

1 **Elevated blood creatinine -a biomarker of renal function- associates** 2 **with multiple metabolic perturbations in dogs**

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13 **BACKGROUND:** Renal diseases, such as chronic kidney disease (CKD) are common in dogs.
14 While the kidneys have multiple important metabolic functions, the occurrence of metabolic
15 disturbances in canine renal diseases has not been extensively studied.

16 **OBJECTIVES:** To identify metabolic changes in blood samples exhibiting elevated blood
17 creatinine, indicating reduced renal filtration.

18 **ANIMALS:** Samples consisted of clinical samples analysed by a ¹H NMR-based metabolomics
19 platform. The case group included 23 samples with creatinine > 125 µmol/l, and the control
20 group 873 samples with creatinine within the reference interval.

21 **METHODS:** Biomarker association with elevated creatinine was evaluated utilizing three
22 statistical approaches: Wilcoxon rank-sum test and logistic regression analysis (FDR-corrected
23 p-values), and classification using random forest. Means of the biomarkers were compared to
24 reference intervals. A heatmap and histograms visualized the differences.

25 **RESULTS:** The levels of citrate, tyrosine, branched-chain amino acids, valine, leucine, albumin,
26 linoleic acid % and the ratio of phenylalanine to tyrosine differed significantly both in the
27 Wilcoxon test and logistic regression, acetate levels only in Wilcoxon test and
28 docosapentaenoic acid % only in logistic regression ($p < .05$). The ten most significant markers
29 in random forest corresponded to the Wilcoxon test, supplemented with alanine.

30 **CONCLUSIONS AND CLINICAL IMPORTANCE:** This study identified multiple metabolic
31 changes associated with elevated blood creatinine, including prospective diagnostic markers
32 and therapeutic targets. The NMR metabolomics test is a promising tool for improving
33 diagnostics and management of canine renal diseases. Further research is needed to verify the
34 association of these changes to the canine patient's clinical state.

35 Introduction

36 Renal diseases are common in dogs, and are frequent causes of death. Renal disease is either
37 viewed as acute or chronic, although these two can occur simultaneously and both increase the
38 susceptibility to the other. Chronic kidney disease (CKD) is characterized by gradual renal
39 damage, whereas acute kidney injury (AKI) is characterized by an abrupt decline in renal
40 function. Renal damage in AKI can be reversible, whereas renal damage in CKD is typically
41 irreversible. CKD is considered the most common renal disease in dogs, with an estimated
42 prevalence of 0,37%¹.

43 The blood creatinine concentration is a clinical biochemistry measure commonly used as a
44 determinant of renal glomerular filtration rate. The International Renal Interest Society (IRIS)
45 has created widely used guidelines both for the staging and treatment of CKD, and grading of
46 AKI²⁻⁴. In these guidelines, grading of AKI is based on glomerular filtration capacity evaluated
47 using the blood creatinine concentration and the presence of other clinical evidence of AKI, with
48 further classification based on urine formation and need of renal replacement therapy². The
49 staging of CKD is based on the glomerular filtration capacity measured as blood creatinine or
50 symmetric dimethylarginine, with further classification based on proteinuria and blood pressure⁴.
51 Treatment guidelines are based on CKD staging, clinical signs, and plasma phosphate
52 concentrations, as well as on possible complications; metabolic acidosis, anemia, and
53 dehydration³.

54 However, the metabolic functions of the kidneys range further than this. Multiple additional
55 metabolic derangements, such as impaired renal enzymatic activity⁵, have been found to occur
56 in both human and animal renal diseases. Some of these changes have even been proposed as
57 therapeutic targets⁶⁻⁹. However, the occurrence and significance of changes in systemic
58 metabolism have not yet been extensively studied in dogs. Moreover, traditional diagnostic
59 approaches do not detect the majority of these metabolic changes, hindering their use in clinical
60 practice. We have recently developed and validated a clinically usable NMR metabolomics
61 testing platform for dogs¹⁰, offering the technology for a holistic approach to both veterinary
62 research and clinical practice.

63 The objective of this study was to evaluate the systemic metabolic changes occurring in dogs
64 with elevated blood creatinine concentrations, indicating reduced renal filtration, and to discuss
65 the possibility of these changes to be used as diagnostic biomarkers and therapeutic targets of
66 renal diseases.

67 **Materials and methods**

68 **Samples**

69 The workflow for the study is summarized and presented in Fig 1. The study was performed as
70 a retrospective review of clinical blood samples. The samples originated from two sources, first:

71 Diagnostic sample material (n = 1026) taken by Finnish veterinarians, submitted by mail to a
72 single laboratory provider (Movet Ltd., Kuopio, Finland). Altogether 999 of these samples were
73 collected and sent during 2/2018 - 5/2018, and previously used in the method validation of the
74 canine NMR metabolomics platform¹⁰, and 27 were collected and sent during 10/2018 - 2/2019
75 together with the samples from source 2 as described below. No clinical data was available for
76 these samples. Signalment data was either fully missing or limited to the breed definition. Both
77 heparin plasma and serum samples were included, and the individual sample type of each
78 sample was unknown.

79 The second source included clinical samples (n = 455) collected at two Veterinary clinics
80 (Kuopion Eläinlääkärikeskus Ltd., Kuopio, Finland and Pieneläinvastaanotto Punaturkki Ltd.,
81 Kuopio, Finland) during the NMR metabolomics clinic pilot. Samples were collected during
82 routine veterinary appointments, and sent to NMR analysis between 10/2018 - 2/2019. Limited
83 disease data and signalment data were available for these samples. All samples were heparin
84 plasma samples.

85 The samples were analyzed by a validated canine ¹H NMR metabolomics platform¹⁰ quantifying
86 123 biomarkers.

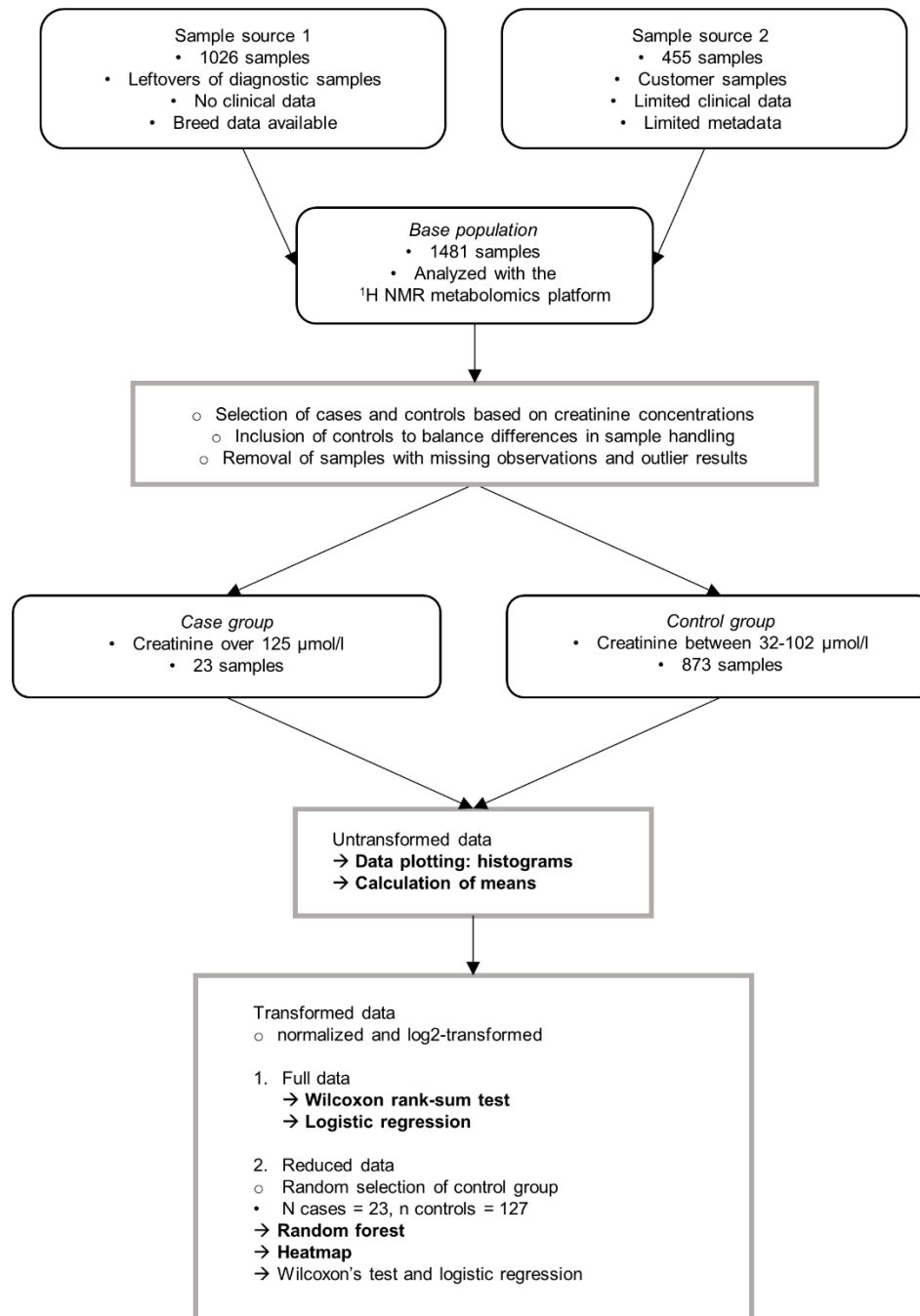
87 Case and control groups were created according to their NMR-measured creatinine
88 concentrations. To limit possible confounding factors, clinical data was reviewed for samples, for
89 which it was available. No samples were excluded based on clinical data. Since CKD is the
90 most common renal disease in dogs, we used creatinine concentrations from IRIS CKD staging
91 guidelines as inclusion criteria to the case group. Inclusion in the case group was based on the
92 creatinine measurement being above 125 µmol/l, indicating CKD stage 2 or higher⁴.

93 The first inclusion criteria for the control group was the NMR-measured creatinine concentration
94 being within the creatinine reference interval (32 - 103 µmol/l) of the NMR-method¹⁰. To
95 minimize the confounding effect of preanalytical variability caused by sample handling, our
96 second inclusion criteria was to include control group samples from different sample sets in a
97 similar ratio as cases.

98 **Ethical Approval**

99 The study was performed as a retrospective evaluation of clinical blood samples and leftovers of
100 clinical samples. All applicable international, national, and/or institutional guidelines for the care
101 and use of animals were followed. All procedures performed in studies involving animals were in
102 accordance with the ethical standards of the institution or practice at which the studies were
103 conducted. Committee: Finnish national Animal Experiment Board, permit number:
104 ESAVI/7482/04.10.07/2015. Permission for scientific use was obtained for all samples.

105



106

107 Figure 1. Study workflow. Rounded boxes include information on materials, boxes information on methods. Black
108 points represent sample characteristics and circles represent data handling procedures. Arrows represent statistical
109 analyses, and analyses primarily evaluated in this article are in bold.

110 **Statistical analysis**

111 The data was evaluated for missing observations. We removed biomarkers with multiple
112 missing observations and samples with missing observations. Two samples in the case group
113 showed marked lipemia with the measured triglyceride concentration of over 7 mmol/l. In order
114 to remove skewness caused by these lipemic samples, we removed these samples from further
115 analyses as potential outliers. The resulting case group consisted of 23 samples and control
116 group of 873 samples.

117 We used three different statistical approaches to identify metabolite association with elevated
118 creatinine concentrations. Before conducting statistical analyses, the data was normalized and
119 log₂-transformed to reduce bias and to balance the data. The three statistical approaches
120 included

- 121 i) Wilcoxon rank-sum test with FDR-corrected p-values to evaluate the significance of
122 differences between case and control groups' analyte concentrations,
- 123 ii) separate logistic regression models for each biomarker to evaluate the metabolite's
124 association to elevated creatinine concentrations. The case-control status served as the
125 response variable and the individual metabolite as the independent variable. To control the
126 Type I errors in multiple testing, we used FDR p-value correction. Linearity between the
127 metabolites and log odds were tested. The goodness of fit and predictive value of the models
128 were assessed by AIC and AUC values – a lower AIC indicates better fit and a higher AUC a
129 better predictive value.
- 130 iii) random forest classification to identify the biomarkers, that predicted best the elevated
131 creatinine concentrations. To balance the difference in number of cases and controls, control
132 group size was reduced by random undersampling to 127 samples. Biomarker association with
133 elevated creatinine concentrations was assessed by variable importance.

134 To check, whether metabolite association with elevated creatinine concentrations is the same
135 using the reduced and full control groups, we performed the Wilcoxon rank-sum test and logistic
136 regression analysis also with the reduced control group.

137 A heatmap was created to visualize the results of the biomarkers associated with elevated
138 creatinine concentrations based on the Wilcoxon rank-sum test, logistic regression and random
139 forest, using the reduced data of 127 samples.

140 To determine the direction of the observed changes and to evaluate, whether the changes
141 would be detected in clinical diagnostics based on reference intervals, we compared the means
142 of the case and control groups to each other and to analysis reference intervals. We evaluated,
143 whether the means of untransformed metabolite values and their 95 % confidence intervals (CI)
144 in the case group markedly differ from the reference intervals of the NMR method⁸, and their
145 90% CI.

146 To visualize the analyte concentrations in the case and control group compared to reference
147 intervals of the NMR method, we plotted histograms of the analytes. Potential outliers were
148 removed from the control group to ensure optimal histogram scaling.

149 All statistical analyses conducted throughout this study were performed by SAS version 9.4,
150 SAS Institute Inc., Cary, NC, USA, RStudio Team (2019). RStudio: Integrated Development for
151 R. RStudio, Inc., Boston, MA URL <http://www.rstudio.com/> and Microsoft Office Excel, Microsoft
152 Corp., Redmond, WA, US.

153 Results

154 Sample characteristics

155 In this study, we used a non-targeted ¹H NMR metabolomics approach to compare metabolite
156 profiles of clinical samples with elevated creatinine concentrations (n = 23) to clinical samples
157 with normal creatinine concentrations (n = 873). The median creatinine concentration in the
158 case group was 196 μmol/l, with a range of 131 - 646 μmol/l. The median creatinine
159 concentration in the control group was 60 μmol/l with a range of 32 - 102 μmol/l. Since most of
160 the used samples were leftovers of clinical laboratory samples, limited signalment and clinical
161 data was available. Breed was unknown for 10 (43.5 %) of the case group and 186 (21.3 %) of
162 the control group samples (Table 1). The remaining 13 samples in the case group were taken
163 from dogs of 12 different breeds. The control group samples were taken from dogs of 155
164 different breeds, including also 8 % of mixed breed dogs.

165 Table 1. Summary of the most common breeds in the case and control groups.

Cases		Controls	
Breed	%	Breed	%
Unknown	43.5	Unknown	21.3
Lagotto Romagnolo	8.7	Mixed breed	8.0
Poodle	4.3	Labrador Retriever	3.8
Nova Scotia Duck Tolling Retriever	4.3	German Shepherd Dog	2.7
Bichon Frise	4.3	Golden Retriever	2.4
Bernese Mountain Dog	4.3	Shetland Sheepdog	2.2
Schapendoes	4.3	Finnish Lapphund	2.2
Collie Rough	4.3	Poodle	1.9
Miniature Pinscher	4.3	Spanish Water Dog	1.8
Cavalier King Charles Spaniel	4.3	Jack Russell Terrier	1.6
American Staffordshire Terrier	4.3	Nova Scotia Duck Tolling Retriever	1.5
Dogue de Bordeaux	4.3	Swedish Elkhound	1.3
Bouvier des Flandres	4.3	Finnish Hound	1.3
		Miniature Schnauzer	1.1
		Bichon Frise	1.1

166 The table shown 15 most common breeds in the case and control groups, including samples with unknown breed and
167 mixed breeds. The total number of case group samples was 23, and control group samples was 873. The total
168 number of breeds in the control group was 155, including mixed breed dogs, and 45,8 % of the control group samples
169 were taken from breeds not included in the 15 most common breeds in the control group.

170 The used NMR metabolomics platform quantitates 123 biomarkers. Biomarkers with multiple
171 missing observations were excluded from further analyses, resulting in 97 analyzed biomarkers
172 (Supplementary Table 1).

173 Results of the statistical association tests

174 The Wilcoxon rank-sum test, logistic regression analysis and classification using random forest
175 identified similar biomarkers (Table 2, Fig 2).

176 Citrate, tyrosine, branched-chain amino acids (BCAA), valine, leucine, albumin, acetate, linoleic
177 acid % and the ratio of phenylalanine to tyrosine showed significant differences between cases
178 and controls in the Wilcoxon rank-sum test (Table 2). The same biomarkers, excluding acetate,
179 and including docosapentaenoic acid % were associated with elevated creatinine

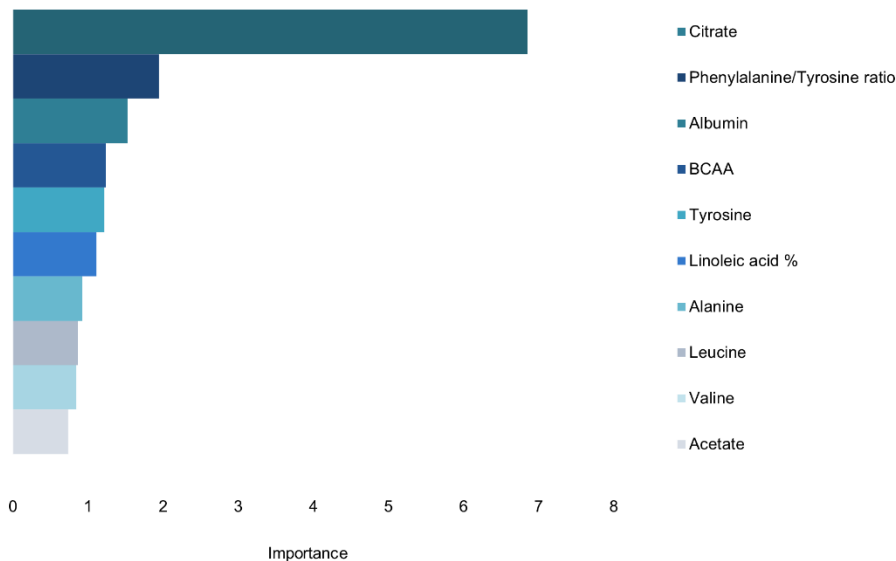
180 concentrations in logistic regression analysis. The best model fit and predictive values (AIC and
 181 AUC, respectively) were achieved for citrate, followed by phenylalanine/tyrosine and tyrosine.

182 Table 2. Analytes with significant differences between the case and control group according to Wilcoxon rank-sum
 183 test and logistic regression analysis.

Group	Analyte	Wilcoxon rank-sum test		Logistic regression	
		p*	p*	AIC	AUC
Citrate	Citrate	< .001	< .001	96.558	.9218
Amino acids	Phenylalanine/tyrosine	< .001	< .001	177.916	.8612
	Tyrosine	< .001	< .001	194.418	.7686
	BCAA	< .001	.0074	205.218	.7242
	Valine	< .001	.0075	205.463	.7314
	Leucine	.0047	.0029	203.158	.7173
Albumin	Albumin	.0098	.0029	206.526	.7028
Fatty acids	Linoleic acid %	< .001	< .001	194.628	.7286
	Docosapentaenoic acid %	.18	.0052	206.858	.6421
	Acetate	.0044	.58	216.289	.7204

184 All p-values are FDR-corrected. The full data with 23 cases and 873 controls was used in both the Wilcoxon rank-
 185 sum test and logistic regression analysis. The control group represents a routine laboratory sample population.
 186 *: significant difference, $p < .05$.
 187 BCAA: branched-chain amino acids.

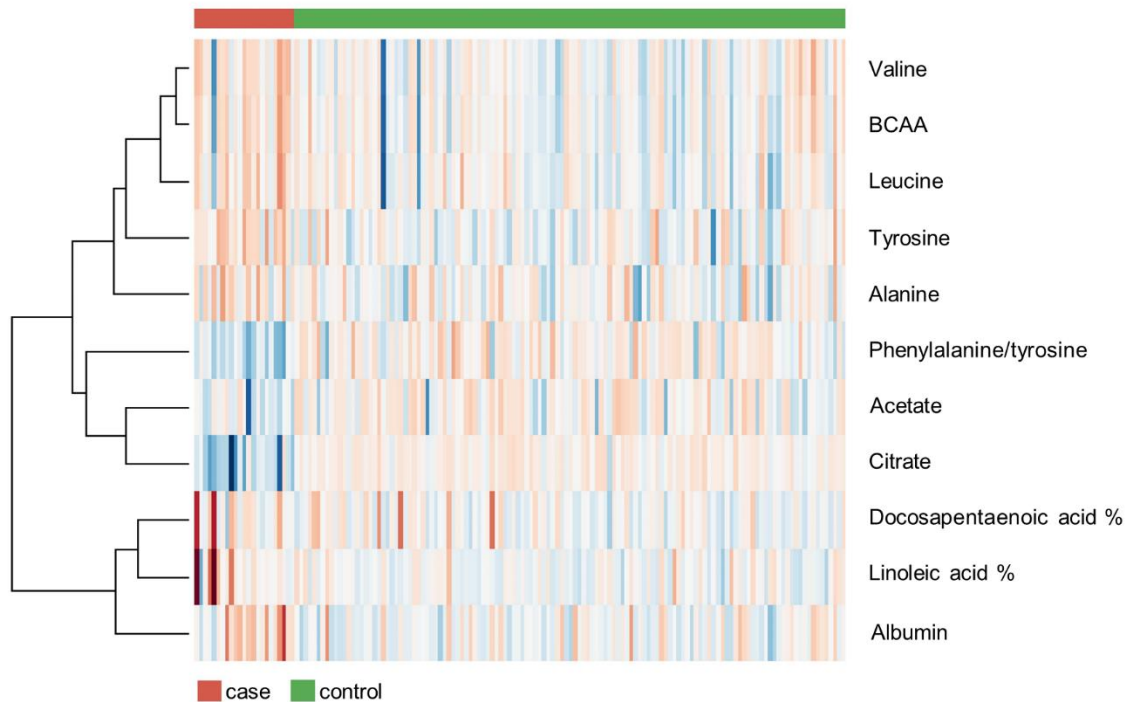
188 In classification using random forest, the ten biomarkers with the highest variable importance
 189 were the same biomarkers that reached significance in the Wilcoxon rank-sum test; citrate,
 190 tyrosine, BCAA, valine, leucine, albumin, acetate, linoleic acid % and the ratio of phenylalanine
 191 to tyrosine, as well as the amino acid alanine (Fig 2).



192
 193 Figure 2. Variable importance in random forest classification using the reduced data. Ten biomarkers with the highest variable
 194 importance are included in the figure. The higher the variable importance, the more important the feature is in predicting high
 195 creatinine concentration. Random forest classification was conducted using the reduced data with 23 cases and 127 controls.
 196 The control group represents a routine laboratory sample population. BCAA: branched-chain amino acids.

197 Since we used different sample sets for different statistical approaches; the full data set for
198 logistic regression analysis and Wilcoxon rank-sum test, and a reduced data set with randomly
199 selected samples for random forest classification, we checked whether results of logistic
200 regression and the Wilcoxon rank-sum test are the same in the full and reduced data sets. Both
201 data sets gave similar results.

202 The heatmap visualized the aforementioned differences in metabolite levels in case and control
203 samples, but it also showed large amounts of variability within both the case and control group
204 samples (Fig 3).



205

206 Figure 3. Heatmap of the reduced data. Metabolites associated with elevated creatinine concentrations according to the
207 Wilcoxon rank-sum test, logistic regression analysis or random forest classification are included. The heatmap was created
208 using the reduced data with 23 cases and 127 controls, with normalized and log2-transformed data. The control group
209 represents a routine laboratory sample population. Each column represents one sample. Columns with a red line on top
210 represent the case group, and the columns with a green line on top represent the control group. In the subsequent rows, red
211 hues represent elevated levels and blue hues decreased levels. Color intensity increases proportionally to the magnitude of the
212 change.

213 **Magnitudes of the differences in analyte concentrations: means and histograms**

214 The concentrations of BCAA, leucine, valine, tyrosine, alanine, albumin, docosapentaenoic acid
215 % and linoleic acid % were lower in the case than control group, whereas mean acetate, citrate
216 and phenylalanine/tyrosine ratio were higher in the case group (Table 3). The case group's
217 mean citrate concentration and phenylalanine/tyrosine ratio were higher than the reference
218 interval of the NMR method, indicating that the mean concentration in the case group is
219 considered a clinically observable change.

220

221

222 Table 3. Mean concentrations of biomarkers associated with elevated creatinine concentrations according to the
 223 Wilcoxon rank-sum test, logistic regression analysis or random forest classification.

Analyte	Mean case \pm CI	Mean control \pm CI	RI (CI) ¹⁰
Citrate mmol/l	.156 \pm .027 ^a	.077 \pm .001	.061 (.059 - .063) - .123 (.120 - .125)
Phenylalanine/tyrosine ratio	1.114 \pm .103 ^b	.794 \pm .013	.513 (.494 - .530) - 1.049 (1.026 - 1.098)
Tyrosine mmol/l	.052 \pm .005	.066 \pm .001	.041 (.039 - .043) - .089 (.086 - .091)
BCAA mmol/l	.334 \pm .044	.394 \pm .006	.242 (.215 - .251) - .515 (.502 - .531)
Valine mmol/l	.165 \pm .026	.195 \pm .003	.113 (.099 - .119) - .251 (.243 - .261)
Leucine mmol/l	.109 \pm .013	.132 \pm .002	.083 (.078 - .088) - .185(.181 - .189)
Alanine mmol/l	.356 \pm .043	.407 \pm .007	.216 (.199 - .222) - .597 (.580 - .624)
Albumin g/l	27.0 \pm 1.1	28.8 \pm .1	25.2 (24.2 - 25.7) - 32.4 (32.1 - 32.8)
Linoleic acid %	25.6 \pm 1.2	27.1 \pm .1	24.1 (23.9 - 24.4) - 28.6 (28.4 - 28.7)
Docosapentaenoic acid %	1.1 \pm .0	1.3 \pm .0	1.1 (1.0 - 1.1) - 2.0 (1.9 - 2.0)
Acetate mmol/l	.031 \pm .004	.026 \pm .001	.021 (.020 - .021) - .037 (.036 - .037)

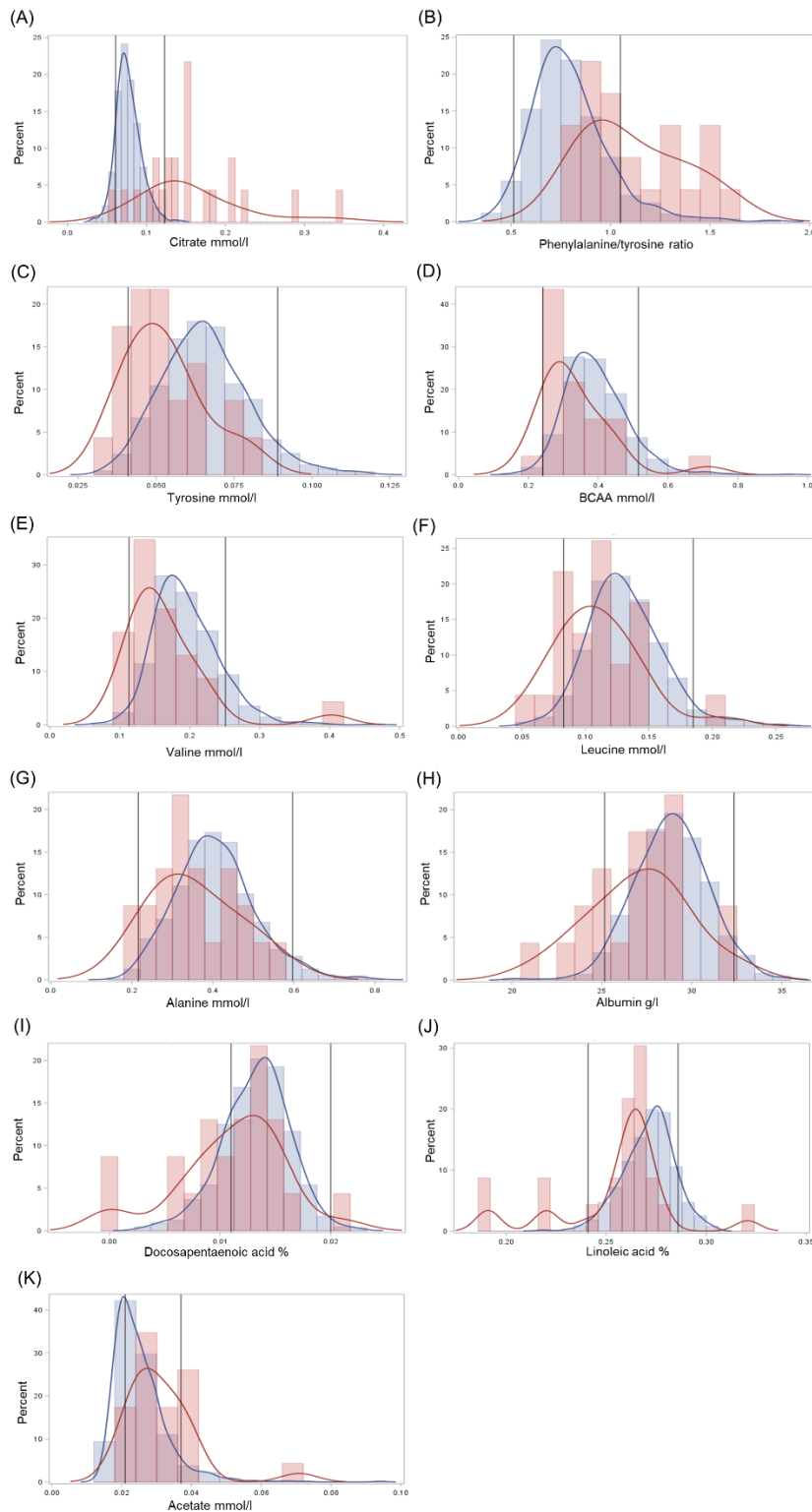
224 The full data with 23 cases and 873 controls was used when calculating case and control group means. The control
 225 group represents a routine laboratory sample population. Reference intervals represent the reference intervals of the
 226 NMR method¹⁰.

227 ^a Analytes mean and 95% CI in the case group higher than the analysis reference interval and its 90% CI.

228 ^b Analytes mean in the case group higher than the analysis reference interval; overlap in analytes 95% CI and
 229 reference intervals 90% CI.

230 Histograms of the analytes confirmed, that citrate levels and phenylalanine/tyrosine ratio are
 231 notably higher in samples with elevated creatinine, and often exceed the reference interval (Fig
 232 4). The dispersion of citrate was high in the case group. The histogram of linoleic acid %
 233 showed multiple outlier results in the case group, and control group results approached the
 234 upper reference limit of the analysis. The histogram of acetate suggested, that control group
 235 results approached the lower analysis reference limit. Although the distribution of albumin
 236 approached the lower reference limit, certain samples had their albumin concentration near the
 237 upper reference limit.

238



239

240 Figure 1. Figure 4. A-K: Histograms of biomarkers associated with elevated creatinine concentration according to the Wilcoxon
241 rank-sum test, logistic regression analysis or random forest classification. The full, untransformed data with 23 cases and 873
242 controls was used to create histograms. The control group represents a routine laboratory sample population. Red lines and
243 bars: case group. Blue lines and bars: control group. Black lines: reference intervals of the NMR method¹⁰. BCAA: Branched-
244 chain amino acids.

245 Discussion

246 Impaired renal function is common in dogs, and CKD is a common cause of death among senior
247 dogs. Blood creatinine measurements are routinely used as a measure of renal function, with
248 elevated creatinine indicating reduced renal filtration. Systemic metabolic derangements
249 occurring during impaired renal function have gained attention recently, but have not yet been
250 extensively studied in dogs, and are therefore not yet utilized in clinical practice. The aim of this
251 study was to utilize our novel quantitative metabolomics test to identify circulating metabolites
252 associated with the elevated blood creatinine concentration, and to evaluate their usability in
253 renal disease management. We discovered a broad-range of physiologically relevant
254 metabolites, such as citrate, branched-chain amino acids, albumin and fatty acids associated to
255 reduced renal filtration. These findings may give new insights to compromised renal function
256 and opportunities for the clinical management of renal diseases.

257 Blood citrate levels were markedly elevated in cases, and showed high dispersion of the results,
258 suggesting different levels of altered citrate metabolism in these animals. Elevated blood citrate
259 concentrations have previously been associated with impaired renal function in both humans
260 and rats^{11,12}. The kidneys are responsible for citrate removal from plasma by both urinary
261 excretion, and renal tubular cell citrate metabolism, which contributes to renal energy supply¹³.
262 An important determinant of citrate excretion is blood pH, and increased citrate reabsorption can
263 occur due to acid retention and metabolic acidosis^{7,14}. The use of dietary H⁺ reduction has been
264 suggested in CKD patients with reduced citrate excretion⁷.

265 The aromatic amino acids phenylalanine and tyrosine have been associated with CKD^{5,9,15}. In
266 normal conditions, tyrosine is considered a non-essential amino acid, since the body is capable
267 of forming it sufficiently from phenylalanine. In CKD, however, phenylalanine hydroxylation to
268 tyrosine can be reduced^{5,15}. Insufficient phenylalanine hydroxylation to tyrosine leads to a
269 decrease in plasma tyrosine concentrations and a normal to slightly increased plasma
270 concentration of phenylalanine, and an increase in the plasma ratio of phenylalanine to
271 tyrosine^{5,9,16}. These changes were also observed in this study, with the tyrosine concentration
272 being significantly lower, and the ratio of phenylalanine to tyrosine being significantly higher in
273 the case than the control group. It has been suggested, that dietary tyrosine supplementation
274 should be used when renal tyrosine formation is insufficient^{6,9}. Further studies are needed to
275 identify the tyrosine concentrations, which would benefit from tyrosine supplementation.

276 We observed also significantly lower levels of total branched-chain amino acids (BCAA) as well
277 as the individual BCAAs valine and leucine in dogs with elevated creatinine compared to the
278 routine laboratory population. The concentrations of BCAA are known to fall in CKD^{9,17},
279 especially during metabolic acidosis^{18,19}. This phenomenon is caused by increased catabolism
280 of muscle and branched chain amino acids due to the increased activity of liver and muscle
281 branched-chain keto acid dehydrogenase, with reduced protein intake also contributing to the
282 condition²⁰. This condition can be treated in human medicine by supplementing the low-protein
283 diet with BCAA or their keto analogues (BCKA)^{21,22}. BCAA/BCKA supplementation has also
284 been suggested for hypoalbuminemic and hypoaminoacidemic dogs, whose condition is not
285 adequately controlled by routine treatments including clinical renal diets and ACE-inhibitors⁸.

286 Observing both hypo- and hyperalbuminemia in the case group suggests, that both chronic and
287 acute renal pathologies were included in the case group. Hypoalbuminemia is most commonly
288 observed in CKD and caused by urinary leakage of albumin. Since albumin is responsible for

289 the maintenance of blood oncotic pressure, severe hypoalbuminemia causes fluid leakage out
290 of the blood vessels, causing edema or ascites. Proteinuria is one of the assessed parameters
291 in the IRIS CKD guidelines, and affects treatment of the disease^{3,4}. Hyperalbuminemia, on the
292 other hand, can occur due to polyuria and vomiting, especially when water is withheld, and is a
293 common feature of AKI. Correction of fluid balance is a vital treatment goal in these patients,
294 since dehydration can cause ischemic kidney injury.

295 The acetate concentration was significantly higher in case samples than in control samples.
296 Elevated blood acetate concentrations have previously been observed in a rat model of CKD¹².
297 Short-chain fatty acids (SCFA), such as acetate, are organic anions that are largely produced by
298 gut microbial fermentation²³. SCFA have immunomodulatory effects²⁴ and affect renal blood
299 pressure regulation²⁵. Long-term administration of large doses of SCFA has been associated
300 with the development of ureteritis and hydronephrosis²⁶. However, since the control group
301 acetate concentrations were relatively low in this study, further studies of acetate concentrations
302 in canine renal disease are warranted.

303 The omega-3 fatty acid docosapentaenoic acid % was significantly lower in case group samples
304 than in controls. The omega-6 fatty acid linoleic acid % was also significantly lower in case
305 group, but control group results were slightly skewed towards the upper reference limit of the
306 analysis, suggesting the possibility of physiological changes in the control group consisting of a
307 routine laboratory sample population. Omega-3 fatty acids are considered renoprotective,
308 whereas omega-6 fatty acids are considered detrimental to renal function²⁷. Due to their
309 bioactive role, omega-3 fatty acids are supplemented in functional renal diets²⁸. Further studies
310 are needed to confirm the association of fatty acid levels with the clinical state of the patient.

311 Alanine concentrations were associated with elevated creatinine concentrations, with the case
312 group having lower alanine concentrations than the control group. Previously, reduced alanine
313 concentrations have been found in human CKD patients with impaired renal function^{29,30}, and
314 urinary alanine excretion has been associated with proteinuria³⁰.

315 Two case group samples exhibited severe hypertriglyceridemia of over 7 mmol/l and were
316 excluded from further data analyses due to extreme outlier results. Hypercholesterolemia and
317 mild hypertriglyceridemia are considered components of canine nephrotic syndrome,
318 characterized by severe proteinuria³¹. In human patients, hyperlipidemia typically occurs also in
319 CKD patients without proteinuria, and hyperlipidemia has recently been reported in non-
320 proteinuric dogs with CKD³². The development of hyperlipidemia is considered multifactorial;
321 both reduced fat catabolism and increased hepatic lipoprotein formation to correct low oncotic
322 pressure are suggested to contribute to this condition³³. Monitoring of hyperlipidemia is
323 important in severely hyperlipidemic patients, since it is associated with serious diseases, such
324 as pancreatitis, vacuolar hepatopathy and gallbladder mucocele³⁴. It has been recommended
325 that persistent, severe hypertriglyceridemia exceeding 5,5 mmol/l should be treated to prevent
326 these possible complications, however, complications might occur even at lower triglyceride
327 levels³⁴.

328 The major limitation of this study is sample inclusion based only on blood creatinine
329 concentrations, not the presence of diagnosed renal disease. This approach was taken, since
330 clinical data was available only for a small minority of the samples. Due to the inclusion criteria,
331 the case group most likely includes samples with diverse, acute and chronic conditions affecting
332 renal function. We also could not evaluate the effects of other physiological parameters, such as

333 age and sex, since complete demographic data was lacking from most samples. Using routine
334 clinical laboratory samples as the control group enabled us to find metabolites differentiating
335 samples with high creatinine from other diseases. It also allowed us to use samples with similar
336 sample handling procedures. However, general changes associating with multiple disease
337 states are not well visualized by this approach, and variability in metabolite results within the
338 control group was high.

339 In summary, we identified metabolic changes associated with elevated creatinine concentrations
340 with possible implications on disease diagnostics and management. The quantitative NMR
341 metabolomics approach is a promising tool for highlighting the metabolic alterations occurring in
342 renal diseases and monitoring these changes in response to treatment. Further studies with
343 well-defined clinical cohorts are needed to evaluate, how these changes associate with the
344 specific clinical status of the canine patients.

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356 **Conflicts of interest**

357 The study was funded by PetBIOMICS Ltd and the Academy of Finland (308887). CO is an
358 employee, KV a previous employee, and HL is an owner and the Chairman of the Board of
359 PetBIOMICS Ltd. AMM is the CEO, and NH a member of board of Movet Ltd. SS is an owner
360 and CEO of Kuopion Eläinlääkärikeskus Ltd. LJ is an owner and chairman of board of
361 Pieneläinvastaanotto Punaturkki Ltd.

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