were incubated with either 4-CMTB or AZ420626 (10 μ M) for 5 hrs, after which,
465 RNA was extracted and purified. Expression of taste receptors TAS1R1 (C), TAS1R3 (D) was
466 quantified using qPCR analysis and normalized to the levels of housekeeping gene β -actin. Data are
467 expressed as mean \pm SEM fold change in expression over the untreated control (n=3). t-tests vs.
468 control; ns, non-significant; *p<0.05; **p<0.01; ***p<0.001.

469 **Figure 3 Inhibition of $G\alpha_{i/o}$ signaling impacts SCFA-mediated changes in taste receptor gene** 470 **expression**

471 **A-B)** STC-1 cells were pretreated with $G\alpha_{i/o}$ inhibitor pertussis toxin (PTX) (200 ng/ μ L, 18 hrs;
472 black bars) or no pretreatment (white bars), followed by stimulation with either NaCl, propionate or
473 butyrate (all 5 mM) for 5 hrs. RNA was extracted and purified. Expression of taste receptors
474 TAS1R1 (A), TAS1R3 (B) was quantified using qPCR analysis and normalized to the levels of
475 housekeeping gene β -actin. Data are expressed as mean \pm SEM fold change in expression over the
476 NaCl control either with or without PTX exposure (n=3). Two-way ANOVA, Bonferroni post hoc of
477 no pretreatment vs. PTX treatment for each ligand; ns, non-significant; *p<0.05; **p<0.01;
478 ***p<0.001.

479

480 **Figure 4 Umami receptor signaling cascades are potentiated by butyrate pretreatment**

481 **A)** Intracellular calcium levels measured in STC-1 cells, incubated with fluorescence calcium
482 indicator dye Fluo4-AM following addition of IMP (2 mM, black bars) or NaCl control (white bars;
483 2 mM) with L-Ala (20 mM) or L-MSG (20 mM). Data is expressed as mean \pm SEM maximal
484 fluorescence intensities over the control and is taken from 20 cells per sample, in duplicate (n=3). t-
485 test vs. control; *p<0.05; **p<0.01; ***p<0.001.

486 **B)** Intracellular IP₁ accumulation measured in STC-1 cells on the addition of IMP (black bars) with
487 either NaCl control (white bars; 2 mM), L-Ala (20 mM) or L-MSG (20 mM). Data is expressed as

488 mean \pm SEM across three distinct experiments; t-test * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ vs. control.
489 **C)** Intracellular calcium levels measured in butyrate-naive (white) or butyrate-pretreated (grey)
490 STC-1 cells, incubated with fluorescence calcium indicator dye Fluo4-AM, followed by stimulation
491 with IMP (2 mM) with L-Ala (20 mM) or L-MSG (20 mM). Data is expressed as mean \pm SEM
492 maximal fluorescence intensities over the control and are taken from 20 cells per sample, in duplicate
493 (n=3). t-test vs. control, * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.
494 **D)** Intracellular IP₁ accumulation measured in butyrate-naive (white) or butyrate-pretreated (grey)
495 STC-1 cells after incubation with IMP (2 mM) and either L-Ala (20 mM) or L-MSG (20 mM). Data
496 is expressed as mean \pm SEM (n=3); t-test vs. control, * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.
497 **E-F)** Representative fluorescence intensity plots following IMP (2 mM) and L-Ala (E; 20 mM) or
498 L-MSG (F; 20 mM) stimulation in butyrate pretreated (red lines) and butyrate naive (black lines)
499 STC-1 cells, expressed in arbitrary units (AU).

Figure 1

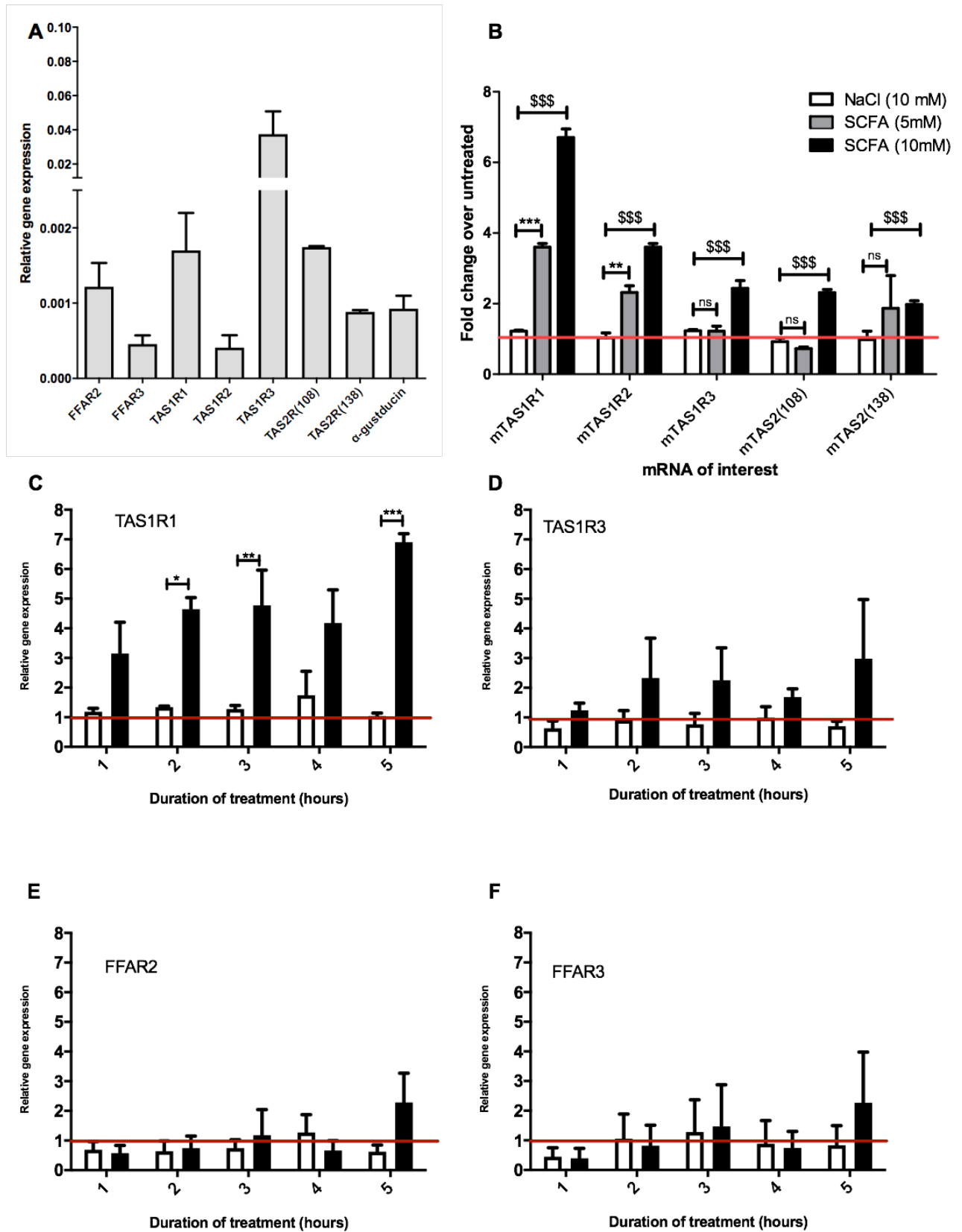


Figure 2

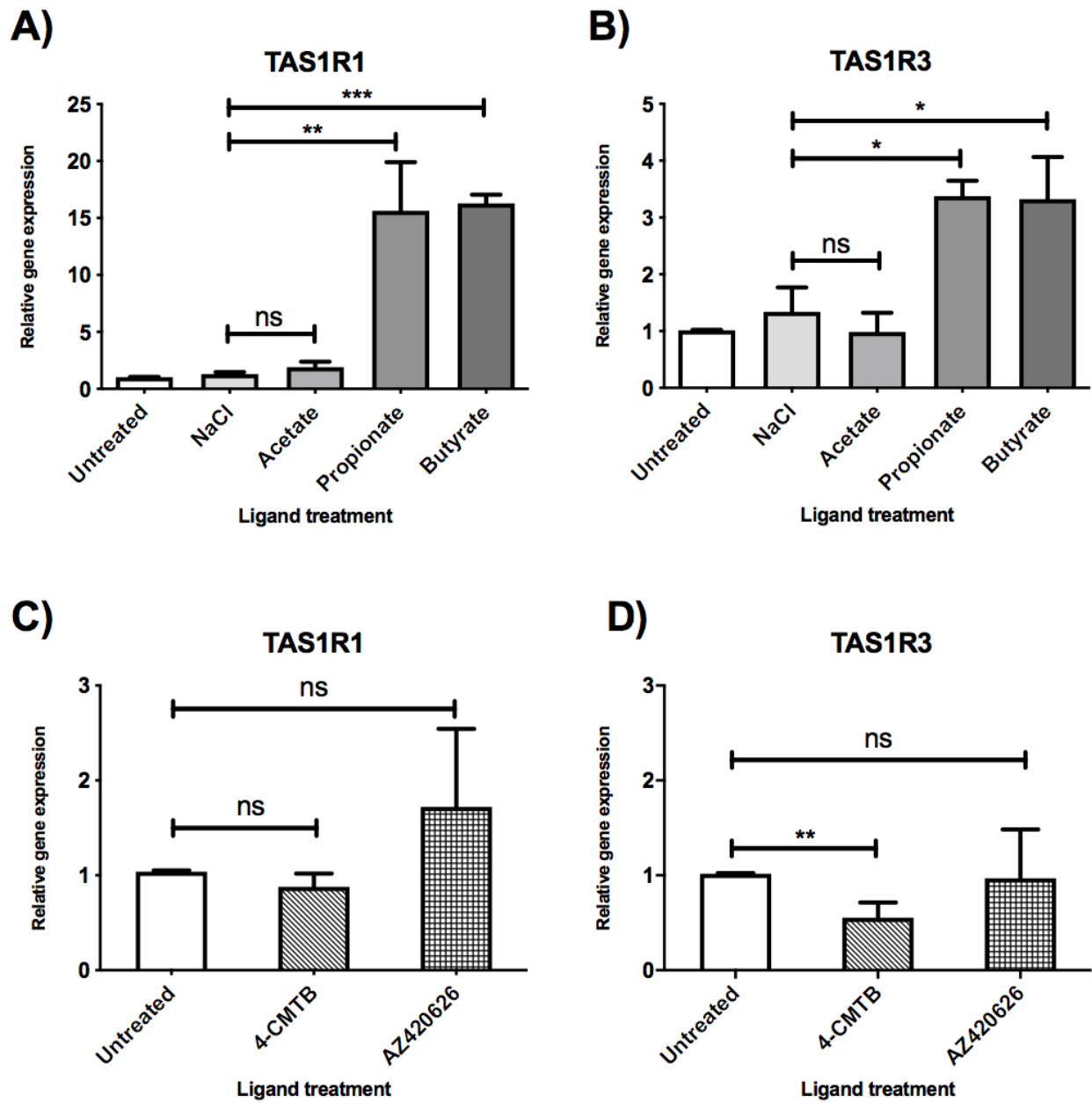


Figure 3

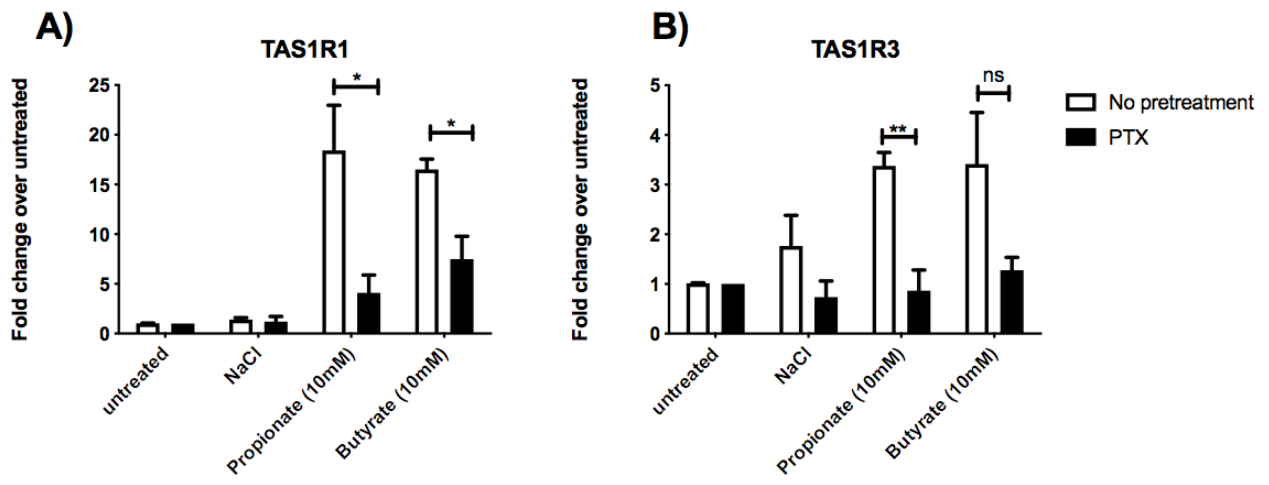


Figure 4

