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# 1 Novelty-seeking impairment in addiction

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### 19 ABSTRACT

20 Information-seeking is an important aspect of human cognition. Despite its adaptive role, we have rather 21 limited understanding on the mechanisms that subtend information-seeking in healthy individuals and in 22 psychopathological populations. Here, we aim to formalize the computational basis of healthy human 23 information behavior, as well as how those components may be compromised in behavioral addiction. We 24 focus on gambling disorder, a form of addiction without the confound of substance consumption. We 25 investigate and model human behavior using a novel decision-making task and a novel reinforcement 26 learning model. Our results indicate that healthy information behavior is motivated by both novelty and 27 general knowledge (or information). In contrast, problem gamblers have a specific deficit in novelty 28 processing in choice behavior, but not in general information. This finding sheds light both on the 29 computational mechanisms underlying healthy human information behavior, and on how they can go awry 30 in behavioral addiction.

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### 32 INTRODUCTION

33 Humans spend considerable time in seeking information. Information-seeking is therefore an 34 essential aspect of human cognition that supports healthy decision-making and goal-directed processing <sup>123</sup>. 35 Here, we argue that human information behaviors can be driven by both the desire for novelty and the level 36 of general knowledge or information: how much the decision maker wants to know about novel information 37 available in the environment and how many pieces (or bits) of information she has already acquired in the 38 past. This distinction can be relevant in understanding psychopathologies such addiction where individuals 39 are trapped into the same behavioral routines (e.g., gambling, substance intake, binge eating) despite the 40 negative consequences associated with them (e.g., financial loss, healthy problems<sup>4</sup>). Engaging in these 41 repeated behaviors may be due to an inability to either represent and implement novel behavioral patterns 42 (novelty) or to higher weights given to already known ones (general information). Here, we aim to formalize 43 the computational basis of healthy human information behavior and how it may be compromised in gambling 44 disorder, a form of addiction without the confound of substance consumption.

45 Information-seeking behaviors are often contraposed to the human tendency of maximizing 46 immediate benefits. A decision-maker who is trying to find out the best restaurant in town may try out all 47 different available options in order to obtain information on the potential benefit of each restaurant, but this 48 information search may be costly or result in unpleasant experiences. Yet, information-seeking has a 49 significant role in human daily activities (e.g., exploring, reading, searching, asking questions etc..). A 50 number of studies <sup>5</sup>, including our own <sup>67</sup>, have suggested that healthy humans finely balance the urge for 51 immediate reward vs. longer-term information gain during sequential decision-making (i.e., exploration-52 exploitation trade-off). Appropriately balancing this tension is a necessary tool for navigating in a world 53 fraught with uncertainty and changeable dynamics. Resolving this tension plays a key role, for instance, in 54 foraging problems<sup>8</sup>, complex decisions in the human daily life<sup>9</sup>, and even boosting the performance of artificial agents <sup>10</sup> <sup>11</sup>. And, deficiency in its resolution has been observed in psychopathological conditions 55 56 such as addiction <sup>12</sup> and depression <sup>13</sup>. Previous work, however, has not specifically considered the 57 importance of *novelty* seeking and general *information* seeking in driving human information behavior under 58 repeated scenarios. And, whether/how alterations in these components can independently contribute to 59 certain pathological conditions such addiction. Investigating novelty seeking and general information seeking 60 in addiction could help in elucidating the mechanisms underlying decision-making impairments often observed in this population <sup>14</sup> <sup>15</sup> and ultimately developing more efficient clinical interventions (e.g., 61 62 behavioral therapies, neural stimulations or pharmacological interventions may specifically target the 63 implementation of novel behavioral routines or devaluation of preexisting ones).

64 To study information behavior under repeated scenarios, we adopt a modified version of a popular 65 task (i.e., the multi-armed bandit) often used to study sequential learning and decision-making behavior. In

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66 the bandit task, the decision-maker must make repeated choices among options characterized by initially 67 unknown reward distributions. Each choice can be driven either by a more myopic desire to maximize 68 immediate gain (based on knowledge gained from previous choices and outcomes) or by a more long-term 69 goal of being more informed about all the options. In these repeated scenarios, however, the more the 70 decision-maker tends to choose the most rewarding options, the more those rewarding options tend to be (anti-) correlated with the amount of (remaining) information that can be obtained <sup>16 5</sup>. Accordingly, these 71 72 classical decision-making tasks make it difficult to quantify exactly how much reward and information each 73 contribute independently to choices <sup>5</sup>. Here, we therefore adopt a novel variant of the bandit task <sup>6</sup>, inspired 74 by<sup>5</sup>, which has an initial phase of forced choices that carefully controls for reward and information associated 75 with each option. Thus, it dissociates the relative contribution of reward and information as motivating factors 76 in choice behavior.

To investigate the role that novelty-seeking and general information-seeking play in human information behavior, we introduce a new learning and decision-making model for the bandit task that makes it possible to quantitatively separate out the importance of novelty versus general information in driving human information behavior.

81 To explore the role that novelty and general information-seeking play in addictive disorders, we 82 compare a pathological gambling group to a healthy control group. The focus on problem gambling, as 83 opposed to substance abuse, allows us to target the behaviors underlying addiction without the confounding 84 effects of chronic substance use and abuse <sup>17</sup>. The inclusion of the problem gambling group not only allows 85 us to identify the processes and mechanisms that are altered in behavioral addiction, but also to reveal 86 modular processes that operate semi-autonomously in the healthy brain and thus can independently break 87 down in pathological conditions. Indeed, as our study will demonstrate, problem gamblers have a specific 88 deficit in novelty processing in choice behavior, but not in general information seeking or in reward seeking. 89

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# 90 METHODS AND MATERIAL

### 91 **Participants**

92 Forty (40) unmedicated problem gamblers (PG's; mean age = 30.1, mean 4 female) and twenty-two (22) 93 healthy controls (mean age = 29, 4 female) were recruited from the local communities. The sample size of both groups was based on previous studies <sup>18</sup> <sup>6</sup>. We excluded participants having co-morbidity with 94 substance abuse and alcohol use disorder or undergoing psychological and pharmacological treatment and 95 96 with injuries involving the brain (Table 1; Supplement). Gamblers were selected among those who were 97 gambling at least once per week, while healthy controls were those without gambling experience in the year 98 preceding experimental participation (Table 1; Supplement). The two groups statistically differed only in 99 terms of gambling severity and years of education (years of education did not correlate with any of the 100 behavioral measures considered in this study and removing problem gamblers with lower years of education 101 did not change the main results reported in the text).

	Problem Gamblers	Healthy Control	Test Statistic
	n=40	n=22	
Gender (M/F)	36 4	18 4	<i>p</i> = 0.601
Age	30.1(9.3)	29(6.6)	<i>p</i> = 0.982
Years of Education	14.7(2)	16.2(2.2)	p = 0.037 *
IQ (WAIS block)	8.4(2.6)	9.3(1.9)	<i>p</i> = 0.131
Gambling Severity (CPGI)	8.8(6.1)	0	$p < 10^{-10} *$
Alcohol use (AUDIT)	4.6(3.9)	5.3(3.1)	<i>p</i> = 0.48
Drug use (DAST)	0.225(0.423)	0.227(0.429)	<i>p</i> = 0.992
Smoking dependence (FTND)	n=4	n=1	NA
Memory Capacity (WAIS)	10.3(3.5)	9.7(4.1)	<i>p</i> = 0.483
Attentional Control (ACS)	35.4(9)	37.5(7)	<i>p</i> = 0.312
Depression (BDI)	5.6(4.9)	4.2(4.8)	<i>p</i> = 0.137
Anxiety (STAI-S)	35.1(10.9)	37.9(9.5)	<i>p</i> = 0.173
Anxiety (STAI-T)	39.6(12.4)	43.1(11)	<i>p</i> = 0.2

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Positive Mood (PANAS)	35.4(6.3)	36.3(5.3)	p = 0.701
Negative Mood (PANAS)	21.1(7.9)	19.8(4.8)	p = 0.808

### 103

Table 1. *Demographic information*. Mean and standard deviations are shown for each measure. For each comparison, we ran a
 two-sampled t test, except for gender comparison where chi-squared test was used. The two groups differ only in terms of gambling
 severity (with no gambling problems reported in the control group) and years of education as often reported in the literature <sup>18</sup>.
 Note: WAIS IV-Wechsler Adult Intelligence Scale (the block-design component of the WAIS is the subset that best predicts
 performance IQ <sup>19</sup>); CPGI- Canadian Problem Gambling Index ; AUDIT - Alcohol Use Disorders Identification Test; DAST - Drug
 Abuse Screening Test; FTND - Fagerström Test for Nicotine Dependence; ACS - Attentional Control Scale; BDI- Beck Depression
 Inventory; STAI-S - State version of the State-Trait Anxiety Inventory; STAI-T - Trait version of the State-Trait

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#### 112 Behavioral Task

113 Participants performed 162 games of a decision-making task <sup>6</sup> which allow to orthogonalize the influence of reward and information on sequential choices <sup>5</sup> (Fig. 1a, Supplement). On each game, participants were 114 initially instructed about which option (deck of cards) to choose from on each trial (forced-choice task; Fig. 115 116 1b) for six consecutive trials, after which they were free to choose from any of the options (*free-choice task*; 117 Fig. 1c) so as to maximize their final gain. When selected, each deck provides a reward (from 1 to 100 points) 118 generated from a truncated Gaussian distribution with mean set to either 30 (Low Reward Context) or 50 119 points (High Reward Context; Supplement). The generative mean for each option was stable within a game, 120 and varied across games. The "true", generative mean reward value of the three decks had statistically similar 121 values in 50% of the games.

122 In order to perform the decision task, participants should alternate exploration vs. exploitation 123 choices. During exploration, participants can either choose at random (undirected exploration) or they can 124 direct their exploration toward the most informative or novel alternative (information-driven exploration)<sup>5</sup>. 125 In order to dissociate between these two behavioral patterns, we implemented two conditions in the forced-126 choice task<sup>5</sup>. Participants were either forced to choose each deck 2 times (*equal information condition*), or 127 to choose one deck 4 times, another 2 times, and the third 0 times (unequal information condition). 128 Information-driven exploration was then defined as choosing options that had never been sampled during the 129 forced-choice task (in the unequal information condition), while undirected exploration was defined as 130 choosing options associated with the lowest gain (in the equal information condition; Supplement)<sup>6</sup>. In 50% 131 of the games, participants played the unequal information condition. The order of card selection was 132 randomized in both information conditions, as was the occurrence of the equal and unequal information 133 conditions.

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136 Figure 1. Behavioral paradigm and RL model. a) On each trial participants make choices between 3 decks of cards. After selecting 137 a deck, the card turned and revealed the points associated with the selected option, between 1 and 100 points. Participants were 138 instructed to attempt to maximize the total points earned at the end of the experiment. b) On each game, participants faced two 139 phases: the forced-choice task (6 consecutive trials) and the free-choice task (between 1 and 6 trials; participants were not aware 140 of the task length). In the forced-choice task, participants were forced to choose a preselected deck. In the free-choice task, 141 participants made their own choices among the same three decks of cards displayed during the forced-choice task. At this stage, 142 the points displayed on the screen were added to the participants' total score after each choice. In the first free-choice trial (in 143 yellow), reward and information are orthogonalized, so enabling the distinction between undirected and information-driven 144 exploration <sup>5</sup>. c) The reinforcement learning (RL) model uses reward and information in the environment to learns expected reward 145 values (reward prediction) and information prediction on a trial-basis. Next, it combines these predictions into a value function in 146 order to determine choices stochastically using a softmax function. d) On each trial, novelty-knowledge RL (nkRL) model updates 147 its reward prediction using the delta learning rule. Using this rule, novel reward predictions are made by integrating new outcomes 148 (i.e., the points obtained after a trial) to previous reward predictions. The degree by which this integration is achieved is controlled 149 by the learning rate  $\alpha$ . With small  $\alpha$  the model slowly updates its estimate in response to new outcomes, whereas with higher values 150 the model integrates new reward outcomes more rapidly. Next, it computes information prediction as sum of general information 151 and novelty term. The general information term describes the level of general information participants have about the selected 152 option. In other words, it defines how many information bits have been acquired by the decision-maker. The novelty term, on the 153 contrary, captures the desire for novelty. In other words, it defines how much the decision-maker wants to know about a novel 154 option. Reward and information predictions are then combined in the deck value; and a choice is made by entering the deck values 155 into the softmax function. Under lower  $\beta$ , choices are more random, thus the decision maker's choices are driven by decision noise. 156 Model's parameters are shown in bold.

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### 158 Computational modelling

159 During the execution of the decision-making task, humans generate both reward and information predictions which jointly guide choices <sup>6</sup>. This can be formalized using a computational model which 160 161 follows a reinforcement-learning (RL) routine (Fig. 1c). In particular, the RL model learns expected reward 162 values and information on a trial-basis, and combines them into a value function in order to determine choices stochastically <sup>6</sup> (Supplement). In order to investigate the nature of information valuation in healthy 163 164 participants and problem gamblers, we implement a novel computational model which combine reward and information evaluation as previous formulations <sup>6</sup>, but also dissociates between novelty and general 165 information during information valuation. Our model, the "novelty-knowledge RL" (nkRL) computes 166 expected reward values using the delta learning rule <sup>20</sup> (Fig. 1d). In addition, as in previous RL versions, 167 the predicted value of a deck is a combination of reward and information prediction (Eq. S3). However, the 168 169 information term is split into two components resulting in the following value function:

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$$V_{t,j}(c) = Q_{t+1,j}(c) + \sum_{1}^{t} i_{t,j}(c) * k + 1_{unseen} * \nu \quad (1)$$

where  $Q_{t,j}(c)$  is the expected reward value for trial t and game j.  $\sum_{i=1}^{t} i_{t,j}(c)$  is the number of information 171 172 bits acquired until trial t ( $i_{t,i}$  is either 1, if the option has been selected in a trial, or 0 otherwise). k is the 173 knowledge (or general information) parameter which defines the weight toward previous acquired 174 information.  $1_{unseen} * \nu$  captures the desire for novelty, where  $\nu$  is the novelty bonus given uniquely to 175 options never selected in the past trial history. Lastly, a choice is made by entering deck values into the 176 softmax function <sup>21</sup> (Eq. S4), where the decision policy is controlled by the inverse temperature  $\beta$  (Fig. 1d). 177 NKRL can shed light on the processes that underpin information valuation in both healthy participants and 178 problem gamblers by distinguishing the effects of reward-seeking and information valuation on choices (β 179 vs. k, v, and of novelty-seeking and general information-seeking (v vs. k). The model's parameters were 180 estimated by fitting nkRL to trial-by-trial participants' free choices (Supplement).

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## 182 **RESULTS**

### 183 Information behavior in healthy individuals and problems gamblers

We first investigated information-seeking behavior in both groups by looking at the first free-choice trials (namely, the one trial where we can be sure that information and experienced reward are uncorrelated <sup>5</sup>; Supplement). We focused on those games where information-driven exploration can be quantified i.e., unequal information condition. We classified choices as *information-driven* when participants selected options that had never been sampled during the forced-choice task, as *reward-driven* when participants chose the experienced decks with the highest average of points (regardless of the number of times that deck had been selected during the forced-choice task) and *other* when the classification did not meet the previous

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191 criteria (e.g., choosing a familiar deck with a relatively low average reward value). In particular, we 192 calculated the number of trials in which information-driven, reward-driven and other strategy was adopted 193 by each subject and we averaged those estimates across trials. This gave the averaged probability of each 194 strategy adopted by each subject during the task. A 2 (Group: PGs, Controls) X 2 (Strategy: Reward-driven, 195 Information-driven, Other) between-subject ANOVA revealed an effect of strategy F (2,180) = 65.47,  $p < 10^{-10}$ 196  $10^{-15}$  and a strategy X group interaction F(2,180) = 8.92, p <  $10^{-3}$ , whereas the effect of group was not 197 significant (p > 0.05). A post-hoc comparison revealed a decrease in information-driven exploration in 198 problem gamblers compared to controls ( $M_{PG}=0.377$ ,  $SD_{PG}=0.19$ ;  $M_{CON}=0.524$ ,  $SD_{CON}=0.258$ ; p=0.025) 199 and an increase in reward-driven choices in the gambling group compared to healthy group ( $M_{PG}=0.476$ , 200  $SD_{PG} = 0.151$ ;  $M_{CON} = 0.364$ ,  $SD_{CON} = 0.187$ ; p = 0.021; Figure 2a). Other choices did not differ between 201 the two groups (p = 0.08). The decrease in information-driven exploration was independent of the reward 202 context (Supplement: Figure S1) and on the reward condition participants were in (Supplement). Moreover, 203 the impairment in exploration was absent when the exploratory strategies were not motivated by an 204 informative drive (i.e., undirected exploration; Figure 2b, Supplement). Further, the increase in reward-205 driven choices only arise when information was delivered unequally across options (Figure 2b; 206 Supplement).

207 Next, we extended the analysis to all free-choice trials by investigating participants' preferences 208 toward most-, mid-, and least-sampled options. Here, we considered both equal and unequal information 209 conditions altogether. In particular, we computed the relative frequency of choosing options whose outcome 210 was experienced the most (Most-Sampled), the least (Least-Sampled) and intermediate (Mid-Sampled) 211 number of times during previous trial history. A 2 (Group: PGs, Controls) X 3 (Choice: Most-Sampled, Least-212 Sampled, Mid-Sampled) between-subject ANOVA revealed an effect of Choice F (2,180) = 338.6,  $p < 10^{-15}$ and a Choice X Group interaction F (2,180) = 8.45,  $p < 10^{-3}$ , whereas the effect of Group was not significant 213 214 (p > 0.05). A post-hoc comparison revealed an increase in Most-Sampled choices in problem gamblers 215 compared to controls ( $M_{PG}$  = 0.569,  $SD_{PG}$  = 0.115;  $M_{CON}$  = 0.507,  $SD_{CON}$  = 0.068; p = 0.008) and a decrease 216 in Least-Sampled choices ( $M_{PG}$ =0.273,  $SD_{PG}$ = 0.092;  $M_{CON}$ =0.332,  $SD_{CON}$ = 0.065; p= 0.006; Figure 2c), 217 while Mid-Sampled choices did not differ between the two groups (p > 0.05). Overall, problem gamblers 218 showed increased preferences toward frequently selected options in the previous trial history, regardless of 219 the associated outcome, at the expense of novel alternatives, compared to healthy controls. However, both 220 groups exhibited a higher overall preference toward frequently selected options compared to options they were more ignorant about ( $p < 10^{-4}$ ; Figure 2c, S2; Supplement). Interestingly, this tendency underwent a 221 222 reversal in the control group, which preferred novel options over familiar options during the first free-choice 223 trials ( $M_{\text{least}} = 0.536$ ,  $SD_{\text{least}} = 0.258$ ;  $M_{\text{most}} = 0.262$ ,  $SD_{\text{most}} = 0.157$ ;  $p < 10^{-3}$ ; Figure 2e). This result suggests

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that healthy controls are driven by novelty under certain conditions. This "novelty-familiarity" shift,

however, was absent in problem gamblers where novel (M = 0.386, SD = 0.193) and frequently selected

options (M= 0.344, SD= 0.131) were chosen at the same rate during the first free-choice trial (p > 0.05;

227 Figure 2f).

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#### 247 Novelty-seeking in healthy individuals and novelty failure in problem gamblers

248 In order to elucidate the mechanisms underlying information valuation in healthy controls and 249 problem gamblers, we turn to model-based analyses.

250 We first checked whether reward and information combination during learning could better explain 251 participants' behavior compared to only computing reward predictions (Supplement). We replicated our previous findings <sup>6</sup> by showing that combining reward and information prediction better accounts for learning 252 processes in both groups. Next, we compared the ability of our model - nkRL- to explain participants' 253 254 behavior compared to a previous RL model of the same task (i.e., gkRL; Supplement). Despite the two models 255 are equally good in explaining participants' choices across all trials (BIC<sub>ekR1</sub>:  $M_{PGs} = 876.7$ , SD<sub>PGs</sub> = 246; 256  $M_{CON} = 880.9$ ,  $SD_{CON} = 157.9$ ;  $BIC_{nkRL}$ :  $M_{PGs} = 894.6$ ,  $SD_{PGs} = 231.4$ ;  $M_{CON} = 879.9$ ,  $SD_{CON} = 163$ ;  $p_{PGs} = 231.4$ ;  $M_{CON} = 879.9$ ,  $SD_{CON} = 163$ ;  $p_{PGs} = 163$ ;  $p_{PGs$ 257 0.86 and controls  $p_{\text{CON}} = 0.88$ ; Figure 3a, b; Supplement), only nkRL was able to reproduce the behavioral 258 pattern observed in problem gamblers' data in the first free choice trial (Figure 3c, d). We then adopted nkRL 259 to better investigate the process underlying the absence of "novelty-familiarity" shift in gamblers. To do so, 260 we compared the parameter estimates between the two groups. A Wilcoxon Signed Rank Test showed smaller 261 novelty parameter  $\nu$  in problem gamblers (M = - 1.6., SD = 15.9) compared to controls (M = 5.15, SD = 262 28.2), p = 0.012, while the knowledge parameter k did not differ between gamblers (M = -0.304, SD = 2.34) 263 and controls (M = 0.482, SD = 2.59), p > 0.05 (Figure 4 a, b). These results suggest that the absence of 264 novelty-familiarity shift in gamblers' behavior is due to a failure in either computing or utilizing a novelty 265 bonus early on in the free-choice period, while weights given to already acquired information were represented in the same way as in healthy controls. Problem gamblers also showed a smaller learning rate  $\alpha$ 266 267 (M = 0.349, SD = 0.253) compared to controls (M = 0.51, SD = 0.237; p = 0.022), suggesting a slower 268 integration of new available reward outcomes from the environment (Figure 4c). Moreover, the analysis 269 showed no differences in the parameter  $\beta$  between the two groups (M<sub>PG</sub> = 0.484, SD<sub>PG</sub> = 0.977; M<sub>CON</sub> = 0.183,  $SD_{CON} = 0.188$ ; p > 0.2) suggesting that the behavioral alterations observed in problem gamblers were not 270 271 related to alterations in the decision noise (or policy). This latter result additionally confirms that exploratory 272 impairments in problem gamblers were specifically driven by novelty-related information valuation without 273 affecting other undirected or unexplained exploratory components (e.g., softmax parameter). Overall, the 274 model-based analyses appear to suggest that healthy subjects integrate both general information and novelty 275 during information valuation, while in gamblers the integration of novelty is specifically impaired alongside 276 the coding scheme of reward learning experiences.

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278 Figure 3. nkRL vs. gkRL. Comparitative fit of nkRL and gkRL model in problem gamblers (a) and controls (b). The comparative 279 fit is based on BIC of both models computed by fitting the models to all participants' free choices. Each point is one participant. 280 Almost all participants line on the identity line suggesting that overall the two models equally explain participants' behavior. 281 Simulations of the nkRL model using the estimated individual parameters for problem gamblers (c) and controls (d). The model 282 correctly predicts the novelty-familiarity shift in the healthy sample, and the absence of preference toward novel and familiar 283 options for the gambling groups. Simulations of the gkRL model using the estimated individual parameters for problem gamblers 284 (e) and controls (f). The model predicts higher preferences for familiar options in the first free-choice trials for the gambling group, 285 while it correctly predicts the novelty-familiarity shift in the healthy sample. Error bars are represented as s.e.m. 286





Figure 4. *nkRL's estimated parameters*. Model fit on all free-choices revealed a decrease in the novelty parameter v (a) in problem
 gamblers (PGs) compared to controls, while the knowledge parameter κ did not differ between the two groups (b). Learning rate

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- 290  $\alpha$  is reduced in problem gamblers compared to controls (c), while the decision noise did not differ between the two groups (e). d)
- In problem gamblers, the novelty bonus increased as a function of working memory (WM) capacity (r = 0.371, p = 0.018, n = 40).
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### 293 **DISCUSSION**

294 In this study, we adopted behavioral, self-reported, and computational measures to individuate the processes 295 underlying human information behavior in healthy individuals and problem gamblers. We observed 296 alternations in problem gamblers' information behavior compared to the healthy control group, as a 297 consequence of a failure to represent novelty but not general information. By showing functional 298 dissociations between novelty-induced exploration and general information, this study not only sheds light 299 on the novelty-seeking impairment in addiction, but also highlights the importance of both novelty and 300 general information-seeking in human information behavior, and their likely functional and biological 301 dissociation in the human brain.

302 Information-seeking is a crucial component of adaptive behavior observed both in healthy humans<sup>1</sup> and animals <sup>22</sup>. Integrating information during learning appears to be a (inhibitory) control signal, that 303 304 'neurotypical' subjects use to adapt to the surrounding environment <sup>7</sup>. Defective information-seeking can indeed evolve in or contribute to certain psychopathologies <sup>23</sup> <sup>24-26</sup> <sup>27</sup>. By showing information-based 305 306 exploratory impairments in problem gamblers, our findings suggest that the search for information in problem 307 gamblers is compromised under certain conditions. Reduced exploratory behaviors in addiction has already 308 been documented in past research <sup>12</sup>. By focusing on problem gambling, the results of this study clarify that 309 exploratory impairments in addiction <sup>12</sup> are the results of modifications in decision-making processes related 310 to addictive behaviors per se, and not by long-term intake of chemical compounds – although our study does 311 not rule out the possibility that neurophysiological alterations in the brain could pre-date or even induce 312 problem gambling. Furthermore, by using a task and a model that can specifically identify different 313 components of exploratory drive, we showed that this impairment is specific to the information component 314 of exploratory behaviors, and in particular to the elimination of the novelty bonus. The reduced ability to represent novelty may explain perseveration and impaired flexibility observed in both gambling <sup>28,29</sup> and 315 316 substance abuse disorder <sup>30,31</sup>. In other words, our results suggest that the reduced ability to represent novel 317 behavioral patterns may freeze addicted individuals' decision processes and trap them into the same 318 behavioral routines. Further work, however, is necessary to confirm this suggestion and to test whether 319 novelty-seeking may be target during clinical intervention to reduce the impact of perseveration in addicted 320 individuals.

In contrast, we found that there was no difference between healthy controls and problem gamblers in terms of the softmax decision policy's temperature parameter fitted to the two subject groups. This temperature parameter has sometimes been interpreted as representing "undirected exploration" or decision "noise" in the literature <sup>32 5</sup>. However, we note that any trial-to-trial variability in decision choice that is not accounted for explicitly by our model (in terms of reward or information value) would be absorbed into this decision stochasticity parameter. It is important to recognize that such apparent decision stochasticity could

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327 either reflect true "noise" (or "undirected" exploration) in human choice behavior, or it could simply reflect 328 the fact that our model insufficiently capture trial-by-trial variability. In any case, our results suggest that 329 healthy controls and problem gamblers differ in the information-related component of sequential choice 330 behavior, and not in other undirected or unexplained aspects of stochasticity in it. Therefore, only 331 information-driven exploration could constitute a promising future target for the early diagnosis or clinical 332 intervention of problem gambling <sup>33</sup>. Additionally, by showing information-based exploratory impairments 333 in problem gamblers, the results of this study are in line with recent findings that assign different behavioral 334 roles and neurocognitive mechanisms to informative and undirected component of exploration <sup>5-7,34-36</sup>.

335 While our results showed novelty-seeking impairment in problem gamblers, different explanations 336 may account for this impairment. One possibility is that problem gamblers may quickly jump to conclusion. 337 After seeing the outcome of 2 out of 3 options, they might be highly confident in their representation of the 338 environment and the search for novel information results "unnecessary". Abnormalities in confidence judgements and metacognitive capacities have been reported in both gambling <sup>37</sup> and substance abuse 339 340 disorders <sup>38</sup>. However, it may also be possible that the absence of novelty bonus is due to an inability of 341 dynamically represent the surrounding environment. Problem gamblers might be unable to represent changes 342 in the environment, as when new options are available for selection. Model-based impairments have also been found to be associated with addictive disorders <sup>39 40</sup>, and in particular with problem gambling <sup>41</sup>. Future 343 344 experiments should explicitly test these alternative hypotheses.

345 Although our study adds additional insight on information behavior in behavioral addiction, some 346 limitations may influence the scope of our results. Firstly, in order to have a control group as similar as 347 possible to the gambling group (Table 1), the number of control participants we were able to include in the 348 study after pre-screening was 22 (Supplement). The behavioral pattern observed in the control group (Figure 349 2a, S3a), however, replicates our previous findings on healthy humans playing with the behavioral task 350 adopted in the current study <sup>6,7</sup>. Furthermore, although testing problem gamblers appears relevant for 351 minimizing the confounding effects of chemical compounds, most of gambling games involve 352 exploration/exploitation problems. Therefore, the observed behavioral alterations might have been affected 353 by excessive gambling experience. However, we observed no differences between strategic and non-strategic 354 gamblers (who usually play with games that employ different decision strategies, Supplement<sup>42</sup>). Moreover, 355 our findings on alterations in exploratory behaviors are consistent with previous work on substance addiction 356 where gambling experience was absent. Therefore, it is unlikely that our findings are an artifact resulting 357 from more gambling experience. However, we cannot rule out the possibility that the observed differences 358 might have already been present prior to the onset of gambling disorder instead of being directly induced by 359 it.

#### Novelty-seeking, information-seeking and addiction

360 Our results on novelty-seeking impairment in addiction not only provide insights on information-361 seeking alterations in addiction, but also deepens our understanding of information-seeking in general. We 362 showed that healthy human behavior is motivated by reward gain and information gain, and the later 363 decomposes into a novelty-specific component, and a general information component. By showing problem 364 gamblers inappropriately represent novelty but not general information, our results appear to suggest that 365 both components are not only functional but also biologically dissociable. Information-seeking behaviors are 366 controlled by an interconnected cortico-basal ganglia network <sup>43</sup> and novelty-seeking is believed to motivate 367 the brain's reward system<sup>2</sup><sup>44</sup>. However, the biological markers of both novelty and general information 368 within the information-seeking network are still unknown. Further work is needed to individuate the 369 mechanisms underlying novelty and general information and whether they are indeed biologically 370 dissociable.

371 In summary, our findings extend the scientific understanding of human information behavior in 372 healthy individuals and its impairment in behavioral addiction. Healthy information behavior was motivated 373 by both novelty and general information. In contrast, problem gamblers showed impairment in novelty-374 seeking but not general information-seeking. Our results suggest that information-driven behaviors could be 375 a promising target for clinical diagnosis and intervention (e.g., behavioral training and therapies, 376 neurostimulation, etc.). However, whether our framework can be effectively implement in pre-existing 377 clinical interventions, generalized to each individual patient <sup>45</sup>, generalized to other types of addiction or 378 other pathologies involving behavioral flexibility (see Supplement) has to be tested in future research. 379 Methodologically, this work offers promising novel experimental and computational approaches for studying 380 the mechanisms underlying information valuation in sequential choice behavior in both healthy and 381 pathological populations.

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## 508 SUPPLEMENTARY MATERIAL

# 509 Novelty-seeking impairment in addiction

510

# 511 Irene Cogliati Dezza<sup>1,2,\*</sup>, Xavier Noel<sup>3</sup>, Axel Cleeremans<sup>1</sup>, Angela J. Yu<sup>4</sup>

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### 519 SUPPLEMENTARY METHODS

#### 520 Clinical and demographic characteristics

521 Inclusion/exclusion criteria were examined the day before the experiment by conducting a short telephone 522 interview as well as on the day of the experiment by filling self-reported questionnaires presented in a 523 random order during the last part of the experimental session. The telephone interview was adopted as pre-524 screening for both gamblers and controls. We specifically asked for information concerning age, gender, 525 frequency of gambling per week (problem gamblers) or last gambling experience (for controls), 526 consumption of alcohol per week or substance (including legal and illegal drugs), inability to stop drinking 527 alcohol, undergoing psychological treatments, and possible brain surgeries underwent in the past. In the 528 following two sections, we describe the clinical and demographic characteristics of problem gamblers and 529 healthy controls.

530 Problem gamblers

531 Gambling severity was evaluated using the Canadian Problem Gambling Index (CPGI<sup>1</sup>). Eight gamblers 532 were classified as low level of problem gambling with  $1 \leq \text{GPCI} \leq 3$ , thirteen gamblers with moderate level 533 of problem gambling (leading to some negative consequences;  $4 \leq \text{GPCI} \leq 7$ ), and nineteen as exhibiting 534 pathological problem gambling (with negative consequences and possible loss of control; GPCI≥8). We 535 also interviewed participants using DSM-V (French translation) and we observed that 52.4% of problem 536 gamblers met the DSM-V criteria for gambling disorder<sup>2</sup>. The relatively low level of gambling addiction 537 presented in this population is the result of selecting participants who showed no co-morbidities with 538 substance abuse or alcohol use disorder. Specifically, to be able to tell apart effects of addictive behaviors 539 per se on decision-making from effects of long-term intake of chemical compound, we tested problem 540 gamblers with no use (N= 31, Drug Abuse Screening Test  $^{3}$ - DAST =0) or non-problematic use (N=9, 541 DAST =1) of legal and illegal substances and with absence of alcohol addiction (Alcohol Use Disorders 542 Identification Test <sup>4</sup>- AUDIT- <12 in men and AUDIT <11 in women, M = 4.625, SD = 3.868; N=30 did 543 not show any misuse of alcohol AUDIT < 8). We also controlled for smoking addiction using the Fagerström 544 Test for Nicotine Dependence- FTND <sup>5</sup>. Seven participants reported to smoke, but only 2 were classified 545 with a mid-dependence and 2 with a weak-dependence, the other 3 were not dependent. Given that the main 546 statistical results remained unchanged after removing those participants, we decided to include them in all 547 the analyses. Additionally, to avoid the scenario that participants under psychological treatment may have 548 developed a certain type of cognitive strategy over their decision processes, we included only participants 549 who were not undergoing or seeking for psychological treatment. Moreover, we only included regular 550 gamblers that were gambling at least once per week. Finally, we recruited both strategic problem gamblers 551 (sport betting, poker, black jack; N=22) and non-strategic problem gamblers (bingo, lotto, slot machine, 552 roulette; N=18)<sup>6</sup>. Given that no behavioral difference was found between the two sub-types (in line with

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- <sup>553</sup>, we combined strategic and non-strategic gamblers in the same gambling group in all analyses reported
- in this manuscript.
- 555 Healthy controls
- 556 The inclusion criteria for the healthy control group were as follow: CPGI=0 and no gambling experience in
- the past 12 months. 40% of control participants reported to have gambled in the past years, whereas the rest of the group reported to have never gambled in their life. As for the problem gambling group, we only
- of the group reported to have never gambled in their life. As for the problem gambling group, we only included participants who scored DAST < 2 (with 17 subjects DAST = 0) and AUDIT < 12 (for the men),
- 560 11 (for the women) (with 17 subjects scored AUDIT < 8; M = 5.3, SD = 3.1). Three participants reported to
- 561 smoke, two of them showed no sign of addiction (FTND = 0; 2) and one showed mid-level of addiction
- 562 (FTND = 7). Removing this participant did not change the main statistical results, therefore the participant
- 563 was included in all the analyses.

### 564 Behavioral Task

565 In the decision-making task, the influence of reward and information on choices is orthogonalized in the 566 first free-choice trial (since after the commencement of the first free-choice trial, subjects tend to choose 567 the more rewarding options more often, thus reward and information become anti-correlated). In particular, 568 adding a forced-choice task before the actual decision task allows to control for available information and 569 the reward magnitude associated with each option (i.e., options associated with the lowest amount of 570 information were least associated with experienced reward values)<sup>8</sup>. This procedure allows to dissociate 571 between information-driven exploration and undirected exploration. For instance, in the unequal sampling 572 condition, the deck never selected during the forced choice task has highest informative value (it is 573 completely unknown to participants) but it has no reward value associated with. By choosing that deck, 574 participants are engaging in information-driven exploration. On the contrary, in the equal information 575 condition, no differences are observed in terms of information. Therefore, whenever participants choose to 576 explore, this strategy is not driven by an informative drive but only by decision noise<sup>8</sup>.

As reported in the main text, the goal of the decision-making task is to maximize the final gain. The final gain is represented as the amount of points earned throughout the experiment. The total gain is showed to participants at the end of the experiment and converted in a monetary payoff (0.01 euros every 60 points). We adopted the same conversion procedure for both groups. However, because gamblers play regularly with higher amounts of money that those offered in our study, their contribution in the study was payed 2.5 more than in healthy controls. This modification was introduced in order to minimize the differences in motivation between the two groups during the experiment.

584 Furthermore, the reward was generated from a truncated Gaussian distribution with a fixed standard 585 deviation of 8 points, and then rounded to the nearest integer. The generative mean for each deck was set

586 to 30 (Low Reward Context) and 50 (High Reward Context) points and adjusted by +/- 0, 4, 12, & 20 points

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587 (i.e., the generative means ranged from 10 to 70 points), to avoid the possibility that participants might be 588 able to discern the generative mean for a deck after a single observation. The 3 decks of cards had the same 589 generative means in 50% of the games (equal reward) and different means in the rest of the games (unequal 590 reward). In the unequal reward condition (50% of the total games), the generative means differed so that 591 two options had higher means compared to the third one in 25% of the total games (High Reward Context) 592 and had lower means in the remaining games of the unequal reward condition (Low Reward Context). The 593 appearance of the equal and unequal reward conditions was randomized. Participants were told that during 594 the forced-choice task of certain games they could sample options at different rates, and that the decks of 595 cards did not change during the same game, but were replaced by new decks at the beginning of each new 596 game. However, they were not informed of the details of the reward manipulation or the underlying 597 generative distribution adopted during the experiment. Contrary to our previous versions of this task <sup>9</sup><sup>10</sup>, in 598 half of the games of the equal reward-equal information condition, we introduced an unusually high reward 599 outcome (with respect of the deck mean in that game) for a specific option (e.g., 90 points) the first time 600 that this option was selected in the forced-choice task (subsequently the mean of the deck was set to its 601 original value). This manipulation was introduced as a control condition in order to test whether gamblers' 602 perseverate in choosing a generally poor option that they initially have a good experience with (the 'big 603 win' hypothesis for gambling addiction <sup>11</sup>).

#### 604 **Computational Modelling**

In this section, we first describe the RL model already validated for our task (gamma knowledge RL modelgkRL <sup>9</sup>). Next, we describe our novel implementation (nkRL). Lastly, we report the information concerning

- 607 model fitting, selection and parameter recovery.
- 608 gkRL
- 609 The gkRL model learns reward values using the delta learning rule <sup>12</sup>:

610 
$$Q_{t+1,i}(c) = Q_{t,i}(c) + \alpha \times \delta_{t,i}$$

611 where, 
$$\delta_{t,j} = R_{t,j}(c) - Q_{t,j}(c)$$
 (S1)

where  $Q_{t,j}(c)$  is the expected reward value for trial *t* and game *j* and  $\delta_{t,j}$  is the *prediction error*, which quantifies the discrepancy between the previous predicted outcome  $Q_{t,j}(c)$  and the actual outcome  $R_{t,j}$  obtained at trial *t* and game *j*. Since participants were told that games were independent from one another,  $Q_0$  is initialized at the beginning of each game to the global estimate of the expected reward values for each deck. We previously showed that this initialization was better able to capture healthy participants' behaviour than learning  $Q_0$  on a trial-by-trial basis <sup>9</sup>. In addition, gkRL accumulates information over time

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618 (i.e., the amount of observations toward each deck) where the importance of already acquired information

619 is tuned by the information magnitude  $\gamma$ :

620 
$$I_{t,j}(c) = \left(\sum_{1}^{t} i_{t,j}(c)\right)^{\gamma}$$

621 where, 
$$i_{t,j}(c) = \begin{cases} 0, \ choice \neq c \\ 1, \ choice = c \end{cases}$$
 (S2)

 $\gamma$  defines both the degree of non-linearity in the amount of observations obtained from options after each observation and its related importance. Under high γ the information already gained is highly relevant, whereas the information to be acquired is less relevant or penalized.  $\gamma$  is constrained to be > 0. Next, in the gkRL the predicted value of a deck is a combination of reward and information where the importance of information relative to experienced reward value is controlled by the information integration  $\omega$ :

$$V_{t,i}(c) = Q_{t+1,i}(c) - I_{t,i}(c) * \omega$$
(S3)

628 ω modulates the devaluation of previous experiences. With large ω the devaluation of experienced rewards 629 increases favoring the selection of unknown options. Note that the effect of  $I_{t,j}(c)$  is subtractive, because 630 as more knowledge is gained about an option, less knowledge remains to be gained, thus the choice value 631 decreases as  $I_{t,j}(c)$  increases. Therefore, gkRL allows the exploration of unknown options by dynamically 632 devaluating the selection of previous alternatives. Finally, a choice is made by entering choice values into 633 the softmax function <sup>13</sup>, as follows:

634

627

$$P(c/V_{t,j}(c_i)) = \frac{\exp(\beta \times V_{t,j}(c))}{\sum_i \exp(\exp\beta \times V_{t,j}(c_i))}$$
(S4)

635 where  $\beta$  is the inverse temperature that determines the degree to which choices are randomized by decision 636 stochasticity (or choice variability).

637 *nkRL* 

If, on one hand gkRL allows to solve exploration and exploitation problems on our decision-making task <sup>9</sup>, on the other hand it cannot individuate the relative influence of general information and novelty on choices. Indeed, in gkRL information-driven exploration is allowed by dynamically devaluating previous options in order to explore new alternatives and by tuning the information magnitude; however, this formulation cannot differentiate the relative influence of general information and novelty on choices, since they are completely anti-correlated in gkRL. Therefore, we dissociate general information from novelty by utilizing a novel RL model i.e., nkRL.

As described in the main text nkRL computes expected reward values as in Eq. S1. Our novel model,however computes choice values as follows:

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647  $V_{t,j}(c) = Q_{t+1,j}(c) + \sum_{1}^{t} i_{t,j}(c) * k + 1_{unseen} * \nu \quad (S5)$ 

### 648 Model fitting and Model selection

649 The models' parameters were estimated by fitting the model to trial-by-trial participants' free choices (~600 650 choices for each subject). The fitting procedure was performed using MATLAB function *fminsearchbnd* 651 and iterated for 15 randomly chosen multiple starting points in order to minimize the chance of finding a 652 local optimum instead of a global one. The fitting procedure was validated by running a recovery analysis: 653 the nkRL (gkRL) model was simulated on the task using the retrieved parameter estimates to generate 654 synthetic behavioral data and then the fitting procedure was applied to the synthetic data in order to check 655 whether previously estimated parameters were indeed recovered. For model comparisons, negative log 656 likelihoods obtained during the fitting procedure were used to compute model evidence (the probability of 657 obtaining the observed data given a particular model). We adopted an approximation to the (log) model evidence, namely the Bayesian Information Criterion (BIC)<sup>14</sup>. We checked the model comparison outcome 658 659 by computing a confusion matrix and checking whether data generated from a model was indeed best 660 explained by that model. In order to inspect the fitting procedure for overfitting we adopted cross validation 661 procedure <sup>15</sup>. We fitted nkRL and gkRL to 70% of the trials and we tested their ability to predict choices on 662 future data (30% of the trials) compared to a simpler nested model (i.e., standard RL model -sRL- which enters directly enters reward values  $Q_{t+1,i}$  into Eq. S4 without integrating information). We then adopted 663 664 the likelihood ratio test to determine if the better fit of complex models (i.e., nkRL and gkRL) was due to 665 noise captured in the data. Both nkRL and gkRL were correctly able to predict future choices.

### 666 Statistical analysis

667 Statistical analysis was performed using RStudio (<u>https://www.rstudio.com/</u>). When violations of 668 parametric tests were indicated, non-parametric tests were performed. *P*-values < .05 were considered 669 significant.

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### 671 SUPPLEMENTARY RESULTS

#### 672 Information behavior in healthy individuals and problems gamblers

673 Reward Context

674 We investigated whether differences in reward-driven and information-driven strategies between the two 675 groups could be explained by reward contexts. To investigate the effect of reward context, we computed 676 reward-driven, information-driven and other in the first free choice trial of the unequal information 677 condition under High Reward Context (i.e., the generative mean of each deck was set to 30 points and 678 adjusted by - 0, 4, 12, & 20 points) and Low Reward context (i.e., the generative mean of each deck was 679 set to 30 points and adjusted by + 0, 4, 12, & 20 points). We conducted a 2 (Group: PGs, Controls) X 2 680 (Reward Context: Low Reward, High Reward) X 3 (Strategy: Reward-driven, Information-driven, Other) 681 between-subject ANOVA. Besides the effects of strategy  $(p < 10^{-15})$  and strategy X group  $(p < 10^{-3})$  already reported in the main text, the results showed an interaction of strategy X Reward Context F(2, 360) = 33.1, 682 683  $p < 10^{-13}$ , whereas we did not find a general effect of Reward Context, Group X Reward Context, Group X 684 Reward Context X Strategy (all p > 0.958). Post-hoc comparisons in the High Reward Context revealed an 685 increase in *reward-driven* in problem gamblers (M = 0.554, SD = 0.165) compared to controls (M = 0.437, 686 SD = 0.21), p = .04; a decrease in *information-driven* in problem gamblers (M = 0.276, SD = 0.194) 687 compared to controls (M = 0.419, SD = 0.271), p = .043; whereas other did not differ between groups p > 0.271688 0.2. Additionally, post-hoc comparisons in the Low Reward Context revealed an increase in reward-driven 689 in problem gamblers (M = 0.339, SD = 0.164) compared to controls (M = 0.29, SD = 0.181), p = .007; a 690 decrease in *information-driven* in problem gamblers (M = 0.479, SD = 0.217) compared to controls (M =691 0.63, SD = 0.261), p = .0075; and an increase in other in problem gamblers (M = 0.123, SD = 0.112) 692 compared to controls (M = 0.08, SD = 0.117), p = .047 (Figure S1). Moreover, both groups showed a 693 decrease in information-driven and an increase in both reward-driven and other in High Reward Context 694 compared to Low Reward Context (all p values < .05). These results replicate our previous findings on reward context and the resolution of the exploration-exploitation trade-off <sup>9,10</sup>. 695

696 Reward Condition

In this section, we investigate whether differences in reward-driven and information-driven strategies between the two groups could be explained by distinct reward conditions (whether the Gaussian means of the decks were equal or unequal). A 2 (Group: PGs, Controls) X 2 (Reward Condition: Equal Reward, Unequal Reward) X 3 (Strategy: Reward-driven, Information-driven, Other) between-subject ANOVA. Besides the effects of strategy ( $p < 10^{-15}$ ) and strategy X group ( $p < 10^{-6}$ ) already reported in the main text, the results showed an interaction of strategy X Reward Condition F(2, 360) = 46.83, p < 10<sup>-15</sup>, whereas we did not find a general effect of Reward Condition, Group X Reward Condition, Group X Reward Condition

#### Novelty-seeking, information-seeking and addiction

704 X Strategy (all p > 0.807) suggesting that the observed decision-making impairments were independent on

- the reward conditions subjects were in.
- 706 Equal sampling scenario

707 In this section, we investigate whether the impairment in exploration also arises when exploration was not 708 driven by an informative drive. To do so, we estimated the frequency of undirected exploration and reward-709 driven strategy in the first-free choice trials of the equal information condition i.e. when options have been 710 seen the same number of times during the forced-choice task. Choices were classified as reward-driven 711 when participants chose the deck with the highest average points and *undirected exploration* otherwise. A 712 2 (Group: PGs, Controls) X 2 (Strategy: Undirected Exploration, Reward-driven) between ANOVA revealed an effect of strategy F(2,120) = 205.4,  $p < 10^{-15}$ . However, the interaction effect Groups X Strategy 713 714 and the Group effect were not significant (p > .05; Figure 2b), suggesting that, when information is deployed 715 equally among options, problem gamblers engage in exploratory behaviors similarly to healthy controls.

- 716 Familiarity vs. Ignorance
- 717 In Figure 2c of the main text we showed that both groups preferred familiar options compared to options 718 they were more ignorant about ( $p < 10^{-4}$ ). In order to confirm this result, we computed participant's tendency
- to choose Most-Sampled and Least-Sampled alternatives with the respect of a baseline (i.e., mean tendency
- to choose Most-Sampled and Least-Sampled options across all subjects). A Wilcoxon Signed Rank Test
- showed higher tendency to choose Most-Sampled options over baseline ( $M_{PG}$ =1.35,  $SD_{PG}$  = 0.273;  $M_{CON}$
- 722 =1.21,  $SD_{CON} = 0.162$ ) compared to Least-Sampled options (M<sub>PG</sub> =0.648,  $SD_{PG} = 0.219$ ; M<sub>CON</sub> =0.791,
- SD<sub>CON</sub> = 0.155) in both groups (all  $p < 10^{-3}$ ; Figure S2 a). Additionally, we computed participant's tendency
- to choose Least-Sampled and Mid-Sampled alternatives with the respect of a baseline (i.e., mean tendency
   to choose Least-Sampled and Mid-Sampled options across all subjects). A Wilcoxon Signed Rank Test
- showed higher tendency to choose Least-Sampled options over baseline ( $M_{PG} = 1.27$ ,  $SD_{PG} = 0.48$ ;  $M_{CON}$
- 727 = 1.35,  $SD_{CON} = 0.263$ ) compared to choose Mid-Sampled options ( $M_{PG} = 0.735$ ,  $SD_{PG} = 0.171$ ;  $M_{CON} = 0.653$ ,
- 728 SD<sub>CON</sub> = 0.159) in both groups (all  $p < 10^{-3}$ ; Figure S2 b). Therefore, both groups preferred most familiar
- 729 options over most unknown over intermediate alternatives. We also computed the same tendency on first
- free choice trials. While both groups prefer novel options over intermediate alternatives (all  $p < 10^{-3}$ ) (S2
- d), healthy controls reversed their tendency selecting more often novel options (M = 1.34, SD = 0.65) over
- familiar ones (M =0.656, SD = 0.393),  $p < 10^{-3}$  (Figure S2 c). This novelty-familiarity shift was absent in
- problem gamblers who showed no preference between novel (M = 1.06, SD = 0.528) and familiar options
- 734 (M = 0.943, SD = 0.358), p = 0.41 (Figure S2 c).
- 735 Novelty vs. General Information
- 736 In the main text and in the previous section we showed that both groups preferred most familiar options
- 737 over novel options, and this tendency was reversed in the control group during the first free choice trials.

#### Novelty-seeking, information-seeking and addiction

738 We further showed that both groups preferred novel options over mid-known alternatives in the first free 739 choice trials (Figure S2 d). In order to understand whether the information-seeking impairment in problem 740 gamblers is a result of a novelty-seeking impairment or of general information impairment, we directly 741 compared the two groups preference over mid-known alternatives in the first free choice trial of the unequal 742 information condition. If the information-seeking impairment is driven by general information, gamblers 743 should also decrease the selection of mid-known alternative (which in the free choice trial of the unequal 744 information condition corresponds to the option sampled twice during the forced choice task, and therefore 745 less known to them). A Wilcoxon Signed Rank Test showed higher tendency to choose Mid-Sampled 746 options in problem gamblers (M = 0.27, SD = 0.084) compared to controls (M = 0.203, SD = 0.112; p =747 0.015) suggesting that information-seeking impairment in gamblers might be specific to the representation 748 of novelty, rather than an impairment in general information. To better clarify this point, we turn to the 749 model based analyses.

- 750 Novelty-seeking in healthy individuals and novelty failure in problem gamblers
- 751 Nested models
- Even though the combination of reward and information was already shown in healthy human subjects<sup>9 10</sup>,
  we checked if this was still the case in our experimental groups (problem gamblers and healthy controls).
  To do so, we compare gkRL to a simpler nested model i.e., sRL (which doesn't integrate information into
- 755 the value function). A Wilcoxon Signed Rank Test showed a decrease in BIC<sub>ekRL</sub> ( $M_{PGs} = 876.7$ ,  $SD_{PGs} =$
- 756 246;  $M_{CON} = 880.9$ ,  $SD_{CON} = 157.9$ ) compared to  $BIC_{sRL}$  ( $M_{PGs} = 925.3$ ,  $SD_{PGs} = 216.5$ ;  $M_{CON} = 941.9$ ,  $SD_{CON} = 157.9$ )
- 757 = 156.8) both in problem gamblers ( $p < 10^{-7}$ ) and controls ( $p < 10^{-5}$ ). The results suggest that the
- combination of reward and information better accounts for the learning process in both groups compared
- to only computing reward predictions, essentially replicating our previous findings <sup>9</sup>.
- 760 gkRL's parameters
- We compared the estimates of the gkRL's parameters obtained by fitting the model to participants' freechoices. A Wilcoxon Signed Rank Test showed a decrease in information integration parameter  $\omega$  in
- 762 cholees. It wheeken bighed Runk fest showed a decrease in mornation meglation parameter w m
- problem gamblers (M = -14.2, SD = 95.4) compared to controls (M = 2.93, SD = 36.5), p = .003 (Figure
- S3a), and an increase in the information magnitude parameter  $\gamma$  in gamblers (M = 1.15, SD = 1.38)
- compared to controls (M = 0.145, SD = 0.352), p = .005 (Figure S3b). Additionally, the analysis showed a
- smaller learning rate  $\alpha$  in problem gamblers (M = 0.391, SD = 0.264) compared to controls (M = 0.534, SD = 0.264)
- 767 = 0.206), p = .038, suggesting a slower integration of new available reward outcome from the environment
- (Figure S3c). Lastly, the analysis showed no difference in the softmax parameter  $\beta$  between the two groups,
- 769 p = .302 (M<sub>G</sub> = 0.599, SD<sub>G</sub> = 1.199; M<sub>C</sub> = 0.139, SD<sub>C</sub> = 0.073, (Figure S3d).
- 770 nkRL vs. gkrl

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771 We compared the ability of nkRL to explain participants' behavior compared to a previous RL model of 772 the same task (i.e., gkRL; Supplement). A Wilcoxon Signed Rank Test showed no difference between the 773 BIC of either model in each group (BIC<sub>\*kRL</sub>:  $M_{PGs} = 876.7$ ,  $SD_{PGs} = 246$ ;  $M_{CON} = 880.9$ ,  $SD_{CON} = 157.9$ ; 774 BIC<sub>nkRL</sub>:  $M_{PGs} = 894.6$ ,  $SD_{PGs} = 231.4$ ;  $M_{CON} = 879.9$ ,  $SD_{CON} = 163$ ;  $p_{PGs} = 0.86$  and controls  $p_{CON} = 0.88$ ). 775 Thus, gkRL and nkRL are equally good in explaining overall participants' choices (Figure 3a, b). However, 776 in order to increase the probability of accurately estimating individuals' model parameters, both models 777 were fitted to all free choices. Being the first free trials the trials were the differences between the two 778 groups are mostly observed, we simulated both models using the parameters estimated. The rationale is that 779 the differences between the two models in predicting participants' behavior may occur in the first free 780 choice trial only. And, fitting the models to all free choices may average out the differences, if any, in the 781 first free choice trials. In order to tell a part potential differences between gkRL and nkRL in the first free 782 choice trial, we simulated both models using the parameters estimated during the fitting procedure and 783 analyzed their predictions in both first and last free trials. In particular, we analyzed the models' tendency 784 to choose Most-Sampled and Least-Sampled alternatives in the first and last free-choice trials. Both models 785 predict a "novelty-familiarity" shift for the control groups (p < 0.001, as shown in participants' data Figure 786 2e; Figure 3d, f). However, gkRL predicts increased preferences toward frequently selected options for 787 gamblers (p < 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference between familiar and novel options (p > 0.01; Figure 3e), while nkRL predicts no difference bet 788 0.05, Figure 3c). Therefore, only our novel model was able to reproduce the behavioral pattern observed in 789 problem gamblers' data during the first free choice trials.

#### 790 **Personality traits**

791 In this section, we explore the correlations between model parameters and personal traits and the individual

792 differences between problem gamblers and controls.

793 We observed significant correlations in problem gamblers between the novelty bonus v and working memory 794 capacity (r = 0.371, p = 0.018,  $p_{fdr} = 0.037$ , n = 40; Figure 4d), sensation seeking (measured using sensation-795 seeking scale –SSS; <sup>22</sup>; r = 0.321, p = 0.043,  $p_{fdr} = 0.043$ , n = 40) and sensitivity to reward (measured using 796 punishment and reward sensitivity questionnaire- SPSRQ; <sup>23</sup>; r = 0.354, p = 0.025,  $p_{fdr} = 0.037$ , n = 40).  $p_{fdr}$ 797 is the p-value after correcting for multiple comparison. Additionally, the knowledge parameter  $\kappa$  positively 798 correlated with sensation seeking (r = 0.344, p = 0.03, n = 40). Also, we observed a negative correlation 799 between softmax parameter  $\beta$  and positive mood (computed using PANAS- Table1; r = -0.314, p = 0.049, n 800 =40), suggesting that the more gamblers were feeling enthusiastic and active the more they were flexible in 801 their decision policy.

We conclude our analyses by comparing individual differences between the two groups to investigate whether personal traits could explain the differences observed throughout our analyses. We focus on intolerance of uncertainty (EII <sup>25</sup>), impulsivity (UPPS-P <sup>26</sup>), sensation-seeking (SSS <sup>23</sup>), and sensitivity to

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punishment and reward (SPSRO<sup>24</sup>). Comparisons between healthy controls and problem gamblers revealed 805 806 no differences in the scores obtained from EII (p = .785, BF<sub>01</sub> = 3.61), UPPS-P (p = .217, BF<sub>01</sub> = 1.89), SSS 807  $(p = .483, BF_{01} = 3.02)$ , and SPSRQ (sensitivity to reward  $p = .399, BF_{01} = 2.81$ ; sensitivity to punishment p 808 = .266,  $BF_{01}$  = 2.4), suggesting that the behavioral alterations observed in problem gamblers are unlikely to 809 be explained as differences in terms of personality traits (or in some cases there was not substantial evidence 810 in favor of the alternative hypothesis). These results appear to suggest that information-seeking impairments 811 in addictive disorders might be related to a process or mechanism that is independent from individual 812 subjective preferences toward uncertainty, novelty, and reward.

### 813 The 'big win' hypothesis

814 The results reported in this study showed that problem gamblers' decision-making alterations when solving 815 our sequential decision-making were driven by alterations in information behavior as a consequence of a 816 failure to represent or incorporate novelty. However, these parametric alterations might have been 817 confounded by the inability of problem gamblers of moving away from an option after experiencing fairly 818 positive outcomes in the past, i.e., the 'big win' hypothesis. To better investigate this point, we computed the 819 empirical probability of choosing an option associated with an unusually high score ("big win" options) when 820 first selected in the forced-choice task. A two-sample t test showed no differences in the probability of 821 choosing the "big win" option in problem gamblers (M = 0.607 SD = 0.187) compared to controls (M = 0.596822 SD = 0.144), p = .798 suggesting that alterations in decision-making observed in problem gamblers were not 823 driven by their particular persistence in choosing options associated with unusually good outcomes in the 824 past.

#### 825 Beyond gambling addiction

We investigate whether the decision-making task we adopted (and related computational model) might be able to explain other psychopathologies. We observed a positive correlation between Beck Depression Inventory (BDI) and undirected exploration (r = 0.3, p = 0.048, n = 62) suggesting that the more participants were scoring high on the depression scale the more they were increasing undirected exploration as already

830 observed in <sup>16</sup>. We additionally observed a negative correlation between the learning rate computed estimated

831 nkRL model and BDI (r = -0.3, p = 0.045, n = 62) and a positive correlation between the softmax parameter

832  $\beta$  and BDI (r = 0.3, p = 0.02, n = 62).

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# SUPPLEMENTARY FIGURES

### **Figure Captions**

**Figure S1.** *Reward Context.* Probability to perform *reward-driven*, *information-driven* and *other* strategy under High (**left panel**) and Low (**right panel**) Reward Context in both problem gambling and healthy group. Each group reduced information-driven choices and increased reward-driven choices in Low Reward Context compared to High Reward Context. And, compared to controls, problem gamblers (PG) frequently engaged in reward-driven decisions at the expense of information-driven in both reward contexts. Error bars are represented as s.e.m.

**Figure S2.** *Familiarity vs. Ignorance.* Participant's tendency to choose Most-Sampled and Least-Sampled alternatives (**a**,**c**), Least-Sampled and Mid-Sampled alternatives (**b**,**d**) with the respect of a baseline (i.e., mean tendency to choose Least-Sampled and Most-Sampled options or Least-Sampled and Mid-Sampled across all subjects).

**Figure S3.** *gkRL's estimated parameters.* Model fit on all free-choices revealed a decrease in information integration  $\omega$  (**a**), learning rate  $\alpha$  (**b**) and an increase in the information magnitude  $\gamma$  (**c**) in problem gamblers compared to controls. The softmax parameter  $\beta$  did not differ between the two groups (**d**).

# Figure

# Figure S1







## Figure S3



# SUPPLEMENTARY TABLES

# **Table Captions**

Table S1 gkRL individual fitted parameters in PGs

Table S2 gkRL individual fitted parameters in Controls

Table S3 nkRL individual fitted parameters in PGs

Table S4 nkRL individual fitted parameters in Controls

# Table

PGs	α	β	ω	γ
Subject01	0.545	0.055	-0.6	1.528
Subject02	0.53	0.098	-0.005	4.187
Subject03	0.491	0.07	-7.753	0.546
Subject04	0.942	0.019	1.201	1.79
Subject05	0.396	0.095	8.124	0.202
Subject06	0.257	0.356	-13.703	0.387
Subject07	0.438	0.378	8.559	5.66E-10
Subject08	0.565	0.11	6.752	1.63E-11
Subject09	0.014	1.687	1.64	0.038
Subject10	0.285	0.17	10.901	1.39E-10
Subject11	0.471	0.22	-0.205	2.015
Subject12	0.601	0.095	-6.066	0.283
Subject13	0.529	0.075	-0.07	3.251
Subject14	0.362	0.186	11.213	7.52E-10
Subject15	0.007	5.283	0.234	4.73E-10
Subject16	0.007	2.14	-0.242	0.535
Subject17	0.588	0.098	9.784	2.18E-09
Subject18	0.007	1.156	0.404	0.132
Subject19	0.017	0.103	-0.212	1.971
Subject20	0.555	0.197	8.278	7.24E-10
Subject21	0.077	0.307	4.265	2.18E-11
Subject22	0.363	0.09	-0.024	3.52
Subject23	0.018	0.531	1.605	8.47E-11
Subject24	0.741	0.062	-23.731	5.62E-12
Subject25	0.405	0.166	-0.085	2.767
Subject26	0.512	0.202	13.36	1.52E-10
Subject27	0.001	0.0001	-601.036	2.247
Subject28	0.398	0.252	-12.281	0.63
Subject29	0.49	0.13	-1.424	1.087
Subject30	0.751	0.104	10.206	1.57E-10
Subject31	0.33	0.175	-0.288	1.916
Subject32	0.007	3.948	-0.038	1.231
Subject33	0.451	0.243	0.0001	5.459
Subject34	0.001	4.096	0.0001	3.602
Subject35	0.359	0.426	-0.209	1.571
Subject36	0.472	0.126	-0.789	1.561
Subject37	0.818	0.045	-7.032	0.215
Subject38	0.691	0.114	-0.152	1.719
Subject39	0.813	0.087	-0.921	1.482
Subject40	0.336	0.264	11.056	4.25E-10

Controls	α	β	ω	γ
Subject01	0.791	0.135	21.873	2.32E-10
Subject02	0.485	0.174	8.479	0.053
Subject03	0.517	0.192	29.985	3.75E-10
Subject04	0.527	0.12	13.341	0.164
Subject05	0.644	0.103	-7.579	4.30E-09
Subject06	0.546	0.096	-2.605	1.013
Subject07	0.211	0.211	14.686	0.009
Subject08	0.609	0.11	-10.394	0.279
Subject09	0.204	0.235	2.889	1.49E-09
Subject10	0.163	0.272	8.177	4.21E-12
Subject11	0.466	0.139	11.404	3.17E-12
Subject12	0.468	0.094	15.366	9.65E-10
Subject13	0.58	0.012	-152.108	3.07E-10
Subject14	0.657	0.122	19.181	0.086
Subject15	0.561	0.268	5.456	1.51E-09
Subject16	0.653	0.129	22.011	0.182
Subject17	0.908	0.062	-9.774	7.10E-10
Subject18	1	0.083	19.082	7.24E-10
Subject19	0.473	0.123	29.375	0.039
Subject20	0.317	0.202	8.53	1.80E-10
Subject21	0.486	0.185	16.532	3.87E-10
Subject22	0.474	1.00E-08	0.491	1.375

PGs	α	β	к	ν
Subject01	0.471	0.06	0.464	-3.412
Subject02	0.327	0.137	-0.216	1.768
Subject03	0.32	0.093	-0.023	-11.466
Subject04	0.953	0.019	9.721	36.714
Subject05	0.411	0.092	1.09	14.321
Subject06	0.23	0.339	-0.525	-24.123
Subject07	0.429	0.397	-0.772	5.453
Subject08	0.567	0.109	-0.46	5.053
Subject09	0.015	1.576	-0.032	1.669
Subject10	0.341	0.153	-2.008	4.61
Subject11	0.374	0.259	-0.351	-3.353
Subject12	0.578	0.099	0.082	-8.211
Subject13	0.057	0.447	-0.251	0.93
Subject14	0.363	0.184	-0.511	9.34
Subject15	0.259	0.241	-0.967	2.08
Subject16	0.007	2.434	-0.006	-0.448
Subject17	0.587	0.098	0.166	10.411
Subject18	0.157	0.067	-0.145	7.452
Subject19	0.019	0.108	-1.325	-3.154
Subject20	0.545	0.198	-0.501	6.368
Subject21	0.081	0.29	-0.331	3.275
Subject22	0.219	0.138	-1.07	0.148
Subject23	0.018	0.532	-0.081	1.317
Subject24	0.74	0.062	-0.166	-24.325
Subject25	0.249	0.258	-0.911	1.684
Subject26	0.509	0.201	-0.892	9.942
Subject27	1.01E-08	0.019	-10	-75.45
Subject28	0.258	0.244	0.532	-21.555
Subject29	0.38	0.152	-0.752	-6.141
Subject30	0.76	0.103	-0.595	7.975
Subject31	0.215	0.253	-0.639	-4.756
Subject32	0.007	4.317	-0.027	-0.207
Subject33	0.39	0.27	-0.262	-0.992
Subject34	0.001	4.207	-0.026	-0.135
Subject35	0.313	0.491	-0.373	-0.416
Subject36	0.278	0.175	-0.84	-5.974
Subject37	0.831	0.047	2.615	0.848
Subject38	0.666	0.119	-0.183	0.508
Subject39	0.729	0.096	-0.74	-9.481
Subject40	0.323	0.267	-0.859	7.627

Controls	α	β	к	ν
Subject01	0.792	0.135	-0.092	21.556
Subject02	0.49	0.172	-0.107	8.647
Subject03	0.554	0.182	-0.967	27.239
Subject04	0.566	0.115	1.206	21.26
Subject05	0.652	0.103	0.534	-5.61
Subject06	0.395	0.117	0.105	-6.518
Subject07	0.214	0.209	0.068	15.278
Subject08	0.542	0.119	-0.204	-14.775
Subject09	0.209	0.227	-0.61	0.751
Subject10	0.172	0.26	-0.27	7.534
Subject11	0.485	0.133	-1.299	6.819
Subject12	0.473	0.094	0.461	17.079
Subject13	0.585	0.012	11.524	-105.482
Subject14	0.666	0.121	0.897	24.784
Subject15	0.561	0.267	0.055	5.67
Subject16	0.69	0.124	1.622	33.115
Subject17	0.911	0.062	-0.68	-12.356
Subject18	1	0.083	0.235	19.923
Subject19	0.473	0.123	0.513	32.645
Subject20	0.306	0.206	-0.759	5.464
Subject21	0.485	0.181	-1.683	10.729
Subject22	1.00E-08	0.978	0.044	-0.465