1	TITLE: Food intake dependent and independent effects of heat stress on lactation and mammary
2	gland development
3	RUNNING TITLE: Heat induced changes in lactation
4	AUTHORS: Yao Xiao ^{1,2} , Jason M. Kronenfeld ¹ , Benjamin J. Renquist ^{1,*} .
5	* Author for correspondence (<u>bjrenquist@email.arizona.edu</u>)
6	
7	AFFILIATIONS: ¹ School of Animal and Comparative Biomedical Science, University of Arizona,
8	Tucson, Arizona 85721. ² Department of Animal Sciences, University of Florida, Gainesville, FL 32611.
9	
10	
11	KEYWORDS: hypophagia, hyperthermia, hypogalactia, mouse model, dairy, lactation
12	

13 Summary Statements

This study demonstrates that heat stress decreases lactation and mammary development through food
 intake dependent and independent mechanisms.

16

17 ABSTRACT

18 With a growing population, a reliable food supply is increasingly important. Heat stress reduces 19 livestock meat and milk production. Genetic selection of high producing animals increases endogenous 20 heat production, while climate change increases exogenous heat exposure. Both sources of heat exacerbate the risk of heat-induced depression of production. Rodents are valuable models to 21 understand mechanisms conserved across species. Heat exposure suppresses feed intake across 22 homeothermic species including rodents and production animal species. We assessed the response to 23 24 early-mid lactation or late gestation heat exposure on milk production and mammary gland 25 development/function, respectively. Using pair-fed controls we experimentally isolated the food intake dependent and independent effects of heat stress on mammary function and mass. Heat 26 27 exposure (35°C, relative humidity 50%) decreased daily food intake. When heat exposure occurred 28 during lactation, hypophagia accounted for approximately 50% of the heat stress induced hypogalactia. Heat exposure during middle to late gestation suppressed food intake, which was fully responsible for 29 30 the lowered mammary gland weight of dams at parturition. However, the impaired mammary gland function in heat exposed dams measured by metabolic rate and lactogenesis could not be explained by 31 depressed food consumption. In conclusion, mice recapitulate the depressed milk production and 32 33 mammary gland development observed in dairy species while providing insight regarding the role of 34 food intake. This opens the potential to apply genetic, experimental and pharmacological models unique to mice to identify the mechanism by which heat is limiting animal production. 35

- 36
- 37

38 INTRODUCTION

Rising global temperatures may result in global food insecurity. Heat exposure in livestock species 39 40 decreases feed intake, depressing meat and milk production. Heat abatement strategies, which are largely restricted to intensive production systems limit the losses associated with heat stress. 41 Despite 42 implementation of heat abatement, in 2003 production losses cost \$897 million, \$369 million, \$299 million, and \$128 million for the U.S. dairy, beef, swine, and poultry industries, respectively (St-Pierre et al., 2003). 43 By 2019, the dairy industry's annual heat induced economic loss had risen to \$1.2 billion (Key and 44 45 Sneeringer, 2014). This cost is predicted to keep rising throughout the 21st century with climate change (Gunn et al., 2019). Although the economic costs are robust, the water intensive nature of most heat 46 abatement strategies exacerbates the environmental impact of animal production. With water shortages 47 48 common to many areas and environmental concerns of agriculture runoff, the development of approaches to 49 limit production losses while restricting water use is essential.

50 The economic losses of billions of USD are due to depressed growth and milk production. Pair-51 feeding studies establish that across species the heat induced depression in growth is nearly entirely 52 attributable to hypophagia (O'Brien et al., 2010; Zeferino et al., 2016; Zhao et al., 2018). Thus, by 53 understanding the mechanism behind heat stress hypophagia we may be able to restore growth. The decrease in milk production that results from heat exposure is multi-faceted. It can be broken into short-54 term hypogalactia or depressed mammary development and hypophagia independent or dependent. In 55 56 short-term hypogalactia 50% of the decrease in milk yield is a response to hypophagia (Rhoads et al., 2009; 57 Wheelock et al., 2010). Heat stress during the critical stages of mammary gland development (prior to and 58 immediately following parturition) dramatically affects mammary gland development and milk production 59 throughout lactation (Collier et al., 1982; Tao et al., 2011). The role of decreased energy intake on this muted 60 mammary gland development has not been isolated from possible hypophagia independent effects.

Rodents display a heat induced reduction in feed intake that mimics that in production animal species (Hepler et al., 2016; Huynh et al., 2005; Lu, 1989; Morera et al., 2012; Spiers et al., 2004). Moreover, rodents recapitulate the increased sensitivity to elevated external temperature during lactation and gestation observed in high producing dairy cows (Gantner et al., 2017; Simons et al., 2011; Tao et al., 2011). With the conservation of phenotype, the genetic, pharmacological, and surgical models available in rodents may open the door for research aimed at understanding the mechanism by which heat depresses food intake, milk production, and late gestation mammary development. Accordingly,

- we report the development of mouse models to assess the food intake dependent and independent effectsof heat on milk production and mammary development.
- 70

71 MATERIALS AND METHODS

72 Animals

Male and female C57BL/6J mice were purchased from The Jackson Laboratory (Bar Harbor, ME)
and singly housed so that we could assess individual food intake. Mice were maintained in a 14h light,
10h dark light cycle. All experimental protocols were approved by the Institutional Animal Use and
Care Committee at the University of Arizona.

77

78 Food intake experiment

Control mice were housed at the control (CTL) environment (22°C, 50% relative humidity) and given ad libitum access to NIH-31 chow (Harlan Laboratories, Indianapolis, IN) and water. Food and water weights were measured at 0600 h and 1800 h daily to measure day and night consumption. Heat stress (HS) mice were placed in a heat chamber (Coy Lab Products, Grass Lake, MI) set at 35°C and 50% humidity. These environmental settings have been shown to suppress food intake in mice previously (Hepler et al., 2016; Morera et al., 2012).

85

86 Lactation experiment

87 Eight-month-old multiparous females were used for these studies to ensure that mammary gland development was not limiting milk production. Within one day post-parturition, litters were culled to 6 88 pups. Dams with a litter of only 5 pups remained on the study, while those with smaller litters were 89 culled. Pair-fed (PF) mice were housed in the control environment, but fed to match food consumed by 90 91 HS mice. To match diurnal food consumption patterns, ~25% of daily feed allotment was provided to PF mice at 1000 h and ~75% at 1800 h. Food intake, water intake, body mass and litter mass were 92 recorded daily at 1000 h from 4 to 11 days postpartum (dpp). Treatments (CTL, HS or PF) began at 5 93 dpp. The weigh-suckle-weigh method was employed to assess milk production (Hernandez et al., 2012). 94 Briefly, pups were separated from dams for 4 h (1000 h to 1400 h). At the end of this 4 h separation, the 95 96 litter was weighed and transferred back into the original cages with the dam. After 1h, the litter was again weighed. The litter mass gain during the 1 h of suckling acted as a proxy of dam milk production. 97

98

99 Mammary gland experiment

100 We used 4 months old virgin females to assess the effect of heat stress on mammary gland development. To time breeding, 2~4 females were group housed for two weeks, exposed to bedding 101 from a male cage for 3 days, then individually exposed to a male for 24 h. Females were weighed on 6, 102 8, 10, and 12 days post coitum (dpc) to assess pregnancy status. The females that gained substantial 103 body weight were considered pregnant (Heyne et al., 2015). Food, water and mice were weighed daily 104 105 at 1000 h from 13 dpc to parturition. Treatments (CTL, HS and PF) were initiated on 14 dpc. On the day of delivery, we assessed litter size, litter mass, and pup survival rate. Pups were sacrificed by 106 decapitation. Dams were sacrificed by decapitation under isoflurane anesthesia. Pair 2, 3, 4, and 5 107 mammary glands were dissected and weighed as previously described (Plante et al., 2011). 108

109

110 Measuring lactogenesis of mammary glands

Ex vivo mammary gland lactogenesis was measured as previously reported with minor 111 modifications (Mellenberger et al., 1973). Pair 4 and 5 mammary glands were sliced at an average 112 113 thickness of 0.2 mm with a Thomas tissue slicer (Thomas Scientific, Swedesboro, NJ). Two slices of tissue from each gland were weighed and put into individual wells of a 24 well plate with 1 mL of 114 Krebs-Ringer bicarbonate buffer without glucose. Slices were incubated at 37 °C with 5% CO₂ for 0.5 115 116 h to allow for release of endogenous lactose within the tissue. Subsequently, tissue slices were transferred into another well containing 0.5 ml of Krebs-Ringer bicarbonate buffer supplemented with 117 10 mM glucose and 5 µg/ml of insulin (Sigma-Aldrich, St. Louis, MO) for a 3h incubation at 37 °C 118 with 5% CO₂. We collected media to assess lactose using a commercial assay kit (BioVision, Milpitas, 119 120 CA). Lactose was corrected for tissue mass.

121

122 Metabolic rates of mammary glands

We used a resazurin based assay that measures reducing equivalent production to assess mammary gland metabolic function (Beckett et al., 2018; Renquist et al., 2013). 1-3mg mammary tissue biopsies were isolated from mammary glands and weighed. Two biopsies from each gland were placed into 0.3 ml of pre-incubation medium (Dulbecco's Modified Eagle's Medium without glucose and phenol red (Bio5, University of Arizona, Tucson, AZ) supplemented with 1mg/ml BSA (Sigma-Aldrich), 0.1% DMSO and 1% Penicillin-Streptomycin solution (Thermo, Waltham, MA)) in a 96-well plate for 0.5h at 37 °C with 5% CO₂. After a 30-minute pre-incubation, tissue biopsies were transferred into the assay medium for a 4h incubation (pre-incubation medium supplemented with 4 mg/ml glucose and 4.3% Alamar Blue solution (Bio-rad, Hercules, CA)). Fluorescence (excitation 530nm, emission 590nm) was measured at 0 and 4h of incubation in the assay medium. Change in fluorescence from 0 to 4h/mg tissue was calculated to understand tissue metabolic function.

134

135 Statistics

We used the mixed procedure in SAS with main effect of treatment to analyze dependent variables that we had measured at a single timepoint, multiple comparisons were accounted for by Tukey's adjustment (SAS Institute, Cary, NC). When appropriate, we performed repeated measures analyses with the dependent variables being treatment, day and their interaction. A Bonferroni correction was used to allow for multiple comparisons. Means were considered different when corrected P-value was less than 0.05. Means \pm SEM were plotted using GraphPad PRISM (GraphPad Software, San Diego, CA).

143

144 **RESULTS**

145 Heat stress decreases food and water intake in adult male mice

146 We measured food and water intake of adult male mice while housed at the control environment for 4 days (CTL; 4d; 22 °C, relative humidity 50 %), during 5 days exposure to heat (HS; 5d; 35 °C, 147 relative humidity 50 %), and again at CTL during a recovery period (CTL2; 3d). Heat exposure 148 decreased food intake by 68.4% on the first day (P<0.0001; Fig. 1A) and heat continued to maintain 149 food intake below that seen at CTL throughout the 5 days of heat exposure (P < 0.05; Fig. 1A). Heat 150 151 stress decreased average daily food intake by 46.5% (P<0.05; Fig. 1B). HS decreased dark cycle food intake throughout the 5 days (P<0.05), but only affected light cycle food intake on the first day of heat 152 exposure (Figs 1C and 1D). 153

Heat exposure less robustly affected water intake, which decreased 24.7% on the first day of HS (P<0.05; Fig. 1E) and was not affected thereafter. Interestingly, heat did affect the diurnal pattern of water intake, decreasing water intake during the dark period and increasing water intake during the light period (P<0.05; Figs 1G and 1H).

158 Heat exposure depresses body weight and food and water intake in lactating female mice

Heat exposure and pair-feeding decreased dam mass similarly, both decreased dam mass over the 159 160 first 2 days of treatment that was maintained during the remainder of the study (P<0.05; Figs 2A and Although the decrease in body mass was maximal after 2 days of treatment, heat exposure 161 2B). suppressed food intake at all treatment days resulting in a cumulative food intake that was 41.6% lower 162 than that of CTL dams (P<0.05; Figs 2C and 2D). Heat exposure similarly decreased water intake 163 throughout the study, resulting in a cumulative 42.2% decrease in water consumption (P < 0.05; Figs 164 165 2E and 2F). Although pair-feeding resulted a similar depression of body weight and food intake, water intake was only mildly depressed by pair-feeding (11.1% cumulative decrease relative to control). 166

Heat exposure during lactation depresses milk production through food intake dependent and independent mechanisms.

We evaluated the effect of heat exposure on lactation performance by assessing litter mass and 169 performing daily weigh suckle weigh measurements throughout the treatment duration (Fig. 3A-D). 170 Within two days, heat exposure significantly decreased cumulative litter mass gain, which remained 171 depressed throughout the treatment period (P < 0.05; Fig. 3B). After 6 days, litters from heat exposed 172 173 dams had gained 35% less than those from control dams. Pair-feeding over those 6 days resulted in a 20% decrease in litter mass gain, with cumulative litter mass gain significantly differing from controls 174 from days 4-6 of treatment. Accordingly, nearly 60% of the decrease in litter mass gain was explained 175 176 by decreased food intake, while approximately 40% of the heat induced decrease in litter mass gain was independent of food intake. By using a weigh-suckle-weigh method, we were able to more directly 177 assess milk production. A single day of heat exposure significantly decreased weigh-suckle-weigh 178 179 litter mass change (P < 0.05; Fig. 3C). This heat-induced depression in litter mass weight gain during a suckling bout was maintained throughout the 6 days of heat exposure. As we previously observed 180 181 with litter mass gain, pair-feeding resulted in daily weigh-suckle-weigh measures that were intermediate 182 to those of control and heat-exposed mice. By expressing the change in mass that resulted from suckling as a cumulative measure across 6 days, we observed that heat stress decreased cumulative 183 weigh-suckle-weigh mass change by 37.5% (Fig. 3D), very similar to the 35% decrease in total litter 184 mass change (Fig. 3B). Pair-feeding resulted in a 17.5% decrease in cumulative weigh suckle weigh 185 mass change (Fig. 3D), again very similar to the 20% decrease in total litter mass gain (Fig. 3B). Thus, 186 53.3% of the heat induced decrease in weigh suckle weigh mass change was independent the depression 187

in food intake.

Heat exposure during late gestation limits body weight gain and food intake without altering water consumption.

191 Neither heat stress nor pair-feeding during late gestation affected dam mass (Fig. 4A). Surprisingly,

192 pair-feeding more robustly decreased dam mass gain during late gestation (34.9%) than did heat stress

193 (18.1%; Fig. 4B).

Heat exposure decreased daily food intake (Fig. 4C) on 4 out of 5 days and cumulative food intake throughout the entire study (P < 0.05; Fig. 4D). In fact, heat exposure decreased cumulative food intake by nearly 40%. Surprisingly, heat exposure only decreased water intake on the first day of treatment (P < 0.05; Fig. 4E). Since heat did not affect water intake after the first day of exposure there was no effect of heat on cumulative water intake in the end (Fig. 4F). Pair-feeding late gestation dams did not alter daily or cumulative water intake (Figs. 4E and 4F).

200

Heat exposure during late gestation affects litter viability and mean pup mass without altering gestation length, litter size, or litter mass

Gestation length, litter size and litter mass at birth were not affected by either heat stress or pairfeeding (Figs 5A, 5B and 5D). However, dam heat exposure decreased pup survival (60%) and mean pup mass (16 %; P<0.05; Figs. 5C and 5E). These effects on survival and pup mass are independent of food intake, as pair-feeding did not affect either variable.

207

208 Heat exposure during late gestation depresses mammary gland mass and function.

209 Heat stress and pair-feeding similarly depressed mammary gland mass at parturition (P < 0.05; Fig. 210 6A). Heat exposure during late gestation depressed ex vivo reducing equivalent production per mg 211 mammary tissue, while there was no effect of pair-feeding (P < 0.05; Fig. 6B). Heat exposure during 212 the last 5-6 days of gestation decreased ex vivo lactose production independent of the decrease in food intake (P < 0.05; Fig. 6C and 6D). In fact, pair-feeding did not affect either the lactose production/mg 213 tissue or lactose production/gland. This data proposes that heat exposure decreases mammary gland 214 215 mass dependent on decreased food intake, while affecting mammary function through a food intake 216 independent mechanism.

218 **DISCUSSION**

The hypophagic response to heat exposure is conserved across homeothermic animals, decreasing growth and product synthesis (milk, eggs) (Barrett et al., 2019; O'Brien et al., 2010; Rhoads et al., 2009; Zhao et al., 2018). We aimed to understand the hypophagia dependent and independent effects of heat exposure during peak lactation and late gestation on milk production and mammary gland development, respectively.

224

225 Relationship between hypophagia and hypogalactia under heat stress conditions

In lactating mice, the energetic demands of lactation are robust. In fact, 44% of gross energy 226 intake is used for milk production (Johnson et al., 2001). To meet the energetic demand for lactation, 227 lactating dam food intake is nearly 3 times higher than in male mice of similar mass and 2 time higher 228 than in the late gestation dam. Similarly robust effects of lactation on food intake have been reported 229 in the C57Bl6/J mouse strain used here (Makarova et al., 2010). With this increased metabolic demand 230 231 our lactating dams recapitulate the increased metabolic demand in the lactating cow and the resulting 232 increased sensitivity to exogenous heat (Collier et al., 2012). As evidence, lactation rises body 233 temperature by 1.1°C in mice maintained at 21°C causing chronic hyperthermia (Gamo et al., 2013).

Reduced food intake decreases the milk production across species. Consuming 32% less energy 234 (less than 1500 kcal/d) for a week caused 15% depression in milk production in women (Strode et al., 235 236 1986). In rats, 50% food intake restriction leads to a 66% decrease in milk yield (Warman and 237 Rasmussen, 1983). Given that heat depresses food intake, we aimed to understand the role of heat induced hypophagia in the depression of milk production. By using litter mass gain and weigh suckle 238 weigh measures as proxies for milk production, we showed that approximately 50% of heat induced 239 hypogalactia was independent on the heat induced depression in food intake. Our findings recapitulate 240 241 findings in the dairy cow which have established a nearly identical relative role for hypophagia (50%) 242 in heat induced hypogalactia (Rhoads et al., 2009; Wheelock et al., 2010).

Heat exposure induced food intake depression impairs mammary gland weight but not mammary function and fetal growth

From late gestation through early lactation there is robust mammary gland expansion through proliferation (Howard and Gusterson, 2000; Knight and Peaker, 1982; Lu and Anderson, 1973; Sorensen et al., 2002). Late gestation heat stress limits mammary gland development, depressing milk

production throughout lactation (Collier et al., 1982; Hooper et al., 2019; Tao et al., 2011). This
depression in milk production that lasts the entire lactation is economically disastrous.

250 Heat exposure during late gestation decreased dam weight gain (Fig. 4A) as previously observed in the dairy cow (Collier et al., 1982; Tao et al., 2011). We found gestational heat exposure caused a 20% 251 reduction in mammary gland weight at parturition. Indeed, mammary cells proliferation, but not 252 apoptosis, is vulnerable to thermal stress during pregnancy (Tao et al., 2011). Food intake and body 253 weight gain during pregnancy are both associated with mammary gland DNA content (Kumaresan and 254 255 Turner, 1968). We found that pair-feeding recapitulated the impaired mammary growth that we 256 observed in heat-exposed animals (Fig. 6A). Mammary gland function measured as mammary gland mitochondrial activity and lactose production were impaired by heat exposure (Fig. 6B-6C). Pair-257 feeding did not recapitulate the heat-induced loss in function. Similarly, in the cow, heat stress 258 decreases mRNA expression of genes involved in production of key milk proteins (casein and 259 lactalbumin) and transport of amino acids and glucose (Gao et al., 2019) when compared to that 260 observed in pair-fed cows. In cows, heat exposure also appears to limit the ability of the mammary 261 gland to mobilize fatty acids from triglycerides and catabolize those fatty acid through β -oxidation 262 263 (Adin et al., 2009; Gao et al., 2019). Accordingly, depressed mammary function appears to be a direct 264 response to heat and may be a result of limited metabolite flux.

Late gestation heat stress has been reported to either shorten or not affect gestation length in human 265 and farm animals (Collier et al., 1982; Porter et al., 1999; Tao et al., 2012; Williams et al., 2013). We 266 267 found no effect of gestational heat stress on gestation length in mice. However, we did observe that late gestation heat stress depressed neo-natal mass and survival. In fact, the degree of decrease we 268 observed (16%) is in the range ($6\% \sim 30\%$) of that observed in ruminant species (Laporta et al., 2017; 269 Tao and Dahl, 2013). Gestational heat stress caused malfunction of placenta and decreases placental 270 271 blood flow, in turn resulting in depressed fetal growth (Alexander et al., 1987; Reynolds et al., 1985). 272 In mice, the stress hormone corticosterone reduced blood vessel density in the placenta, which led to fetal growth restriction (Vaughan et al., 2012). Since we observed normal fetal growth in pair-fed dams, 273 274 nutrient accessibility to fetus rather than nutrient intake by the dam likely contributed to the fetal restriction. Depressed fetal development may negatively impact subsequent performance of the 275 276 offspring. In fact, in utero heat stress has been shown to depress milk production and mammary gland structure in offspring's first lactation (Fabris et al., 2019; Monteiro et al., 2016; Skibiel et al., 2018). 277

Our studies establish that the mouse recapitulates the heat stress phenotypes observed in production 278 These include depressed food intake, decreased lactation that is both dependent and 279 animals. 280 independent of feed intake, and depressed mammary gland development. Using this mouse model, we observed the novel finding that heat-induced depression of mammary gland mass was completely 281 attributable to depressed feed intake, while the decreased mammary function was entirely independent 282 283 of hypophagia. Our late gestation heat exposure caused restricted fetal growth and reduced liveborn 284 rate, which is similar to that observed in farm animals (Laporta et al., 2017; Monteiro et al., 2016; Tao 285 and Dahl, 2013). These in utero effects were independent of changes in food consumption. Together, our data validate these mouse models as valuable tools for studying the physiological responses to heat 286 287 Thereby opening the door for mechanistic studies using genetic and pharmacologic models to stress. 288 identify the mechanism by which heat exposure causes these physiological changes.

289

290 Funding

291 This manuscript is based upon work that is supported by the National Institute of Food and 292 Agriculture, U.S. Department of Agriculture, under award number 2015-06367 (B. J. Renquist).

293

294 Competing interests

- 295 The authors declare no competing or financial interests.
- 296

297 **References**

Adin, G., Gelman, A., Solomon, R., Flamenbaum, I., Nikbachat, M., Yosef, E., Zenou, A., Shamay,
A., Feuermann, Y., Mabjeesh, S. J. et al. (2009). Effects of cooling dry cows under heat load
conditions on mammary gland enzymatic activity, intake of food and water, and performance during
the dry period and after parturition. *Livest Sci* 124, 189-195.

Alexander, G., Hales, J. R., Stevens, D. and Donnelly, J. B. (1987). Effects of acute and prolonged
 exposure to heat on regional blood flows in pregnant sheep. *J Dev Physiol* 9, 1-15.

Barrett, N. W., Rowland, K., Schmidt, C. J., Lamont, S. J., Rothschild, M. F., Ashwell, C. M. and

305 Persia, M. E. (2019). Effects of acute and chronic heat stress on the performance, egg quality, body

temperature, and blood gas parameters of laying hens. *Poult Sci* **98**, 6684-6692.

307 Beckett, L., Rosemond, R., Renquist, B. and White, R. R. (2018). Evaluating a novel strategy for

308 measuring basal metabolic rate of bovine skeletal muscle. *J Anim Sci* **96**, 47-48.

- 309 **Collier, R. J., Doelger, S. G., Head, H. H., Thatcher, W. W. and Wilcox, C. J.** (1982). Effects of heat 310 stress during pregnancy on maternal hormone concentrations, calf birth weight and postpartum milk
- 311 yield of Holstein cows. J Anim Sci 54, 309-19.
- 312 **Collier, R. J., Hall, L. W., Rungruang, S. and Zimbleman, R.** (2012). Quantifying heat stress and its 313 impact on metabolism and performance. In *Florida Ruminant Nutrition Symp*, pp. 74-83. Gainesville,
- 314

FL.

- Fabris, T. F., Laporta, J., Skibiel, A. L., Corra, F. N., Senn, B. D., Wohlgemuth, S. E. and Dahl, G. E.
 (2019). Effect of heat stress during early, late, and entire dry period on dairy cattle. *J Dairy Sci* 102, 5647-5656.
- Gamo, Y., Troup, C., Mitchell, S. E., Hambly, C., Vaanholt, L. M. and Speakman, J. R. (2013). Limits
 to sustained energy intake. XX. Body temperatures and physical activity of female mice during lactation. *J Exp Biol* 216, 3751-61.
- Gantner, V., Bobic, T., Gantner, R., Gregic, M., Kuterovac, K., Novakovic, J. and Potocnik, K. (2017).
 Differences in response to heat stress due to production level and breed of dairy cows. *Int J Biometeorol* 61, 1675-1685.
- 324 Gao, S. T., Ma, L., Zhou, Z., Zhou, Z. K., Baumgard, L. H., Jiang, D., Bionaz, M. and Bu, D. P. (2019).
- Heat stress negatively affects the transcriptome related to overall metabolism and milk protein synthesis in mammary tissue of midlactating dairy cows. *Physiol Genomics* **51**, 400-409.
- 327 Gunn, K. M., Holly, M. A., Veith, T. L., Buda, A. R., Prasad, R., Rotz, C. A., Soder, K. J. and Stoner,
- A. M. K. (2019). Projected heat stress challenges and abatement opportunities for U.S. milk production.
 PLoS One 14, e0214665.
- Hepler, C., Foy, C. E., Higgins, M. R. and Renquist, B. J. (2016). The hypophagic response to heat
 stress is not mediated by GPR109A or peripheral beta-OH butyrate. *Am J Physiol Regul Integr Comp Physiol* 310, R992-8.
- Hernandez, L. L., Grayson, B. E., Yadav, E., Seeley, R. J. and Horseman, N. D. (2012). High fat diet
 alters lactation outcomes: possible involvement of inflammatory and serotonergic pathways. *PLoS One*7, e32598.
- Heyne, G. W., Plisch, E. H., Melberg, C. G., Sandgren, E. P., Peter, J. A. and Lipinski, R. J. (2015). A
 Simple and Reliable Method for Early Pregnancy Detection in Inbred Mice. *J Am Assoc Lab Anim Sci*

- **54**, 368-71.
- Hooper, H. B., Silva, P. D. S., de Oliveira, S. A., Meringhe, G. K. F., Lacasse, P. and Negrao, J. A.
- 340 (2019). Effect of heat stress in late gestation on subsequent lactation performance and mammary cell
- 341 gene expression of Saanen goats. *J Dairy Sci.*
- Howard, B. A. and Gusterson, B. A. (2000). Human breast development. *J Mammary Gland Biol Neoplasia* 5, 119-37.
- Huynh, T. T., Aarnink, A. J., Verstegen, M. W., Gerrits, W. J., Heetkamp, M. J., Kemp, B. and Canh,
- T. T. (2005). Effects of increasing temperatures on physiological changes in pigs at different relative
 humidities. *J Anim Sci* 83, 1385-96.
- 347 Johnson, M. S., Thomson, S. C. and Speakman, J. R. (2001). Limits to sustained energy intake. I.
- Lactation in the laboratory mouse Mus musculus. *J Exp Biol* **204**, 1925-35.
- Key, N. and Sneeringer, S. (2014). Potential effects of climate change on the productivity of U.S.
 dairies. *Am J Agric Econ* 96, 1136-1156.
- Knight, C. H. and Peaker, M. (1982). Mammary cell proliferation in mice during pregnancy and
 lactation in relation to milk yield. *Q J Exp Physiol* 67, 165-77.
- 353 **Kumaresan, P. and Turner, C. W.** (1968). Effect of pregnancy on feed consumption and mammary
- 354 gland growth in rats. *Exp Biol Med* **129**, 975-960.
- 355 Laporta, J., Fabris, T. F., Skibiel, A. L., Powell, J. L., Hayen, M. J., Horvath, K., Miller-Cushon, E. K.
- and Dahl, G. E. (2017). In utero exposure to heat stress during late gestation has prolonged effects
- on the activity patterns and growth of dairy calves. *J Dairy Sci* **100**, 2976-2984.
- 358 Lu, C. D. (1989). Effects of heat stress on goat production. *Small Rumin. Res.* 2, 151-162.
- 359 Lu, M. H. and Anderson, R. R. (1973). Growth of the mammary gland during pregnancy and lactation
- in the rabbit. *Biol Reprod* **9**, 538-43.
- Makarova, E. N., Kochubei, E. D. and Bazhan, N. M. (2010). Regulation of food consumption during
 pregnancy and lactation in mice. *Neurosci Behav Physiol* 40, 263-7.
- Mellenberger, R. W., Bauman, D. E. and Nelson, D. R. (1973). Metabolic adaptations during
 lactogenesis. Fatty acid and lactose synthesis in cow mammary tissue. *Biochem J* 136, 741-8.
- 365 Monteiro, A. P. A., Tao, S., Thompson, I. M. T. and Dahl, G. E. (2016). In utero heat stress decreases
- 366 calf survival and performance through the first lactation. *J Dairy Sci* **99**, 8443-8450.
- 367 Morera, P., Basirico, L., Hosoda, K. and Bernabucci, U. (2012). Chronic heat stress up-regulates

- leptin and adiponectin secretion and expression and improves leptin, adiponectin and insulin
 sensitivity in mice. *J Mol Endocrinol* 48, 129-38.
- 370 O'Brien, M. D., Rhoads, R. P., Sanders, S. R., Duff, G. C. and Baumgard, L. H. (2010). Metabolic
- adaptations to heat stress in growing cattle. *Domest Anim Endocrinol* **38**, 86-94.
- Plante, I., Stewart, M. K. and Laird, D. W. (2011). Evaluation of mammary gland development and
 function in mouse models. *J Vis Exp.*
- - Porter, K. R., Thomas, S. D. and Whitman, S. (1999). The relation of gestation length to short-term
 heat stress. *Am J Public Health* 89, 1090-2.
 - 376 Renquist, B. J., Zhang, C., Williams, S. Y. and Cone, R. D. (2013). Development of an assay for high-
 - throughput energy expenditure monitoring in the zebrafish. *Zebrafish* **10**, 343-52.
 - Reynolds, L. P., Ferrell, C. L., Nienaber, J. A. and Ford, S. P. (1985). Effects of chronic environmental
 heat stress on blood flow and nutrient uptake of the gravid bovine uterus and foetus. *J Agric Sci* 104,
 289-297.
- Rhoads, M. L., Rhoads, R. P., VanBaale, M. J., Collier, R. J., Sanders, S. R., Weber, W. J., Crooker,
 B. A. and Baumgard, L. H. (2009). Effects of heat stress and plane of nutrition on lactating Holstein
- 383 cows: I. Production, metabolism, and aspects of circulating somatotropin. *J Dairy Sci* **92**, 1986-97.
- Simons, M. J., Reimert, I., van der Vinne, V., Hambly, C., Vaanholt, L. M., Speakman, J. R. and
 Gerkema, M. P. (2011). Ambient temperature shapes reproductive output during pregnancy and
 lactation in the common vole (Microtus arvalis): a test of the heat dissipation limit theory. *J Exp Biol*214, 38-49.
- 388 Skibiel, A. L., Dado-Senn, B., Fabris, T. F., Dahl, G. E. and Laporta, J. (2018). In utero exposure to
 389 thermal stress has long-term effects on mammary gland microstructure and function in dairy cattle.
 390 *PLoS One* 13. e0206046.
- Sorensen, M. T., Sejrsen, K. and Purup, S. (2002). Mammary gland development in gilts. *Livest Prod Sci* 75, 143-148.
- Spiers, D. E., Spain, J. N., Sampson, J. D. and Rhoads, R. P. (2004). Use of physiological parameters
 to predict milk yield and feed intake in heat-stressed dairy cows. *J Therm Biol* 29, 759-764.
- 395 St-Pierre, N. R., B., C. and G., S. (2003). Economic losses from heat stress by US livestock industries.
- 396 *J Dairy Sci* **86**, E52-E77.
- 397 Strode, M. A., Dewey, K. G. and Lonnerdal, B. (1986). Effects of short-term caloric restriction on

398 lactational performance of well-nourished women. *Acta Paediatr Scand* **75**, 222-9.

- Tao, S., Bubolz, J. W., do Amaral, B. C., Thompson, I. M., Hayen, M. J., Johnson, S. E. and Dahl, G.
- 400 E. (2011). Effect of heat stress during the dry period on mammary gland development. *J Dairy Sci* 94,
 401 5976-86.
- 402 Tao, S. and Dahl, G. E. (2013). Invited review: heat stress effects during late gestation on dry cows
 403 and their calves. *J Dairy Sci* 96, 4079-93.
- 404 Tao, S., Thompson, I. M., Monteiro, A. P. A., Hayen, M. J., Young, L. J. and Dahl, G. E. (2012). Effect
- 405 of cooling heat-stressed dairy cows during the dry period on insulin response. *J Dairy Sci* 95, 5035406 5046.
- 407 Vaughan, O. R., Sferruzzi-Perri, A. N. and Fowden, A. L. (2012). Maternal corticosterone regulates
- 408 nutrient allocation to fetal growth in mice. *J Physiol* **590**, 5529-40.
- Warman, N. L. and Rasmussen, K. M. (1983). Effects of malnutrition during the reproductive cycle on
 nutritional status and lactational performance of rat dams. *Nutr Res* 3, 527-545.
- Wheelock, J. B., Rhoads, R. P., Vanbaale, M. J., Sanders, S. R. and Baumgard, L. H. (2010). Effects
 of heat stress on energetic metabolism in lactating Holstein cows. *J Dairy Sci* 93, 644-55.
- 413 Williams, A. M., Safranski, T. J., Spiers, D. E., Eichen, P. A., Coate, E. A. and Lucy, M. C. (2013).
- 414 Effects of a controlled heat stress during late gestation, lactation, and after weaning on 415 thermoregulation, metabolism, and reproduction of primiparous sows. *J Anim Sci* **91**, 2700-14.
- 416 Zeferino, C. P., Komiyama, C. M., Pelicia, V. C., Fascina, V. B., Aoyagi, M. M., Coutinho, L. L., Sartori,
- 417 J. R. and Moura, A. S. (2016). Carcass and meat quality traits of chickens fed diets concurrently
- supplemented with vitamins C and E under constant heat stress. *Animal* **10**, 163-71.
- 419 Zhao, L., McMillan, R. P., Xie, G., Giridhar, S., Baumgard, L. H., El-Kadi, S., Selsby, J., Ross, J., Gabler,
- 420 N., Hulver, M. W. et al. (2018). Heat stress decreases metabolic flexibility in skeletal muscle of growing
- 421 pigs. *Am J Physiol Regul Integr Comp Physiol* **315**, R1096-R1106.
- 422
- 423

424 FIGURE LEGEND

Fig. 1. Food and water intake in 6 adult male mice (12-14 wks old) that were singly housed under control condition (CTL; 22°C, 50% humidity) from days 1-4 of the study, put in heat stress (HS; 35°C, 50% humidity) conditions from days 5-9, and returned to control condition (CTL2) from days 10-12. (A-B) 24h food intake, (C-D) light cycle and dark cycle food intake. (E-F) 24h water intake, (G-H) light cycle and dark cycle water intake. * indicates significant difference from mean of CTL (days 1-4; P < 0.05). -*- Indicates significant differences between indicated treatments (P < 0.05).

431

Fig. 2. The response to heat stress (HS, n=9; 35°C, 50% humidity) and pair-feeding (PF, n=10; fed equivalent to HS mice) on from days 5-11 of lactation in multiparous dams on dam mass (A-B), food intake (C-D), and water intake (E-F). # control (CTL, n=10; 22°C, 50% humidity) > HS and PF groups, † indicates CTL and PF > HS, ^ indicates CTL > PF > HS (P < 0.05).

436

437 Fig. 3. Litter mass (A-B) and lactation response (C-D) to heat stress (HS, n=9; 35°C, 50% humidity) 438 or pair-feeding (PF, n=10; fed equivalent to HS mice) from days 5-11 postpartum. * indicates CTL 439 (control, n=10; 22°C, 50% humidity) > HS, \dagger indicates CTL and PF > HS, $^{\circ}$ indicates CTL > PF > HS, 440 # CTL > PF and HS.

441

Fig. 4. The effect of heat stress (HS, n=10; 35°C, 50% humidity) and pair-feeding (PF, n=10; fed equivalent to HS mice) from 14 days post coitum to parturition on dam mass (A-B), food intake (C-D), and water intake (E-F). * indicates control (CTL, n=11; 22°C, 50% humidity) > HS, \dagger indicates CTL and PF > HS, # indicates CTL > PF and HS, $^{\circ}$ indicates CTL and HS > PF, & indicates CTL and HS > PF, \ddagger indicates CTL > PF.

447

Fig. 5. The effect of heat stress (HS; 35°C, 50% humidity) and pair-feeding (PF; fed equivalent to
HS mice) of virgin female mice from 14 days post coitum to parturition on A) gestation length, B)
pups/litter, C) pup survival rate, D) litter mass, and E) mean pup mass. Numbers under the treatment
donate number of biological replicates. *indicates significant differences between treatments (P <
0.05).

- 454 Fig. 6. The effect of heat stress (HS; 35°C, 50% humidity) and pair-feeding (PF; fed equivalent to
- 455 HS mice) from 14 days post coitum to parturition on A) mammary gland mass, B) metabolic rate, C)
- 456 lactogenesis ex vivo, D) predicted lactose production per gland. Numbers under the treatment donate
- 457 number of biological replicates. *indicates significant differences between treatments (P < 0.05), ***
- 458 P < 0.001.
- 459

460 FIGURES

461 **Fig. 1.**



463 Fig. 2.



Days Postpartum

Days Postpartum

Fig. 3.



469 Fig. 4.





472 **Fig. 5.**



473

475 **Fig. 6.**

