

1 **A reference single-cell transcriptomic atlas of human skeletal muscle tissue**
2 **reveals bifurcated muscle stem cell populations**

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15

16 **Abstract:** Single-cell RNA-sequencing (scRNA-seq) facilitates the unbiased
17 reconstruction of multicellular tissue systems in health and disease. Here, we present a
18 curated scRNA-seq dataset of human muscle samples from 10 adult donors with diverse
19 anatomical locations. We integrated ~22,000 single-cell transcriptomes using Scanorama
20 to account for technical and biological variation and resolved 16 distinct populations of
21 muscle-resident cells using unsupervised clustering of the data compendium. These cell
22 populations included muscle stem/progenitor cells (MuSCs), which bifurcated into
23 discrete “quiescent” and “early-activated” MuSC subpopulations. Differential expression
24 analysis identified transcriptional profiles altered in the activated MuSCs including genes
25 associated with ageing, obesity, diabetes, and impaired muscle regeneration, as well as
26 long non-coding RNAs previously undescribed in human myogenic cells. Further, we
27 modeled ligand-receptor cell-communication interactions and observed enrichment of the
28 TWEAK-FN14 pathway in activated MuSCs, a characteristic signature of muscle wasting
29 diseases. In contrast, the quiescent MuSCs have enhanced expression of the *EGFR*
30 receptor, a recognized human MuSC marker. This work provides a new technical
31 resource to examine human muscle tissue heterogeneity and identify potential targets in
32 MuSC diversity and dysregulation in disease contexts.

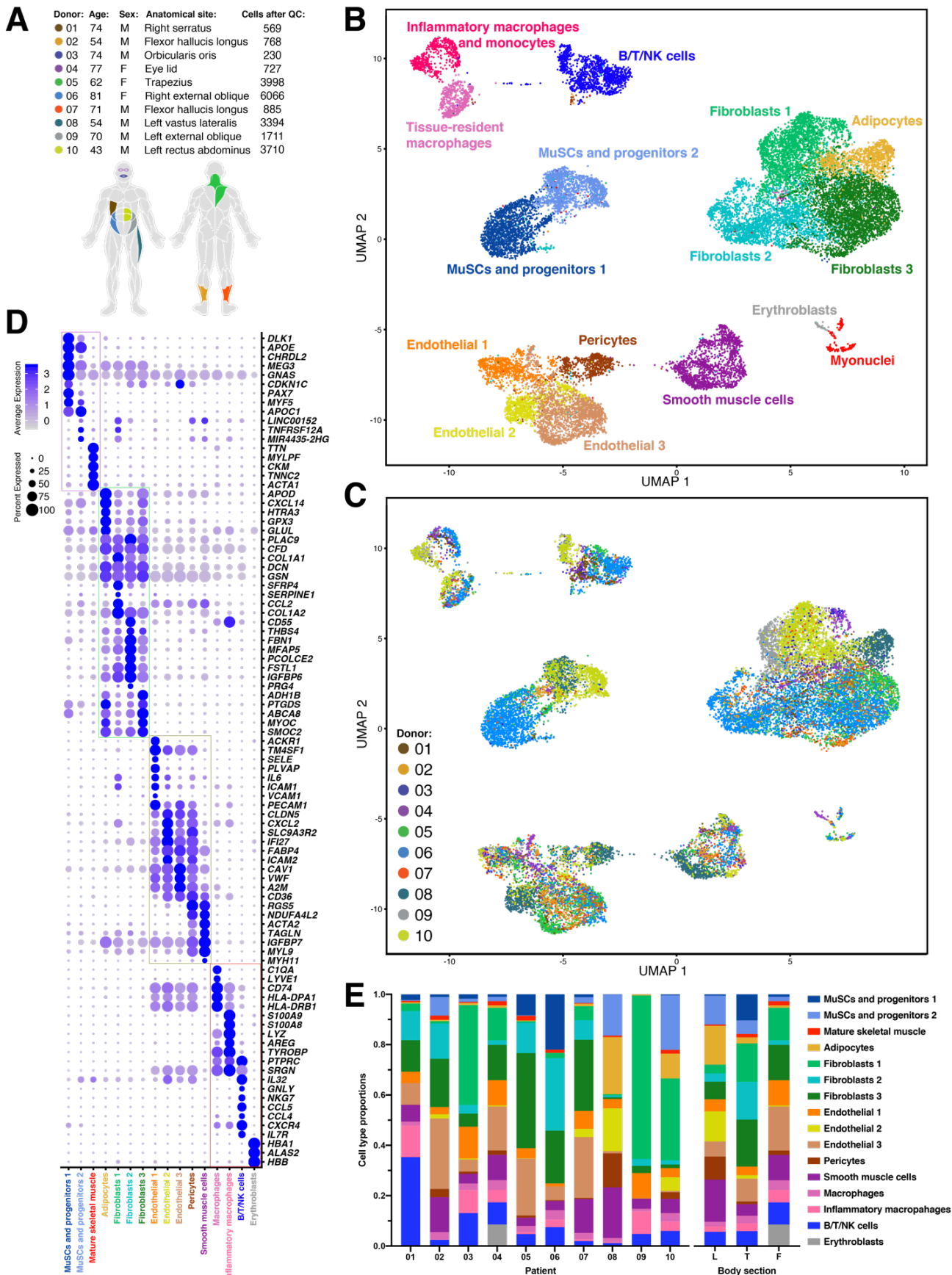
33 **Introduction**

34 Skeletal muscles are essential to daily functions such as locomotion, respiration, and
35 metabolism. Upon damage, resident muscle stem cells (MuSCs) repair the tissue in
36 coordination with supporting non-myogenic cell types such as immune cells, fibroblasts,
37 and endothelial cells (Bentzinger et al., 2013). However, with age and disease, the repair
38 capacity of MuSCs declines, leading to complications such as fibrotic scarring, reduced
39 muscle mass and strength (Blau et al., 2015; Järvinen et al., 2014), fat accumulation and
40 decreased insulin sensitivity (Addison et al., 2014), all of which severely affect mobility
41 and quality of life (Larsson et al., 2018).

42 Human MuSCs are defined by the expression of the paired box family transcription
43 factor PAX7 and can be isolated using various surface marker proteins including β 1-
44 integrin (CD29), NCAM (CD56), EGFR, and CD82 to varying purities (Pisani et al., 2010;
45 Charville et al., 2015; Alexander et al., 2016; Uezumi et al., 2016; Wang et al., 2019).
46 With ageing, human MuSCs exhibit a heterogeneous expression of the senescence
47 marker p16^{Ink4a} and accumulate other cell-intrinsic alterations in myogenic gene
48 expression programs, cell cycle control, and metabolic regulation (Sousa-Victor, et al.,
49 2014; Blau, et al., 2015). However, given their varied molecular and functional states, our
50 understanding of MuSCs in adult human muscle tissue remains incompletely defined. In
51 addition, cellular coordination in the regulation of human muscle homeostasis and
52 regeneration remains poorly understood due to the lack of experimentally tractable
53 models with multiple human muscle cell types. Given these challenges we posited that
54 an unbiased single-cell reference atlas of skeletal muscle could provide a useful
55 framework to explore MuSC variability and communication in adult humans.

56 Here, we deeply profiled the transcriptome of thousands of individual MuSCs and
57 muscle-resident cells from diverse adult human muscle samples using single-cell RNA-
58 sequencing (scRNA-seq). After integrating these donor datasets to conserve biological
59 information and overcome technical variation, we resolved two subpopulations of MuSCs
60 with distinct gene expression signatures. Using differential gene expression analysis and
61 ligand-receptor interaction modeling, we extend the known repertoire of human MuSC
62 gene expression programs, suggesting new regulatory programs that may be associated
63 with human MuSC activation, as well as features of human muscle aging and disease.

64



65 **Figure 1** (previous page). **Single-cell transcriptomic map of human muscle tissue biopsies.**
66 **(A)** Metadata (sex, age, anatomical site, and the number of single-cell transcriptomes after quality
67 control (QC) filtering) from n=10 donors. Colors indicate sample anatomical sites. **(B)** Scanorama-
68 integrated and batch-effect corrected transcriptomic atlas revealing a consensus description of
69 16 distinct muscle-tissue cell populations. **(C)** Transcriptomic atlas colored by donor and
70 anatomical location. **(D)** Dot-plot showing differentially expressed genes that distinguish the cell
71 populations. Grouped in four compartments: muscle, endothelial/vascular, stromal, and immune.
72 **(E)** Cell type proportions as annotated in (B) across the 10 donors and grouped by body sections.
73 L = leg (donors 02, 07, 08), T = trunk (donors 01, 05, 06, 09, 10), F = face (donors 03, 04).
74

75 **Results**

76 ***Collection and integration of a diverse human scRNA-seq dataset.***

77 We used scRNA-seq to collect and annotate a single-cell transcriptomic dataset of
78 diverse adult human muscle samples under homeostatic conditions. The muscle samples
79 were from surgically discarded tissue from n=10 donors (range: 41 to 81 years old)
80 undergoing reconstructive procedures and originating from a wide variety of anatomical
81 sites in otherwise healthy patients (**Fig. 1A**). Each sample was ~50 mg after removal of
82 extraneous fat and connective tissue. Muscle samples were enzymatically digested into
83 single-cell suspensions and independently loaded into the 10X Chromium system. All
84 together, we collected over 22,000 human muscle single-cell transcriptomes (2206 ±
85 1961 cells per dataset) into a single data compendium. Using unsupervised clustering,
86 we resolved 16 types of cells of immune, vascular, and stromal origin, as well as two
87 distinct subpopulations of MuSCs and some myofiber myonuclei (**Fig. 1B**).

88 Given important differences in anatomical site, donor health history, age, sex, and
89 surgical procedures, the muscle samples were highly heterogeneous in terms of cell-type
90 diversity and underlying gene expression profiles. Comparing the resulting scRNA-seq
91 datasets is therefore a challenge that we addressed using recently developed
92 bioinformatic integration methods (Stuart et al., 2019ab; Hie et al., 2019). Our goal was
93 to assemble a unified dataset of human muscle tissue that faithfully conserved sources
94 of biological variability such as donor, anatomical location, and cell composition
95 heterogeneity, while accounting for technical biases. We tested four different scRNA-seq
96 data integration methods (**Fig. S1**) and found that Scanorama (Hie et al., 2019) followed
97 by scaling the output by regressing against the library chemistry technical variable (“10X
98 chemistry”) and the number of genes detected per single-cell best satisfied this goal.
99 Detailed information on our methodology is provided in **Fig. S1**. After integrating the 10

100 datasets, we noted remarkable consistency amid cell types across donors (**Fig. 1C, 1E**);
101 owing to the robustness of scRNA-seq technology, the bioinformatic method chosen, and
102 our sample preparation protocol. Differential gene expression analysis between the 16
103 distinct subpopulations identified an extensive set of unique markers that we grouped into
104 4 categories (**Fig. 1D**).

105

106 ***scRNA-seq resolves the cellular diversity of human muscle and novel markers.***

107 We annotated and interpretation the consensus cell atlas (**Fig. 1B,D**) into cell type sub-
108 populations as follows. We identify four types of stromal cells starting with adipocytes
109 found to be expressing apolipoprotein D (*APOD*) (Muffat et al., 2010), the brown fat tissue
110 adipokine *CXCL14* (Cereijo et al., 2018), *GPX3*, and *GLUL*. Among the 3 other
111 subpopulations of fibroblast-like cells, Fibroblasts 1 express high levels of collagen 1
112 (*COL1A1*), *SFRP4*, *SERPINE1*, and *CCL2*; Fibroblasts 2 express fibronectin (*FBN1*), the
113 microfibril-associated glycoprotein *MFAP5*, and *CD55* known to be expressed by
114 synoviocytes (Karpus et al., 2015); and Fibroblast 3 is mainly characterized by *SMOC2*,
115 a marker of tendon fibroblasts (Swanson et al., 2019).

116 We also identify 5 types of vascular cells, including 3 endothelial subpopulations,
117 and a subpopulation of pericytes and smooth muscle cells (SMCs). Pericytes and SMCs
118 express the canonical markers *RGS5* and *MYH11*. Endothelial 1 express E-selectin
119 (*SELE*), *IL6*, *ICAM1*, *VCAM1*. These genes are upregulated at sites of inflammation to
120 facilitate immune cell recruitment, suggesting this Endothelial 1 cell population may be
121 involved in homeostatic muscle tissue remodeling (Watson et al., 1996; Goncharov et al.,
122 2017). Endothelial 2 cells are distinguished by expressing high levels of claudin-5
123 (*CLDN5*), *ICAM2*, and the chemokine *CXCL2*. Endothelial 3 express high levels of the
124 platelet-recruiting Von Willebrand Factor (*VWF*) and caveolin-1 (*CAV1*), a protein known
125 to regulate cholesterol metabolism, atherosclerosis progression, as well as MuSC
126 activation (Fernández-Hernando et al., 2010, Volonte et al., 2004).

127 We also noted two types myeloid immune cells. First, tissue-resident and anti-
128 inflammatory macrophages which express *CD74* and histocompatibility complex *HLA*
129 proteins. Second, activated macrophages and monocytes that express inflammatory
130 markers such as *S100A9* (calgranulin) and *LYZ* (lysozyme). Moreover, *S100A9* transcript

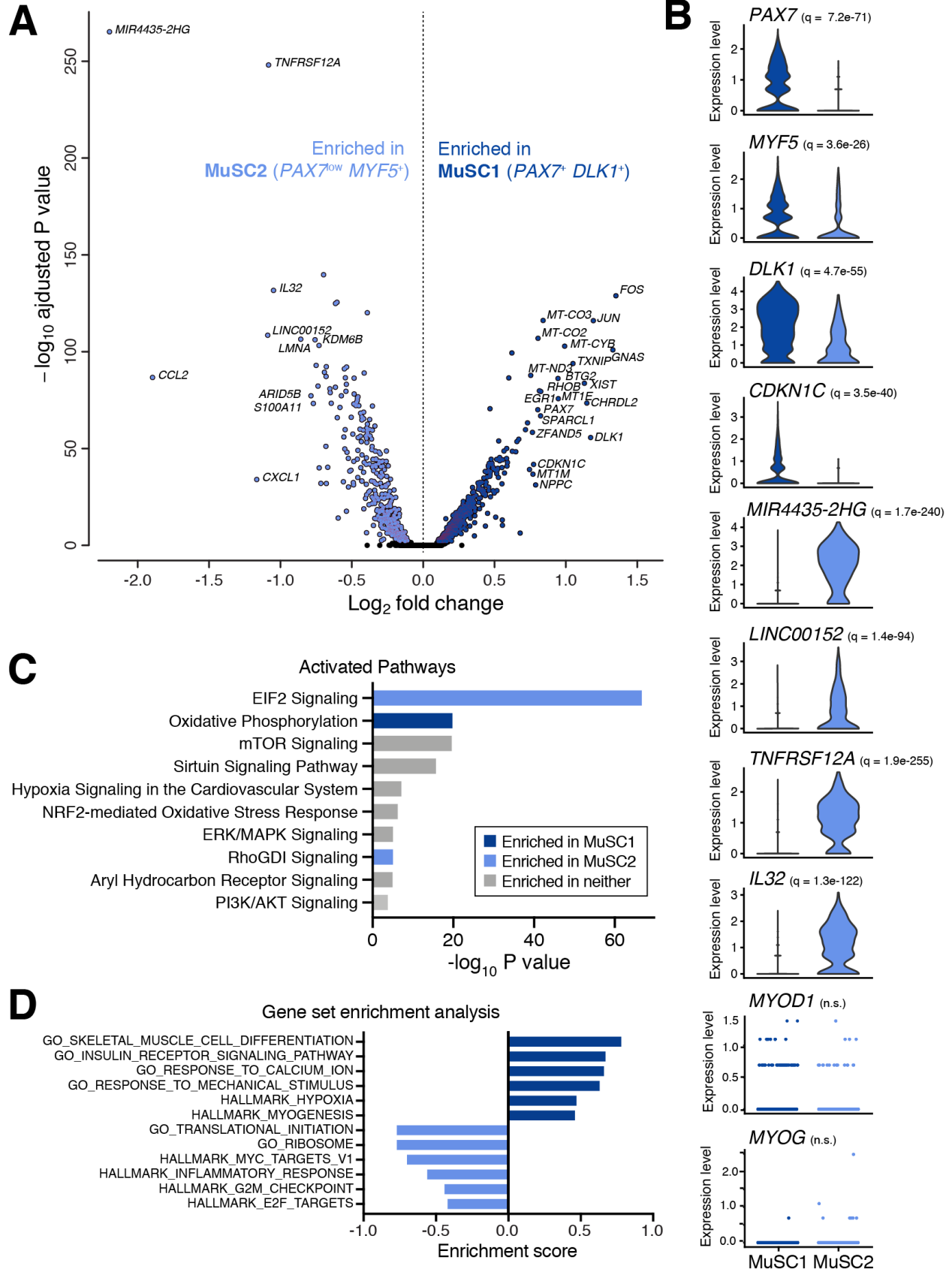
131 abundance levels have been shown to be a feature in ageing and chronic inflammation
132 (Swindell et al., 2013). We also identified a pool of T/B lymphocytes and NK cells
133 characterized by *IL7R* and *NKG7*, respectively, as well as a small subset of *HBA1*⁺
134 erythroblasts.

135 Finally, we identified two subpopulations of MuSCs (henceforth called “MuSC1”
136 and “MuSC2”). MuSC1 highly expressed the canonical myogenic transcription factor
137 *PAX7* (Kuang et al., 2006), as well as chordin-like protein 2 (*CHRD2*) and Delta-like non-
138 canonical Notch ligand 1 (*DLK1*). *CHRD2* has been shown previously to be
139 expressed in freshly isolated quiescent human MuSCs (Charville et al., 2015), though its
140 function is still to be understood. *DLK1* is an inhibitor of adipogenesis whose role in
141 muscle has mainly been recognized in the embryo but remains controversial in adult
142 muscle regeneration (Waddell et al., 2010; Andersen et al., 2013; Zhang et al., 2019). In
143 contrast to MuSC1, MuSC2 expressed lower levels of *PAX7* but maintain expression of
144 *MYF5* (a marker of activated MuSCs) and *APOC1* (**Fig. 2B**). Interestingly, the MuSC2
145 population also had elevated expression of two long non-coding RNAs (lncRNAs),
146 *LINC00152* and *MIR4435-2HG*. lncRNAs are involved in regulating myogenesis (Hagan
147 et al., 2017). Surprisingly, we detected low expression of the myogenic commitment
148 factors *MYOD1* and *MYOG* (**Fig. 2B**), in contrast to scRNA-seq analyses of adult mouse
149 muscle (Dell’Orso et al., 2019; De Micheli et al., 2019). These observations suggest that
150 the MuSC1 and MuSC2 populations are both comprised largely of muscle stem cells, not
151 committed myogenic progenitors. In addition, we noted that “Myonuclei” population (**Fig.**
152 **1B**) was enriched for myosin light chain (*MYLFP*), skeletal alpha-actin (*ATCA1*), and
153 troponin C (*TNNC2*), proteins involved in muscle contraction. This multiple-donor scRNA-
154 seq atlas highlights the cellular diversity of human muscle tissue and revealed two distinct
155 MuSC subpopulations along with specific myogenic expression programs.

156

157 ***Homeostatic human muscle contains two distinct MuSC subpopulations.***

158 Next we examined genes that were differentially expressed between the MuSC1 and
159 MuSC2 subpopulations and the biological processes that characterize them (**Fig. 2A-B**).
160 The MuSC1 subpopulation was enriched for *PAX7*, *DLK1*, and *CHRD2*, as well as for
161 the cyclin-dependent kinase inhibitor *CKDN1C* (encoding P57^{KIP2}), suggesting that these



163 **Figure 2.** (previous page) **Gene expression and pathway analysis comparison between two**
164 **MuSC subpopulations. (A)** Volcano plot from comparing transcript levels between all cells within
165 the “MuSC1” and “MuSC2” subpopulations. Log₂ fold-change in normalized gene expression
166 versus -log₁₀-adjusted p-value plotted. Differentially expressed genes (adjusted p value < 0.05)
167 are colored dark or light blue (based on their enrichment in MuSC1 or MuSC2, respectively).
168 Genes with log₂ fold-change > 0.75 are labeled. **(B)** Normalized expression values of select
169 differentially expressed genes. *q*-values reported in inset. **(C)** Top activated canonical pathways
170 by Ingenuity Pathway Analysis based on differentially expressed genes and ranked by p value.
171 Pathways significantly enriched in either population with |z-score| > 1 are indicated in blue. **(D)**
172 Select gene ontology (GO) terms and hallmark pathways enriched between the MuSC
173 subpopulations as identified by gene set enrichment analysis (GSEA) and ranked by enrichment
174 score (ES).
175

176 cells are quiescent and not cycling. In addition, this subpopulation expresses the
177 transcription factor *BTG2*, which was identified in mouse to be enriched in quiescent
178 MuSCs (De Micheli et al., 2019). We also note that the MuSC1 subpopulation expressed
179 elevated levels of mitochondrial genes as well as *FOS*, *JUN*, and *ERG1*. Upregulation of
180 these genes has been shown to be potential artefacts of the enzymatic digestion during
181 the sample preparation (van den Brink et al., 2017).

182 The MuSC2 subpopulation was enriched for multiple markers of inflammation
183 including *CCL2*, *CXCL1*, *IL32*, and surface receptor *TNFRSF12/FN14*. In particular,
184 *CCL2* and *CXCL1* are inflammatory cytokines known to be upregulated in muscle repair,
185 exercise, and fat metabolism (Harmon et al., 1985; Pedersen et al., 2012). In addition,
186 *IL32* has been shown to have inflammatory properties in human obesity (Catalán et al.,
187 2017) and have a negative impact on insulin sensitivity and myogenesis (Davegårdh et
188 al., 2017), while *TNFRSF12/FN14* has been implicated in various muscle wasting
189 diseases (Mittal et al., 2010; Enwere et al., 2014) and metabolic dysfunction (Sato et al.,
190 2014). Furthermore, the MuSC2 population is enriched for ribosomal gene expression
191 (e.g. *RPLP1* and *RPS6*; data not shown), indicating that these cells may have elevated
192 translational mechanisms. Lastly, the MuSC1 population has enriched expression of the
193 myogenic gene *PAX7* and, to a lesser extent, *MYF5*, compared the MuSC2 population.
194 These observations suggest that MuSC1 is comprised of quiescent MuSCs and MuSC2
195 is comprised of an early-activated MuSCs.

196 We performed Ingenuity Pathway Analysis (IPA) to compare biological processes
197 differentially activated between the MuSC1 and MuSC2 populations. The IPA gene group
198 “Oxidative Phosphorylation” is enriched in MuSC1 (Ryall et al., 2015), while “EIF2

199 Signaling”, associated with protein translation processes, is enriched in MuSC2 (**Fig. 2C**).
200 Furthermore, Gene Set Enrichment Analysis (GSEA) also found MuSC1 to be enriched
201 for “myogenesis”, “muscle cell differentiation”, “hypoxia”, and “response to mechanical
202 stimulus” gene sets, consistent with the observation that these cells are both less
203 differentiation and may have stress-associated gene induction due to tissue dissociation
204 (van den Brink et al., 2017) (**Fig. 2D**). MuSC2 cells are enriched for “ribosome and
205 translational initiation”, “MYC targets” and “E2F (cell proliferation)”, “G2M checkpoint (cell
206 division)”, and “inflammation” gene sets, further supporting the interpretation that these
207 cells may be in an early activated or partially differentiated state within an inflammatory
208 environment (**Fig. 2D**). Taken together, these observations suggest that the MuSC1
209 population is comprised of quiescent MuSCs, while the MuSC2 population is comprised
210 of active, proliferating, and/or dysregulated MuSCs, with expression alterations
211 associated with inflammation, ageing, and muscle wasting. Differentially expressed
212 genes such as *IL32*, *CXCL1*, *CCL2*, and *TNFRSF12/FN14* may constitute a marker set
213 for MuSC variation in chronic muscle inflammation in various pathologies.

214

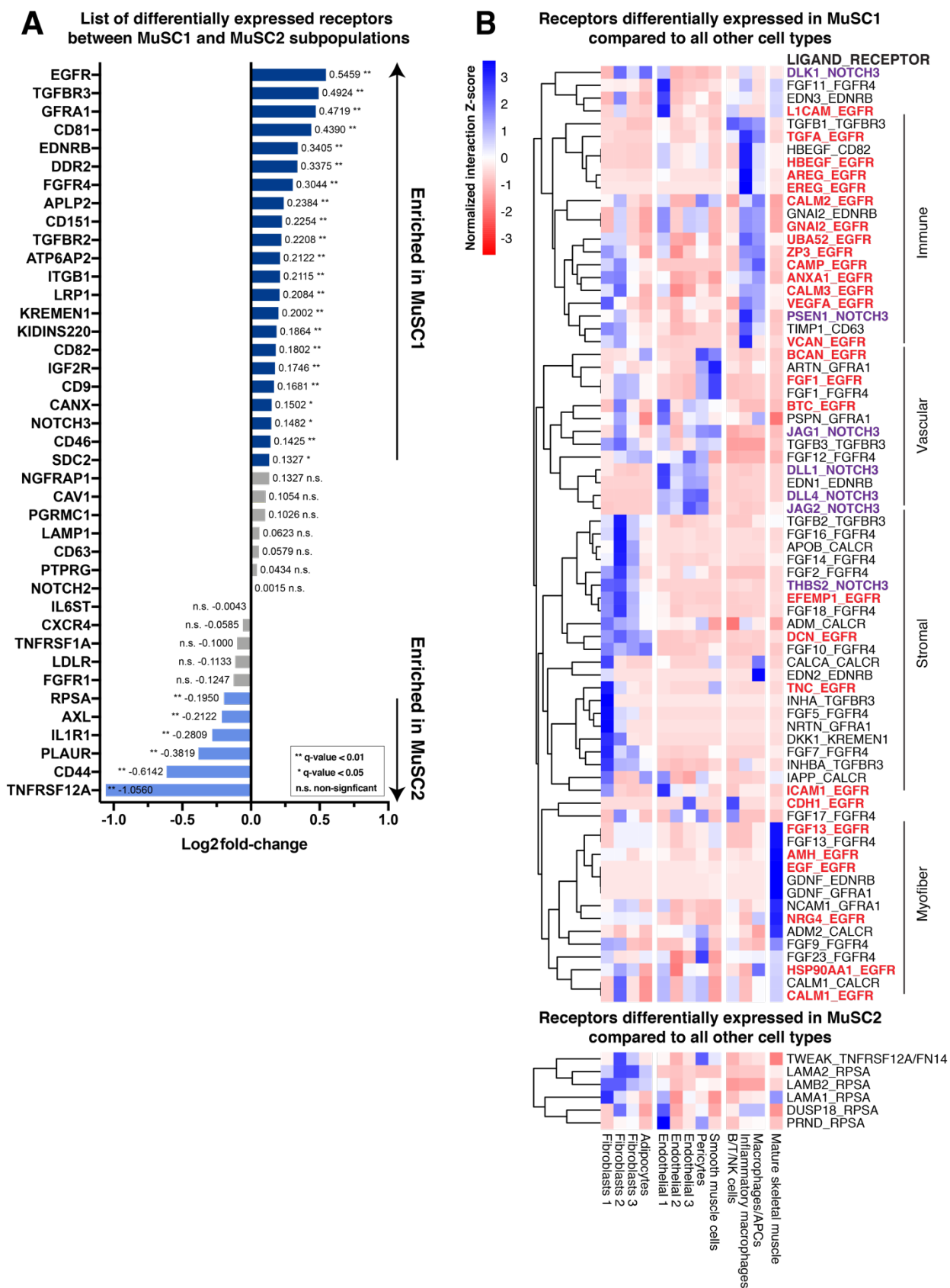
215 ***Ligand-receptor interaction model identifies potential surface markers and cell-***
216 ***communication channels in muscle pathologies.***

217 Given the distinct expression profiles between the MuSC1 and MuSC2 populations, we
218 sought to identify genes that could facilitate surface antigen-based separation of these
219 two human MuSC populations for prospective isolation strategies. We identified surface
220 receptor genes that were differentially expressed between the MuSC1 and MuSC2
221 populations, using a database of 542 human surface “receptor” genes (Ramilowski et al.,
222 2015) (**Fig. 3A**). MuSC1 were exhibit elevated expression of *EGFR*, *ITGB1*, *FGFR4*,
223 *SDC2*, as well as the three tetraspanins *CD81*, *CD82*, and *CD151*. EGFR is a recently
224 established human MuSC marker and is required for basal-apical asymmetric cell division
225 (Charville et al., 2015; Wang et al., 2019). The tetraspanin CD82 is also a recently
226 recognized human MuSC maker (Alexander et al., 2016), while CD9 and CD81 have been
227 identified to control muscle myoblast fusion (Charrin et al., 2013). Furthermore,
228 Syndecans (SDCs) have been identified in mouse to be heterogeneously expressed on
229 MuSCs and myoblasts during muscle repair (De Micheli et al., 2019) and have been

230 shown to form co-receptor complexes with integrin $\beta 1$ (ITGB1) and FGFR4 upstream of
231 signaling pathways regulating myogenesis (Pawlikowski et al., 2017). Only SDC4 and
232 SDC3 have yet been identified to mark adult mouse MuSCs (Pisconti et al., 2012). In
233 comparison, the MuSC2 population has elevated expression of *CD44* and
234 *TNFRSF12/FN14* as previously noted. The CD44 receptor has been shown to regulate
235 myoblast migration and fusion in mouse, but also mark MuSCs in osteoarthritis patients
236 (Mylona et al., 2006; Scimeca et al., 2015).

237 Next, we used a ligand-receptor (LR) interaction model and a database of LR pairs
238 (Ramilowski et al., 2015) to map cell signaling communication channels in human muscle
239 and uncover differences between the MuSC1 and MuSC2 populations. The model also
240 identifies interacting ligand(s) and is restricted to receptor genes is differentially
241 expressed by a specific cell type within the consensus human muscle cell atlas (**Fig. 1B**).
242 For each LR pair, the model calculates an interaction score from differentially expressed
243 receptors on MuSCs and ligands expressed by other cell types. We identified 73 and 6
244 significant LR interactions for the MuSC1 and MuSC2 populations, respectively (**Fig. 3**).
245 Over one third of all interactions in the MuSC1 population involve the *EGFR* receptor,
246 which has recently been shown to play a critical role in directing MuSC asymmetric
247 division in regenerating muscle (Wang et al., 2019). A limited number of EGFR ligands
248 have been identified in muscle repair. For example, amphiregulin (AREG) is secreted by
249 T_{reg} cells (Burzyn et al., 2013). According to our model findings, EGFR may also interact
250 with ligands expressed by immune cells, such as with TGF- α (*TGFA*), heparin-binding EGF
251 (*HBEGF*), amphiregulin (*AREG*), and epiregulin (*EREG*). Other EGFR ligands include
252 brevican (*BCAN*), and betacellulin (*BTC*) produced by endothelial cells, ECM proteins
253 fibulin 3 (*EFEMP1*), decorin (*DCN*), and tenascin C (*TNC*) expressed by fibroblasts, and
254 FGF13, AHM, NRG4 and EGF, expressed by mature skeletal myofibers. We also detect
255 seven interactions involving *NOTCH3* with a variety of ligands. Notch3 signaling is
256 involved in maintaining MuSC quiescence, in particular through interaction with DLL4
257 (Low et al. 2018), which we found differently expressed by endothelial cells along with
258 *JAG2*. In addition, *NOTCH3* also interacts with the ECM protein thrombospondin-2
259 (*THBS2*).

260



262 **Figure 3** (previous page). **Differentially expressed receptors and ligand-receptor interaction**
263 **scores. (A)** List of differentially expressed genes between the MuSC1 and MuSC2 subpopulation
264 ranked by \log_2 fold-change in expression. Positive average values correspond to genes that are
265 upregulated in MuSC1, whereas negative values are upregulated in MuSC2. Receptors that are
266 statistically significant (q-value is corrected for FDR < 0.05) are colored in blue. Receptors that
267 are not statistically significant are in grey. **(B)** Heatmap representing row-normalized (Z-score) LR
268 interaction scores. Rows represent ligand-receptor interaction pairs in the format
269 LIGAND_RECEPTOR, where the receptor is either differentially expressed in the MuSC1 or
270 MuSC2 populations compared to all the other cell types. Columns identify cell types expressing
271 the ligand. Asterisks after the pair name also indicates that the ligand is differentially expressed
272 by the other cell type and that interaction is likely cell-type specific. Red pairs involve the *EGFR*
273 receptor, purple pairs the *NOTCH3* receptor. A positive value indicates that the interaction has a
274 high score for a particular ligand and cell type compared to other cell types.
275

276 Only two receptors, *TNFRSF12/FN14* and *RPSA*, were found differentially
277 expressed in MuSC2 compared to other cell types. The first, *TNFRSF12/FN14*, interacts
278 with the *TWEAK* cytokine ligand. While typically recognized to be expressed by
279 macrophages and other immune cells (Tajrishi et al., 2014), our model suggests *TWEAK*
280 is also expressed by the Fibroblasts 2 and Pericyte cell populations, though not in a
281 statistically significant manner. The second, *RPSA*, is surface ribosomal protein that
282 interacts with laminins (*LAM*), a dual-specificity phosphatase 18 (*DUSP18*), and prion
283 protein 2 (*PRND*), which taken together may suggest various pathological processes such
284 as prion diseases and cancer (Pampeno et al., 2014; Wu et al., 2019). Together, this
285 ligand-receptor analysis identifies a broad set of surface markers that could refine the
286 molecular definition of human MuSCs and their subpopulations, as well as candidate cell-
287 communication channels differentially involved in healthy and diseased muscle tissues.

288 289 **Discussion**

290 Here we present an annotated multi-donor dataset consisting of 22,000 single-cell
291 transcriptomes from 10 different donors and unique anatomical sites, some of which
292 difficult to access outside of reconstructive surgeries. We performed single-cell RNA
293 sequencing and the bioinformatic integration method Scanorama to examine the cellular
294 heterogeneity across diverse adult human muscle tissue samples. We observed that
295 Scanorama performed data integration more successfully than other approaches (**Fig.**
296 **S1**). We describe the muscle tissue cellular heterogeneity and provide a comprehensive
297 analysis of differentially expressed genes for 16 resolved cell subpopulations (**Fig. 1**).

298 This analysis suggests new gene markers for muscle FAPs and vascular endothelial cells
299 that may provide unique perspective to human muscle physiology.

300 Most notably, this analysis suggests that human muscle may contain two distinct
301 MuSC subpopulations (**Fig. 2**). Given the broad donor age range in this study, these two
302 subpopulations may constitute a healthy and an aged/diseased MuSC pool. We conclude
303 that the “MuSC1” subpopulation to be largely comprised of “quiescent” MuSCs, owning
304 high levels of *PAX7*, the mitotic inhibitor *CDKN1C*, and *DLK1*. Interestingly, *DLK1* may
305 be an important regulator for human MuSC maintenance and a marker of healthy tissue
306 given its role in inhibiting adipogenesis (Andersen et al., 2013). Conversely, we identified
307 in the “MuSC2” population signatures of inflammation and increased fat metabolism
308 (*CCL2* and *CXCL1*), reduced insulin sensitivity (*IL32*), cell cycle (EIF2 Signaling terms),
309 and muscle wasting (*TNFRSF12/FN14*), thereby suggesting that these cells may
310 constitute an “early-activated” and possibly dysfunctional MuSC pool. These markers are
311 consistent with prior observations that excessive fat accumulation in muscle can be
312 attributed to obesity, diabetes, and ageing (Addison et al., 2014). In addition, we identify
313 two upregulated lncRNAs that warrant further investigation as candidate non-coding
314 regulators of myogenesis (Hagan et al., 2017). Moreover, the finding of two human MuSC
315 subpopulations mirrors similar observations made from mouse muscle scRNA-seq
316 analyses (De Micheli et al., 2019; Dell’Orso et al., 2019) and agrees with the general
317 conceptual framework that muscle stem cells transition between quiescent, activated and
318 cycling states (Bentzinger et al., 2013). Future studies comparative analysis of these
319 MuSC subpopulations across species may reveal human-specific aspects of myogenesis.

320 Ligand-receptor interaction models from scRNA-seq data can help formulate new
321 hypotheses about cell-communication channels that regulate muscle function (De Micheli
322 et al., 2019). Identifying new MuSCs surface receptors will also help us refine MuSC
323 purification protocols for prospective isolation studies used for *in vitro* and transplantation
324 models. Our LR model revealed a set of 40 surface receptor genes that are distinctly
325 expressed between MuSC1 and MuSC2, confirming some prior reports but also providing
326 new candidate surface antigens for human MuSC subpopulation fractionation (**Fig. 3**).
327 For example, we identify that *SDC2* may mark “quiescent” MuSCs while *CD44*,
328 *TNFRSF12*, and *RPSA* “early-activated” MuSCs in ageing and disease contexts. In

329 addition, our model proposed 79 cell-communication signals that may act between
330 MuSCs and other cell types; in particular with fibroblasts, myofibers and immune cells
331 through the EGFR receptor, and with vascular cells through the NOTCH3 receptor. These
332 interactions may be critical regulators of muscle homeostasis and should be further
333 investigated.

334 Our study has some limitations. First, the sample size is small, and donors are very
335 diverse, thus limiting our ability to control for age and sex. We performed differential
336 expression and gene set enrichment analyses within the MuSC1 and MuSC2 populations
337 between the middle-age (43-69 yo) and aged (70-81 yo) donors, but found few age-
338 cohort specific differences (data not shown). Nevertheless, our dataset still offers a new
339 transcriptomic cell reference atlas and computational data integration approaches as a
340 resource to examine human muscle cell diversity in health, ageing and disease.

341 Future studies should aim at collecting muscle specimens in a more controlled
342 manner, for example using a Bergström needle (Tarnopolsky et al., 2011; Sarver et al.,
343 2017) from a unique anatomical site; though this would not be possible for some muscles
344 presented in this study. These biopsies would allow for ageing and disease comparative
345 analyses. Indeed, a recent report by Rubenstein et al. (2020) performed scRNA-seq on
346 four human vastus lateralis muscle biopsies found that myofiber type composition and
347 gene expression alterations based on donor age. Further, future work could also focus
348 on collecting single-myonuclei from myofibers while discarding other non-myogenic cell
349 types. This could illuminate the transcriptomic diversity of myofiber type, on differences
350 that the local anatomy and tissue physiology may demonstrate, and to ultimately enrich
351 our repertoire of know human muscle markers and understanding of its molecular
352 regulators.

353 **Methods**

354

355 **Human participation for muscle sample collection**

356 All procedures were approved by the Institutional Review Board at Weill Cornell Medical
357 College (WCMC IRB Protocol # 1510016712) and were performed in accordance with
358 relevant guidelines and regulations. All specimens were obtained at the New York-
359 Presbyterian/Weill Cornell campus. All subjects provided written informed consent prior
360 to participation. Samples were de-identified in accordance to IRB guidelines and only
361 details concerning age, sex, and anatomic origin were included. Sample anatomic
362 locations and donor details are provided in **Fig. 1A**.

363

364 **Muscle digestion and single-cell sequencing library preparation**

365 After collection from donors during surgery, the muscle samples were cleared from
366 excessive fat and connective tissue and weighted. About 50-65 mg of tissue was then
367 digested into a single-cell suspension following a previously reported protocol (Spinazzola
368 et al., 2017). Briefly, the specimen was digested in 8 mg/mL Collagenase D (Roche) and
369 4.8 U/mL Dispase II (Roche) for 1 hr followed by manual dissociation, filtration, and red
370 blood cell lysis. All single-cell suspensions were then frozen at -80°C in 90% FBS, 10%
371 DMSO and were re-filtered after thawing and prior to generating scRNA-seq libraries. The
372 sequencing libraries were prepared using the Chromium Single Cell 3' reagent V2 or V3
373 kit (10X Genomics) in accordance with the manufacturer's protocol and diluted as to yield
374 a recovery of ~6,000 single-cell transcriptomes with <5% doublet rate. The libraries were
375 sequenced in multiplex (n=2 per sequencing run) on the NextSeq 500 sequencer
376 (Illumina) to produce between 200 and 250 million reads per library.

377

378 **Single-cell data analysis**

379 Sequencing reads were processed with the Cell Ranger version 3.1 (10X Genomics)
380 using the human reference transcriptome GRCh38. The downstream analysis was carried
381 out with R 3.6.1 (2019-07-05). Quality control filtering, data clustering, visualization, and
382 differential gene expression analysis was carried out using Seurat 3.1.0 R package. Each
383 of the 10 datasets was first analyzed and annotated independently before integration with

384 Scanorama (Hie et al., 2019). Filtering retained cells with >1000 unique molecular
385 identifiers (UMIs), <20% UMIs mapped to mitochondrial genes, and genes expressed in
386 at least 3 cells. Unsupervised shared nearest neighbor (SSN) clustering was performed
387 with a resolution of 0.4 following which clusters were annotated with a common
388 nomenclature of 12 cell type terms (**Fig. S1**). Differential expression analysis was
389 achieved using either Seurat's "FindAllMarkers" (**Fig. 1D**) or "FindMarkers" (**Fig. 2A**)
390 function using a Wilcoxon Rank Sum test and only considering genes with $>\log_2(0.25)$
391 fold-change and expressed in at least 25% of cells in the cluster. P-values were corrected
392 for false-discovery (FDR) and then reported as q-values. Integration of raw counts was
393 achieved using the "scanorama.correct" function from Scanorama. The integrated values
394 were finally scaled in Seurat regressing out the 10X chemistry type and the number of
395 genes per cell. Visualization was done using uniform manifold approximation and
396 projection (UMAP) (Becht et al., 2018).

397

398 **Pathway and gene set enrichment analysis**

399 The list of differentially expressed genes between MuSC1 and MuSC2 (Fig. 2A) was used
400 in Ingenuity Pathway Analysis (IPA) (QUIAGEN, 2019-08-30). Activated (canonical)
401 pathways were calculated by "Core Analysis" setting a q-value cutoff of 0.05, which
402 yielded 964 genes (366 down, 598 up). Top canonical pathways were chosen based of
403 $-\log(p\text{-value})$ and z-score values. Gene set enrichment analysis (GSEA, v.4.0.3)
404 (Subramanian et al., 2005) was ran on the same gene list as IPA ranked by \log_2 fold-
405 change and with default program settings. Gene sets database used:
406 h.all.v7.0.symbols.gmt, c2.all.v7.0.symbols.gmt, c5.all.v7.0.symbols.gmt (Broad
407 Institute). Gene sets enriched in phenotype were selected based on q-value and
408 enrichment score (ES).

409

410 **Ligand-receptor cell communication model**

411 The model aims at scoring potential ligand-receptor interactions between MuSCs
412 (receptor) and other cell types (ligand). We used the ligand-receptor interaction database
413 from Ramilowski et al. (2015). From the database, we considered 1915 ligand-receptor
414 pairs (from 542 receptors and 518 ligands) to test for differential expression in our scRNA-

415 seq dataset. To calculate the score for a given ligand-receptor pair, we multiply the
416 average receptor expression in MuSCs by the average ligand expression per other cell
417 type. We only considered receptors that are differentially expressed in either the MuSC1
418 or MuSC2 subpopulation when compared individually to all other cell types.

419

420 **Reagents and Resources**

421

| Reagents | | |
|---|---------------|-------------|
| Dispase II (neutral protease, grade II) | Sigma-Aldrich | 04942078001 |
| Collagenase D, from <i>Clostridium histolyticum</i> | Sigma-Aldrich | 11088866001 |

422

| Commercial kits | | |
|---|--------------|---------------------|
| Chromium Single Cell 3' Library & Gel Bead Kit v2 | 10X Genomics | CG00052 (protocol) |
| Chromium Single Cell 3' Library & Gel Bead Kit v3 | 10X Genomics | CG000183 (protocol) |

423

| Deposited data | | |
|--------------------------------|-------------------------|---|
| Human ligand-receptor database | Ramilowski et al., 2015 | https://www.ncbi.nlm.nih.gov/pubmed/26198319 |
| Human scRNAseq dataset | This paper | GSE143704 |

424

| Software packages and algorithms | | |
|--|--------------------------|---|
| Cell Ranger 3.1.0 (July 24, 2019) | 10X Genomics | https://support.10xgenomics.com/single-cell-gene-expression/software/downloads/latest |
| Seurat 3.1.0 | Stuart et al., 2019b | https://github.com/satijalab/seurat |
| Scanorama (online version as of 2019-11-19) | Hie et al., 2019 | https://github.com/brianhie/scanorama |
| Gene Set Enrichment Analysis (4.0.3) | Subramanian et al., 2005 | http://software.broadinstitute.org/gsea/index.jsp |
| Ingenuity Pathway Analysis (IPA, 2019-08-30) | QUIAGEN | https://www.qiagenbioinformatics.com/products/ingenuity-pathway-analysis/ |

425

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437

438 **Author Contributions**

439 A.J.D. and B.D.C. designed the study and wrote the manuscript. J.A.S. obtained the
440 human tissue samples. A.J.D. performed the tissue dissociations, scRNA-seq, and data
441 analysis, with supervision and assistance from B.D.C. and O.E. All authors reviewed and
442 edited the manuscript.

443

444 **Declarations of Interest**

445 The authors declare no conflicts of interest.

446 **References**

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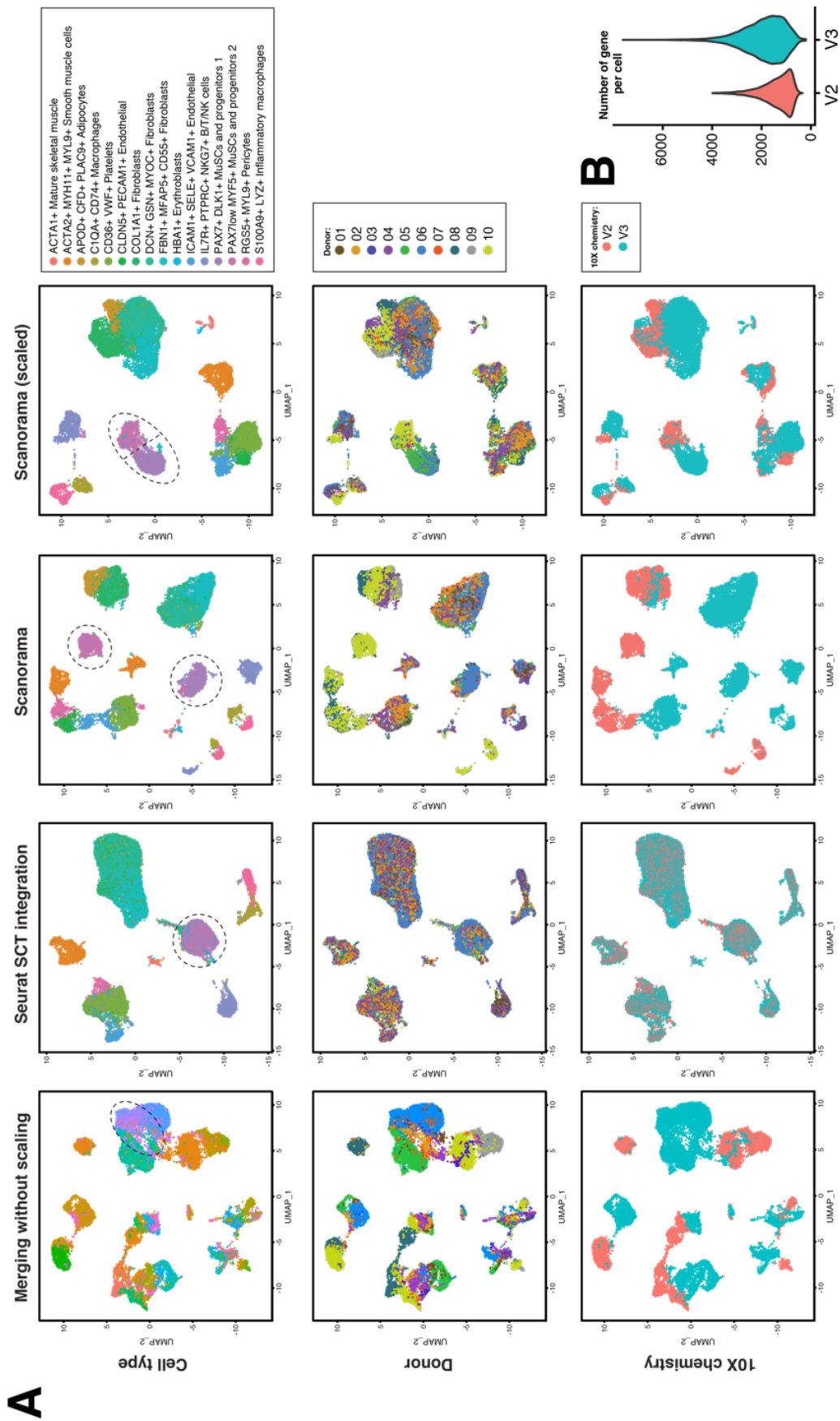
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674 **Figure S1.** (previous page) **Comparison of scRNA-seq integration and batch correction**
675 **methods.** We compared four scRNA-seq data integration methods to evaluate which most
676 faithfully conserves donor, anatomical, and biological information while minimizes technical
677 biases. **(A)** The n=10 donor datasets were first annotated independently using a nomenclature of
678 12 common cell type terms following unsupervised SNN clustering. Then we evaluated the
679 integration method by UMAP and by coloring the data either by cell type, donor ID, or 10X library
680 chemistry used. *First*, we integrated the data by merging the individually normalized gene
681 expression matrices without any further correction. We saw strong technical biases that
682 overwhelmed biological information as the different cell populations segregate by sample/donor
683 and chemistry type. For instance, the two MuSC and progenitor subpopulations are grouped with
684 fibroblasts and endothelial cells. *Second*, we tested the Seurat SCT integration method (Stuart et
685 al., 2019b). This method first calculates a cross-correlation subspace from genes that are shared
686 between datasets. We noticed that this method better “aligns” donor and chemistry type but at
687 the expense of masking biological variability. For instance, we observed that the two MuSC and
688 four stromal subpopulations (Fibroblast 1,2,3 and Adipocytes) were grouped together, hiding
689 important biological heterogeneity. Although certainly useful to validate reproducibility in scRNA-
690 seq experiments, the Seurat SCT integration approach overcorrected biological heterogeneity for
691 heterogeneous samples. *Third*, we tested the Scanorama method (Hie et al., 2019), which relies
692 on a computer vision algorithm that “stitches” datasets together even when the cell type
693 composition between dataset is considerably different. We see that this method groups similar
694 cell populations together while acknowledging donor differences. Yet, surprisingly, this method is
695 also very sensitive at picking up differences in chemistry. To correct this chemistry effect, we
696 scaled the Scanorama output by regressing out the chemistry and the number of genes detected
697 per cell (significantly different between chemistry type) **(B)**. Using this integration method, we
698 observed clear separation of the independently annotated cell populations. We present the
699 resulting Scanorama-integrated dataset as a “consensus atlas” (see **Fig. 1B-C**) of human muscle
700 that describes donor-to-donor differences while grouping cells that are similar together and
701 removing technical biases.