

34 Introduction

35 Mitochondria are both the primary source of organismal energy and the major source of cellular
36 reactive oxygen species (ROS) and oxidative stress during aging (Dai et al., 2014). Aged
37 cardiac mitochondria are functionally changed in redox balance and are deficient in ATP
38 production (Lesnefsky et al., 2016). Numerous reported studies have focused on redox stress
39 and ROS production in aging (Dai et al., 2014). However, in its simplistic form, the free radical
40 theory of aging has become severely challenged (Perez et al., 2009).

41 While more attention has been placed on mitochondrial electron leak and consequent free
42 radical generation, proton leak is a highly significant aspect of mitochondrial energetics, as it
43 accounts for more than 20% of oxygen consumption in the liver (Brand, 2005) and 35% to 50%
44 of that in muscle in the resting state (Rolfe and Brand, 1996). There are two types of proton leak
45 in the mitochondria: 1) constitutive, basal proton leak, and 2) inducible, regulated proton leak,
46 including that mediated by uncoupling proteins (UCPs) (Divakaruni and Brand, 2011). In skeletal
47 muscle, a majority of basal proton conductance has been attributed to adenine nucleotide
48 translocase (ANT) (Brand et al., 2005). Although, aging-related increased mitochondrial proton
49 leak was detected in the mouse heart, kidney and liver by indirect measurement of oxygen
50 consumption in isolated mitochondria (Harper et al., 1998; Serviddio et al., 2007), direct
51 evidence of functional impact remains to be further investigated. Moreover, the exact site and
52 underlying mechanisms responsible for aging-related mitochondrial proton leak are unclear.

53 SS-31 (elamipretide), a tetrapeptide (D-Arg-2',6'-dimethyltyrosine-Lys-Phe-NH₂), binds to
54 cardiolipin-containing membranes (Birk et al., 2013) and improves cristae curvature (Szeto,
55 2014). Prevention of cytochrome *c* peroxidase activity and release has been proposed as its
56 major basis of activity (Szeto, 2014; Szeto and Birk, 2014). SS-31 is highly effective in
57 increasing resistance to a broad range of diseases, including heart ischemia reperfusion injury
58 (Cho et al., 2007; Szeto, 2008), heart failure (Dai et al., 2013), neurodegenerative disease
59 (Yang et al., 2009) and metabolic syndrome (Anderson et al., 2009). In aged mice, SS-31
60 ameliorates kidney glomerulopathy (Sweetwyne et al., 2017) and brain oxidative stress (Hao et
61 al., 2017) and has shown beneficial effects on skeletal muscle performance (Siegel et al., 2013).
62 We have recently shown that administration of SS-31 to 24 month old mice for 8 weeks
63 reverses the age-related decline in diastolic function, increasing the E/A from just above 1.0 to
64 1.22, restoring this parameter 35% towards that of young (5 month old) mice (Chiao et al.,
65 2020). However how SS-31 benefits and protects aged cardiac cells remains unclear.

66 In this report we investigated the effect and underlying mechanism of action of SS-31 on aged
67 cardiomyocytes, especially on the mitochondrial proton leak. Using the naturally aged rodent
68 model we provided direct evidence of increased proton leak as the primary energetic change in
69 aged mitochondria. We further show that the inner membrane protein ANT1 mediates the
70 augmented proton entry in the old mitochondria. Most significantly, we demonstrate that SS-31
71 prevents the excessive proton entry and rejuvenates mitochondrial function through direct
72 association with ANT1 and stabilization of the ATP synthasome.

73 Results

74 **SS-31 alleviates the excessive mitochondrial proton leak in old cardiomyocytes.** To
75 examine whether SS-31 restores aging mitochondrial function, we applied the Seahorse
76 mitochondrial stress assay to intact primary cardiomyocytes. The Seahorse Assay revealed
77 higher mitochondrial basal respiration in cells from old mice than that in young mouse cells (Fig
78 1A, C); however, the maximal respiratory rate was not significantly different (Fig 1A, D). The

79 increased basal respiration was attributable to a higher proton leak in old cardiomyocytes ($164 \pm$
80 16 in 24 month vs 82 ± 12 in young, pmol/min/800cells, $n=7-14$, $p<0.01$) (Fig. 1A, B). Although,
81 SS-31 has only a minor and non-significant effect on young cardiomyocytes (Fig. S1), acute *in*
82 *vitro* treatment of isolated old cardiomyocytes with SS-31 (100 nM, 1 μ M, or 10 μ M for 2 hrs),
83 caused reduced mitochondrial proton leak (Fig. 1A, B and Fig. S2), shifting their respiratory
84 pattern to a more youthful state. These results indicate that SS-31 directly protects aging
85 cardiac energetics through rapid rejuvenation of mitochondrial respiration in cardiomyocytes,
86 and in particular, by reducing proton leak.

87 **SS-31 restores the resistance to external pH gradient stress in old cardiomyocytes.** The
88 evaluation of mitochondrial proton leak by Seahorse Assay is indirect, as it is based on the
89 oxygen consumption rate. Thus, to directly investigate the reduction of mitochondrial proton leak
90 in old cardiomyocytes by SS-31, we expressed the protein mt-cpYFP, a mitochondrial matrix-
91 targeted pH indicator (Demaurex and Schwarzlander, 2016; Schwarzlander et al., 2012; Wang
92 et al., 2016a; Wei-LaPierre et al., 2013) in the rat cardiomyocytes (Fig. S3). Taking advantage
93 of the pH sensitive character of mt-cpYFP, we developed a novel protocol to evaluate
94 mitochondrial proton leak by exposing mitochondria to a pH gradient stress in saponin
95 permeabilized, mt-cpYFP expressing cardiomyocytes (Fig. 2A, B). The drop in mt-cpYFP
96 488/405 ratio is due to proton leak through the mitochondrial inner membrane into the
97 mitochondrial matrix. To evaluate the physical properties of the mitochondrial inner membrane
98 in the absence of mitochondrial activity, we permeabilized the cardiomyocytes in a buffer that
99 contained no substrates, ATP, or ADP. We found that aging reduced cardiomyocyte
100 mitochondrial resistance to a proton gradient stress (Fig. 2A, B). More importantly, we found 10
101 μ M SS-31 treatment *in vitro* restored cardiomyocyte mitochondrial inner membrane resistance to
102 the pH gradient stress in the aged cardiomyocytes (Fig. 2A, B). SS-31 treatment largely
103 prevented the decline in matrix pH of old cells after the external pH was reduced to 5.3 (Fig. 2B,
104 C) and slowed the rate of cpYFP 488/405 change after pH 6.9 (Fig. 2D, 3C). At pH 4.5 SS-31
105 continued to enhance resistance to proton permeability in the treated old cells. This is unlikely to
106 represent a biological benefit at this nonphysiologic pH, but does indicate the substantial
107 change in physical properties of the inner membrane after interaction with SS-31 (Fig. 2B). To
108 further evaluate the kinetics of SS-31 effect on mitochondrial proton permeability, we analyzed
109 cpYFP fluorescence ratios at various times after exposure of the saponin treated
110 cardiomyocytes to 10 μ M SS-31. SS-31 protection of on the mitochondrial matrix proton entry
111 became significant and near maximal after 7-10 minutes of SS-31 treatment (Fig. 2E). We
112 examined the dose effect of SS-31 on proton permeability and found near-maximal effects at
113 100 nM SS-31 (Fig. 2F). In summary, this is the first direct evidence that aging increases
114 mitochondrial inner membrane proton permeability in aged cardiomyocytes and that SS-31
115 protects cardiomyocytes from this proton leak.

116 **ANT1 inhibitors restore resistance of old cardiomyocytes to proton leak.** In search of the
117 source of the uncoupled proton leak in the aged cells, we examined possible involvement of
118 proton leakage through ATPase and mitochondrial uncoupling proteins (UCPs). The ATPase
119 inhibitor Oligomycin A failed to inhibit the proton leak in pH challenged permeabilized aged cells
120 (Fig. 3A, B). Levels of UCP2, which is the dominant isoform of UCPs in the heart, do not change
121 with in age in hearts (Fig. S4). Genipin, an inhibitor of UCP2, showed no effect on the proton
122 leak in permeabilized aged cells (Fig 3A, B). These results suggest that the ATPase and UCP2
123 may not be the source of the excess proton leak in the aged hearts.

124 Recently, the inner membrane protein ANT1 (also called AAC) was identified as the major site
125 of proton leak in mitochondria of multiple tissues (Bertholet et al., 2019), and was shown to
126 contribute to the majority of the proton leak in muscle cells (Brand et al., 2005). Treatment of old

127 cardiomyocytes with either the ANT1 inhibitor bongkreikic acid (BKA) (Ruprecht et al., 2019) or
128 carboxyatractyloside (CAT) (Pebay-Peyroula et al., 2003) completely suppressed the excess
129 proton leak in the Seahorse assay, though unlike SS-31, they also decreased the maximal
130 respiratory rate and failed to enhance the RCR (Fig 1B, C, E), which is consistent with the effect
131 seen in the ANT triple knockout model (Karch et al., 2019). We treated permeabilized old
132 cardiomyocytes with the ANT1 inhibitors and examined the mt-cpYFP response to an external
133 pH gradient using the protocol described above. BKA suppressed the proton leak in old
134 cardiomyocytes, evidenced by the preserved 488/405 ratio at pH 5.3 and a slower 488/405 ratio
135 decrease at pH 6.9 (Fig. 3A, B). Similar inhibition was found with CAT treatment (Fig. 3A, B).
136 Taken together, these data implicate ANT1 as the major site of proton leak in aging hearts.

137 **SS-31 attenuates the excessive mitochondrial flash (mitoflash) activity of aged**
138 **cardiomyocytes, while normalizing membrane potential and ROS.** The mitoflash (Feng et
139 al., 2017; Hou et al., 2014; Shen et al., 2014; Wang et al., 2008; Wang et al., 2016b; Zhang et
140 al., 2015), is triggered by nanodomain proton influx into the mitochondrial matrix (Wang et al.,
141 2016c). Thus, we wondered whether the increased proton leak in the old cells triggered
142 excessive mitoflash activity. We evaluated mitoflash activity in isolated young and old rat
143 cardiomyocytes using the indicator mt-cpYFP, as established in the previous studies noted
144 above. The mitochondrial mitoflash activity in the cells from old (26 mo) cardiomyocytes was
145 higher than that of young (5 mo) cells (2.8 ± 0.3 in old vs 1.4 ± 0.2 , /1000 μm^2 /100s in young
146 cells, n=28-88, p<0.05). Confirming this, we detected an increase in mitoflash activity in
147 Langendorff perfused intact aged hearts from mt-cpYFP transgenic mice (Fig. S5). 1 hour
148 treatment with SS-31 normalized the mitoflash activity in old cells to the young cell level (Fig.
149 4D). Moreover, the mitochondrial ANT1 inhibitors BKA and CAT showed super-suppression of
150 the flash activity, reducing this frequency to half of that of young cells (Fig. 4D). These data
151 support the notion that proton leak from ANT1 triggers the mitoflash in cardiomyocytes and is
152 responsible for the excess mitoflash activity of old cells. Moreover, the mitochondrial membrane
153 potential, which is generally lower in old cardiomyocytes (Serviddio et al., 2007), is restored to
154 youthful levels by SS-31 treatment (Fig. 4E). Also, SS-31 reduced ROS production in the aged
155 cardiomyocytes (Fig. 4F). Thus, the reduction of mitochondrial proton leak by SS-31 is
156 accompanied by a more youthful membrane potential and dynamic function (mitoflash), as well
157 as less oxidative stress.

158 **SS-31 reverses increased mPTP opening in aged cardiomyocytes.** Due to the close link
159 previously established between the mitoflash and mitochondrial permeability transition pore
160 (mPTP) opening (Hou et al., 2014), we evaluated mPTP activity by the photon-triggered mPTP
161 opening protocol (Fig. 5A) (Zorov et al., 2000). Consistent with previous reports in isolated
162 mitochondria (Hafner et al., 2010), we found that the time to mPTP opening is decreased in
163 intact old cardiomyocytes (Fig. 5B). SS-31 and the ANT1 inhibitor BKA, which stabilizes the
164 ANT1 in the m-state open towards the mitochondrial matrix, both protect the aging-increased
165 mitochondrial mPTP opening rate (Fig. 5B), consistent with previous observations that BKA
166 prevents the onset of the permeability transition (Halestrap et al., 1997). The ANT1 inhibitor
167 CAT, which stabilizes ANT1 in the c-state open toward the cytosol, failed to prevent the rapid
168 opening of the mPTP in old cells (Fig. 5B), consistent with previous observations that it
169 facilitates mPTP opening (Halestrap et al., 1997). These data indicate that SS-31 decreases
170 mPTP opening in old cardiomyocytes.

171 **SS-31 associates directly with ANT1 and the ATP synthasome.** To further investigate the
172 mechanism of SS-31 protection of the proton leak, we used biotinylated SS-31 to evaluate
173 whether SS-31 directly interacts with the ANT1 protein. Hearts were disrupted by douncing,
174 after a low speed spin to remove fragments, mitochondria were collected by high speed spin

175 and disrupted in digitonin, to create lipid rafts containing their associated proteins, a protocol
176 commonly used to prepare mitochondrial supercomplexes (Johnson et al., 2013). This
177 preparation was incubated with SS-31-biotin or biotin only, followed by incubation with
178 streptavidin beads. After washing, the bead-bound fraction was eluted with excess SS-31 and
179 analyzed by Western blotting. Biotin-SS-31 pulled down ANT1, and free SS-31 competed with
180 the biotin-SS-31 binding to ANT1 (Fig. 6A, B, Fig. S6). Most notably, both BKA and CAT
181 inhibited binding of biotin-SS-31 to ANT1 (Fig. 6A, B). This competition was observed even at
182 BKA and CAT concentrations in the tens of nanomolar range (data not shown), which is
183 consistent with their reported K_d of binding to ANT1 (Vignais et al., 1976). Biotin-SS-31
184 pulldown of ANT1 was not inhibited by Genipin or Oligomycin A (Fig. 6A, B). These data
185 indicate that SS-31 associates closely with the ANT1 protein. Moreover, native gel and ATPase
186 blot analysis showed that SS-31 stabilized the ATP synthasome, of which ANT1 and ATPase
187 are critical members (Ko et al., 2003) (Fig. 6D, E). However, SS-31 treatment did not produce a
188 detectable increase in mitochondrial complex proteins by Coomassie blue staining (Fig. 6C).
189 Taken together, these data suggest that SS-31 interacts directly with ANT1 and stabilizes the
190 ATP synthasome in old cardiomyocytes.

191 **Discussion:**

192 In this report we have shown direct evidence of increased proton leak in the aged mitochondria
193 as a primary energetic disturbance and evidence that the increased proton entry in old
194 cardiomyocytes takes place through ANT1. Moreover, we demonstrated that SS-31 prevents
195 the proton entry to the mitochondrial matrix and rejuvenates mitochondrial function through
196 direct interaction with ANT1 and stabilization of the ATP synthasome. During aging, the
197 pathological augmented and sustained basal proton leak burdens the mitochondrial work load,
198 resulting in a decline in respiratory efficiency. Blocking this pathological proton leak induced by
199 aging benefits the mitochondria and the heart (Fig. 7). We suggest that the restoration of aged
200 mitochondrial function that is conferred by SS-31 is directly attributable to this effect. However,
201 the resulting enhancement in diastolic function is likely to require downstream changes, as the
202 functional benefit took up to 8 weeks to reach full effect, and required post-translational
203 modifications of contractile protein elements (Chiao et al., 2020). It is increasingly recognized
204 that mitochondrial function, including redox status and energetics, has far-reaching effects,
205 including epigenetic alterations and post-translational modifications (Olgar et al., 2019).

206 ANT1 appears to mediate the pathological mitochondrial proton leak in the aged mouse heart.
207 Although an increased mitochondrial proton leak in the aged heart was previously suggested by
208 indirect oxygen consumption measurement (Serviddio et al., 2007), the site of this augmented
209 proton leak in aging mitochondria has remained a puzzle. We directly evaluated the proton leak
210 using the mitochondrial matrix targeted pH indicator (mt-cpYFP) and provide evidence that
211 implicates ANT1, the ATP/ADP translocator, as responsible for the pathologically increased
212 proton leak in aged cardiomyocytes. This does not necessarily implicate the ADP/ATP
213 translocase mechanism itself in the proton leak, as in the unenergetic state in which we
214 examined the mitochondrial pH resistance, there would be no ADP/ATP transport activity. Our
215 result is, however, supported by a recent report that proton transport is an integral function of
216 ANT1 (Bertholet et al., 2019). Because the ANT1 protein level is not increased in the aged heart
217 (it is, in fact, mildly but significantly decreased, Fig. S3), the aging-augmented proton leak
218 through ANT1 must be through altered transport activity or conformational change. Both the
219 inhibitors of BKA (locking ANT1 in m-state (Ruprecht et al., 2019)) and CAT (locking ANT1 in c-
220 state (Pebay-Peyroula et al., 2003)) suppressed the proton leak in the aged cardiomyocytes,
221 suggesting that constraining the conformational state in either position, or otherwise blocking
222 the proton pore reduces ANT1 proton translocation.

223 Most interestingly, for the first time, we showed that a novel drug, SS-31 (elamipretide), now in
224 clinical trials, prevents the augmented mitochondrial proton leak, rejuvenates mitochondria
225 function and reverses aging-related cardiac dysfunction. Mechanistically, we found that SS-31
226 directly interacts with ANT1 and stabilizes formation of the ATP synthasome. This would seem
227 surprising, given the prior belief that SS-31 affects mitochondria via binding to cardiolipin.
228 However, the notion that SS-31 prevents the proton leak by direct interaction at the pore
229 “pocket” of ANT1 is supported by recent observations based on cross-linking “interactome”
230 mass-spectroscopy that showed that SS-31 is in intimate proximity to two lysine amino acid
231 residues in the water filled cavity of the ANT1 protein (Chavez et al., 2020). Moreover, the
232 cross-linking data suggested that this interaction could have structural consequences and may
233 stabilize the m-state of ANT1 (Chavez et al., 2020). Our observation that both BKA and CAT
234 blocked the SS-31 interaction with ANT1 suggests that SS-31 interacts with ANT1 independent
235 of the ANT1 face to m-state (matrix facing) or c-state (cytoplasmic-facing). These results, and
236 prior evidence of the critical role of ANT1 in mitochondrial health and function (Liu and Chen,
237 2013) warrant further high resolution structural study of the ANT transporter.

238 It has recently been shown that SS-31 alters surface electrostatic properties of the mitochondrial
239 inner membrane (Mitchell et al., 2019). The consequences of this effect could include alteration
240 of the channel ion gating properties of the ANT, including conformational changes secondary to
241 enhanced supercomplex and ATP synthasome complex stability. SS-31 effects on stabilization
242 of mitochondrial synthasome (Figure 6) could directly contribute to the enhanced efficiency of
243 mitochondrial respiration that is seen in muscle of SS-31 treated old animals (Siegel et al.,
244 2013) and the improvement in performance of humans with primary mitochondrial myopathy
245 (Karaa et al., 2018).

246 The restoration of membrane potential by SS-31 the old mitochondria (Fig. 4E) can be attributed
247 to the suppression of proton leak. However, SS-31 also decreased ROS production (Fig. 4F) in
248 the aged cardiomyocytes. It is unclear if the reduced ROS production is associated with
249 modification of the ANT1 shown here or through a parallel mechanism. Blocking this
250 pathological proton leak induced by aging will benefit the mitochondria and the heart. This is not
251 in conflict with the “uncoupling to survive hypothesis”, which arises from the positive correlations
252 between increase proton leak, reduced ROS and increased lifespan (Brand, 2000). This
253 reduced ROS production is interpreted as resulting from decreased electromotive force and
254 consequent reduced electron leak during transport through the respiratory chain. However, SS-
255 31 through its interaction with cardiolipin, abundant in the inner membrane, can improve the
256 efficiency of electron transfer, especially by its known interaction with the heme group of
257 cytochrome c (Szeto, 2014; Szeto and Birk, 2014), thereby reducing ROS production, even as
258 the aged mitochondrial membrane potential is increased. Thus, our data support the conclusion
259 that SS-31 interaction with multiple inner membrane proteins enhances the performance of
260 multiple facets of respiratory mechanics.

261 In summary, our study reveals that ANT1 is responsible for the elevated proton leak in old
262 cardiomyocytes and that SS-31 directly interacts with ANT1, preventing the proton leak and
263 rejuvenating mitochondrial function in the aged cardiomyocytes. The improved mitochondrial
264 function leads to complex secondary changes to effect enhanced diastolic function in the aged
265 heart. These findings provide a novel insight for better understanding of the mechanisms of
266 cardiac aging and establish the novel concept that decreasing the pathological proton leak in
267 the aging heart restores mitochondrial function, ultimately reversing cardiac dysfunction in
268 aging.

269 **Methods:**

270 **Animals.** All the animal procedures were approved by the Institutional Animal Care and Use
271 Committee at the University of Washington and conform to the NIH guidelines (Guide for the
272 care and use of laboratory animals). Young (4-6 month-old) and aged (24-26 month-old)
273 C57BL/6 mice (Charles River colony) and F344 rats (25-30 month-old) were obtained from the
274 National Institute of Aging Rodent Resource. The mt-cpYFP transgenic C57BL/6 mice were
275 housed until reaching the age described.

276 **Isolation of adult mouse and rat cardiomyocytes.** Single ventricular myocytes were
277 enzymatically isolated from mouse and rat hearts as described previously (Zhang et al., 2013;
278 Zhang et al., 2017). The rod shaped cardiomyocytes were collected by allowing cells settle
279 down and adhere to laminin coated 24 well Seahorse plates for intact cell oxygen consumption
280 test or to glass coverslips for confocal imaging.

281 **Seahorse Assay.** The XF24e Extracellular Flux Analyzer (Seahorse Bioscience) was used for
282 measuring oxygen consumption in intact cardiomyocyte, with XF assay medium containing 5
283 mM glucose and 1 mM pyruvate. Oligomycin A (OA, 2.5 μ M), carbonyl cyanide-p-
284 trifluoromethoxyphenylhydrazone (FCCP, 1 μ M), and antimycin A (AA, 2.5 μ M) plus 1 μ M
285 rotenone (Rot) were added in three sequential injections. The RCR was measured or calculated
286 by maximal respiration divided by basal respiration.

287 **Confocal imaging.** We used a Zeiss 510 (Zeiss, Germany) or Leica SP8 (Leica, Germany) for
288 confocal imaging at room temperature. The cells were placed in modified Tyrode's solution (in
289 mM: 138 NaCl, 0.5 KCl, 20 HEPES, 1.2 MgSO₄, 1.2 KH₂PO₄, 5 Glucose, 1 CaCl₂, pH 7.4). For
290 mitochondrial flashes, mt-cpYFP expressing cells were exposed to alternating excitation at 405
291 and 488 nm and emission collected at >505 nm. Time-lapse 2D images were collected at a rate
292 of 1 s per frame. For mitochondrial superoxide quantitation, we used the ratio of MitoSOX Red
293 (5 μ M, excited at 540 nm with emission collected at > 560 nm) to mitoTracker Green (200 nM,
294 excited at 488 nm and emission collected at 505-530 nm). For mitochondrial membrane
295 potential measurement, JC-1 was excited at 488 nm and emission collected at 510-545 nm and
296 570-650 nm. For photon triggered mPTP opening, the cells were loaded with 120 nM
297 Tetramethylrhodamine methyl ester (TMRM) and line scanned at 1 Hz as described previously
298 (Zorov et al., 2000).

299 **Cell permeabilization and pH stress.** Rat cardiomyocytes were cultured with mt-cpYFP
300 adenovirus (Wang et al., 2016b) for 3 days in M199 medium. After incubation in Ca²⁺-free
301 Tyrode's solution for 30 min, the medium was changed to a solution of 100 mM potassium
302 aspartate, 20 mM KCl, 10 mM glutathione, 10 mM KH₂PO₄, 0.1 mM EGTA, 8% dextran 40,000,
303 pH 7.5, with 50 μ g/ml saponin for 30 s and then maintained in saponin-free internal solution
304 (Lukyanenko and Gyorke, 1999). The pH of the solution containing the permeabilized cells was
305 then progressively lowered by addition of HCl in quantities previously titrated to result in pH 7.3,
306 6.9, 5.3, and 4.5, with 8 min between each step. The permeabilized cells were excited using
307 same settings as for mt-cpYFP above, but using a time-lapse of 6 s per frame. The ratio of
308 emission fluorescence at 488 nm from 405 nm excitation indicated the mitochondrial pH change
309 (Wei-LaPierre et al., 2013) and was normalized to a starting (pH 7.5) arbitrary value of 1.0, so
310 as to normalize differences due to variability of the intensity of laser excitation and emission
311 collection between different experiments.

312 **Western blots.** Heart tissue was lysed with RIPA buffer containing a protease inhibitor cocktail
313 (Chiao et al., 2016). Protein samples were denatured and separated via NuPAGE Bis-Tris gel,
314 and transferred to PVDF membranes. The blots were probed with primary antibodies: ANT1

315 (Abcam, ab102032, 1:3000), UCP2 (Cell signaling technology, 89326S, 1:2000) followed by
316 appropriate secondary antibodies.

317 **Biotin-SS-31 pulldown and Blot Analysis.** Hearts were chunked and dounce homogenized in
318 mitochondrial isolation buffer (MIB, in mM: 300 sucrose, 10 Na-HEPES, 0.200 EDTA, pH 7.4)
319 and centrifuged at 800 g for 10 min. The supernatants were centrifuged at 8000 g for 15 min to
320 purify mitochondria. Digitonin was added to the mitochondria at a ratio of Digitonin : protein = 6
321 :1 to break down the membrane system. Treatment drugs were added 30 min before addition of
322 10 μ M biotin-SS-31 (Biotin-D-Arg-dimethyl Tyr-Lys-Phe-NH₂) or biotin control (Thermo,
323 B20656). Streptavidin Agarose beads (Thermo, 20349) were added and incubated 2 hr at room
324 temperature. The beads were washed with MIB 3 times and then eluted by 50 μ M SS-31. The
325 eluates were boiled with LDS protein loading buffer (Thermo, NP0008) and loaded on NuPAGE
326 for gel electrophoresis and Western blotting with antibody to ANT1 (Abcam, ab102032, 1:3000).
327 In some experiments, after electrophoresis, gels were silver stained using a Pierce Silver Stain
328 Kit (Thermo, #24612).

329 **Native coomassie blue staining and blotting.** Mitochondria from mouse hearts were isolated
330 as described previously (Marcu et al., 2012). Mitochondria (100 μ g) were solubilized in 4x
331 NativePAGE Sample Buffer containing 5% digitonin and 5% coomassie blue G-250. The
332 samples were loaded on NativePAGE Novex 3-12% Gel and run at 100 V for 1 hr, then at 300 V
333 for 2 hr. For coomassie blue staining, gels were stained with 0.1 % Coomassie Brilliant Blue
334 overnight and destained with destaining solution (H₂O: Methanol: Acetic Acid = 5:4:1) 5 times at
335 20 min intervals. For native blotting, gels were transferred to PVDF membranes at 25 V in 4 °C
336 overnight and incubated with ATP5a antibody (Abcam, ab14748, 1:3000), followed by anti-
337 mouse secondary antibody.

338 **Perfused mouse heart confocal imaging.** mt-cpYFP transgenic mice were anesthetized with
339 pentobarbital (150mg/kg). The heart was removed, cannulated via the ascending aorta, and put
340 on a modified perfusion system and in a custom made chamber on the confocal stage as
341 previously reported (Zhang et al., 2018; Zhang et al., 2017). The perfusion was maintained
342 under a constant flow (~2 mL/min) with O₂/CO₂-bubbled KHB solution (in mM: 118 NaCl, 0.5
343 EDTA, 10 D-glucose, 5.3 KCl, 1.2 MgCl₂, 25 NaHCO₃, 0.5 Pyruvate, and 2 CaCl₂, pH 7.4) at 37
344 °C. To minimize motion artifact during imaging, 10 μ M (-)-Blebbistatin (Toronto Research
345 Chemicals) was included. During imaging, the left ventricle was gently pressed to further
346 suppress motion artifact. Mitoflashes were imaged using the procedure described above.

347 **Data statistics.**

348 Data are shown as mean \pm SEM. Student's t-test was applied to determine the statistical
349 significance. P < 0.05 was considered statistically significant.

350 **Conflict of interest**

351 Dr. Szeto Hazel has served as consultants to Stealth Biotherapeutics.

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363 Marcinek.

364 **Figure Legends**

365 Fig. 1: SS-31 alleviates the excessive mitochondrial proton leak of cardiomyocytes from 24 mo
366 old mice. (A) Representative Seahorse Assay traces of cardiomyocytes isolated from untreated
367 young and old mice, then exposed or not to 100nM SS-31 for 2 hr in vitro. Aging increased
368 basal respiration (C), which was attributable to the augmentation of proton leak (B), but did not
369 affect maximal respiration (D). ANT1 inhibitors BKA (10 μ M) and CAT (20 μ M) 2 hr treatment
370 decreased the proton leak (B) and basal respiration (C) but also decreased maximal respiration
371 (D) in old cardiomyocytes. N=5-14 mice in each group; Student's t-test was applied to determine
372 the statistical significance. *P < 0.05, **P < 0.01 vs. young; #P < 0.05, ###P < 0.01 vs. old
373 controls.

374

375 Fig. 2: SS-31 restores the resistance of cardiomyocytes from old rat to proton entry into the
376 mitochondrial matrix during external pH gradient stress. (A) Typical image of the effects of pH
377 gradient stress on permeabilized rat cardiomyocyte mt-cpYFP fluorescence. Up panel, Young,
378 middle panel, Old, lower panel, Old+SS31 (10 μ M, 3 days) visualized after exposure of the cells
379 to pH 7.5 and, later, to pH 5.3. The excitation is 488 nm and collection is at 505-730nm. (B)
380 saponin (50 μ g/ml) permeabilized cardiomyocytes expressing mt-cpYFP were exposed to
381 progressively lower external pH. Proton permeability of old mitochondria was greater than that
382 of young mitochondria, but preincubation of old cells with 10 μ M SS-31 for 3 days enhanced the
383 mitochondrial inner membrane resistance to the pH stress. The traces were averaged from 4-19
384 experiments. The arrows indicate the changes of pH. (C) Quantitation of the SS-31 treatment
385 effect on the mitochondrial matrix cpYFP ratio at pH 5.3. The data are from 7-8 min after the pH
386 was adjusted to 5.3. N=5-19 rats in each group. (D) SS-31 decreased the rate of cpYFP
387 488/405 ratio drop at pH 6.9. N=4-10 rats in each group. The rate is calculated as indicated in
388 Figure 3C. The time dependence (N=3-4 rats in each group) (E) and dose dependence (N=3-14
389 rats in each group) (F) of SS-31 protection of mitochondrial resistance to pH gradient stress are
390 shown. After cardiomyocyte permeabilization, 10 μ M SS-31 was added for the times shown in
391 (E) or at the doses shown in (F) for 30 minutes, followed by pH stress. * P < 0.05, **P < 0.01 vs
392 Young; # P < 0.05, ###P < 0.01 vs Old.

393

394 Fig. 3: ANT1 inhibitors restore resistance to proton leak in old rat cardiomyocytes. ANT1
395 inhibitors 10 μ M BKA and 20 μ M CAT, but not 50 μ M Genipin (UCP2 inhibitor) or 1 μ M OA
396 (ATPase inhibitor), protected the mitochondrial matrix from decreased pH after exposure to
397 external pH 5.3 (N=4-19 rats in each group) (A) and reduced the rate of 488/405 decline after
398 exposure to pH 6.9 (N=4-10 rats in each group) (B). BKA, CAT, Genipin, or OA were added
399 immediately after the mitochondria permeabilization. *P < 0.05, **P < 0.01 vs Young, #P < 0.05,
400 ###P < 0.01 vs Old. (C) Method of quantitation of the slope of mt-cpYFP fluorescence ratio
401 change after permeabilized cells are exposed to external pH 6.9. The trace is from old rat
402 cardiomyocytes.

403

404 Fig. 4: SS-31 attenuates excessive mitoflash activity in aged rat cardiomyocytes. (A-C) Mitoflash
405 events within the regions shown in the red boxes took place at the times shown by vertical bars
406 during the 100 sec scanning time in the representative cardiomyocytes from young (A), old (B)
407 and old+SS-31 (C) rat hearts. (D) The rate of mitoflash activity was increased in old rat
408 cardiomyocytes compared to young, but 1 hour SS-31, BKA (10 μ M) and CAT (20 μ M)
409 treatments decreased the mitoflash frequency in old cells to or below that of young cells. N =
410 26-87 cells from 3-14 rats. **P < 0.05 vs young. ##P < 0.05 vs old. (E) JC-1 red to green
411 fluorescence ratio, indicative of mitochondrial membrane potential, in cells from young and old
412 mice and old mouse cardiomyocytes treated with SS-31 (10 μ M for 12 hours). N= 84-218 cells
413 from 3-4 mice. P = 0.06 vs young. ##P < 0.01 vs old. (F) Mitochondrial ROS production in
414 mouse cardiomyocytes measured by the fluorescence ratio of MitoSOX (5 μ M, excitation 540
415 nm, emission >560 nm) to Mitotracker green (200 nM, excitation 488 nm, emission 505-530
416 nm). N=40-84 cells from 3-5 mice. **P < 0.05 vs young. ##P < 0.05 vs old.

417

418 Fig. 5: SS-31 reverses the increased speed of mPTP opening in aged mouse cardiomyocytes.
419 (A) A typical image shows 1 Hz line-scanning photo-excitation induced mPTP opening in a
420 cardiomyocyte loaded with the mitochondrial membrane potential ($\Delta\psi_m$) dye TMRM. The
421 sudden decline of TMRM fluorescence with time (rightward) indicates mPTP opening and $\Delta\psi_m$
422 loss. (B) 1-hour SS-31 and BKA, but not CAT treatments protect the photo-excitation induced
423 mPTP opening. Quantification of time to mPTP opening from 418-658 mitochondria from 19-32
424 cells isolated from 3-4 mice in each group. **P < 0.01 vs young, ##P < 0.01 vs old.

425

426 Fig. 6: SS-31 interacts with ANT1 and stabilizes the ATP synthasome in the old mouse heart
427 mitochondria. (A, B) Biotin-SS-31 pulldown shows the association of biotin-SS-31 to ANT1. Free
428 SS-31 competes with this interaction, while BKA and CAT inhibit the interaction of biotin-SS-31
429 with ANT1. Panel A shows a representative Western blot. N=6 mice in each group. **P < 0.01
430 vs Biotin control, #P < 0.05, ##P < 0.01 vs Biotin-SS31 pulldown. (C) Coomassie blue staining
431 of isolated mitochondria in a native gel. (D) Left panel is the total protein loading control for the
432 Native gel blot. (D, E) Native Gel blotting shows that 10 μ M SS-31 stabilizes the mitochondrial
433 synthasome (Syn) in isolated mitochondria. The Syn is highlighted in the red box. The Syn and
434 ATPase Dimer (D) and Monomer (M) were labeled using anti-ATP5A. N=6 mice in each group.
435 *P < 0.05 vs young, #P < 0.05 vs old.

436

437 Fig. 7: Schematic of the mechanism of SS-31 protection of proton leak and rejuvenation of
438 mitochondrial function. Due to increased mitochondrial proton leak, the mitochondria work
439 harder to maintain ATP production, and thus the work load is increased in the aged heart.

440

441 Supplemental Fig. 1: SS-31 has a minor effect on mitochondrial respiration in the young
442 cardiomyocytes. None of the differences are significant. N=5 mice in each group.

443

444 Supplemental Fig. 2: SS-31 reaches its inhibitory effect on proton leak suppression at low
445 concentrations. SS-31 decreased the mitochondrial proton leak. N=6-14 mice in each group **P
446 < 0.01 vs. young, #P < 0.05 vs. old controls.

447

448 Supplemental Fig. 3: pH calibration of mt-cpYFP in adult cardiac myocytes with Nigericin. 10 μ M
449 Nigericin was added to the mitochondrial permeabilization buffer. (A) shows the ratio of 488/405
450 (normalized to that of the value at pH=7.5) as the pH is gradually lowered. The ratio of 488/405
451 reaches the lowest point at pH 6.0, followed by a small increase starting at pH 5.5, consistent
452 with the known pH response of this dye (Wei-LaPierre et al., 2013). (B) shows the emission
453 spectra of mt-cpYFP pH 8.0, 6.0 and 4.5 when excited at 488 nM (C) shows the emission
454 spectra of mt-cpYFP pH 8.0, 6.0 and 4.5 when excited at 405nm. The 488 nm excitation is
455 sensitive to the pH change but the 405 nm excitation is much less pH dependent.

456

457 Supplemental Fig. 4: Aging effect on ANT1 and UCP2 cardiac protein abundance. Aging
458 slightly, but significantly decreases ANT1 levels in the mice heart. Western blot of ANT1 (A, C)
459 and UCP2 (B, D). N=6 mice in each group. *P < 0.05 vs young. The total protein loading control
460 was stained with MemCode Reversible Protein Stain Kit for Polyvinylidene difluoride
461 Membranes (Pierce, Rockford, IL).

462

463 Supplemental Fig. 5: Increased mitochondrial flash activity in the intact perfused mouse aged
464 heart. (A) Typical images from the young (upper panel) and old (lower panel) mice hearts. (B)
465 Statistical analysis of mitoflash frequency in the analyzed regions indicated by the red boxes in
466 panel A. Young: N=18 regions from 3 mice. Old: N=16 regions from 4 mice. *P < 0.05 vs Young.

467

468 Supplemental Fig. 6: Silver staining of the Biotin-SS-31 pulldown of Figure 6A from the old
469 mouse heart mitochondria. The great majority of bands present in the input are not present in
470 the biotin-SS-31 pulldown; those that are show suppression by SS-31 competition.

471

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614

615

Fig. 1: SS-31 alleviates the excessive mitochondrial proton leak in the old cardiomyocytes.

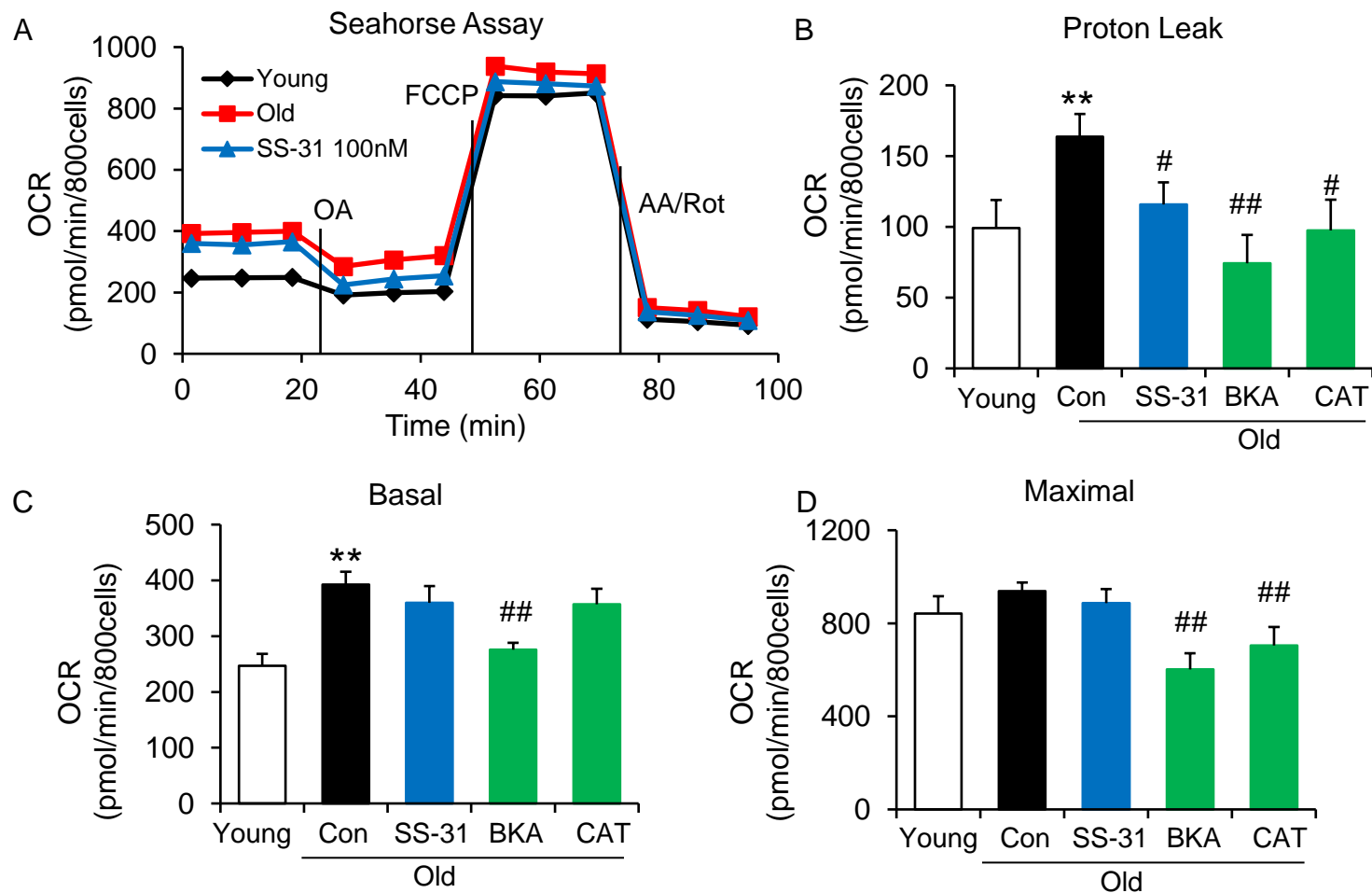


Fig. 2: SS31 restores the resistance to external pH gradient stress in the old cardiomyocytes.

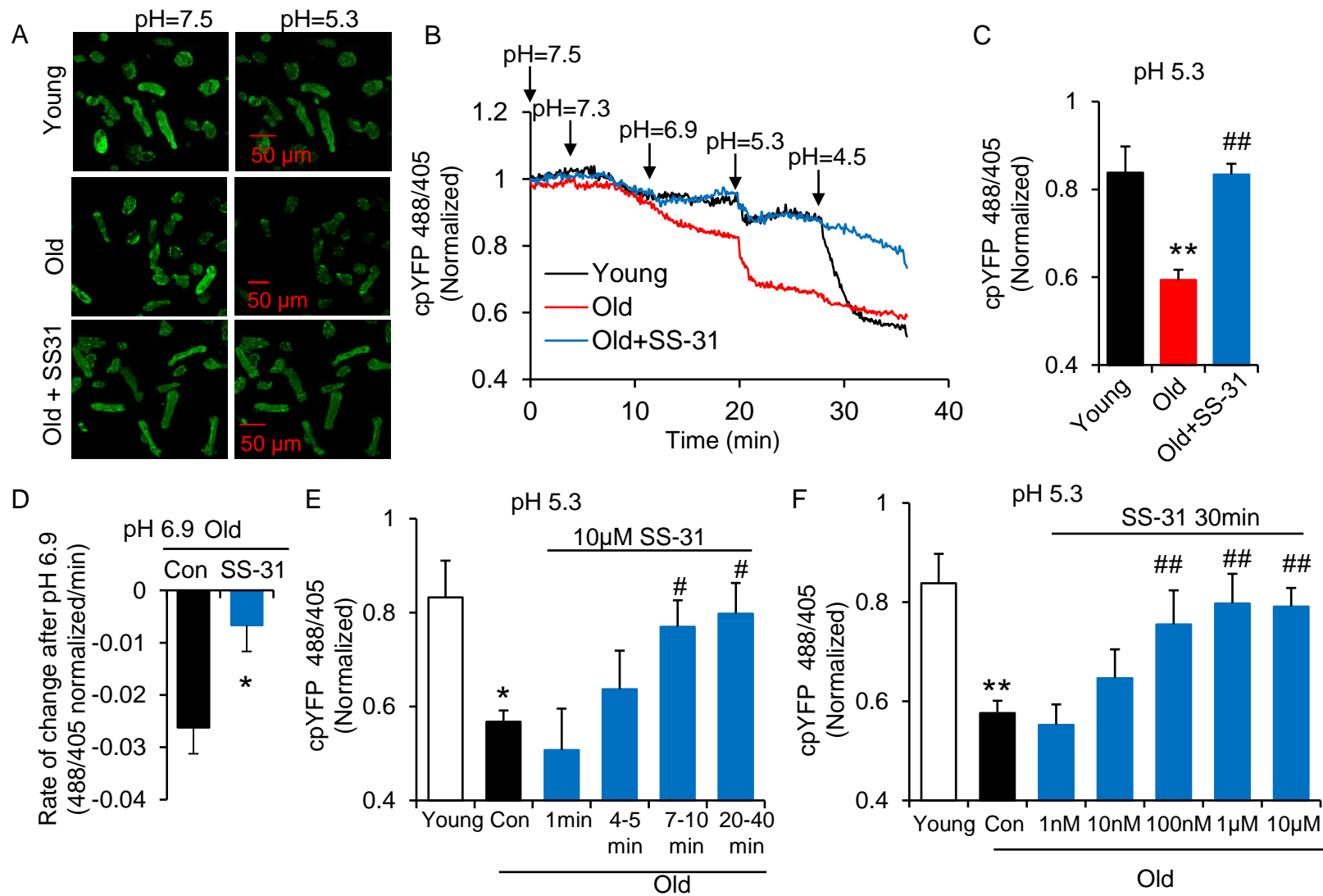


Fig. 3: ANT1 inhibitors restore resistance to proton leak in old cardiomyocytes.

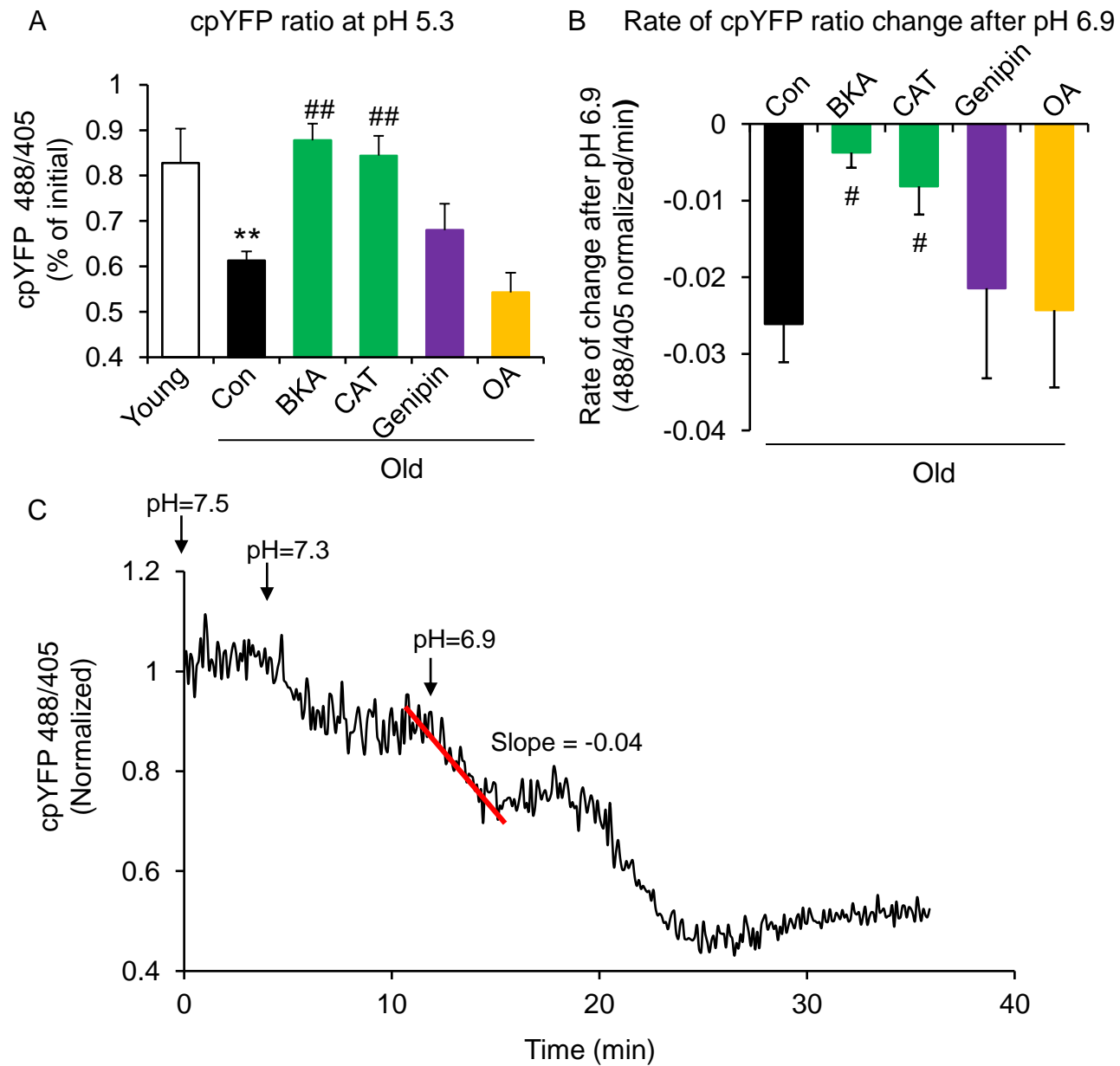


Fig. 4: SS-31 attenuates the excessive mitoflash activity in aged cardiomyocytes

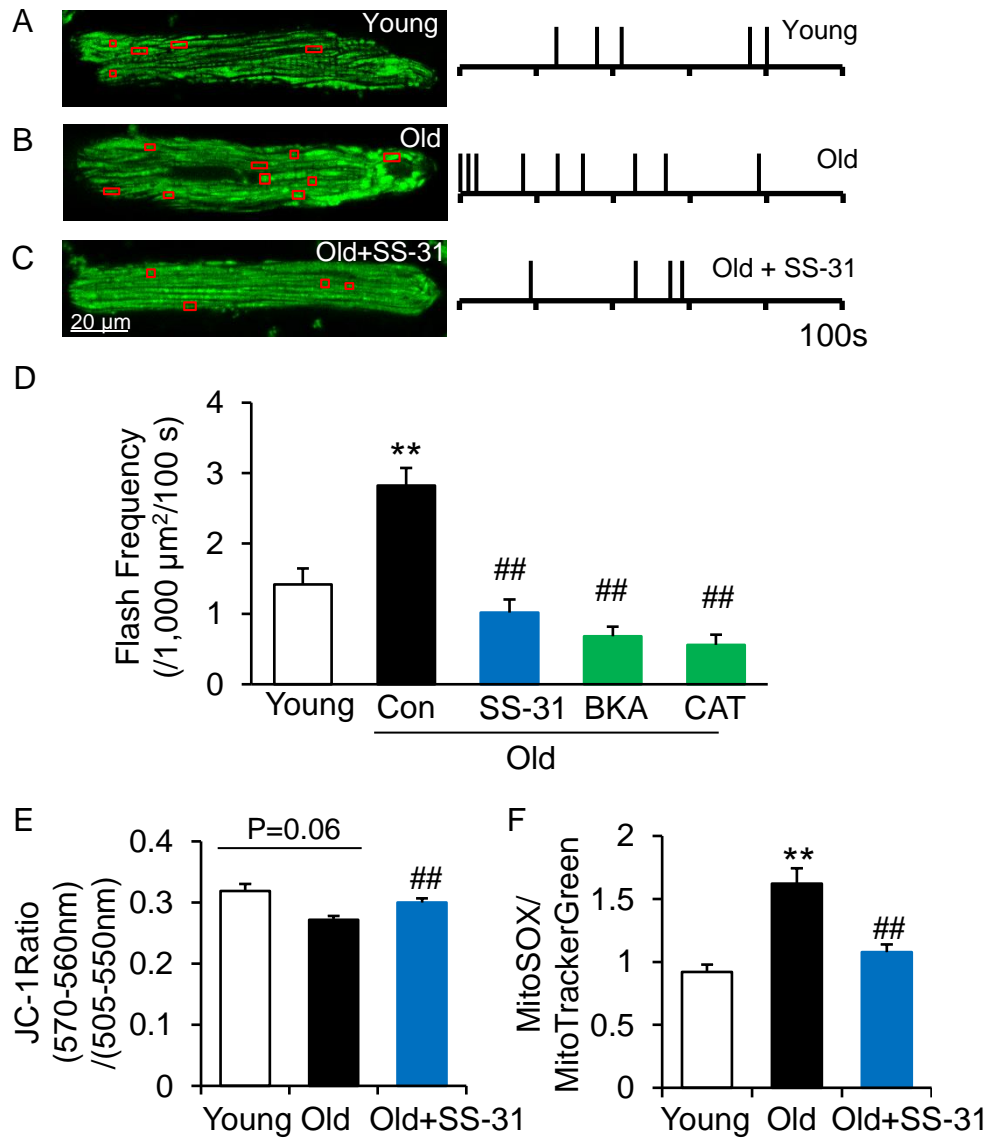


Fig. 5: SS-31 reverses the increased mPTP opening in aged cardiomyocytes.

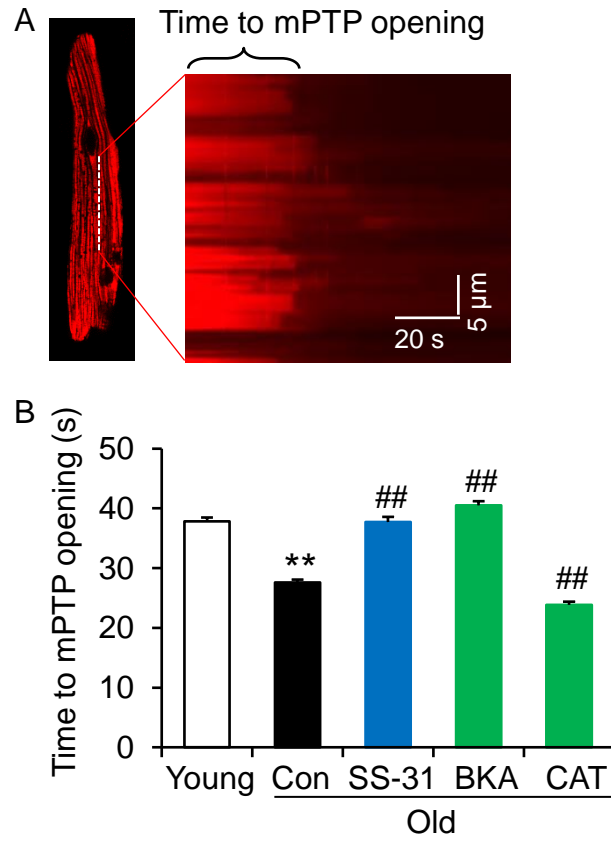


Fig. 6: SS31 associates directly with ANT1 and stabilizing the ATP synthasome

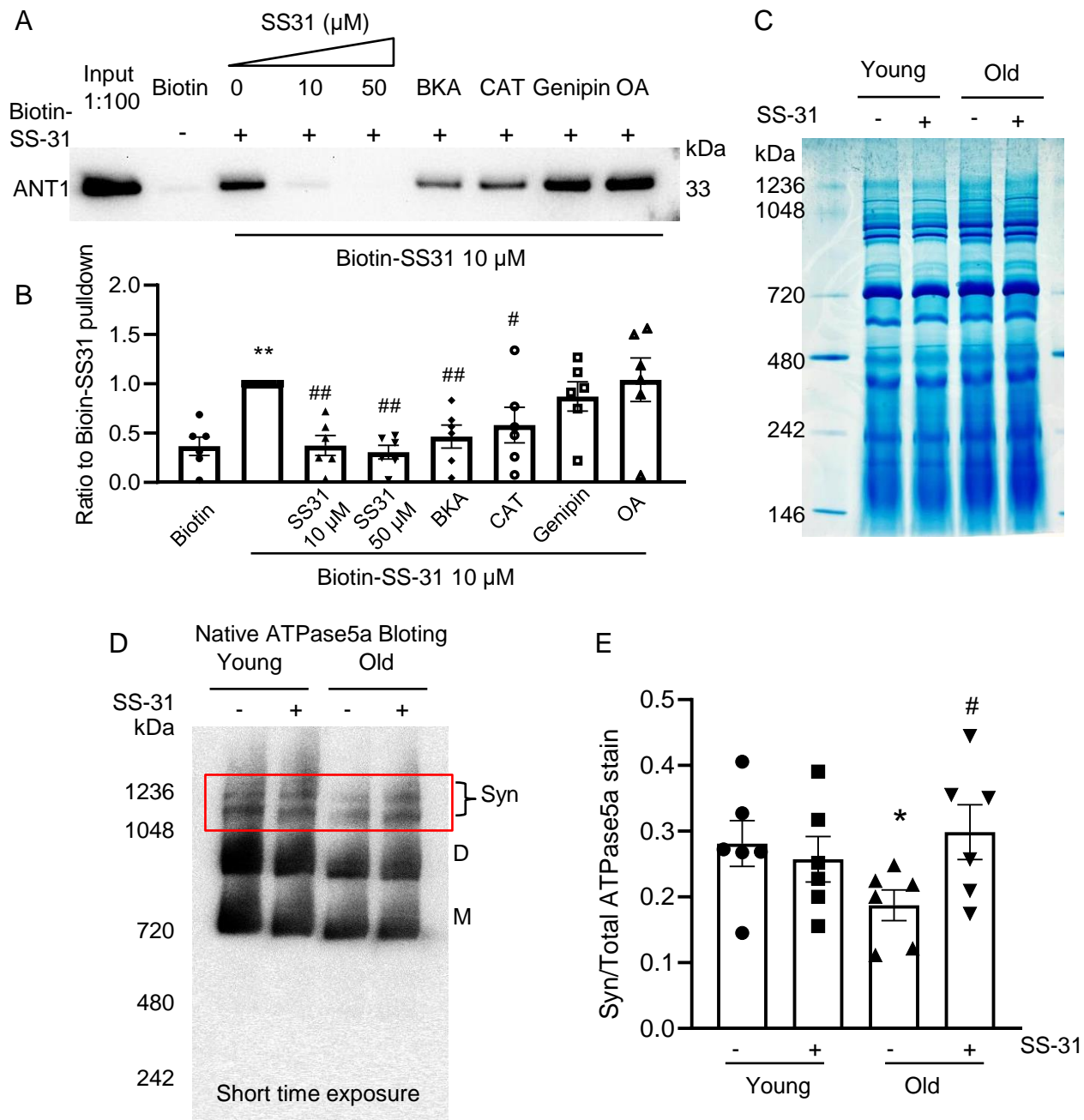
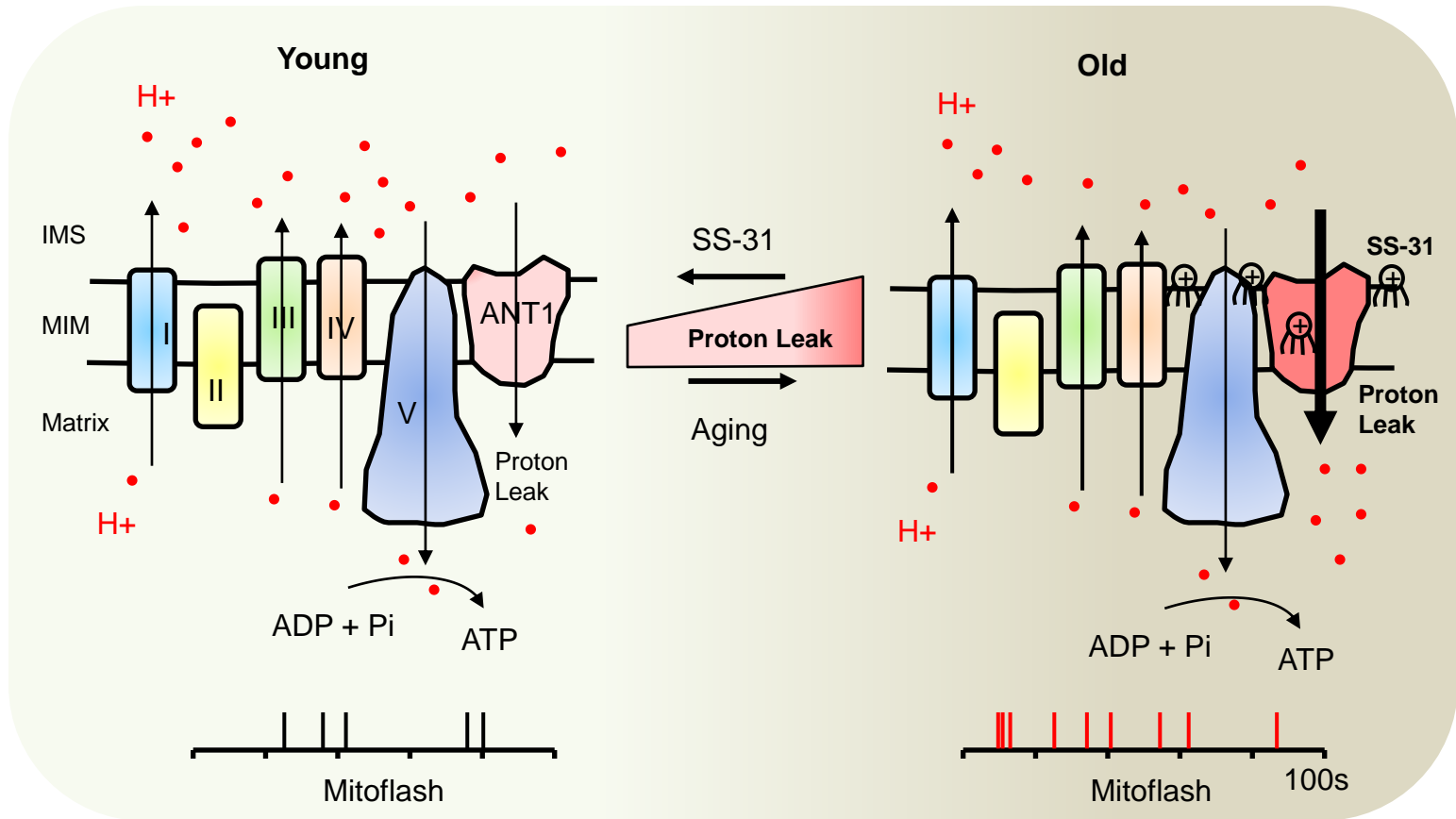



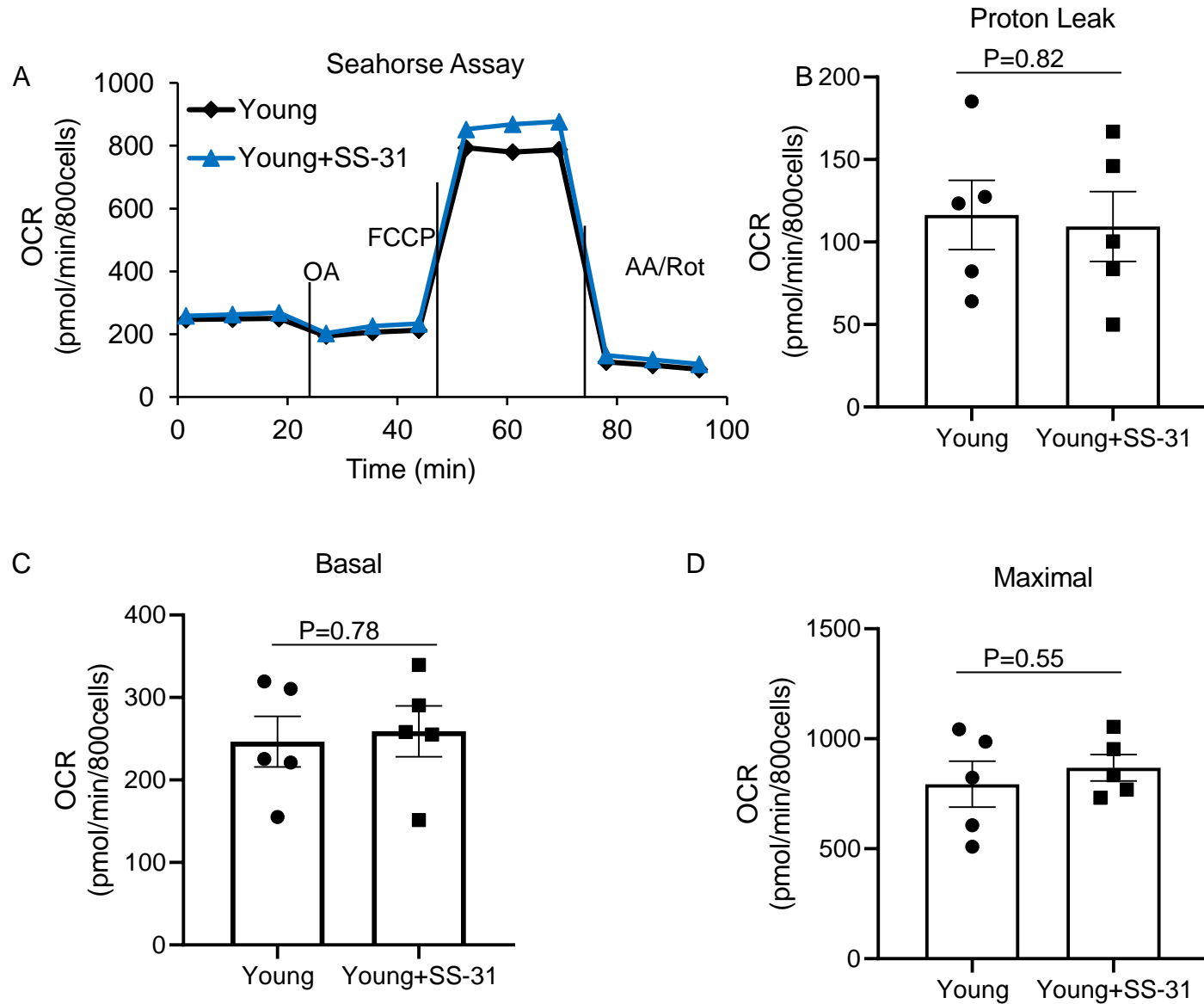
Fig. 7: Diagram of SS-31 prevent proton leak and rejuvenated mitochondrial function



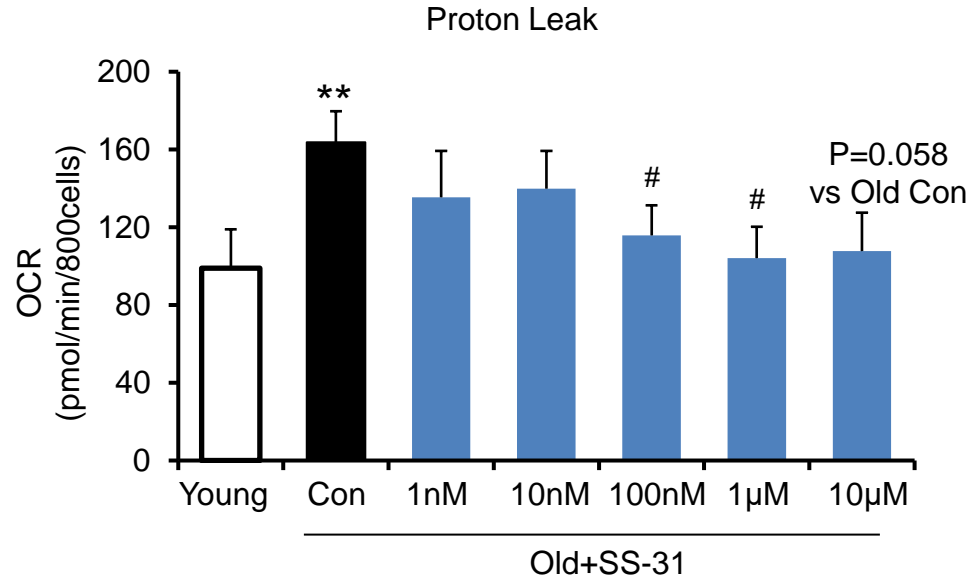
 SS-31

IMS: Intermembrane Space
MIM: Mitochondrial Inner Membrane

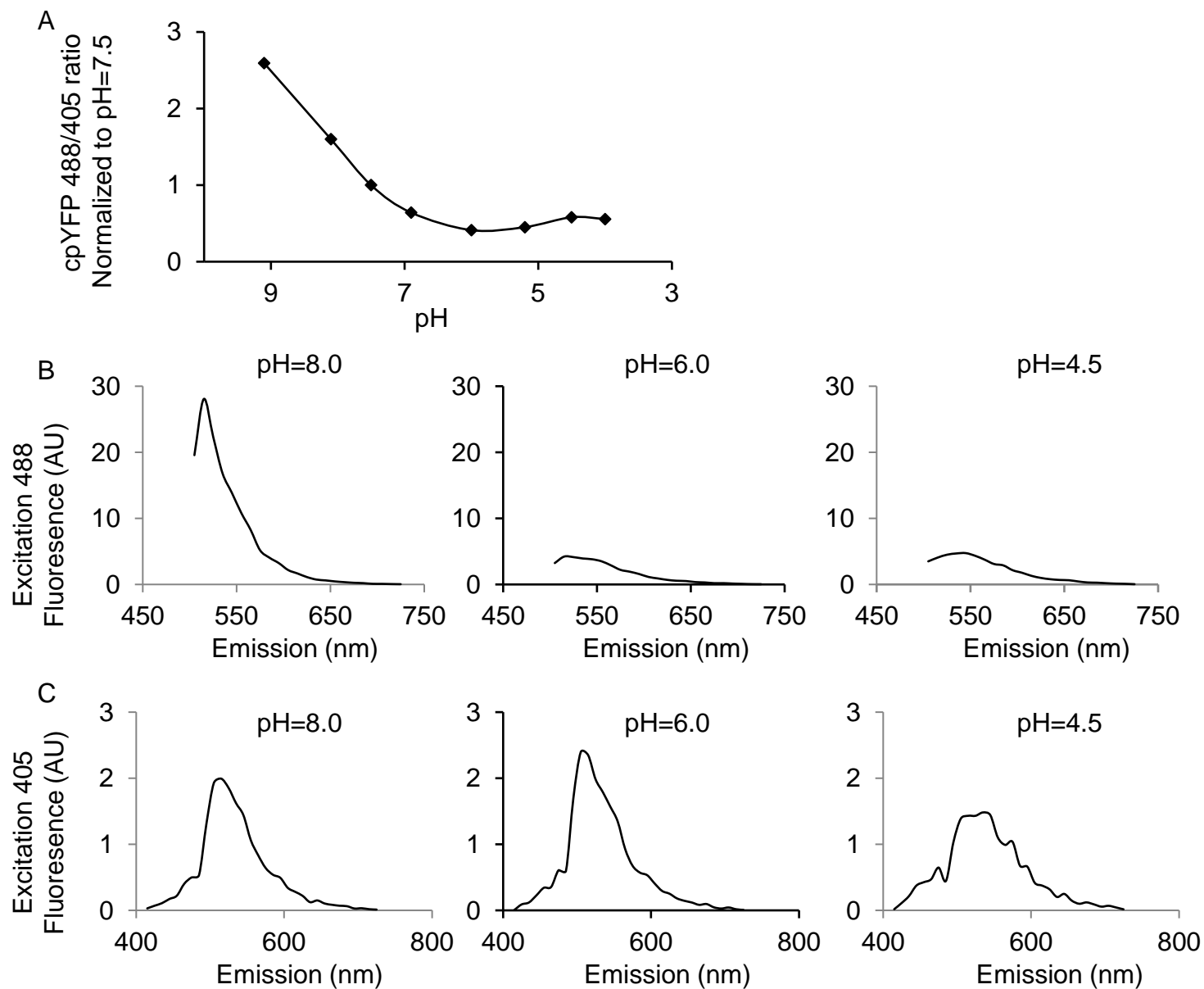
Supplemental Fig. 1: SS-31 has minor effect on the respiration of young cardiomyocytes



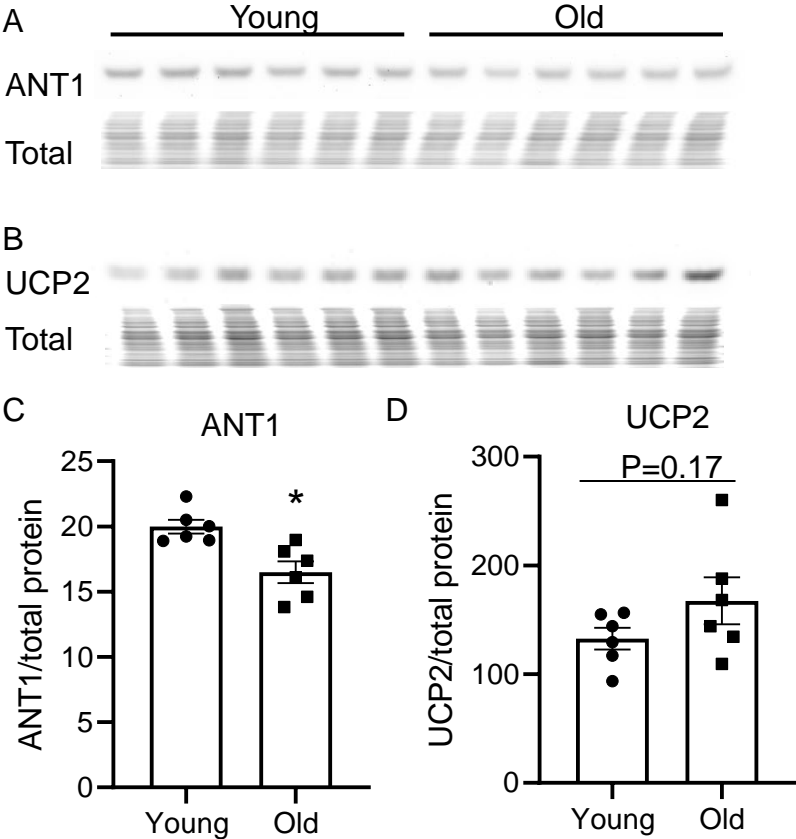
Supplemental Fig. 2: SS-31 dose dependently suppresses the mitochondrial proton leak



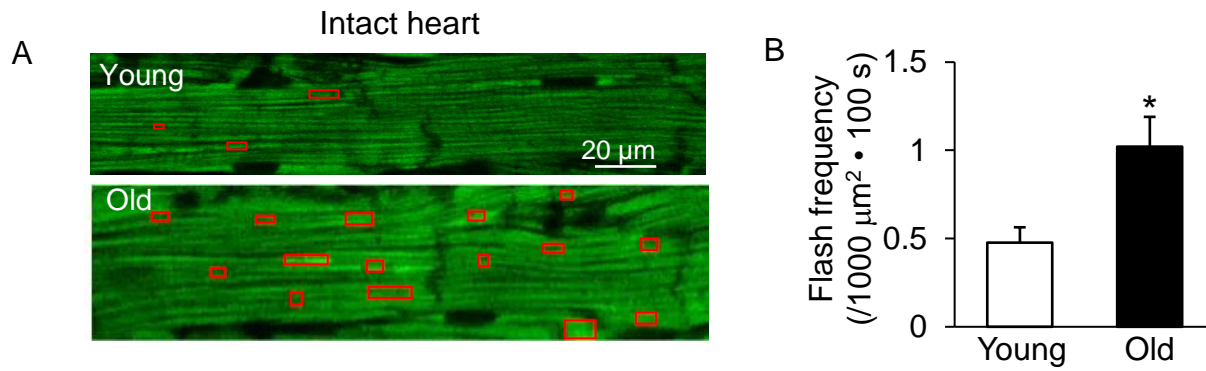
Supplemental Fig. 3: cpYFP fluorescent pH calibration



Supplemental Fig. 4: Aging effect on the proton leak proteins.



Supplemental Fig. 5: Increased mitochondrial flash in the aged intact heart.



Supplemental Fig. 6: Silver stain of Biotin-SS31 pulldown

