

1 Reconstruction of the urinary tract at the appropriate time reduces fibrosis of the
2 metanephros in rats as judged by imaging

3

4 Short Title: Establishment of appropriate time for urinary tract reconstruction in fetal
5 metanephros by imaging

6

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20

21 **Abstract**

22 Chronic kidney disease leads to high morbidity rates among humans. It is a
23 serious disease that requires curative treatments other than kidney transplantation.
24 Recently, we successfully established the iPS-derived generated kidney, which might
25 produce urine. The urine can be directed to the native bladder with a stepwise peristaltic
26 ureter system, followed by anastomosis with the recipient ureter for reconstruction of
27 the urinary tract. However, the growth of the regenerated kidney varies significantly,
28 whereas the time window of the anastomosis is quite narrow. Therefore, this study was
29 conducted to evaluate the growth of transplanted metanephros with bladder periodically
30 and noninvasively using computed tomography and ultrasonography. Ultrasonographic
31 findings showed high correlations with computed tomographic findings and clearly
32 evaluated metanephros with bladder. We found that the degree of growth of the
33 metanephros with bladder after the transplantation differed in each individual. However,
34 most of them reached the appropriate period for urinary tract reconstruction within 3
35 weeks after transplantation. Optimizing the stepwise peristaltic ureter system
36 anastomosis by ultrasonography reduced long-term tubular dilation of the metanephros,
37 thereby decreasing fibrosis caused by transforming growth factor- β . This may be
38 significantly related to long-term maturation of fetal grafts. These results provide new

39 insights into transplanting regenerated kidneys in higher animals. We are one step closer
40 to the first human trial of kidney generation.

41

42 **Introduction**

43 The morbidity rate of end-stage renal disease (ESRD) remains high. Although
44 kidney transplantation is the main curative treatment, securing an available donor is
45 difficult [1]. Apart from the number of people waiting for a kidney transplant, the
46 number of patients undergoing hemodialysis is increasing. There is a large number of
47 ESRD patients worldwide; furthermore, all these associated factors cause huge medical
48 expenses and impose heavy burden on families in particular and the society in general
49 [2].

50 There is a need treatment for alternatives to kidney transplantation and dialysis,
51 which must be a fundamental treatment. There has been an attempt to make a kidney
52 from pluripotent stem cells de novo. Takasako et al. [3,4] examined a method for
53 producing renal organoids in vitro by aggregating nephron progenitor cells and ureteric
54 bud. Organoids include differentiating nephrons, interstitial, and vasculature, which
55 have matured in a culture. In addition, the use of human stem cells has made it possible

56 to produce organoids that resemble human fetal kidneys. However, the size of organoids
57 was smaller than 2 mm, and could not gain enough ability for the production of urine,
58 such as functional maturation of tubules, glomerular neovascularization, and urinary
59 excretion pathway.

60 To overcome these issues, we made an attempt to generate a kidney from induced
61 pluripotent stem cells (iPS cells) using nephrogenic niche of xeno-animal as the scaffold
62 to generate the kidney [5,6]. In this system, iPS cell-derived nephron progenitor was
63 injected into the nephrogenic zone of xeno-embryo and cultured in the nephrogenic
64 environment. We confirmed that injected cells continued to develop further to form a
65 nephron, and it started producing urine following transplantation in vivo [7]. By
66 eliminating the native nephron progenitor cells (NPCs) in the nephrogenic zone during
67 development using genetic manipulation, pure nephron from external NPCs can be
68 successfully generated [8]. We also confirmed that this system can generate interspecies
69 chimeric nephron between rats and mice [9], and also iPS cells from hemodialysis
70 patients can be used without deterioration compared with those from healthy controls
71 (Tajiri Sci Rep). Based on this success, we are currently conducting the scale up
72 experiment using bigger animals to proof the efficacy and safety for human clinical use.
73 However, one big hurdle remains for the next stage. Transplantation alone does not

74 provide a route for excretion of the produced urine. Thus, metanephros can cause
75 hydronephrosis and renal insufficiency [11,12]. This may be solved using Stepwise
76 Peristaltic Ureter (SWPU), which (S1 Fig.) comprises anastomosis of the ureters of the
77 recipient rats to the bladder using a developed metanephros with bladder (MNB) [11].
78 This new method made it possible to continuously excrete urine produced from the
79 MNB to the recipient bladder via the recipient ureter [11]. However, the timing of
80 anastomosis with the ureter of the recipient after transplantation is crucial and owing to
81 individual differences in the growth of MNB, hydronephrosis may occur at ambiguous
82 anastomosis times [11,13]. Postrenal nephropathy due to hydronephrosis imposes a
83 heavy burden on the kidneys, and the delayed release of obstruction has substantial
84 effects on the kidneys [14-16]. Ureteral primordia obstruction during the fetal stage has
85 been shown to cause dysplastic metanephros [17]. Therefore, we believe that early
86 released obstruction is significantly involved in subsequent renal functions, even with
87 fetal-derived grafts. In the case of xenotransplantation and MNB transplantation in large
88 experimental animals, the effects of individual differences are considered to be greater.
89 Appropriate time must be allowed for urinary tract reconstruction using a minimally
90 invasive method that can be used to observe MNB over time and can be clinically
91 performed. Clinical and general imaging methods, including contrast-enhanced

92 computed tomography (CT) and particularly, ultrasonography have been used because
93 they help to easily determine the condition of the body and are less invasive.

94 Therefore, in this study, we aimed to establish the appropriate time index for
95 urinary tract reconstruction using morphological and histopathological examination and
96 image analysis.

97

98 **Materials and methods**

99 Experiment 1 was a morphological assessment of two transplanted MNBs using
100 contrast CT and ultrasonography examinations. Experiment 2 investigated the
101 hypothetical conditions for appropriate timing of urinary tract reconstruction based on
102 the results of Experiment 1 when the following two conditions were met:

- 103 1. Neither hydronephrosis of the MNB metanephros, nor two or more vacuoles were
104 observed in MNB by ultrasonography.
- 105 2. MNB bladder was larger than 0.016 cm^3 , when assessed by ultrasonography.

106 In Experiment 3, anastomosis was performed and the MNB grew up to 8 weeks after
107 transplantation; then, glomerular filtration rate (GFR) measurements and
108 histopathological examinations were performed.

109

110 **Animals**

111 The animal rearing management was carried out according to the Kitasato
112 University Faculty of Veterinary Medicine Animal Experiment Guideline and Manual
113 for Rearing and Management of Experimental Animals (Approval No: 17-127, 18-127,
114 19-085). The rats were housed in cages under temperature and light-controlled
115 conditions in a 12-hour cycle and were provided with fresh food and water *ad libitum*.

116 In Experiment 1, we used three pregnant female Lewis rats on gestation day 15
117 (E15) (Japan Charles River Laboratories, Kanagawa, Japan) to obtain fetal MNB. As
118 recipient rats (organ recipient animals), we used 12 male Lewis rats (Japan Charles
119 River Laboratories) aged 11 weeks, with a body weight of 309.0 ± 11.4 g.

120 In Experiment 2, we used three pregnant female Lewis rats on E15 (Japan Charles
121 River Laboratories), and as recipient rats, 18 male Lewis rats (Japan Charles River
122 Laboratories) aged 9 weeks, with a body weight of 243.0 ± 7.5 g.

123 In Experiment 3, we used three pregnant female Lewis rats on E15 (Japan Charles
124 River Laboratories), and as recipient rats, 9 male Lewis rats (Japan Charles River
125 Laboratories), aged 10 weeks, with a body weight of 292.8 ± 7.6 g.

126

127 **Isolation and grafting of MNB**

128 The surgery was performed by an experienced surgeon specialized in
129 microsurgery. Pregnant rats were anesthetized by 2.5% isoflurane inhalation. Embryos
130 (E15) were harvested, and the pregnant rats were then killed immediately by an infusion
131 of pentobarbital (120 mg/kg). All the embryos were euthanized by decapitation. The
132 MNBs were dissected under a surgical microscope, as previously described [11].

133

134 **Method of MNB transplantation/urinary tract reconstruction**

135 **Experiment 1: Usefulness of CT examination and ultrasonography,** 136 **and image evaluation of MNB**

137 The flow of the experiment is shown in Fig. S2 A. Anesthesia was introduced and
138 maintained in the recipient rats using 2.5% isoflurane. After performing a laparotomy
139 through a midline abdominal incision, the intestinal tract was pulled out of the body,
140 and the retroperitoneum and the abdominal aorta were exposed. A small incision was
141 made to the retroperitoneum under a surgical microscope, and the first MNB (MNB1)
142 was transplanted to the retroperitoneal space near the abdominal aorta. After
143 transplantation, a single interrupted suture was made on the retroperitoneum using 6-0
144 non-absorbable suture thread (PROLENE®, Johnson and Johnson K.K., Tokyo, Japan).

145 The wound was closed using conventional methods. The animals were divided into two
146 groups. The first group comprised randomly selected rats that had the left recipient
147 kidney removed 4 weeks after MNB1 transplantation and underwent urinary tract
148 reconstruction by anastomosing the recipient ureter to the MNB (n = 5: anastomosis
149 group). The second group consisted of randomly selected rats that did not undergo
150 urinary tract reconstruction by anastomoses (n = 7: non-anastomosis group). In addition,
151 both groups had the second MNB (MNB2) transplanted in week 4. We distinguished
152 MNB2 from MNB1 by transplanting MNB2 to the head side of MNB1. Eight weeks
153 after MNB1 transplantation, both MNB1 and MNB2 were removed, and
154 histopathological examinations were conducted.

155

156 **Experiment 2: Establishment of an appropriate anastomosis time for** 157 **each MNB**

158 The flow of the experiment is shown in Fig. S2 B. Only a single MNB
159 transplantation was performed, with the same methods as in Experiment 1. MNB
160 observations were performed every other day from 2.5 weeks after transplantation, and
161 the morphological characteristics and MNB volume were assessed in the same
162 technique as in Experiment 1. If MNBs met the conditions of appropriate timing for

163 urinary tract reconstruction, as established in Experiment 1, the animals were
164 euthanized and the MNB was removed. Animals that did not meet the conditions were
165 observed until Week 5, before having the MNB removed. The removed MNB was fixed
166 for histopathological examinations.

167

168 **Experiment 3: MNB evaluation after SWPU at the appropriate time**
169 **for anastomosis**

170 The flow of the experiment is shown in Fig. S2 C. Only a single MNB
171 transplantation was performed, under the same methods as in Experiment 2. MNB
172 observations were performed every other day from 2 weeks after transplantation, and
173 the morphological characteristics and MNB volume were assessed with the same
174 technique as in Experiment 1. Six animals were randomly selected and if MNBs met the
175 conditions of appropriate timing for urinary tract reconstruction, as established in
176 Experiment 1, they underwent SWPU (n = 6: SP group). The remaining three randomly
177 selected animals underwent SWPU at 4 weeks and were observed for 8 weeks after the
178 transplantation (n = 3: 28UR group). After measuring the GFR, the MNBs of rats were
179 removed and fixed for histopathological examinations. The rats were euthanized after
180 removal of the MNBs.

181

182 **MNB assessment using contrast CT scans**

183 For the imaging, we used the Ailion 16 Multi slice CT system (Toshiba Medical
184 Systems K.K., Tochigi, Japan). The experiments were conducted in dynamic CT mode,
185 at a tube voltage of 80 kV, tube current of 150 mA, imaging rotation speed of 0.5
186 sec/rotation, and slice thickness of 0.5 mm. The radiation exposure dose was kept
187 unified at 392.7 mGy. The animals were anesthetized and maintained with 2.5%
188 isoflurane at 2.5 weeks and 3.5 weeks after MNB2 transplantation (6.5 and 7.5 weeks
189 after MNB1 transplantation, respectively), and they were all kept in the supine position
190 during imaging.

191 For contrast CT examinations, the animals received a bolus injection of 0.3
192 mL/head Iohexol (Omnipaque® 300 injection, Daiichi Sankyo K.K., Tokyo, Japan), an
193 iodine contrast agent, into the tail vein and images were taken 30 min later, when the
194 contrast agent was thought to have accumulated in the MNB.

195 After reconstitution and reconstruction of the images, we processed them using
196 the DICOM viewer software OsiriX, to assess the morphological characteristics and
197 MNB volume.

198

199 **MNB assessment using ultrasonography**

200 Three technicians, who use the ultrasonography device on a daily basis,
201 performed the examination to randomly selected rats. To carry out these tests, the rats
202 were anesthetized and maintained until the end of the procedure using 2.5% isoflurane.
203 Their abdomens were shaved, and the animals were kept in the supine position. The
204 ultrasound device LOGIQ S8 (GE Healthcare Japan K.K., Tokyo, Japan) was used.
205 After identifying the MNB through the observation of axial, sagittal, and coronal cross-
206 sections, the maximum long-axis length of the sagittal cross-section (L), maximum
207 short-axis width of the axial cross-section (W), and height of maximum depth (H) were
208 measured. The volume (V) of the MNB bladder was also assessed.
209 As a probe, we used a 3-11 MHz linear array. We used the color Doppler mode to
210 identify the presence/absence of blood flow to the transplanted MNB. To measure the
211 MNB or MNB bladder volume, we used B mode and set the gain and depth to 90 and
212 2.3–2.5 cm, respectively, and then we observed the morphology and measured the size.
213 Volume calculation by ultrasonography assumed the MNB to be a spheroid, substituting
214 the values into the formula shown below for the volume of a spheroid:

$$215 \quad V = \frac{\pi}{6} \times L \times W \times H$$

216

217 **Removal of the transplanted MNB**

218 After anesthetizing the rats with 2.5% isoflurane, we made a midline abdominal
219 incision and removed the MNB, which was used for histopathological examinations.
220 After we intraperitoneally administered 125 mg/kg of pentobarbital and confirmed the
221 cardiopulmonary arrest 15 min later.

222

223 **Histopathological examination**

224 The MNB tissues were fixed using 4% paraformaldehyde phosphate buffer
225 solution and were embedded in paraffin as previously described [11]. Hematoxylin-
226 eosin (HE) dye and Masson's trichrome staining (MT) were used in Experiments 1 and
227 2. In Experiment 3, the tissues were thinly sliced to 2 μ m and stained for TGF- β 1 (sc-
228 130348: Santa Cruz, CA), collagen- α 1 type 1 (sc-293182: Santa Cruz, CA), vimentin
229 (422101: Nichirei Biosciences Inc., Tokyo, Japan) and cell apoptosis for
230 immunostaining. TUNEL assay was performed to detect apoptotic cell death using the
231 in situ Apoptosis Detection Kit (Takara Bio Inc., Shiga, Japan) according to the
232 manufacturer's instructions. The entire metanephros cut at maximum length were
233 observed at 400 \times magnification, HE, MT, TGF- β 1, collagen- α 1 type 1, vimentin with
234 20 taken, TUNEL with ten images taken for each slide. The images were assessed by

235 researchers, who were blinded, using the image analysis software ImageJ® (National
236 Institutes of Health, Bethesda, Maryland, USA); HE-stained slides were used to
237 evaluate tubular lumen area and MT dyed slides to evaluate interstitial fibrosis in the
238 metanephros.

239

240 **GFR measurement**

241 GFR was measured using a commercially available kit (Diacolor® Inulin,
242 TOYOBO CO., LTD., Osaka, Japan). The measurement was performed according to the
243 kit method. Eight weeks after transplantation in Experiment 3, bilateral nephrectomy
244 was performed under the same anesthesia as mentioned previously. The blood was
245 collected from the tail vein of the rats at one and two hours after inulin administration,
246 and the measurement was carried out using the plasma. Normal kidney GFR values
247 were determined by measuring healthy adult rats (Table S).

248

249 **Statistical Analyses**

250 The results are presented as mean \pm standard deviation. All statistical analyses
251 were performed with EZR (Saitama Medical Center, Jichi Medical University, Saitama,
252 Japan) [18]. More precisely, it is a modified version of R commander, designed to add

253 statistical functions frequently used in biostatistics. Scatter plot and Pearson's product
254 ratio correlation coefficient were applied for volume comparison and storage volume
255 comparison using ultrasonography and contrast CT examination, and the relationship
256 between TGF- β 1 expression levels and the percentage of apoptotic cells. We used the
257 paired student's t-test to examine the differences in volume observed over time by
258 ultrasonography. The Mann–Whitney U test was used to analyze tubular dilation, and
259 metanephros fibrosis was examined through histopathological examinations. A *p*-value
260 of 0.05 was set as statistically significant.

261

262 **Results**

263 **Experiment 1**

264 **MNB detection rate by contrast CT and ultrasonography examinations**

265 Contrast CT and ultrasonography examinations allowed us to evaluate all MNBs
266 by Week 3 (Fig. 1). However, it was not possible to assess the MNB bladder and MNB
267 that underwent hydronephrosis. Ultrasonographic examinations allowed us to detect
268 MNB that was present near the aorta from the early stage, and the margins were clear
269 too. Furthermore, it allowed 100% recognition of both MNB1 and MNB2, from Week 3
270 onward after transplantation (Fig. 2) and partial observation of the newly formed blood

271 vessels around the MNB by the color Doppler method (Fig. 1 D). Additionally, it was
272 possible to confirm the metanephros (Figs 1B and C).

273

274 **Fig. 1. Computed tomography (CT) and ultrasonography images in Experiment 1.**

275 A) Visualization of MNB on the abdominal arteriovenous vein under the retroperitoneal

276 area by contrast-enhanced CT. B) Ultrasonographic images of MNB considered to be

277 maturing normally as urine retention was observed in the MNB bladder. C)

278 Ultrasonography image of suspected hydronephrosis of the MNB. D) The blood flow

279 around the MNB could be confirmed by color Doppler using an ultrasound. ※red

280 arrow: MNB1, yellow arrow: MNB2, red circle: MNB, blue arrow: bladder of MNB,

281 arrow head: metanephros of MNB, UB: Recipient's bladder

282

283 **Fig. 2. MNB volume transition during observation by contrast-enhanced CT and**

284 **ultrasonography examinations in Experiment 1.**

285 The figure shows the volumes of MNB by CT and ultrasound. The volume of CT was

286 measured at 6.5 and 7.5 weeks and that of ultrasonography was performed weekly until

287 8 weeks after transplantation of MNB1.

288 * $p < 0.01$ vs. ultrasound, † $p < 0.01$ vs. the week after.

289 MNB: metanephros with bladder, CT: computed tomography, Week: weeks after

290 transplantation of MNB1.

291

292 **Table 1. MNB detection rate by ultrasonography from weeks 1–4 after**

293 **transplantation in Experiment 1.**

	Detection rate of MNB			
	Week 1	Week 2	Week 3	Week 4
MNB 1	16.7%	83.3%	100%	100%
MNB 2	75%	91.7%	100%	100%

294 MNB1: the first transplanted MNBs in week 0, MNB2: the second transplanted MNBs

295 in week 4. The detection rates during observation by ultrasound after transplantation in

296 each of MNB1 and MNB2 are shown in the table.

297

298 **Correlation of volume assessment with urine volume retained in MNB1**

299 **and MNB bladder volume assessment**

300 The comparison of volumes measured by contrast CT and ultrasonography
301 examinations (Week 2.5: MNB1, $R = 0.78$; MNB2, $R = 0.79$ and Week 3.5: MNB1, $R =$
302 0.90 ; MNB2 = 0.94) indicated a strong positive correlation between MNB1 and MNB2
303 (Fig. 3). Furthermore, the amount of urine collected from the MNB1 showed a strong
304 positive correlation with the MNB volume determined by ultrasonography ($R = 0.89$).

305

306 **Fig. 3. Correlation of the volume between ultrasonography and contrast computed**
307 **tomography inspection at each week in Experiment 1.**

308 The dotted line is the MNB1 and the solid line is the MNB2. A) 6.5 weeks after MNB
309 transplantation (MNB1, $R = 0.78$; MNB2, $R = 0.79$). B) 7.5 weeks after MNB
310 transplantation (MNB1, $R = 0.90$; MNB2, $R = 0.94$).

311

312 **Tubular dilation and fibrosis in MNB1 and MNB2 by histopathological**
313 **examinations**

314 Tubular dilation was significantly larger in the non-anastomotic than in the
315 anastomotic group ($p < 0.05$). For MNB2, no significant difference was observed
316 regardless of the anastomosis or non-anastomosis of MNB1. However, tubular
317 dilatation was observed in all MNB2. Additionally, there was no significant difference

318 in fibrosis between MNB1 and MNB2, irrespective of anastomosis or non-anastomosis.

319 This indicates that MNB2 shows the same level of growth and induces fibrosis

320 regardless of the degree of renal impairment due to tubular dilation of MNB1.

321

322 **Experiment 2**

323 **Number of days from MNB transplantation to MNB removal**

324 Results are shown in Fig 4. All MNBs could be confirmed by Week 2.5. MNBs

325 with no bladder formation or with hydronephrosis were deemed poorly developed

326 (3/18). The number of days for MNB removal, aside the poorly developed ones, were

327 20.7 ± 3.6 days (17 to 29 days). For the 72.2% (13/15) of the excised MNB, it was

328 deemed appropriate for urinary tract reconstruction to be performed within 3 weeks

329 after transplantation. For the 20% (3/15), 26.7% (4/15), 40% (6/15), and 13.3% (2/15),

330 17 days, 19 days, 21 days, and 28 days or more were deemed appropriate timing for

331 reconstruction, respectively.

332

333 **Fig. 4. The number of days until the urinary tract reconstruction age and number**

334 **of MNBs excised after transplantation in Experiment 2.**

335 The table shows the number of MNBs excised at a time considered to be an appropriate
336 time for anastomosis. Most of MNBs were removed within 3 weeks after
337 transplantation.

338

339 **Number of days to MNB removal and progression in rate of tubular**
340 **dilation and fibrosis**

341 The MNBs removed 21 or more days after transplantation had significantly
342 milder tubular dilation than those removed less than 21 days after transplantation (p
343 <0.01) (Fig. 5 A). There was no difference in fibrosis in MNB removed 21 days prior
344 and 21 days after transplantation. (Fig. 5 B).

345

346 **Fig. 5. Comparison of tubular dilation and interstitial fibrosis in MNB removed 21**
347 **days prior and 21 days after transplantation.**

348 A) Tubular dilation, B) Tubulointerstitial fibrosis. The degree of tubular dilation 21
349 days prior to transplantation decreased significantly compared with that of 21 days after
350 transplantation. * $p < 0.01$

351

352 **Experiment 3**

353 **GFR value of MNB 8 weeks after transplantation**

354 Table 2 shows the GFR measurement results. GFR could be measured in all the
355 animals in the SP and 28UR groups. Although no significant difference was observed
356 between the 28UR and the SP groups, none of the animals in the SP group had a GFR of
357 0%.

358

359 **Table 2. Comparison of GFR values and normal values of MNB**

	SP group	28UR group
GFR (ml/min/m²)	1.95 ± 1.04	1.23 ± 1.22
Compared to Normal rats (%)	1.1 ~ 5.7%	0 ~ 5.1%

360

361 **Tubular dilatation and interstitial fibrosis in MNB of experiment 3 in**

362 **histopathological examinations**

363 An image of the extracted MNB is shown as an example (Fig. 6 A). In the SP
364 group, the color of the surface of the metanephros could be visually confirmed to have
365 blood flow, and the SP group grew without hydronephrosis. As shown in Fig. 6 B, in
366 the 28UR group, the observed shape of metanephros was irregular. In some cases, the
367 metanephros was hydronephrotic without liquid storage in the MNB bladder. Fig. 7
368 shows a micrograph of HE staining for the evaluation of tubular dilatation. The 28UR
369 group tended to expand compared to the SP group, but no significant difference was
370 observed between the two groups (Fig. 7 C).

371

372 **Fig. 6. Example of extracted MNB in Experiment 3**

373 The red arrows indicate the metanephros and the yellow arrows indicate the bladder.
374 Fig. 6-A shows that the metanephros did not expand and the MNB is considered to have
375 grown steadily. By contrast, the MNB in the Fig. 6-B has an irregular shape with severe
376 metanephros hydronephrosis.

377

378 **Fig 7. Histopathological examination images of tubular in Experiment 3.**

379 A) MNB which was judged to be a suitable period of SWPU method by
380 ultrasonography. B) Histopathology of metanephros with hydronephrosis confirmed by

381 ultrasonography at 4 weeks. C) Comparison of tubular expansion area between the SP
382 and 28UR groups.

383

384 MT staining for the evaluation of interstitial fibrosis is shown in Figs. 8 A and B.

385 A comparison of interstitial fibrosis is shown in Fig. 8 C. Interstitial fibrosis was
386 significantly less in the SP than in the 28UR group ($p < 0.01$). These results indicated
387 that fibrosis was progressing from the initial stage of tubular dilation.

388

389 **Fig. 8. Interstitial fibrosis in MNB in Experiment 3**

390 A) MNB which was judged to be a suitable period of SWPU method by
391 ultrasonography. B) Histopathology of the metanephros with hydronephrosis confirmed
392 by ultrasonography at week 4. C) Comparison of interstitial fibrosis area between the
393 SP and 28UR groups.

394

395 The measurements of fibrosis marker are shown in Fig. 9. TGF- β 1 was strongly
396 expressed in the 28UR group; mainly in the tubular cells, interstitial, and glomeruli, and
397 similarly, vimentin and type I collagen- α 1 showed significant expression in the tubular

398 interstitial. The SP group was significantly milder in all evaluations than the 28UR
399 group ($p < 0.01$) (Fig. 9 G).

400

401 **Fig. 9. Expression of TGF- β , collagen and vimentin in Experiment 3**

402 A, D) stained image of TGF- β 1. B, E) stained image of Type I collagen- α 1. C, F)
403 stained image of Vimentin. G) All of these assays in the SP group were significantly
404 lower than those of the 28UR group ($p < 0.01$).

405

406 The image of TUNEL staining and the comparison of the ratio of apoptotic cells
407 in the tubular and glomerular cells are shown in Fig. 10 A. The percentage of apoptotic
408 cells was significantly lower in the SP group than in the 28UR group ($p < 0.05$) (Fig. 10
409 B). Furthermore, there was a strong positive correlation between TGF- β 1 expression
410 and the percentage of apoptotic cells in both the glomerular and tubular cells ($p < 0.01$)
411 (Figs. 10 C and D).

412

413 **Fig. 10. Detection of apoptosis by fluorescent staining, and correlation between**
414 **expression of TGF β -1 and apoptosis positive rate**

415 A) Image of TUNEL staining in SP group; Yellow arrows indicate apoptotic cells. B)
416 Image of TUNEL staining in 28UR group; this confirmed a number of apoptotic cells in
417 tubular cells. C) Correlation between apoptosis rate and TGF- β 1 expression region in
418 glomerular cells, D) Correlation between apoptosis rate and TGF- β 1 expression region
419 in tubular cells

420

421 **Discussion**

422 Currently, urinary tract reconstruction or extraction is performed in the
423 transplanted MNB and metanephros approximately 3 to 6 weeks after transplantation,
424 depending on the animal species and the transplantation site [11,19-21]. Metanephros
425 weight gain stops at about 4 weeks after the transplantation [2], and it has been reported
426 that after development, the GFR is about 3%–11% of that of normal kidneys, as the
427 metanephros alone is a small tissue [21,22]. However, the survival time did not differ
428 from the cases in which one MNB was transplanted, even in experiments in which
429 several MNBs were transplanted [13]. One of the factors is that the metanephros has a
430 remarkable degree of hydronephrosis and fibrosis. Obstruction during the development
431 of rat kidneys has been reported to cause developmental suppression and persistent
432 damage after maturation [14,15]. For this reason, it was necessary to investigate the

433 appropriate timing for SWPU. Therefore, as in previous papers, two MNBs were
434 transplanted, and their development was closely observed by ultrasonography and CT.

435 Contrast-enhanced CT showed no enhancement of the metanephros and bladder
436 of MNB; however, it was possible to evaluate the MNB to the extent that the MNB
437 volume was measured, and this was regarded as an accurate volume index. A single
438 intravenous dose of iohexol, the nonionic iodine-based contrast agent, undergoes rapid
439 clearance from the blood of rats and translocates to the tissues [23]. It rapidly migrates
440 to the kidneys and is distributed at high concentrations [23]. Yokote et al. [11]
441 previously performed contrast-enhanced CT on MNB to confirm urinary patency after
442 SWPU in MNB. In that study, both kidneys were removed, and the anastomotic ureter
443 was ligated; angiography was performed to visualize the recipient ureter [11]. In this
444 present study, we considered that one of the recipient's kidneys was present, resulting in
445 the excretion of the contrast agent before it flowed into the MNB.

446 Ultrasonography detected MNB in all animals, similar to contrast-enhanced CT
447 examinations. Ultrasonography assessed MNB morphologically, unlike contrast-
448 enhanced CT. As the MNB was transplanted into the retroperitoneum, it was possible to
449 be identified at an earlier stage than expected by specifying the expansion of the
450 retroperitoneal cavity. We also observed blood flow to the MNB using ultrasonography

451 and observed the neovascularized vessels. Urine production has been previously
452 confirmed by metanephros transplantation or MNB transplantation [11,12,24].
453 Therefore, as we hypothesized, the MNB bladder was visualized using low echo,
454 making retrieval easier. In children with congenital hydronephrosis, ultrasonography
455 can reveal septum and cyst in the kidneys when severe hydronephrosis occurs [25,26].
456 Here, it was also possible to evaluate hydronephrotic metanephros without a urinary
457 excretion pathway, because the parenchyma was visualized as a vacuole with an
458 indistinct parenchyma, like severe hydronephrosis in a developed kidney. Spheroid
459 volume measurements by ultrasonography was also used in the kidney, thyroid, and
460 prostate [27,28-31]. As the MNB volume determined by ultrasonography in this study
461 strongly correlated with that of the CT, and the MNB was approximated despite the
462 very small volume, volume calculation using the spheroid equation was also considered
463 very accurate for MNB. Therefore, ultrasonography is considered to be a simple,
464 minimally invasive, and useful method, considering the effects on the contrast medium
465 and radiation as in contrast-enhanced CT examinations.

466 In Experiment 1, there was no difference in tubule dilation and fibrosis in MNB2
467 compared with MNB1, regardless of the presence or absence of SWPU in MNB1. This
468 suggests that, by 4 weeks after transplantation, many metanephros had already

469 experienced hydronephrosis, and the appropriate timing had passed with or without
470 urinary tract reconstruction. Indeed, previous reports referred to the presence of MNBs
471 that had experienced hydronephrosis by 3 weeks after transplantation [11]. A
472 comparison of the growth rates between MNB1 and MNB2 showed no significant
473 difference in the MNB volumes, but rather showed that the detection rate by
474 ultrasonography was higher in the first week of MNB2. A plurality of blood vessels
475 around the MNB1 and MNB2 were confirmed using a color Doppler method for the
476 first 2 weeks after transplantation. It has been confirmed that the transplanted
477 metanephros regenerates recipient-derived blood vessels and is chimerized with the
478 donor's metanephros [32]. Angiogenesis involves factors such as vascular endothelial
479 growth factor, platelet-derived growth factor, and fibroblast growth factor [33]. These
480 angiogenic factors play important roles in tissue ischemia and angiogenesis. One report
481 suggests that the metanephros is provided with a spatial direction for capillary
482 development by VEGF [34] and may be involved in the vasculature identified around
483 the MNB. However, it must be considered that VEGF is also involved in fibrosis, which
484 promotes the growth of grafts and may further exacerbate fibrosis during
485 hydronephrosis [35,36]. In the unilateral ureteric obstruction (UUO) model of
486 progressive injury, an angiogenic response was observed early and the endothelial cells

487 proliferated; however, this led to endothelial cell loss after the 4th day [37]. Therefore,
488 the neovascularized capillaries disappeared, and the tissue fell into an ischemic state
489 again. The high detection rate of the MNB2 and the presence of tubular dilation at 4
490 weeks after transplantation suggest that the neovascularization of the MNB1 may also
491 affect MNB2. The MNB2 could be affected by MNB1 angiogenesis because it was
492 implanted just above the MNB1 in the retroperitoneal cavity. One of the reasons may be
493 that one kidney was removed during the MNB2 transplantation. Studies in fetal ewes
494 have shown that in the event of a sudden loss of unilateral renal function due to
495 obstruction in the unilateral ureter, the remaining kidney plays a compensatory role,
496 resulting in kidney enlargement [38]. Moreover, a growth period of 4 weeks may be
497 sufficient to develop into hydronephrotic metanephros of MNB2. This suggests that the
498 degree of growth was not constant when multiple grafts were transplanted and may vary
499 greatly between MNBs.

500 In Experiment 2, only one MNB was transplanted, and the MNB growth rate and
501 appearance of MNB bladder were observed over time in more details to establish an
502 index of the appropriate timing of SWPU. Even when only one MNB was transplanted,
503 the growth rate varied among individuals as can be inferred from the results.
504 Particularly well-developed MNB showed bladder dilation within the 3 weeks after

505 transplantation with a percentage of 38.9% of the total. By week 3 after transplantation,
506 more than half of the MNB had the appropriate timing for urinary tract reconstruction,
507 suggesting that SWPU should be done earlier than previously reported. Furthermore,
508 there was a poorly developed MNB without appearance or change in size of the MNB,
509 bladder from the third week onward. Histopathological examination did not show
510 excessive tubular dilation and progression of fibrosis as observed in Experiment 1 in
511 MNB resected at the appropriate stage of urinary tract reconstruction. Obstruction
512 causes increased ureteral/pelvic pressure and tubular dilatation in the kidney. This
513 increase in pressure stimulates tubular epithelial cells and causes fibrosis to progress
514 due to epithelial-mesenchymal transition [39]. Previous studies, using the rat UUO
515 model, showed the expression of TGF- β 1 immediately after the obstruction of the
516 urinary tract and the expression of vimentin and myofibroblasts 2 days after the
517 obstruction [37]. The same is true for the experiment conducted in the organogenesis
518 stage using the rat neonatal UUO model, and the growth rate decreased by 30% even
519 after unblocking 5 days after obstruction, while all of blood pressure, GFR, urine flow,
520 and sodium/potassium excretion decreased [15]. Therefore, it has been shown that UUO
521 is particularly susceptible to long-term effects immediately after kidney formation
522 [14,15]. Although the transplanted MNB cannot be completely explained by the

523 neonatal UUO model, considering the period after transplantation as being in the
524 neonatal period, it can be expected that the occlusion period is similarly involved in the
525 growth of the transplanted metanephros. Here, ultrasonographic observations were
526 performed every other day; some animals showed rapid bladder dilation even on this
527 day. Rats have only 10% of the nephron formed at birth, and it is said that kidney
528 formation is completed within the first week after birth [15]. The fetus used this time
529 was 15 days of fetal age, and the birth of the rat is usually 21 to 23 days of fetal age on
530 average; therefore, considering that the morphological formation of the kidney is
531 completed 2 weeks after transplantation, a rapid development of urine in the MNB
532 bladder, 2 to 3 weeks after transplantation is considered as normal development. It can
533 be said that, even in the case of MNB, those that grew well may grow at the same
534 growth rate as the organs in the fetal rat body that grew normally. For this reason, it is
535 important to observe and evaluate MNB bladder dilation daily from the second week
536 when MNB grows rapidly. GFR measurement had been performed, when the
537 metanephros was transplanted, and showed a low value of 3% to 11% of normal.
538 Although not the same measurement method, the value of 5% of normal in the SP group
539 in this study was within the range we assumed. This is because, in previous reports, the
540 metanephros grew about 90 to 116 days after reconstructing the urinary tract [24], and it

541 is thought that a certain amount of tissue was present. Urinary tract reconstruction for
542 these metanephros was performed mainly at a time determined by naked eye and may
543 have been exposed to long-term obstruction. Prolonged obstruction results in the
544 persistent dilation of the tubule, the glomerular Bowman's capsule, and the production
545 of inflammatory cytokines such as TGF- β from the tubular cells [40]. TGF- β 1 is
546 expressed in tissues such as the hematopoietic tissue, endothelial tissue, and bone tissue
547 in developing embryos, and acts as an important growth factor as in heart formation
548 [41,42]. However, TGF- β 1 is also deeply involved in fibrosis, causing epithelial to
549 mesenchymal transition (EMT) in tubular cells in the kidney and inducing expression of
550 vimentin, collagen, and alpha-smooth muscle actin [40]. In addition, TGF- β 1 targets
551 protease inhibitor-1 (PAI-1) in proximal tubular epithelial cells and stromal fibroblasts,
552 and the transcription factor p53 replicates through this PAI-1. It causes an aging state
553 and induces cell growth inhibition and apoptosis [40,43-45]. TGF- β 1 expression has
554 also been reported in the metanephros in fetuses and our defined urinary tract
555 reconstruction at the appropriate anastomosis stage in MNB inhibited TGF- β 1
556 expression due to persistent inhibition of tubular dilatation. It is presumed that the
557 replacement suppressed tissue replacement by collagen and vimentin. Therefore, the

558 fact that GFR could be measured in tissues, approximately, 60 days after transplantation
559 would be a great knowledge.

560 There are some limitations to this study. First, we only performed diagnostic
561 imaging-based assessments and did not assess aspects such as renin and erythropoietin
562 activities. Second, because we assessed the MNB only for a short period (60 days after
563 transplantation), we did not perform long-term assessment of function and morphology
564 of the transplants. These issues need to be elucidated further in future studies.

565 In conclusion, this is the first study to successfully observe the time course of
566 MNB in detail by ultrasonography. The appropriate timing for urinary tract
567 reconstruction in rats by SWPU, as revealed by ultrasonography, was when the
568 metanephros has not undergone hydronephrosis, and the early period from when there
569 was urinary retention of 0.016 cm³ in the MNB bladder. This method suppressed the
570 excessive dilatation of the renal tubules of the transplanted metanephros, thereby
571 providing evidence to reduce the progression of fibrosis. We believe that this will
572 greatly contribute to the evaluation of MNB development and urinary tract
573 reconstruction in xenotransplantation and in human clinical practice. In addition, there
574 is a possibility that it can be found even when transplanted to another site. It is also
575 important to evaluate the morphology and function of small grafts in the retroperitoneal

576 cavity while minimizing invasion when considering transplantation into patients in the
577 future.

578

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584

585

586

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709

710 **Supporting information**

711 S1 Fig. Stepwise peristaltic ureter (SWPU) system

712 The recipient is transplanted with the MNB and allowed to grow. The ureter of the
713 recipient is anastomosed to the MNB bladder where urine has accumulated. In this
714 manner, MNB can measure urinary excretion.

715

716 **S2 Fig. Experimental procedure**

717 A) Experiment 1, B) Experiment 2, C) Experiment 3

718

719 **S Table. GFR measurements in healthy adult rats using inulin clearance**

720 Measurements are performed in the same situation as the GFR measurement method in
721 the MNB.

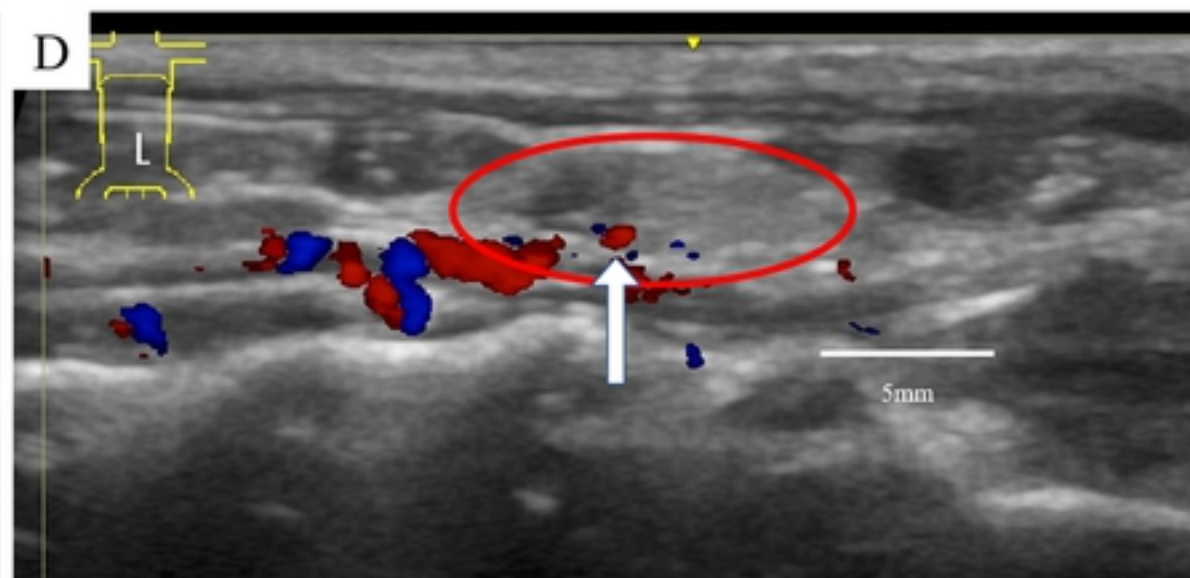
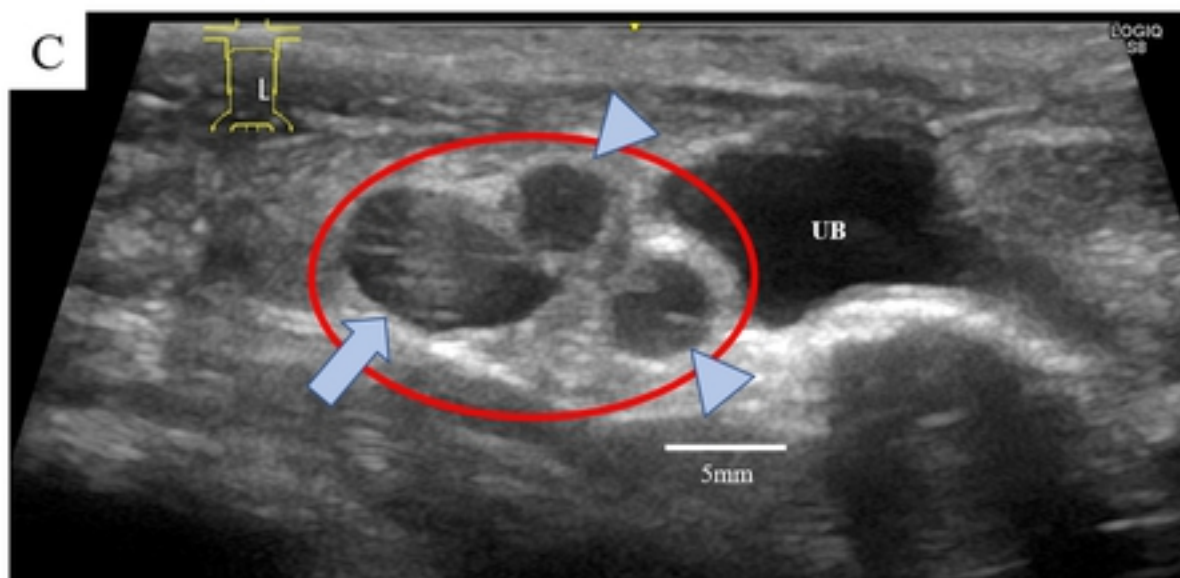
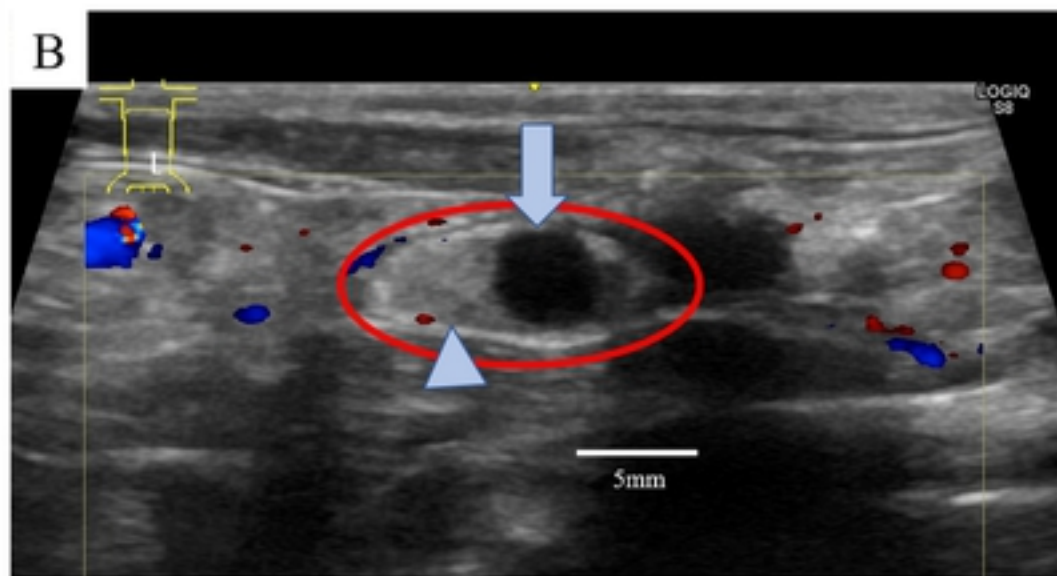
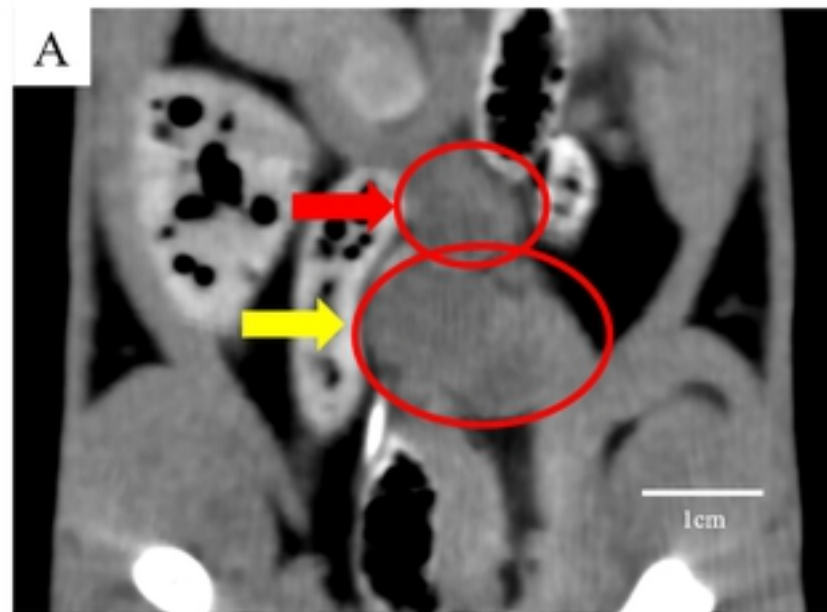


Fig1.

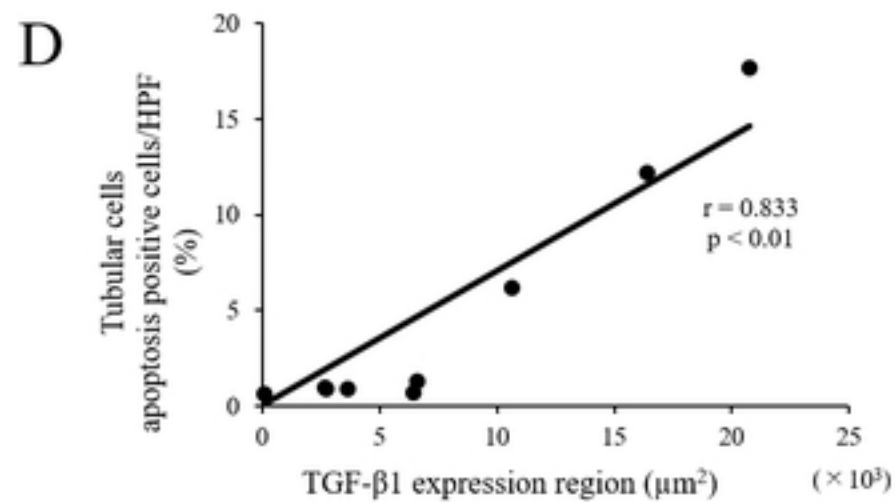
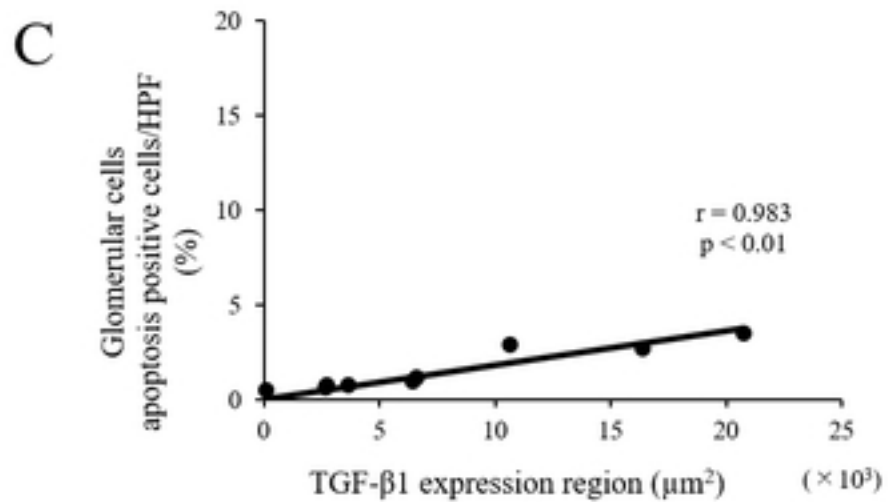
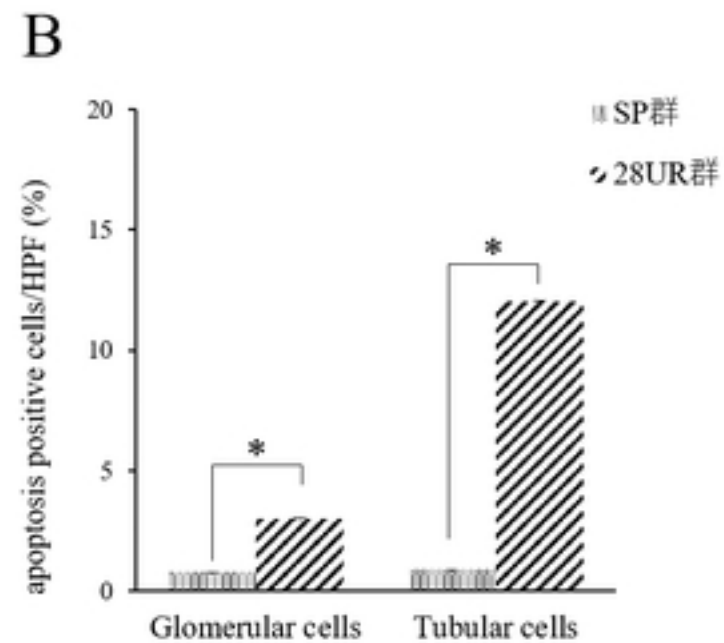
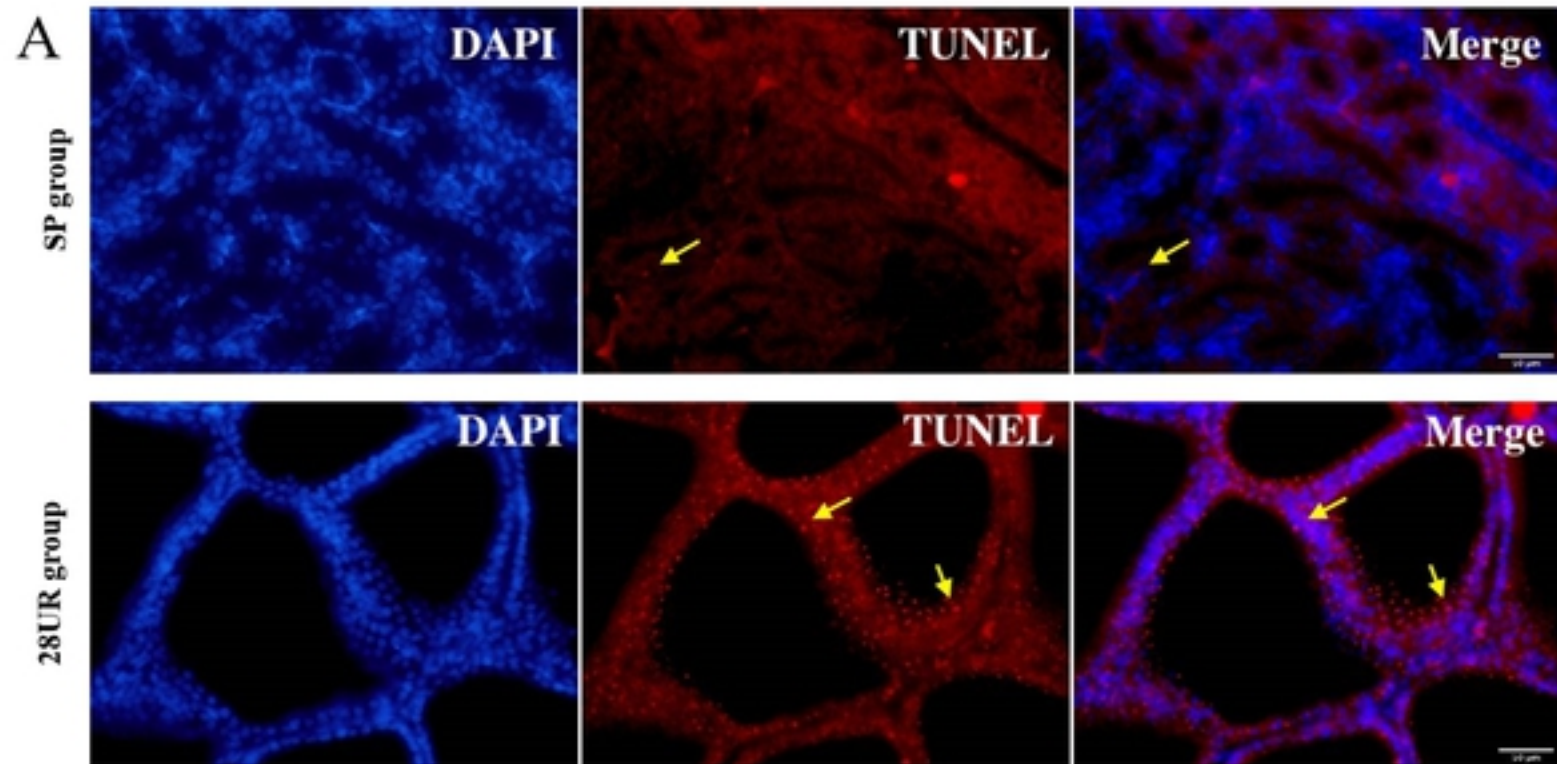
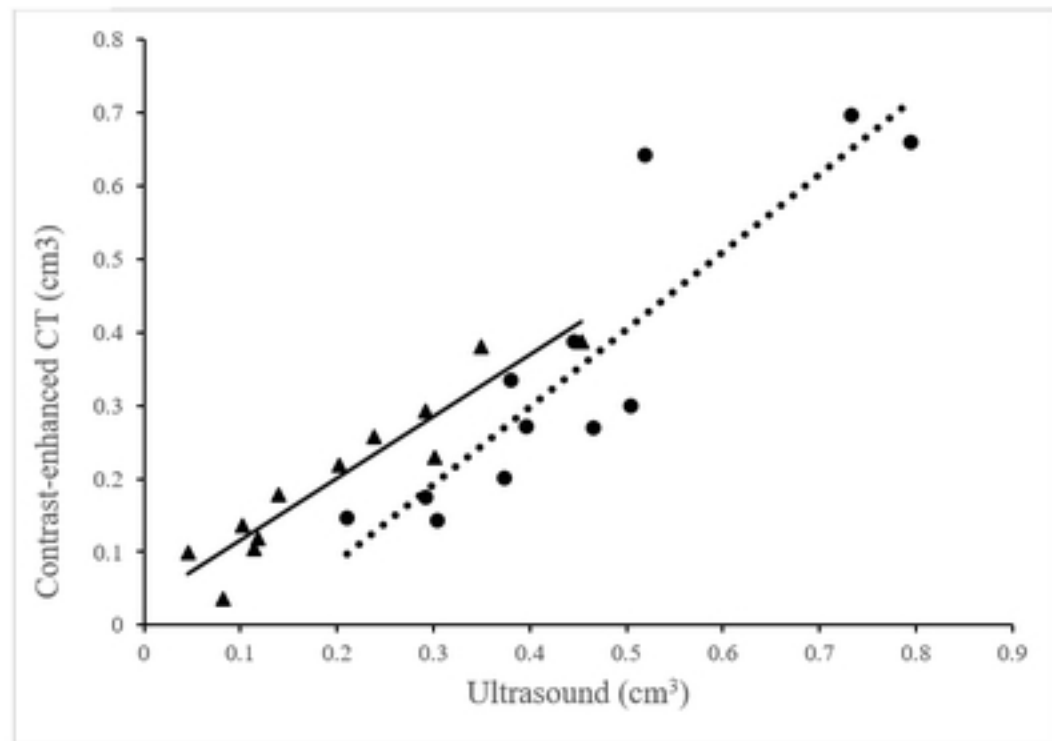


Fig10.

	MNB volume in each week by imaging devices (cm ³)										
		week 1	week 2	week 3	week 4	week 5	week 6	week 6.5	week 7	week 7.5	week 8
CT	MNB 1	—	—	—	—	—	—	0.310 ± 0.141*	—	0.352 ± 0.195*	—
	MNB 2	—	—	—	—	—	—	0.096± 0.053	—	0.203± 0.107	—
Ultrasound	MNB 1	ND	0.073± 0.041	0.139 ± 0.090 †	0.277 ± 0.131	0.271 ± 0.082 †	0.396 ± 0.136	0.390 ± 0.148	0.361 ± 0.146	0.452 ± 0.164	0.381 ± 0.252
	MNB 2	—	—	—	—	0.019 ± 0.010	0.098 ± 0.090	0.096 ± 0.039 †	0.145 ± 0.082 †	0.203 ± 0.120	0.214 ± 0.164

Fig2.

A



B

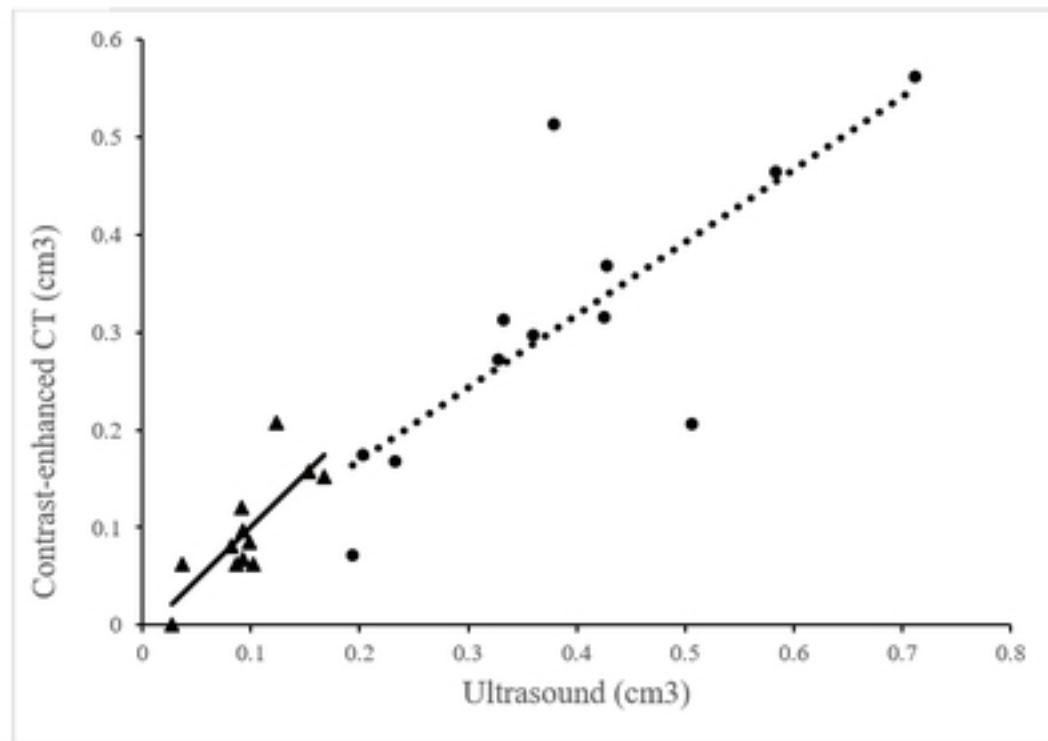


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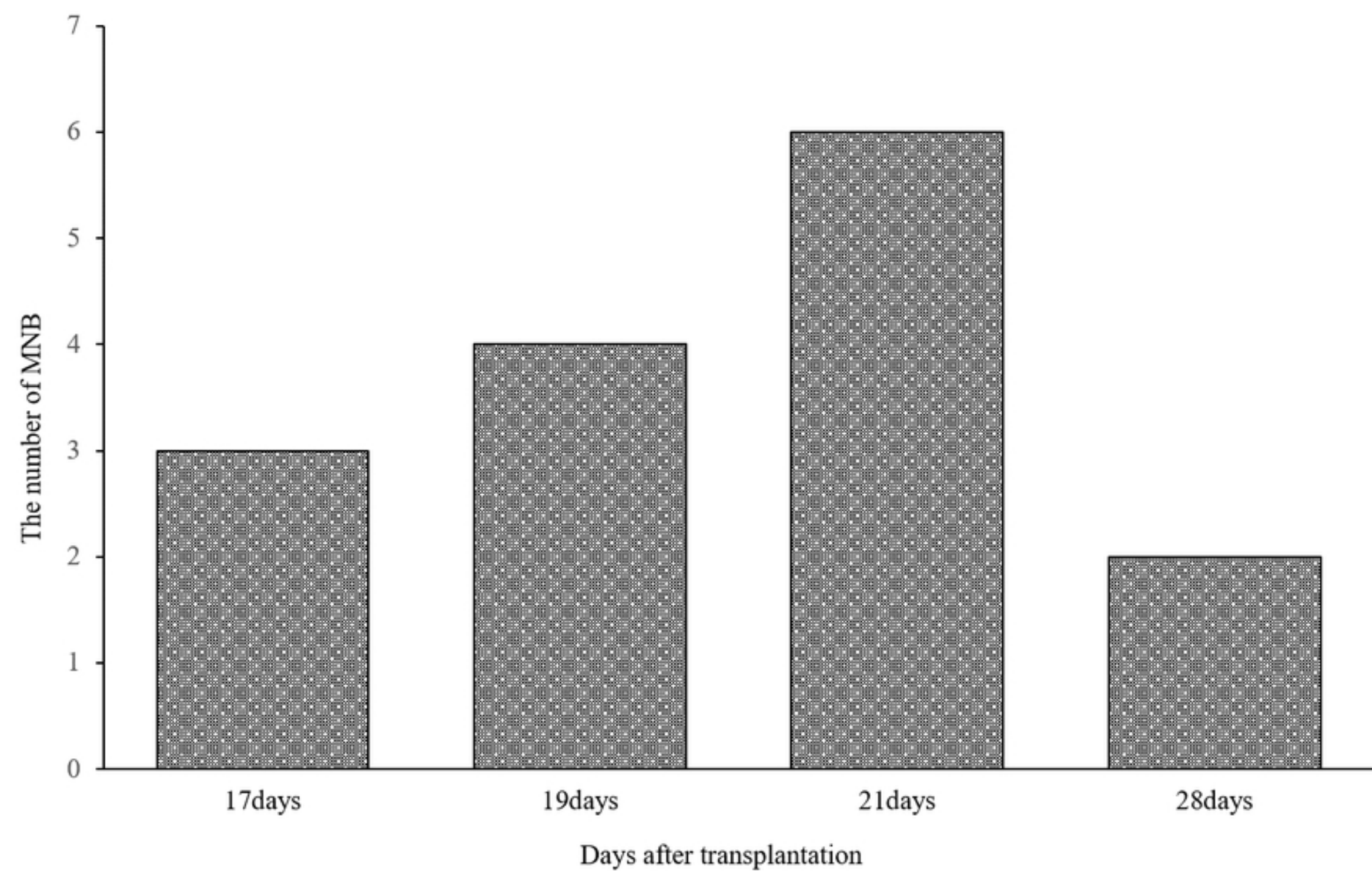


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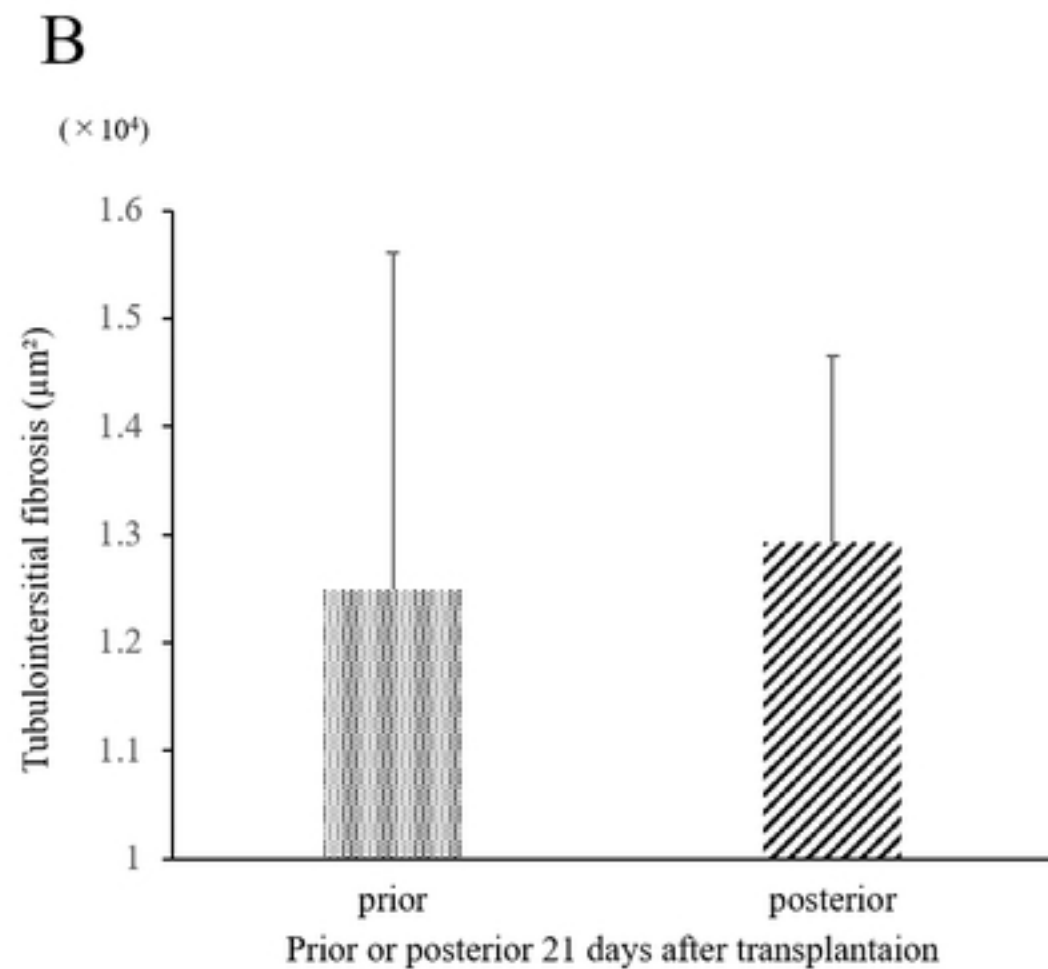
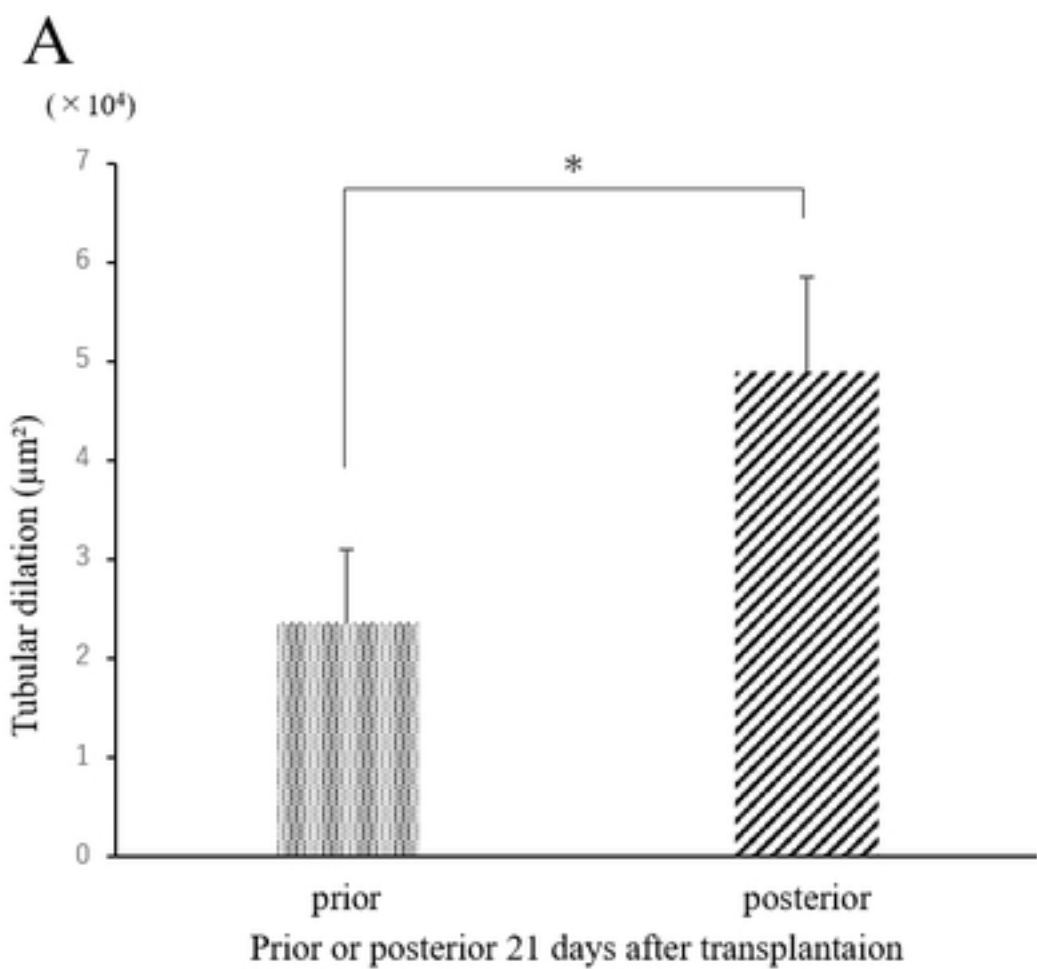


Fig5.

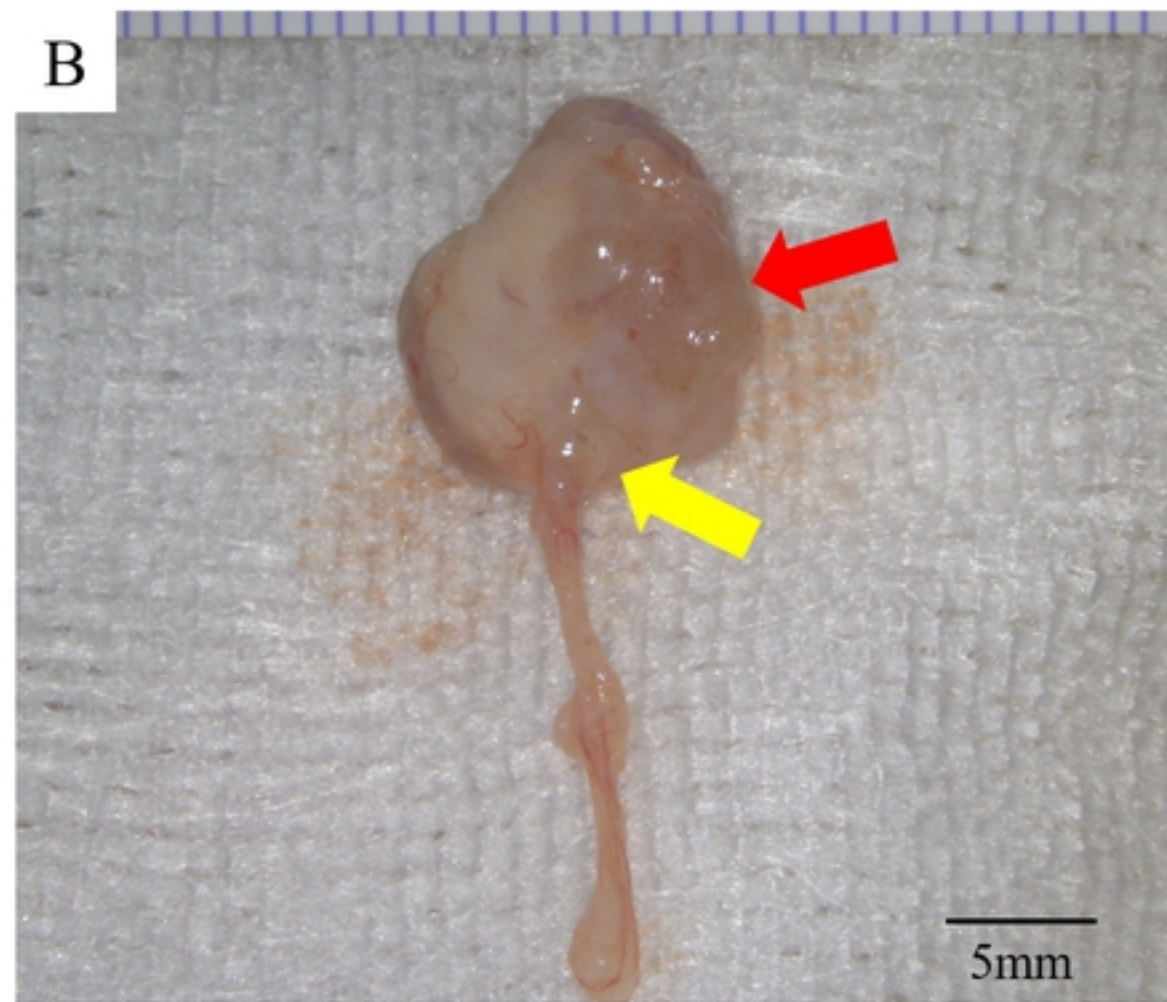
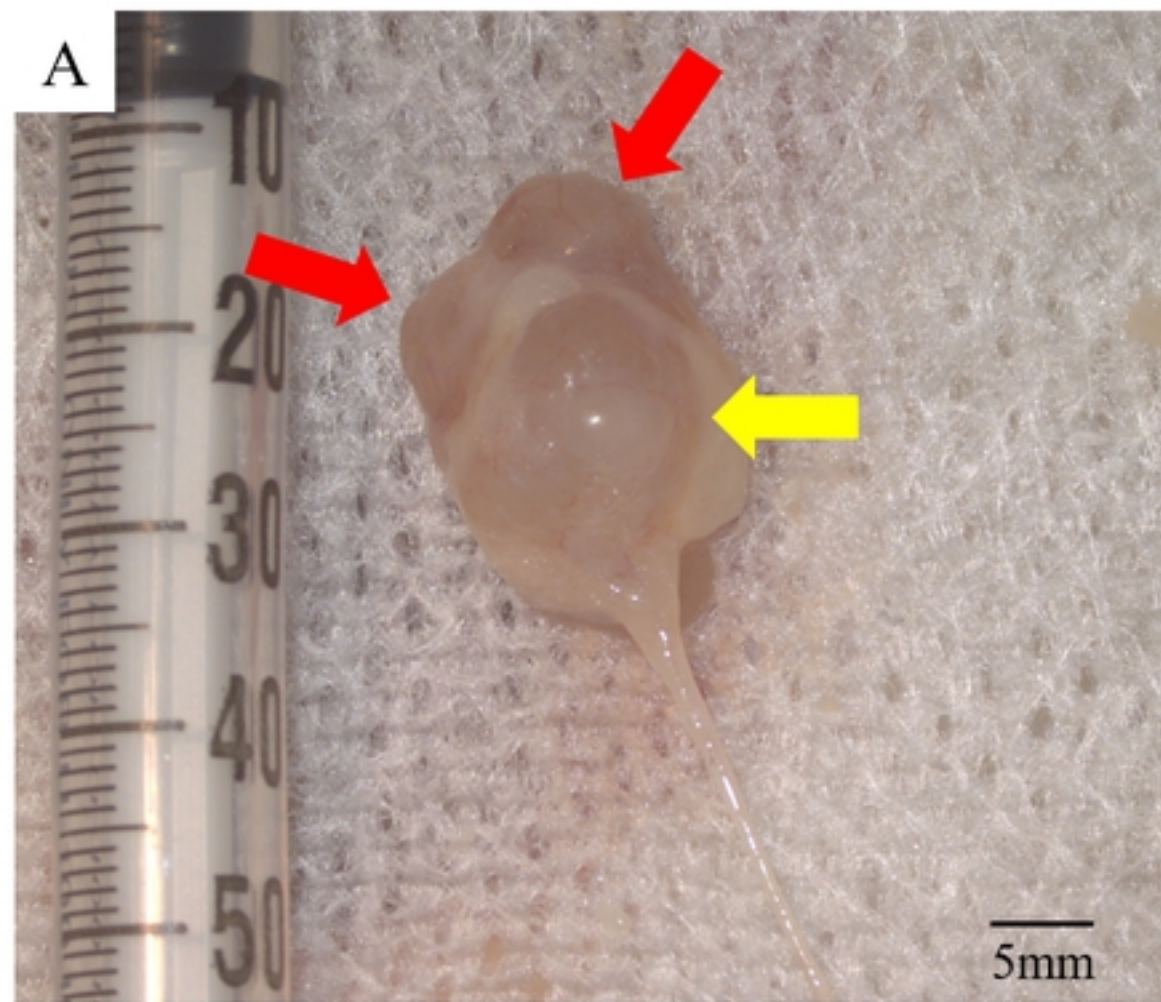
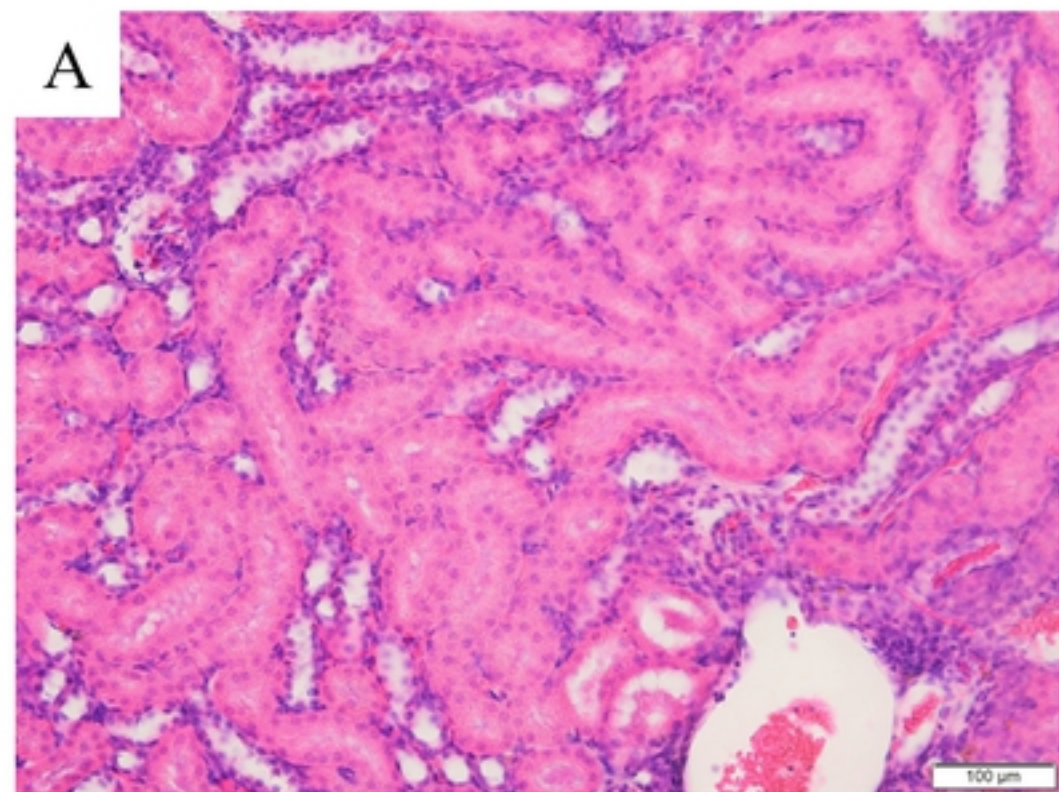
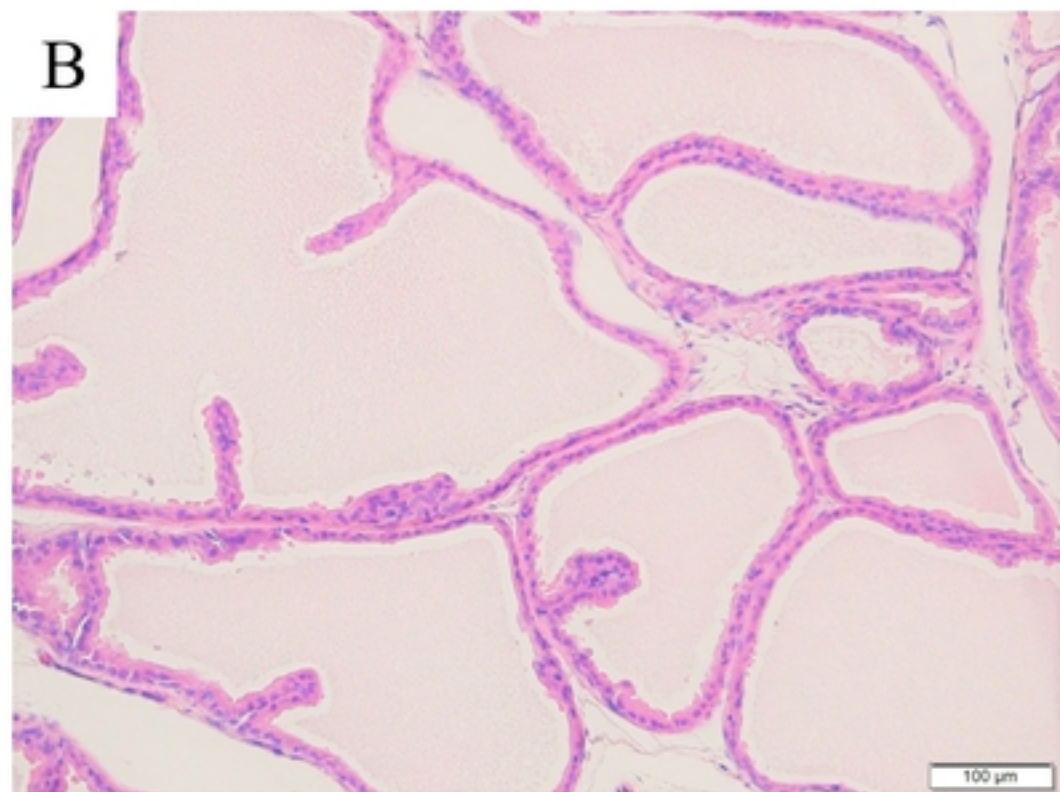
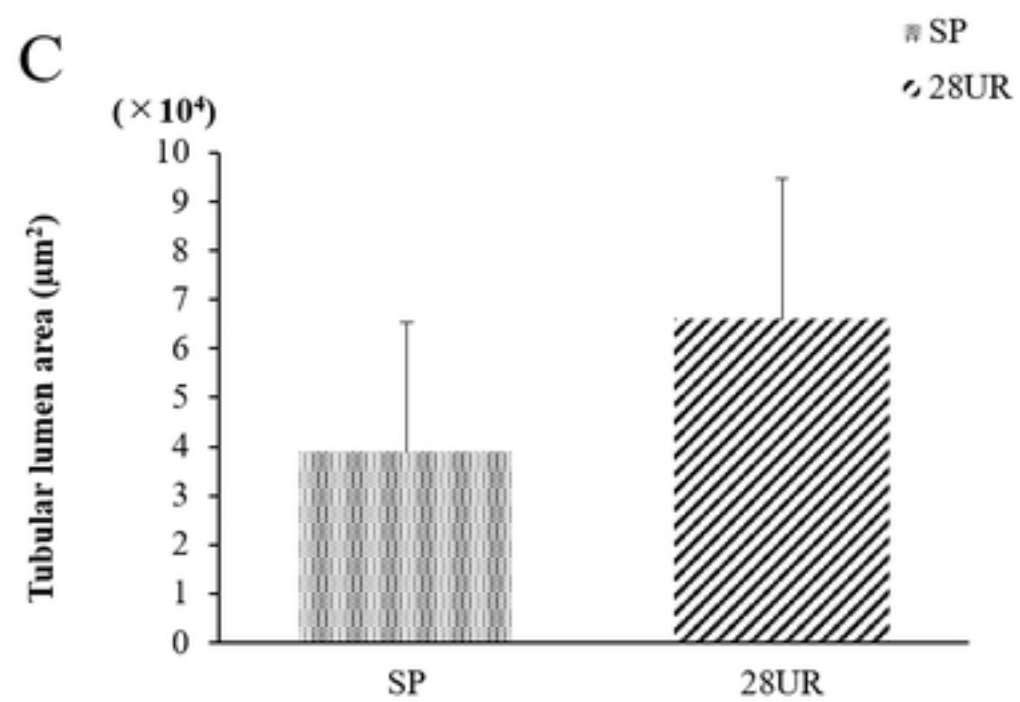


Fig6.

A**B****C****Fig7.**

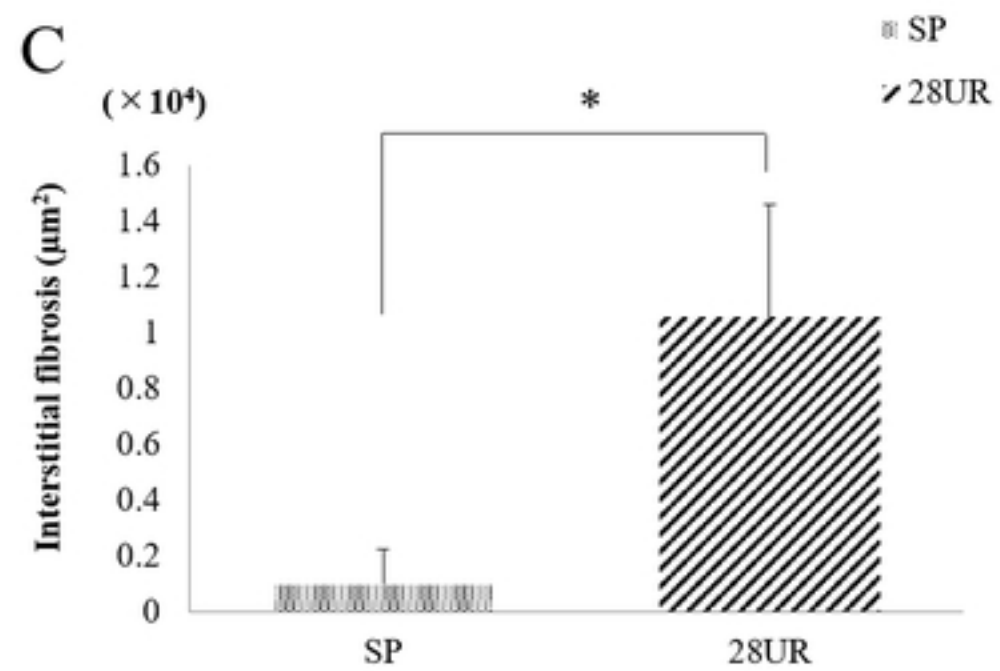
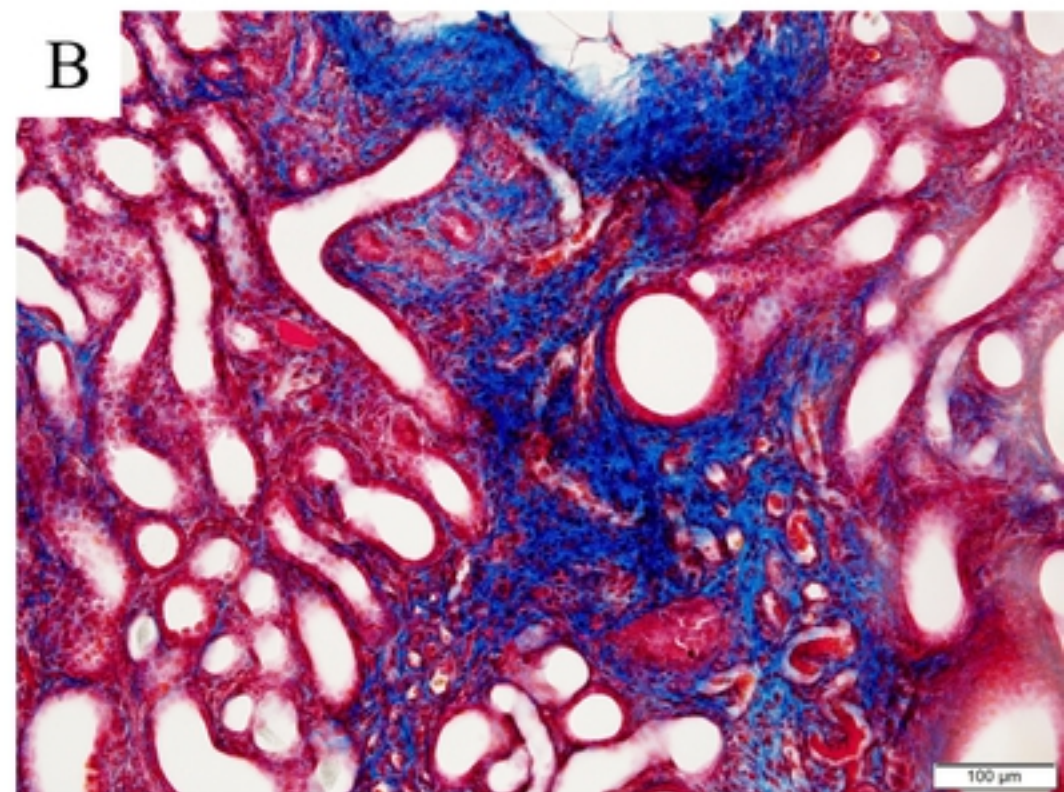
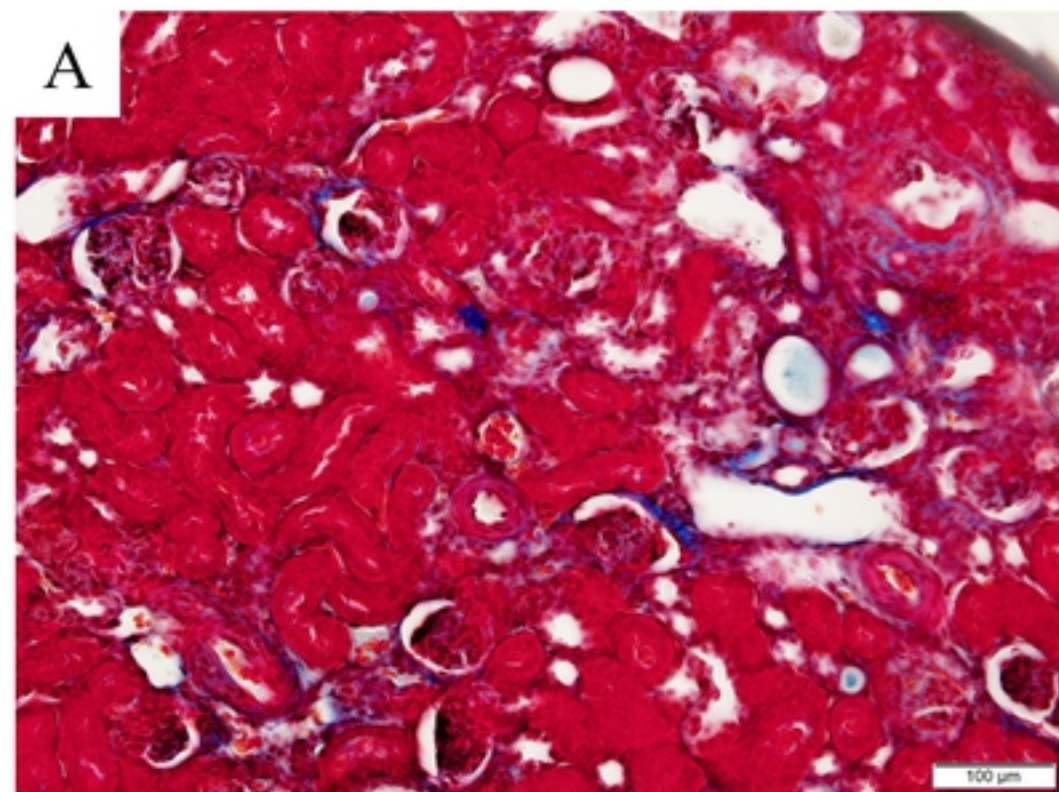


Fig8.

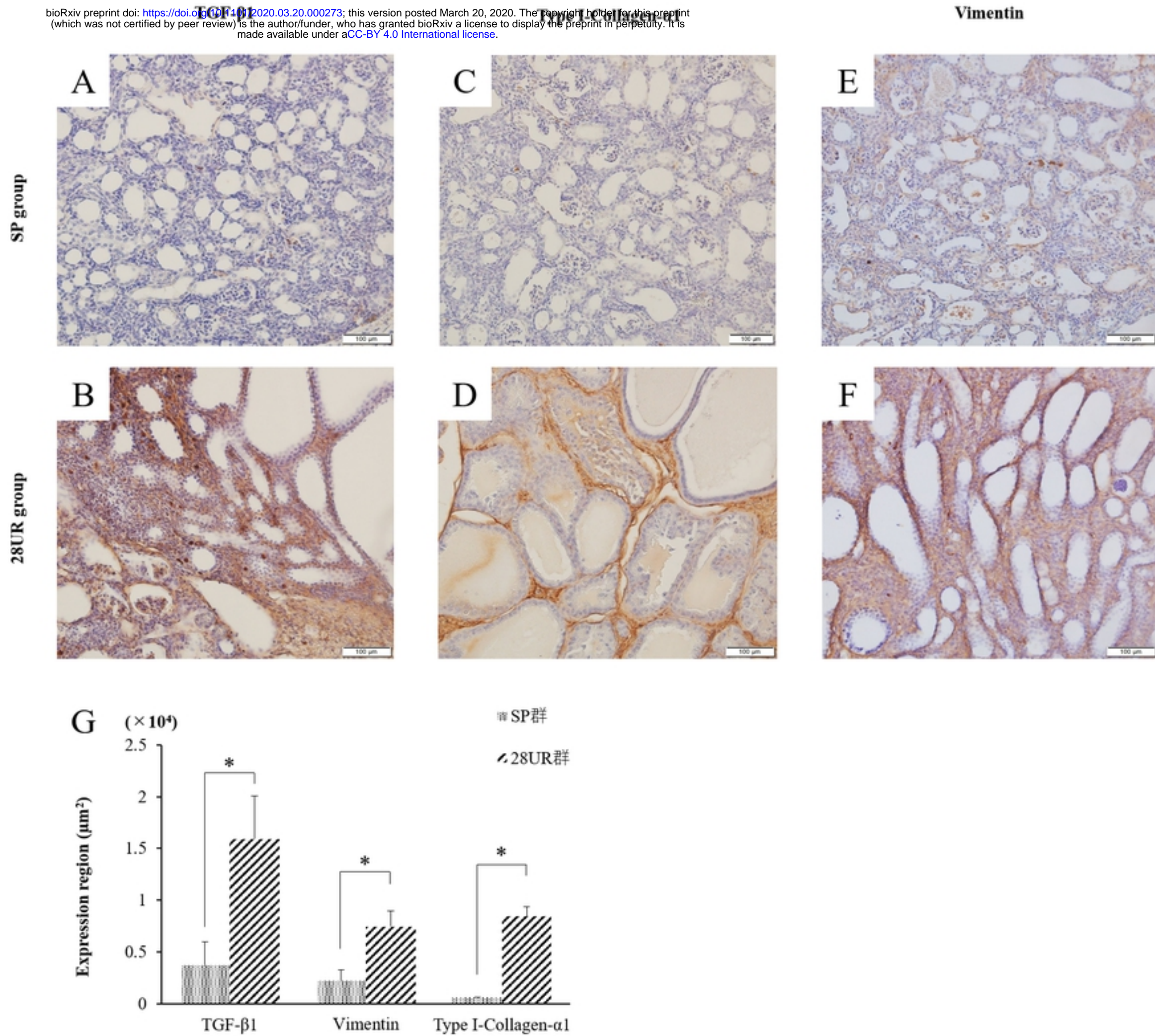


Fig9.