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Conserved microRNA targeting reveals preexisting gene dosage sensitivities that shaped amniote sex chromosome evolution

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25 **Mammalian X and Y chromosomes evolved from an ordinary autosomal pair. Genetic**
26 **decay of the Y led to X chromosome inactivation (XCI) in females, but some Y-linked genes**
27 **were retained during the course of sex chromosome evolution, and many X-linked genes**
28 **did not become subject to XCI. We reconstructed gene-by-gene dosage sensitivities on the**
29 **ancestral autosomes through phylogenetic analysis of microRNA (miRNA) target sites and**
30 **compared these preexisting characteristics to the current status of Y-linked and X-linked**
31 **genes in mammals. Preexisting heterogeneities in dosage sensitivity, manifesting as**
32 **differences in the extent of miRNA-mediated repression, predicted either the retention of a**
33 **Y homolog or the acquisition of XCI following Y gene decay. Analogous heterogeneities**
34 **among avian Z-linked genes predicted either the retention of a W homolog or gene-specific**
35 **dosage compensation following W gene decay. Genome-wide analyses of human copy**
36 **number variation indicate that these heterogeneities consisted of sensitivity to both**
37 **increases and decreases in dosage. We propose a model of XY/ZW evolution incorporating**
38 **such preexisting dosage sensitivities in determining the evolutionary fates of individual**
39 **genes. Our findings thus provide a more complete view of the role of dosage sensitivity in**
40 **shaping the mammalian and avian sex chromosomes, and reveal an important role for**
41 **post-transcriptional regulatory sequences (miRNA target sites) in sex chromosome**
42 **evolution.**

43

44 **INTRODUCTION**

45 The mammalian X and Y chromosomes evolved from a pair of ordinary autosomes over the past
46 300 million years (Lahn & Page, 1999). Only 3% of genes on the ancestral pair of autosomes
47 survive on the human Y chromosome (Bellott et al., 2010; Skaletsky et al., 2003), compared to

48 98% on the X chromosome (Mueller et al., 2013). In females, one copy of the X chromosome is
49 silenced by X inactivation (XCI); this silencing evolved on a gene-by-gene basis following Y
50 gene loss and compensatory X upregulation (Berletch et al., 2015; Jegalian & Page, 1998; Ross
51 et al., 2005; Tukiainen et al., 2017), and some genes escape XCI in humans (Carrel & Willard,
52 2005) and other mammals (Yang, Babak, Shendure, & Disteche, 2010). In mammals, dosage
53 compensation, which refers to any mechanism restoring ancestral dosage following gene loss
54 from the sex-specific chromosome, thus consists of both X upregulation following Y gene loss
55 and the subsequent acquisition of XCI.

56 In parallel, the avian Z and W sex chromosomes evolved from a different pair of
57 autosomes than the mammalian X and Y chromosomes (Bellott et al., 2010; Nanda et al., 1999;
58 Ross et al., 2005). Decay of the female-specific W chromosome was similarly extensive, but
59 birds did not evolve a large-scale inactivation of Z-linked genes analogous to XCI in mammals
60 (Itoh et al., 2007). Dosage compensation, as measured by a male/female expression ratio close to
61 1, has been observed for some Z-linked genes in some tissues. (Mank & Ellegren, 2009; Uebbing
62 et al., 2015; Zimmer, Harrison, Dessimoz, & Mank, 2016). Thus, genes previously found on the
63 ancestral autosomes that gave rise to the mammalian or avian sex chromosomes have undergone
64 significant changes in gene dosage. In modern mammals, these molecular events have resulted in
65 three classes of ancestral X-linked genes representing distinct evolutionary fates: those with a
66 surviving Y homolog, those with no Y homolog and subject to XCI, and those with no Y
67 homolog but escaping XCI. In birds, two clear classes of ancestral Z-linked genes have arisen:
68 those with or without a W homolog, with additional heterogeneity among Z-linked genes without
69 a W homolog as a result of gene-specific dosage compensation. Identifying gene-by-gene
70 properties that distinguish classes of X- and Z-linked genes is thus crucial to understanding the

71 selective pressures underlying the molecular events of mammalian and avian sex chromosome
72 evolution.

73 Emerging evidence suggests a role for gene dosage sensitivity in mammalian and avian
74 sex chromosome evolution. X- and Z-linked genes with surviving homologs on the mammalian
75 Y or avian W chromosomes are enriched for important regulatory functions and predictors of
76 haploinsufficiency compared to those lacking Y or W homologs (Bellott et al., 2014, 2017);
77 similar observations have been made in fish (White, Kitano, & Peichel, 2015) and *Drosophila*
78 (Kaiser, Zhou, & Bachtrog, 2011). Human X- and chicken Z-linked genes that show the
79 strongest signatures of dosage compensation in either lineage also show signs of dosage
80 sensitivity as measured by membership in large protein complexes (Pessia, Makino, Bailly-
81 Bechet, McLysaght, & Marais, 2012) or evolutionary patterns of gene duplication and retention
82 (Zimmer et al., 2016). Despite these advances, little is known regarding selective pressures
83 resulting from sensitivity to dosage increases, as these studies either focused on
84 haploinsufficiency or employed less direct predictors of dosage sensitivity. Furthermore, it is not
85 known whether heterogeneities in dosage sensitivity among classes of sex-linked genes were
86 acquired during sex chromosome evolution, or predated the emergence of sex chromosomes, as
87 there has been no explicit, systematic reconstruction of dosage sensitivity on the ancestral
88 autosomes that gave rise to the mammalian and avian sex chromosomes.

89 To assess the role of preexisting dosage sensitivities in XY and ZW evolution, we sought
90 to employ a measure of dosage sensitivity that could be 1) demonstrably informative with respect
91 to sensitivity to dosage increases, and 2) explicitly reconstructed on the ancestral autosomes. We
92 focused on regulation by microRNAs (miRNAs), small noncoding RNAs that function as tuners
93 of gene dosage by lowering target mRNA levels through pairing to the 3' untranslated region

94 (UTR) (Bartel, 2009). The repressive nature of miRNA targeting is informative with respect to
95 sensitivity to dosage increases, allowing for a more complete understanding of the role of dosage
96 sensitivity in sex chromosome evolution. Both miRNAs themselves and their complementary
97 target sites can be preserved over millions of years of vertebrate evolution, facilitating the
98 reconstruction of miRNA targeting on the ancestral autosomes through cross-species sequence
99 alignments. As miRNA targeting occurs post-transcriptionally, reconstruction of its ancestral
100 state is decoupled from transcriptional regulatory mechanisms such as XCI that evolved
101 following X-Y differentiation.

102

103 **RESULTS**

104 **Analysis of human copy number variation indicates conserved microRNA targeting of** 105 **genes sensitive to dosage increases**

106 We first sought to determine whether conserved targeting by microRNAs (miRNAs) correlates
107 with sensitivity to dosage increases across the human genome. To estimate pressure to maintain
108 miRNA targeting, we used published probabilities of conserved targeting (P_{CT} scores) for each
109 gene-miRNA interaction in the human genome. The P_{CT} score reflects an estimate of the
110 probability that a given gene-miRNA interaction is conserved due to miRNA targeting, obtained
111 by calculating the conservation of the relevant miRNA target sites relative to the conservation of
112 the entire 3' UTR (Friedman, Farh, Burge, & Bartel, 2009). In this manner, the P_{CT} score
113 intrinsically controls for differences in background conservation and sequence composition, both
114 of which vary widely among 3'UTRs due to differing rates of expression divergence and/or
115 sequence evolution. We refer to these P_{CT} scores as “miRNA conservation scores” in the
116 remainder of the text.

117 A recent study reported a correlation between these miRNA conservation scores and
118 predicted haploinsufficiency (Pinzón et al., 2016), indicating that conserved miRNA targeting
119 broadly corresponds to dosage sensitivity. However, such a correlation does not isolate the
120 effects of sensitivity to dosage increases, which we expect to be particularly important in the
121 context of miRNA targeting. We reasoned that genes for which increases in dosage are
122 deleterious should be depleted from the set of observed gene duplications in healthy human
123 individuals. We used a catalogue of rare genic copy number variation among 59,898 control
124 human exomes (Exome Aggregation Consortium, ExAC)(Ruderfer et al., 2016) to classify
125 autosomal protein-coding genes as exhibiting or lacking duplication or deletion in healthy
126 individuals (see Methods). We compared duplicated and non-duplicated genes with the same
127 deletion status in order to control for differences in sensitivity to underexpression. We found that
128 non-duplicated genes have significantly higher miRNA conservation scores than duplicated
129 genes, irrespective of deletion status (Figure 1A,B). Non-deleted genes also have significantly
130 higher scores than deleted genes irrespective of duplication status (Supplemental Figure S1), but
131 duplication status has a greater effect on miRNA conservation scores than does deletion status
132 (blue vs. orange boxes, Figure 1C). Thus, conserved miRNA targeting is a feature of genes
133 sensitive to changes in gene dosage in humans and is especially informative with regards to
134 sensitivity to dosage increases, consistent with the known role of miRNAs in tuning gene dosage
135 by lowering target mRNA levels.
136

137 **X-Y pairs and X-inactivated genes have higher miRNA conservation scores than X escape**
138 **genes**

139 We next assessed whether the three classes of X-linked genes differ with respect to dosage
140 sensitivity as inferred by conserved miRNA targeting. To delineate these classes, we began with
141 the set of ancestral genes reconstructed through cross-species comparisons of the human X
142 chromosome and orthologous chicken autosomes (Bellott et al., 2014, 2017, 2010; Hughes et al.,
143 2012; Mueller et al., 2013). We designated ancestral X-linked genes with a surviving human Y
144 homolog (Skaletsky et al., 2003) as X-Y pairs and also considered the set of X-linked genes with
145 a surviving Y homolog in any of eight mammals (Bellott et al., 2014) to increase the
146 phylogenetic breadth of findings regarding X-Y pairs. A number of studies have catalogued the
147 inactivation status of X-linked genes in various human tissues and cell-types. We used a meta-
148 analysis that combined results from three studies by assigning a “consensus” X-inactivation
149 status to each gene (Balaton, Cotton, & Brown, 2015) to designate the remainder of ancestral
150 genes lacking a Y homolog as subject to or escaping XCI. In summary, we classified genes as
151 either: 1) X-Y pairs, 2) lacking a Y homolog and subject to XCI (X-inactivated), or 3) lacking a
152 Y homolog but escaping XCI (X escape).

153 We found that human X-Y pairs have the highest miRNA conservation scores, followed
154 by X-inactivated and finally X escape genes (Figure 2A,B). The expanded set of X-Y pairs
155 across eight mammals also has significantly higher miRNA conservation scores than ancestral X-
156 linked genes with no Y homolog (Supplemental Figure S2). Observed differences between
157 miRNA conservation scores are not driven by distinct subsets of genes in each class, as indicated
158 by gene resampling with replacement (Supplemental Figure S3). The decrease in miRNA
159 conservation scores of X escape genes relative to X-inactivated genes and X-Y pairs is not

160 driven by genes that escape XCI variably across individuals (Supplemental Figure S4), and was
161 consistent even when including ambiguous genes as either X-inactivated or X escape genes
162 (Supplemental Figure S5). We also verified that these differences were not driven by artificially
163 inflated or deflated conservation scores of certain target sites due to non-uniformity in 3' UTR
164 conservation (Methods, Supplemental Figure S6).

165 Finally, we assessed whether miRNA conservation scores distinguish the three classes by
166 providing additional information not accounted for by known factors (Bellott et al., 2014)
167 influencing evolutionary outcomes. We used logistic regression to model, for each gene, the
168 probability of falling into each of the three classes (X-Y pair, X-inactivated, or X escape) as a
169 linear combination of haploinsufficiency probability (pHI) (Huang, Lee, Marcotte, & Hurles,
170 2010), human expression breadth (GTEx Consortium, 2015), purifying selection, measured by
171 the ratio of non-synonymous to synonymous substitution rates (dN/dS) between human and
172 mouse orthologs (Yates et al., 2016), and mean gene-level miRNA conservation scores. We note
173 that pHI is a score composed of several genic features, one of which is the number of protein-
174 protein interactions, consistent with the idea that members of large protein complexes tend to be
175 dosage-sensitive (Papp, Pal, & Hurst, 2003; Pessia et al., 2012). Removing either miRNA
176 conservation or pHI as predictors from the full model resulted in inferior model fits as measured
177 by Aikake's information criterion (AIC) (full model, AIC 321.5; full model minus miRNA
178 conservation, AIC 327.7; full model minus pHI, AIC 327.3; higher AIC indicates inferior model).
179 Therefore, miRNA conservation and pHI contribute independent information that distinguishes
180 the 3 classes of X-linked genes. Based on our analyses of autosomal copy number variation
181 (Figure 1), we attribute this independence to the fact that miRNA conservation scores are most
182 informative with regards to sensitivity to dosage increases. Taken together, these results indicate

183 significant heterogeneity in dosage sensitivity, as inferred by miRNA target site conservation,
184 among the three classes of ancestral X-linked genes: X-Y pairs are the most dosage-sensitive,
185 while X-inactivated genes are of intermediate dosage sensitivity, and X escape genes are the
186 least dosage-sensitive.

187

188 **Heterogeneities in X-linked miRNA targeting were present on the ancestral autosomes**

189 We next asked whether differences in miRNA targeting were present on the ancestral autosomes
190 that gave rise to the mammalian X and Y chromosomes. To reconstruct the ancestral state of
191 miRNA targeting, we first focused on miRNA target sites in the 3' UTR of human orthologs that
192 align with perfect identity to a site in the corresponding chicken ortholog; these sites were likely
193 present in the common ancestor of mammals and birds (Figure 3A,B). We found that X-Y pairs
194 have the most human-chicken conserved target sites, followed by X-inactivated genes, and then
195 X escape genes (Figure 3C, top). Unlike the miRNA conservation scores used earlier, this metric
196 does not account for background conservation; we therefore estimated the background
197 conservation of each 3' UTR using shuffled miRNA family seed sequences (see Methods). X-Y
198 pairs, X-inactivated genes, and X escape genes do differ significantly with respect to background
199 conservation (data not shown), but these differences cannot account for the observed differences
200 in true human-chicken conserved sites (Figure 3C, bottom). We observed similar results for the
201 expanded set of X-Y pairs across 8 mammals (Supplemental Figure S7A).

202 Differences in the number of human-chicken conserved sites among the three classes of
203 X-linked genes could be explained by heterogeneity in miRNA targeting present on the ancestral
204 autosomes, or by ancestral homogeneity followed by different rates of target site loss during or
205 following X-Y differentiation. To distinguish between these two possibilities, we took advantage

206 of previous reconstructions of human sex chromosome evolution (Figure 3A) (Bellott et al.,
207 2014), which confirmed that, following the divergence of placental mammals from marsupials,
208 an X-autosome chromosomal fusion generated the X-added region (XAR) (Watson, Spencer,
209 Riggs, & Graves, 1990). Genes on the XAR are therefore X-linked in placental mammals, but
210 autosomal in marsupials such as the opossum. We limited our analysis to genes in the XAR and
211 target sites conserved between orthologous chicken and opossum 3' UTRs, ignoring site
212 conservation in humans; these sites were likely present in the common ancestor of mammals and
213 birds, and an absence of such sites cannot be explained by site loss following X-Y differentiation.
214 We observed the same pattern as with the human-chicken conserved sites, both before and after
215 accounting for background 3' UTR conservation (Figure 3D, three gene classes; Supplemental
216 Figure S7B, X-Y pairs across 8 mammals). These results demonstrate that the autosomal
217 precursors of X-Y pairs and X-inactivated genes were subject to more miRNA-mediated
218 regulation than X escape genes. Combined with our earlier results, we conclude that present-day
219 heterogeneities in dosage sensitivity on the mammalian X chromosome existed on the ancestral
220 autosomes from which it derived.

221

222 **Z-W pairs have higher miRNA conservation scores than other ancestral Z-linked genes**

223 We next assessed whether classes of avian Z-linked genes, those with and without a W homolog,
224 show analogous heterogeneities in sensitivity to dosage increases. We used the set of ancestral
225 genes reconstructed through cross-species comparisons of the avian Z chromosome and
226 orthologous human autosomes and focused on the set of Z-W pairs identified by sequencing of
227 the chicken W chromosome (Bellott et al., 2017, 2010). To increase the phylogenetic breadth of
228 our comparisons, we also included candidate Z-W pairs obtained through comparisons of male

229 and female genome assemblies (4 species set) or inferred by read-depth changes in female
230 genome assemblies (14 species set, see Methods for details) (Zhou et al., 2014). The more
231 complete 3' UTR annotations in the human genome relative to chicken allow for a more accurate
232 assessment of conserved miRNA targeting. Accordingly, we analyzed the 3' UTRs of the human
233 orthologs of chicken Z-linked genes.

234 We found that the human orthologs of Z-W pairs have higher miRNA conservation
235 scores than the human orthologs of other ancestral Z genes (Figure 4A, B). Differences in
236 miRNA conservation scores between Z-W pairs and other ancestral Z genes remained significant
237 when considering the expanded sets of Z-W pairs across four and 14 avian species
238 (Supplemental Figure S8). These differences are not driven by distinct subsets of genes, as
239 indicated by gene resampling with replacement (Supplemental Figure S9), and cannot be
240 accounted for by within-UTR variation in regional conservation (Supplemental Figure S10).
241 Logistic regression models indicate that miRNA conservation scores provide additional
242 information not captured by known factors (Bellott et al., 2017) influencing survival of W-linked
243 genes (full model model, AIC 127.1; full model minus miRNA conservation, AIC 137.8; full
244 model minus pHI 132.7; higher AIC indicates inferior model). Together, these results indicate
245 that Z-linked genes with a surviving W homolog are more sensitive to changes in dosage -- both
246 increases and decreases -- than are genes without a surviving W homolog.

247 While there are two clear classes of Z-linked genes -- those with or without a W homolog
248 -- studies of Z-linked gene expression have suggested additional heterogeneity among Z-linked
249 genes without a W homolog due to gene-specific dosage compensation (Mank & Ellegren, 2009;
250 Uebbing et al., 2015; Zimmer et al., 2016). If Z-linked genes with no W homolog exist upon a
251 continuum from non-compensated to dosage-compensated, those that are more compensated

252 should have more conserved miRNA target sites, reflective of greater dosage sensitivity. We
253 quantified the dosage compensation by using RNA sequencing data (Marin et al., 2017) to
254 compare, in 4 somatic tissues, the chicken male/female expression ratio to the analogous ratio in
255 human and anolis (see Methods). In the brain, kidney, and liver, Z-linked genes with no W
256 homolog and higher mean miRNA conservation scores had male/female expression ratios closer
257 to 1 (Supplemental Figure S11). Thus, in addition to the above-described differences between Z-
258 linked genes with or without a W homolog, Z-linked genes with no W homolog but with more
259 effective dosage compensation have more conserved miRNA target sites than non-compensated
260 genes.

261

262 **Heterogeneities in Z-linked miRNA targeting were present on the ancestral autosomes**

263 We next asked whether differences in miRNA targeting between Z-W pairs and other ancestral
264 Z-linked genes were present on the ancestral autosomes that gave rise to the avian Z and W
265 chromosomes. We found that chicken Z-W pairs have more human-chicken-conserved miRNA
266 target sites than their Z-linked counterparts without surviving W homologs, both before (Figure
267 5C, top) and after (Figure 5C, bottom) accounting for the background conservation of each
268 individual 3' UTR. To confirm that these differences represent ancestral heterogeneity rather
269 than differential site loss during or following Z-W differentiation, we instead considered the
270 number of sites conserved between human and anolis lizard, which diverged from birds prior to
271 Z-W differentiation (Figure 5A). Chicken Z-W pairs contain an excess of human-anolis
272 conserved miRNA target sites, both before (Figure 5D, top) and after (Figure 5D, bottom)
273 accounting for the background conservation of each individual 3' UTR. We observed similar
274 results with the predicted four-species (Supplemental Figure S12) and 14-species (Supplemental

275 Figure S13) sets of Z-W pairs. Thus, the autosomal precursors of avian Z-W pairs were subject
276 to more miRNA-mediated regulation than the autosomal precursors of Z-linked genes that lack a
277 W homolog. Furthermore, in the liver and brain, Z-linked genes with no W homolog with an
278 excess of human-chicken-conserved miRNA sites had male/female expression ratios closer to 1,
279 implying more effective dosage compensation (Supplementary Figure S14). Together, these
280 results indicate heterogeneity in dosage sensitivity among genes on the ancestral autosomes that
281 gave rise to the avian Z chromosome.

282

283 **Analyses of experimental datasets validate miRNA target site function**

284 Our results to this point, which indicate preexisting heterogeneities in dosage constraints among
285 X- or Z-linked genes as inferred by predicted miRNA target sites, lead to predictions regarding
286 the function of these sites in vivo. To test these predictions, we turned to publically available
287 experimental datasets consisting both of gene expression profiling following transfection or
288 knockout of individual miRNAs, and of high-throughput crosslinking-immunoprecipitation
289 (CLIP) to identify sites that bind Argonaute in vivo (see Methods). If the above-studied sites are
290 effective in mediating target repression, targets of an individual miRNA should show increased
291 expression levels or Argonaute binding following miRNA transfection, and decreased expression
292 levels following miRNA knockout. Together, our analyses of publically available datasets
293 fulfilled these predictions, validating the function of these sites in multiple cellular contexts and
294 species (Figure 6). From the gene expression profiling data, we observed results consistent with
295 effective targeting by a) eleven different miRNA families in human HeLa cells (Supplemental
296 Figure S15), b) four different miRNAs in human HCT116 and HEK293 cells (Supplemental
297 Figure S16), and c) miR-155 in mouse B and Th1 cells (Supplemental Figure S17). In the CLIP

298 data, the human orthologs of X- or Z-linked targets of miR-124 are enriched for Argonaute-
299 bound clusters that appear following miR-124 transfection, while a similar but non-significant
300 enrichment is observed for miR-7 (Supplemental Figure S18). Thus, conserved miRNA target
301 sites used to infer dosage constraints on X-linked genes and the autosomal orthologs of Z-linked
302 genes can effectively mediate target repression in living cells.

303

304 **DISCUSSION**

305 Here, through the evolutionary reconstruction of microRNA (miRNA) target sites, we provide
306 evidence for preexisting heterogeneities in dosage sensitivity among genes on the mammalian X
307 and avian Z chromosomes. We first showed that, across all human autosomal genes, dosage
308 sensitivity -- as indicated by patterns of genic copy number variation -- correlates with the degree
309 of conserved miRNA targeting. We found that conserved targeting correlates especially strongly
310 with sensitivity to dosage increases, consistent with miRNA targeting serving to reduce gene
311 expression. Turning to the sex chromosomes of mammals and birds, genes that retained a
312 homolog on the sex-specific Y or W chromosome (X-Y and Z-W pairs) have more conserved
313 miRNA target sites than genes with no Y or W homolog. In mammals, genes with no Y homolog
314 that became subject to XCI have more conserved sites than those that continued to escape XCI
315 following Y gene decay. In birds, across Z-linked genes with no W homolog, the degree of
316 conserved miRNA targeting correlates with the degree of gene-specific dosage compensation.
317 We then reconstructed the ancestral state of miRNA targeting, observing significant
318 heterogeneities in the extent of miRNA targeting, and thus dosage sensitivity, on the ancestral
319 autosomes that gave rise to the mammalian and avian sex chromosomes. Finally, through
320 analysis of publically available experimental datasets, we validated the function, in living cells,

321 of the miRNA target sites used to infer dosage sensitivity. We thus conclude that differences in
322 dosage sensitivity – both to increases and to decreases in gene dosage -- among genes on the
323 ancestral autosomes influenced their evolutionary trajectory during sex chromosome evolution,
324 not only on the sex-specific Y and W chromosomes, but also on the sex-shared X and Z
325 chromosomes.

326 Our findings build upon previous work in three important ways. First, our analysis of
327 miRNA-mediated repression indicates that these heterogeneities consist of sensitivities to dosage
328 increases and decreases, whereas previous studies had either focused on sensitivity to
329 underexpression or could not differentiate the two. Second, our reconstruction of miRNA
330 targeting on the ancestral autosomes provides direct evidence that heterogeneities in dosage
331 sensitivity among classes of X- and Z-linked were preexisting rather than acquired during sex
332 chromosome evolution. Finally, by pointing to specific regulatory sequences (miRNA target
333 sites) functioning to tune gene dosage both prior to and during sex chromosome evolution, our
334 study provides a view of dosage compensation encompassing post-transcriptional regulation.

335 Human disease studies support the claim that increased dosage of X-Y pairs and X-
336 inactivated genes is deleterious to fitness. Copy number gains of the X-linked gene *KDM6A*,
337 which has a surviving human Y homolog, are found in patients with developmental
338 abnormalities and intellectual disability (Lindgren et al., 2013). *HDAC6*, *CACNA1F*, *GDI1*, and
339 *IRS4* all lack Y homologs and are subject to XCI in humans. A mutation in the 3' UTR of
340 *HDAC6* abolishing targeting by miR-433 has been linked to familial chondrodysplasia in both
341 sexes (Simon et al., 2010). Likely gain-of-function mutations in *CACNA1F* cause congenital
342 stationary night blindness in both sexes (Hemara-Wahanui et al., 2005). Copy number changes of
343 *GDI1* correlate with the severity of X-linked mental retardation in males, with female carriers

344 preferentially inactivating the mutant allele (Vandewalle et al., 2009). Somatic genomic deletions
345 downstream of *IRS4* lead to its overexpression in lung squamous carcinoma (Weischenfeldt et al.,
346 2017). Males with partial X disomy due to translocation of the distal long arm of the X
347 chromosome (Xq28) to the long arm of the Y chromosome show severe mental retardation and
348 developmental defects (Lahn et al., 1994). Most genes in Xq28 are inactivated in 46,XX females
349 but escape inactivation in such X;Y translocations, suggesting that increased dosage of Xq28
350 genes caused the cognitive and developmental defects. We anticipate that further studies will
351 reveal additional examples of the deleterious effects of increases in gene dosage of X-Y pairs
352 and X-inactivated genes.

353 We and others previously proposed that Y gene decay drove upregulation of homologous
354 X-linked genes in both males and females, and that XCI subsequently evolved at genes sensitive
355 to increased expression from two active X-linked copies in females (Jegalian & Page, 1998;
356 Ohno, 1967). Our finding that X-inactivated genes have higher miRNA conservation scores than
357 X escape genes is consistent with this aspect of the model. However, recent studies indicating
358 heterogeneity in dosage sensitivity between classes of mammalian X- or avian Z-linked genes
359 (Bellott et al., 2014, 2017; Pessia et al., 2012; Zimmer et al., 2016), combined with the present
360 finding that these dosage sensitivities existed on the ancestral autosomes, challenge the previous
361 assumption of a single evolutionary pathway for all sex-linked genes.

362 We therefore propose a revised model of X-Y and Z-W evolution in which the ancestral
363 autosomes that gave rise to the mammalian and avian sex chromosomes contained three (or two,
364 in the case of birds) classes of genes with differing dosage sensitivities (Figure 7A,B). For
365 ancestral genes with high dosage sensitivity, Y or W gene decay would have been highly
366 deleterious, and thus the Y- or W-linked genes were retained. According to our model, these

367 genes' high dosage sensitivity also precluded upregulation of the X- or Z-linked homolog, and,
368 in mammals, subsequent X-inactivation; indeed, their X-linked homologs continue to escape
369 XCI (Bellott et al., 2014). For ancestral mammalian genes of intermediate dosage sensitivity, Y
370 gene decay did occur, and was accompanied or followed by compensatory upregulation of the X-
371 linked homolog in both sexes; the resultant increased expression in females was deleterious and
372 led to the acquisition of XCI. Ancestral mammalian genes of low dosage sensitivity continued to
373 escape XCI following Y decay; heterogeneity in X upregulation may further subdivide such
374 genes (Figure 6A). These genes' dosage insensitivity set them apart biologically, and
375 evolutionarily, from the other class of X-linked genes escaping XCI -- those with a surviving Y
376 homolog.

377 Our revised model relates preexisting, gene-by-gene heterogeneities in dosage sensitivity
378 to the outcomes of sex chromosome evolution. However, the suppression of X-Y recombination
379 did not occur on a gene-by-gene basis, instead initiating Y gene decay and subsequent dosage
380 compensation through a series of large-scale inversions encompassing many genes (Lahn & Page,
381 1999). The timings and boundaries of these evolutionary strata varied among mammalian
382 lineages, thus leading to unique chromosome-scale evolutionary dynamics across mammals.
383 These large-scale changes would have then allowed for genic selection to take place according to
384 the preexisting dosage sensitivities outlined above. In this way, the course of sex chromosome
385 evolution in mammals is a composite of 1) preexisting, gene-by-gene dosage sensitivities and 2)
386 the manner in which the history of the X and Y unfolded in particular lineages via discrete, large-
387 scale inversions.

388 In this study, we have focused on classes of ancestral X-linked genes delineated by the
389 survival of a human Y homolog or by the acquisition of XCI in humans, but such evolutionary

390 states can differ among mammalian lineages and species. In mouse, for instance, both Y gene
391 decay (Bellott et al., 2014) and the acquisition of X-inactivation (Yang et al., 2010) are more
392 complete than in humans or other mammals, as exemplified by *RPS4X*, which retains a Y
393 homolog and continues to escape XCI in primates, but has lost its Y homolog and is subject to
394 XCI in rodents. These observations could be explained by shortened generation times in the
395 rodent lineage, resulting in longer evolutionary times, during which the forces leading to Y gene
396 decay and the acquisition of X-inactivation could act (Charlesworth & Crow, 1978; Jegalian &
397 Page, 1998; Ohno, 1967). Another case of lineage differences involves *HUWE1*, which lacks a Y
398 homolog and is subject to XCI in both human and mouse, but retains a functional Y homolog in
399 marsupials, where it continues to escape XCI. In the future, more complete catalogues of X-
400 inactivation and escape in additional mammalian lineages would make it possible to examine
401 whether analogous, preexisting dosage sensitivities differentiate the three classes of X-linked
402 genes (X-Y pairs, X-inactivated genes, and X escape genes) in other species.

403 Previous studies have sought evidence of X-linked upregulation during mammalian sex
404 chromosome evolution using comparisons of gene expression levels between the whole of the X
405 chromosome and all of the autosomes, with equal numbers of studies rejecting or finding
406 evidence consistent with upregulation (Deng et al., 2011; Julien et al., 2012; Kharchenko, Xi, &
407 Park, 2011; Lin, Xing, Zhang, & He, 2012; Xiong et al., 2010). This is likely due to gene-by-
408 gene heterogeneity in dosage sensitivities that resulted in a stronger signature of upregulation at
409 more dosage sensitive genes (Pessia et al., 2012). Similarly, studies of Z-linked gene expression
410 in birds provide evidence for the gene-by-gene nature of Z dosage compensation, as measured by
411 comparisons of gene expression levels between ZZ males and ZW females (Itoh et al., 2007;
412 Mank & Ellegren, 2009; Uebbing et al., 2015), and indicate a stronger signature of dosage

413 compensation at predicted dosage-sensitive genes (Zimmer et al., 2016). By showing that such
414 dosage sensitivities existed on the ancestral autosomes and consist of sensitivity to both increases
415 and decreases, our findings highlight an additional aspect of dosage compensation that affects
416 both birds and mammals.

417 In addition to revealing similarities between mammals and birds, our study provides a
418 view of dosage compensation that highlights post-transcriptional regulatory mechanisms,
419 pointing to specific non-coding sequences with known mechanisms (microRNA target sites)
420 functioning across evolutionary time. A recent study in birds showed a role for a Z-linked
421 miRNA, miR-2954-3p, in dosage compensation of some Z-linked genes (Warnefors et al., 2017).
422 Our study suggests an additional, broader role for miRNA targeting, with hundreds of different
423 miRNAs acting to tune gene dosage both before and during sex chromosome evolution.
424 Furthermore, our finding of greater conserved miRNA targeting of X-inactivated genes relative
425 to X escape genes shows that it is possible to predict the acquisition of a transcriptional
426 regulatory state (XCI) during sex chromosome evolution on the basis of a preexisting, post-
427 transcriptional regulatory state. Perhaps additional post-transcriptional regulatory mechanisms
428 and their associated regulatory elements will be shown to play roles in mammalian and avian
429 dosage compensation.

430 Recent work has revealed that the sex-specific chromosome -- the Y in mammals and the
431 W in birds -- convergently retained dosage-sensitive genes with important regulatory functions
432 (Bellott et al., 2014, 2017). Our study, by reconstructing the ancestral state of post-transcriptional
433 regulation, provides direct evidence that such heterogeneity in dosage sensitivity existed on the
434 ancestral autosomes that gave rise to the mammalian and avian sex chromosomes. This
435 heterogeneity influenced both survival on the sex-specific chromosomes in mammals and birds

436 and the evolution of XCI in mammals. Thus, two independent experiments of nature offer
437 empirical evidence that modern-day amniote sex chromosomes were shaped, during evolution,
438 by the properties of the ancestral autosomes from which they derive.

439 **METHODS**

440 **Statistics**

441 Details of all statistical tests (type of test, test statistic, and p-value) used in this manuscript are
442 provided in Supplemental Table S1.

443

444 **Human genic copy number variation**

445 To annotate gene deletions and duplications, we used data from the Exome Aggregation
446 Consortium (ExAC) (ftp://ftp.broadinstitute.org/pub/ExAC_release/release0.3.1/cnv/), which
447 consists of autosomal genic duplications and deletions (both full and partial) called in 59,898
448 exomes (Ruderfer et al., 2016). Further details are provided in Supplemental Methods in the
449 section titled ‘Human genic copy number variation’. These gene assignments are provided in
450 Supplemental Table S2.

451

452 **X- and Z-linked gene sets**

453 We utilized our previous reconstructions of the ancestral mammalian X (Bellott et al., 2014) and
454 avian Z (Bellott et al., 2017) chromosomes, as well as information on multicopy and ampliconic
455 X-linked genes (Mueller et al., 2013) and XCI status in humans (Balaton et al., 2015) to
456 delineate classes of X- and Z-linked genes. Further details are provided in Supplemental
457 Methods under the sections titled ‘X-linked gene sets’ and ‘Z-linked gene sets’. Information on
458 X-linked genes is provided in Supplemental Table S3. Information on Z-linked genes is provided
459 in Supplemental Table S4.

460

461 **microRNA target sites**

462 Pre-calculated P_{CT} scores for all gene-miRNA family interactions
463 (http://www.targetscan.org/vert_71/vert_71_data_download/Summary_Counts.all_predictions.txt.zip) and site-wise alignment information
464 (http://www.targetscan.org/vert_71/vert_71_data_download/Conserved_Family_Info.txt.zip)
465 were obtained from TargetScan Human v7. Details on the filtering of miRNAs and resampling-
466 based assessment of P_{CT} scores are provided in Supplemental Methods in the section titled
467 ‘microRNA target site P_{CT} scores’. Details regarding analysis of human-chicken or human-anolis
468 conserved sites, as well as approaches to control for background conservation, are provided in
469 Supplemental Methods in the section titled ‘Human-chicken conserved microRNA target sites.’
470
471

472 **Variation in within-UTR conservation bias**

473 To address the possibility that non-uniformity in regional 3` UTR conservation could artificially
474 inflate or deflate conservation scores of certain target sites, we implemented a step-detection
475 algorithm to segment 3` UTRs into regions of homogeneous background conservation and
476 calculated miRNA site conservation relative to these smaller regions. These regionally
477 normalized scores, corresponding to all gene-miRNA interactions, are provided in Supplemental
478 Table S5. Details of the step-detection algorithm are provided in Supplemental Methods in the
479 section titled ‘Variation in within-UTR conservation bias’.

480

481 **Logistic regression**

482 Logistic regression models were constructed using the function ‘multinom’ in the R package
483 ‘nnet.’ We used previously published values for known factors in the survival of Y-linked
484 (Bellott et al., 2014) and W-linked (Bellott et al., 2017) genes except for human expression

485 breadth, which we recalculated using data from the GTEx Consortium v6 data release
486 (Consortium, 2015). Briefly, kallisto was used to estimate transcript per million (TPM) values in
487 the 10 male samples with the highest RNA integrity numbers (RINs) from each of 37 tissues, and
488 expression breadth across tissues was calculated as described in (Bellott et al., 2014), using
489 median TPM values for each tissue.

490

491 **Assessing Z-linked dosage compensation using cross-species RNA-sequencing data**

492 Raw data from Marin et al 2017 (add citation) was obtained, and kallisto and limma/voom were
493 used for abundance quantification and differential expression, respectively. Further details are
494 provided in Supplemental Methods in the section titled ‘Assessing Z-linked dosage
495 compensation using cross-species RNA-sequencing data’.

496

497 **Gene expression profiling and crosslinking datasets**

498 Fold-changes in mRNA expression and targets of Argonaute as determined by high-throughput
499 crosslinking-immunoprecipitation (CLIP) were obtained from a variety of publically available
500 datasets. Further details are provided in Supplemental Methods in the section titled ‘Gene
501 expression profiling and crosslinking datasets.’ All fold-changes and CLIP targets are provided
502 in Supplemental Table S6.

503

504 **Code availability**

505 A custom Python (RRID:SCR_008394) script utilizing Biopython (RRID:SCR_007173) was
506 used to generate shuffled miRNA family seed sequences. Identification of miRNA target site
507 matches using shuffled seed sequences was performed using the ‘targetscan_70.pl’ perl script

508 (http://www.targetscan.org/vert_71/vert_71_data_download/targetscan_70.zip). 3` UTR
509 segmentation was performed with the 'plot_transitions.py' python script. Code is available at:
510 <https://github.com/snaqvi1990/Naqvi17-code> and as Supplementary Code.

511

512 **Data access**

513 Data supporting the findings of this study are available within the paper and its Supplemental
514 information files. Accession numbers for publically available datasets are provided when
515 appropriate in Methods sections.

516

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523

524 **Author contributions**

525 S.N., D.W.B. and D.C.P designed the study. S.N. performed analyses with assistance from
526 D.W.B. K.S.L developed and implemented the step-detection algorithm. S.N. and D.C.P wrote
527 the paper.

528

529

530 **DISCLOSURE DECLARATION**

531 The authors declare no competing financial interests.

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- 707

1 **Figure 1: Conserved miRNA targeting of autosomal genes stratified by copy number**
2 **variation in 59,898 human exomes.** Probabilities of conserved targeting (P_{CT}) of all gene-
3 miRNA interactions involving non-duplicated and duplicated genes, further stratified as (A)
4 deleted (grey, $n = 69,339$ interactions from 4,118 genes; blue, $n = 80,290$ interactions from 3,976
5 genes) or (B) not deleted (orange, $n = 51,514$ interactions from 2,916 genes; purple, $n = 72,826$
6 interactions from 3,510 genes). *** $p < 0.001$, two-sided Kolmogorov-Smirnov test. (C) Mean
7 gene-level P_{CT} scores. ** $p < 0.01$, *** $p < 0.001$, two-sided Wilcoxon rank-sum test.

8
9 **Figure 2. X-Y pairs and X-inactivated genes have higher miRNA conservation scores than**
10 **X escape genes.** P_{CT} score distributions of all gene-miRNA interactions involving (A) human X-
11 Y pairs ($n = 371$ interactions from 15 genes), X-inactivated genes ($n = 6,743$ interactions from
12 329 genes), and X escape genes ($n = 1,037$ interactions from 56 genes). ** $p < 0.01$, two-sided
13 Kolmogorov-Smirnov test. (B) Mean gene-level P_{CT} scores. * $p < 0.05$, ** $p < 0.01$, two-sided
14 Wilcoxon rank-sum test.

15
16 **Figure 3. Heterogeneities in X-linked miRNA targeting were present on the ancestral**
17 **autosomes.** (A) Example reconstruction of an ancestral miR-96 target site in the 3' UTR of
18 KDM6A, an X-linked gene in the X-added region (XAR) with a surviving Y homolog. Dots in
19 non-human species indicate identity with the human sequence, dashes gaps indicate gaps in the
20 multiple sequence alignment. (B) Distributions of sites conserved between 3' UTRs of human
21 and chicken orthologs (top) or comparisons to background expectation (bottom, see Methods) for
22 human X-Y pairs ($n = 16$), X-inactivated genes ($n = 251$), and X escape genes ($n = 42$). (C)

23 Statistics as in (B), but using sites conserved between chicken and opossum 3` UTRs only for
24 genes in the XAR; X-Y pairs (n = 11), X-inactivated genes (n = 58), and X escape genes (n = 27).

25

26 **Figure 4. Z-W pairs have higher miRNA conservation scores than other ancestral Z-linked**

27 **genes.** P_{CT} score distributions of all gene-miRNA interactions involving the human orthologs of

28 (A) chicken Z-W pairs (n = 832 interactions from 28 genes) and other ancestral Z genes (n =

29 16,692 interactions from 657 genes). *** p < 0.001, two-sided Kolmogorov-Smirnov test. (B)

30 Mean gene-level P_{CT} scores. *** p < 0.001, two-sided Wilcoxon rank-sum test.

31

32 **Figure 5. Heterogeneities in Z-linked miRNA targeting were present on the ancestral**

33 **autosomes.** (A) Example reconstruction of an ancestral miR-145 target site in the 3` UTR of

34 RASA1, a Z-linked gene with a surviving W homolog. Example of 3` UTR sequence alignment

35 for RASA1, a Z-linked gene with a surviving W homolog, with a target site for miR-145

36 highlighted in gray. (B) Numbers of sites conserved between 3` UTRs of human and chicken

37 orthologs (top) or comparisons to background expectation (bottom) for chicken Z-W pairs (n =

38 27) and other ancestral Z genes (n = 578). (C) Statistics as in (B), but using sites conserved

39 between human and anolis 3` UTRs.

40

41 **Figure 6. Analyses of experimental datasets validate miRNA target site function.** Responses

42 to transfection (A,B,C) or knockout (D) of indicated miRNAs in human (A,B,C) or mouse (D)

43 cell-types. Each panel depicts corresponding changes in mRNA levels (A,B), in fraction of

44 Argonaute-bound genes (C), and in mRNA stability and translational efficiency as measured by

45 ribosome protected fragments (RPF, D). In each case, X-linked genes and the human orthologs

46 of Z-linked genes containing target sites with an assigned P_{CT} score (red) for the indicated
47 miRNA were compared to all expressed genes lacking target sites (black); gene numbers are
48 indicated in parentheses. (A,B,D) *** $p < 0.001$, two-sided Kolmogorov-Smirnov test. (C) * $p <$
49 0.05, two-sided Fisher's exact test.

50

51 **Figure 7. An evidence-based model of preexisting heterogeneities in dosage sensitivity**

52 **shaping mammalian and avian sex chromosome evolution.** In this model, preexisting

53 heterogeneities in dosage sensitivity determined the trajectory of Y/W gene loss in both

54 mammals and birds, and of subsequent X-inactivation in mammals and dosage compensation in

55 birds. Colored arrow widths are scaled approximately to the number of ancestral genes in each

56 class. (A) The dashed orange line represents the possibility that a subset of X-linked genes may

57 have not undergone compensatory X upregulation following Y gene decay. (B) Ancestral Z

58 genes with no W homolog follow a gradient of preexisting dosage sensitivity (top, grey to white),

59 which determined the degree of dosage compensation following W gene loss (bottom).

60

61 **Supplemental Figure S1: Effect of deletion status on autosomal P_{CT} scores.** Probabilities of

62 conserved targeting (P_{CT}) of all gene-miRNA interactions involving non-deleted and deleted

63 genes, further stratified as (A) duplicated (grey, $n = 69,339$ interactions from 4,118 genes; orange,

64 $n = 51,514$ interactions from 2,916 genes) or (B) not duplicated (purple, $n = 72,826$ interactions

65 from 3,510 genes; blue, $n = 80,290$ interactions from 3,976 genes). *** $p < 0.001$, two-sided

66 Kolmogorov-Smirnov test. (C) P_{CT} scores for all gene sets in (A) and (B) superimposed on one

67 plot. (D) Mean gene-level P_{CT} scores when aggregating sets of duplicated/not duplicated (left) or

68 deleted/not deleted (right) genes. *** $p < 0.0001$, two-sided Wilcoxon rank-sum test.

69
70 **Supplemental Figure S2: P_{CT} scores of X-Y pairs across 8 mammals.** (A) P_{CT} score
71 distributions of all gene-miRNA interactions involving X-Y pairs across eight sequenced
72 mammalian Y chromosomes (n = 647 interactions from 32 genes) and other ancestral X genes (n
73 = 8,831 interactions from 457 genes). ** p < 0.01, two-sided Kolmogorov-Smirnov test. (B)
74 Gene-level mean P_{CT} scores. * p < 0.05, two-sided Wilcoxon rank-sum test.

75
76 **Supplemental Figure S3: Resampled mean P_{CT} scores of X-linked genes.** (A) Resampled
77 gene-miRNA P_{CT} scores for human X-Y pairs (n = 15 genes), X-inactivated genes (n = 329
78 genes) and X escape genes (n = 56 genes). (B) Resampled gene-miRNA P_{CT} scores for X-Y pairs
79 across eight mammals (n = 32 genes) and genes with no Y homolog in any of eight mammals (n
80 = 457 genes). Points and error bars represent the median and 95% confidence intervals from
81 1,000 gene samplings with replacement. * p < 0.05, ** p < 0.01, empirical p-value computed as
82 the fraction of random non-overlapping gene sets with a median difference in P_{CT} score at least
83 as large as the true difference.

84
85 **Supplemental Figure S4: P_{CT} score comparisons with consistent and variable escape genes**
86 **separated.** (A) P_{CT} score distributions of all gene-miRNA interactions involving X-Y pairs (n =
87 371 interactions from 16 genes), X-inactivated genes (n = 6743 interactions from 329 genes),
88 consistent escape genes (n = 567 interactions from 30 genes), or variable escape genes (n = 470
89 interactions from 26 genes) as defined by Balaton et al (Balaton et al., 2015). * p < 0.05, ** p <
90 0.01, two-sided Kolmogorov-Smirnov test. (B) Resampled gene-miRNA P_{CT} scores of gene
91 classes from (A). Points and error bars represent the median and 95% confidence intervals from

92 1,000 gene samplings with replacement. * $p < 0.05$, empirical p-value computed as the fraction
93 of random non-overlapping gene sets with a median difference in P_{CT} score at least as large as
94 the true difference.

95
96 **Supplemental Figure S5: P_{CT} score comparisons with discordant genes included as X-**
97 **inactivated or escape.** P_{CT} score distributions of all gene-miRNA interactions (A,C) or mean
98 gene-level P_{CT} score (B,D) of classes of X-linked genes with genes with a discordant XCI call (n
99 = 721 interactions from 40 genes) included as X-inactivated (A,B) or X escape (C,D). Numbers
100 of gene-miRNA interactions and genes as in Figure 1, but with the addition of discordant gene
101 numbers/interactions to X-inactivated genes (A,B) or X escape genes (C,D). * $p < 0.05$, ** $p <$
102 0.01 , two-sided Kolmogorov-Smirnov (A,C) or Wilcoxon rank-sum (B,D) test.

103
104 **Supplemental Figure S6: Variation in within-UTR conservation does not account for**
105 **observed differences in P_{CT} score among classes of X-linked genes.** (A) Example of step-
106 detection to segment 3' UTRs. Top, base-wise branch length scores; bottom, probabilities of
107 transition to a new section. Dashed line indicates p-value cutoff used to delineate a new section
108 (plotted as alternating magenta/yellow points). (B) Boxplots of within-UTR conservation bias
109 (see Methods) for all gene-miRNA interactions involving classes of X-linked genes. (C)
110 Comparisons of P_{CT} scores normalized by within-UTR bias. **, $p < 0.01$, *** $p < 0.001$, two-
111 sided Kolmogorov-Smirnov test.

112
113 **Supplemental Figure S7: Ancestral miRNA targeting of X-Y pairs across 8 mammals.** (A)
114 Distributions of sites conserved between 3' UTRs of human and chicken orthologs (top) or

115 comparisons to background expectation (bottom, see Methods) for X-Y pairs across 8 mammals
116 (n = 25) and other ancestral X genes (n = 351). (D) Statistics as in (C), but using sites conserved
117 between chicken and opossum 3' UTRs only for genes in the XAR; X-Y pairs across 8 mammals
118 (n = 15), other ancestral X genes (n = 102).

119
120 **Supplemental Figure S8: P_{CT} scores of Z-W pairs across 4 and 14 birds.** (A,C) P_{CT} score
121 distributions of all gene-miRNA interactions (A) Z-W pairs including predictions from three
122 additional birds with male and female genome sequence (n = 2,187 interactions from 78 genes)
123 and other ancestral Z genes (n = 15,357 interactions from 607 genes), or (C) Z-W pairs including
124 read depth-based predictions from 10 additional birds with only female genome sequence (n =
125 4,458 interactions from 157 genes) and other ancestral Z genes (n = 13,086 interactions from 528
126 genes) *** p < 0.001, two-sided Kolmogorov-Smirnov test. (B,D) Gene-level mean P_{CT} scores.
127 *** p < 0.01, two-sided Wilcoxon rank-sum test.

128
129 **Supplemental Figure S9: Resampled mean P_{CT} scores of Z-linked genes.** Gene sets: (A)
130 chicken Z-W pairs (n = 28 genes) and other ancestral Z genes (n = 657 genes), (B) Z-W pairs
131 across four birds (n = 78 genes) compared to the remainder of ancestral Z genes (n = 607 genes),
132 and (C) Z-W pairs across 14 birds (n = 157 genes) compared to the remainder of ancestral Z
133 genes (n = 528 genes). Points and error bars represent the median and 95% confidence intervals
134 from 1,000 gene samplings with replacement. *** p < 0.001, empirical p-value computed as the
135 fraction of random non-overlapping gene sets with a median difference in P_{CT} score at least as
136 large as the true difference.

137

138 **Supplemental Figure S10: Variation in within-UTR conservation cannot account for**
139 **observed differences in P_{CT} score among classes of Z-linked genes.** (A) Boxplots of within-
140 UTR conservation bias (see Methods) for all gene-miRNA interactions involving chicken Z-W
141 pairs or other ancestral X genes. Numbers of interactions and genes as in Figure 4A. ** $p < 0.01$,
142 two-side Wilcoxon rank-sum test. (B) Comparisons of P_{CT} scores normalized by within-UTR
143 bias. *** $p < 0.001$, two-sided Kolmogorov-Smirnov test.

144

145 **Supplemental Figure S11: Correlation of Z-linked gene-specific dosage compensation with**
146 **gene-level P_{CT} score.** Distributions of chicken male/female expression ratio, normalized to that
147 of human and anolis (y-axis) as a function of mean gene-level P_{CT} quartile (x-axis) for all
148 expressed Z-linked gene with no W homolog. Expression ratios are plotted on a \log_2 scale;
149 values closer to 0 imply more effective dosage compensation following W gene loss.

150

151 **Supplemental Figure S12: Ancestral miRNA targeting of Z-W pairs across 4 birds.** (A)
152 Distributions of sites conserved between 3' UTRs of human and chicken orthologs (top) or
153 comparisons to background expectation (bottom, see Methods) for Z-W pairs across chicken and
154 three additional birds with male and female genome sequence (4 birds, $n = 73$) and other
155 ancestral Z genes ($n = 532$). (D) Statistics as in (C), but using sites conserved between human
156 and anolis 3' UTRs; Z-W pairs across 4 birds ($n = 73$), other ancestral Z genes ($n = 527$). *** $p <$
157 0.001 , two-sided Fisher's exact test.

158

159 **Supplemental Figure S13: Ancestral miRNA targeting of predicted Z-W pairs across 14**
160 **birds.** (A) Distributions of sites conserved between 3' UTRs of human and chicken orthologs

161 (top) or comparisons to background expectation (bottom, see Methods) for Z-W pairs in chicken,
162 predicted in three additional birds with male and female genome sequence, and predicted based
163 on read depth from 10 additional birds with only female genome sequence (14 birds, n = 147)
164 and other ancestral Z genes (n = 458). (D) Statistics as in (C), but using sites conserved between
165 human and anolis 3' UTRs; Z-W pairs across 14 birds (n = 147), other ancestral Z genes (n =
166 453).

167

168 **Supplemental Figure S14: Correlation of Z-linked gene-specific dosage compensation with**
169 **human-chicken-conserved site excess.** Distributions of chicken male/female expression ratios,
170 normalized to those of human and anolis (y-axis) for expressed Z-linked genes with no W
171 homolog with (left) or without (right) an excess of human-chicken-conserved miRNA sites. ** p
172 < 0.01, *** p < 0.0001, Wilcoxon rank-sum test.

173

174 **Supplemental Figure S15: Gene expression changes following small RNA transfections in**
175 **human HeLa cells.** * p < 0.05, *** p < 0.001, two-sided K-S test.

176

177 **Supplemental Figure S16: Gene expression changes following transfection or knockdown**
178 **of additional miRNAs in human HCT116 or HEK293 cells.** *** p < 0.001, two-sided
179 Kolmogorov-Smirnov test.

180

181 **Supplemental Figure S17: Changes in mRNA stability and translational efficiency and gene**
182 **expression following miR-155 knockout in mouse immune cells.** In each case, mouse
183 orthologs of X- or Z-linked genes containing a human-mouse-conserved (hsa-mmu) miR-155

184 site were compared to mouse genes containing only nonconserved miR-155 sites. * $p < 0.05$, ***

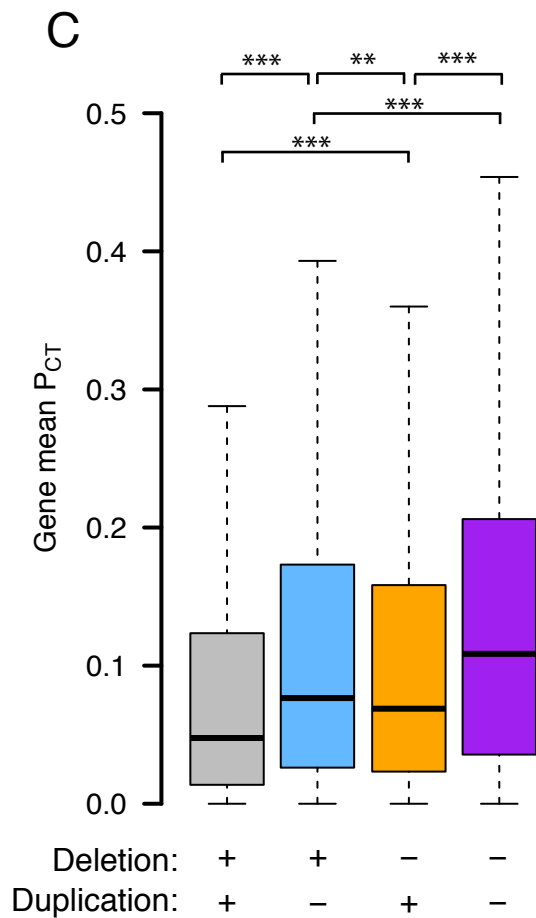
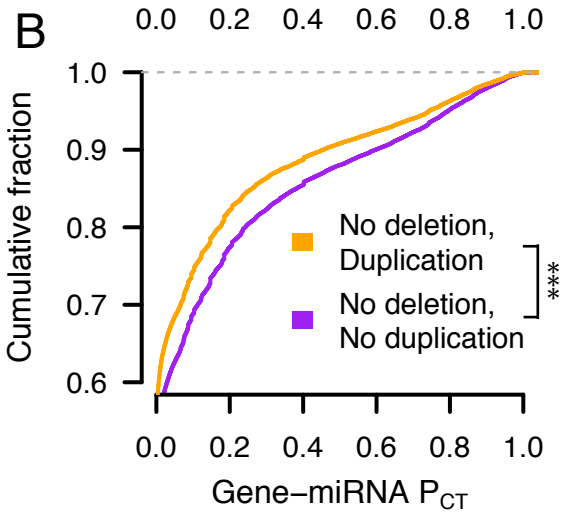
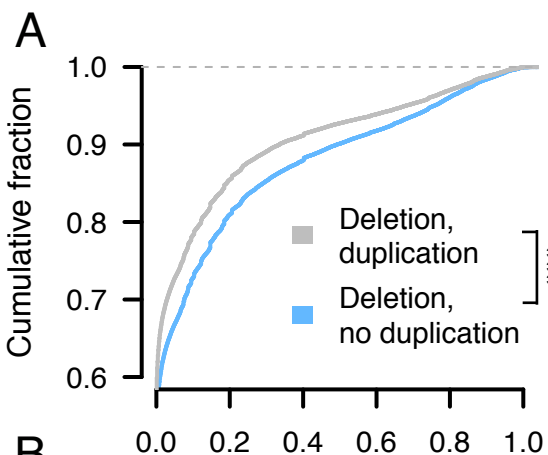
185 $p < 0.001$, two-sided Kolmogorov-Smirnov test.

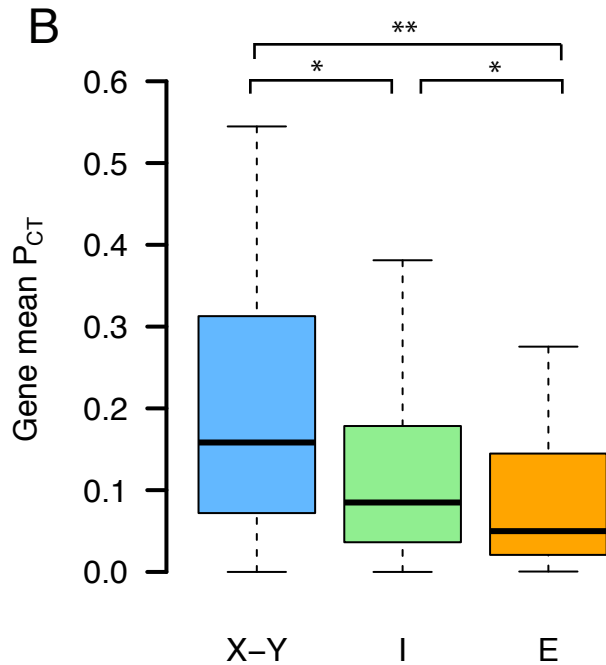
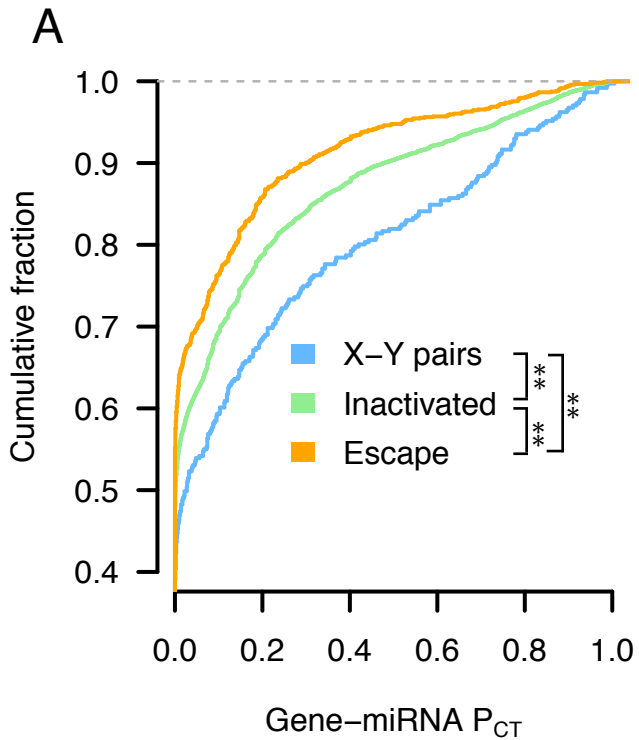
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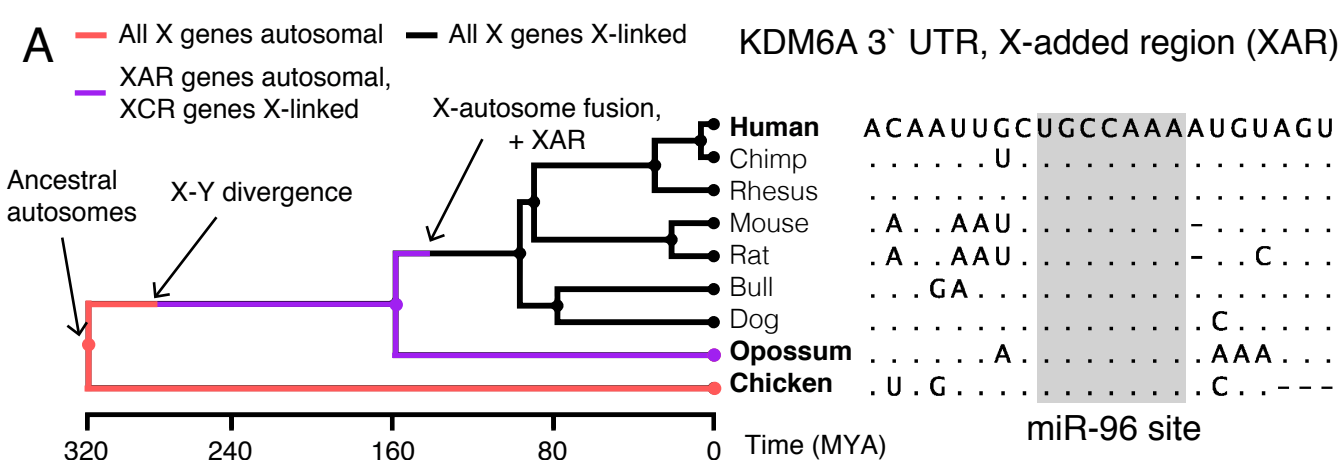
187 **Supplemental Figure S18: Argonaute binding measured by high-throughput crosslinking-**

188 **immunoprecipitation (CLIP) following miRNA transfection in HEK293 cells.** * $p < 0.05$,

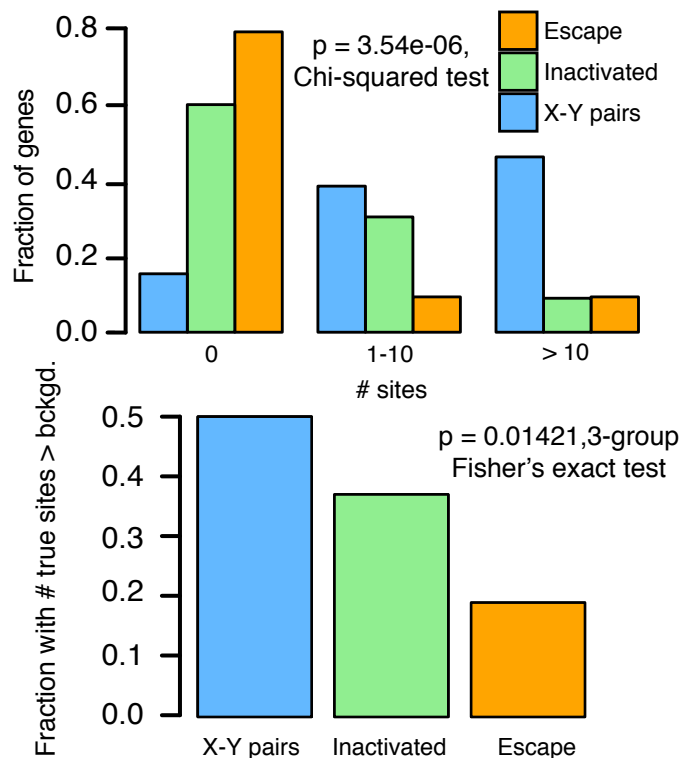
189 two-sided Fisher's exact test.



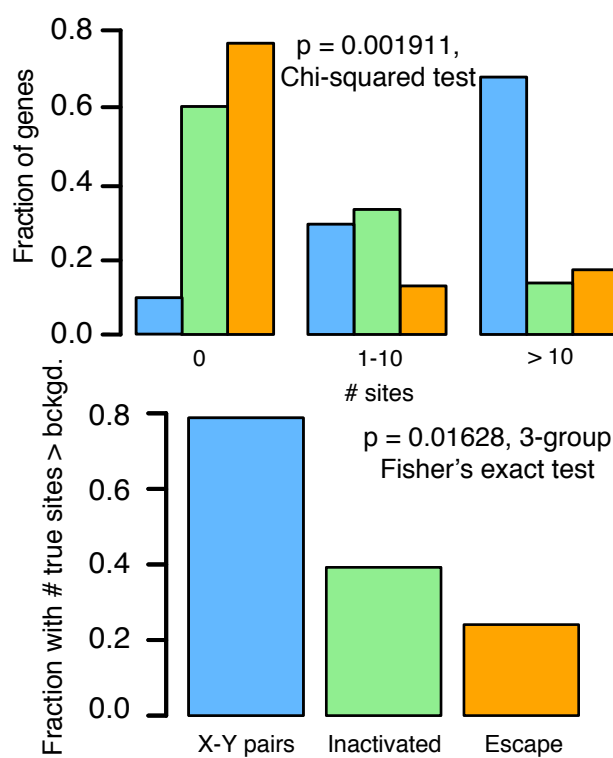


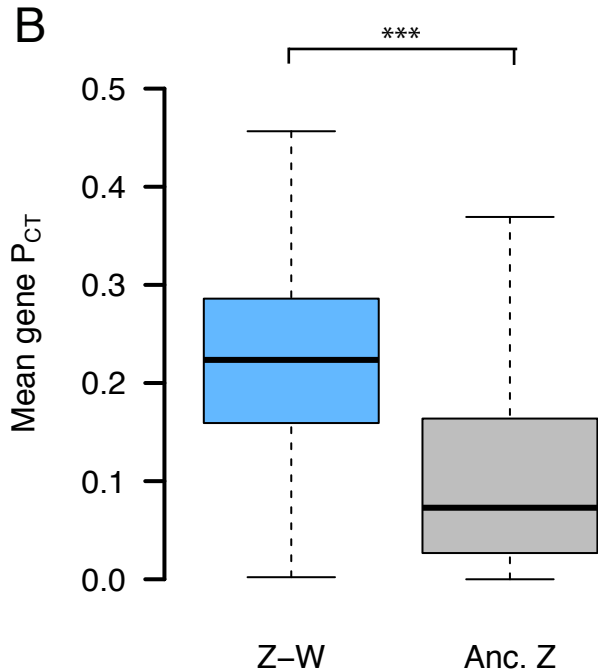
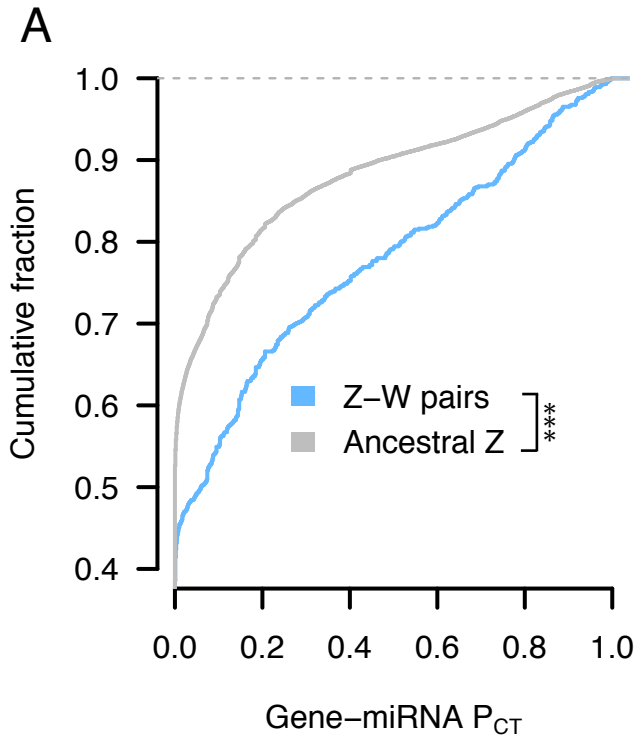


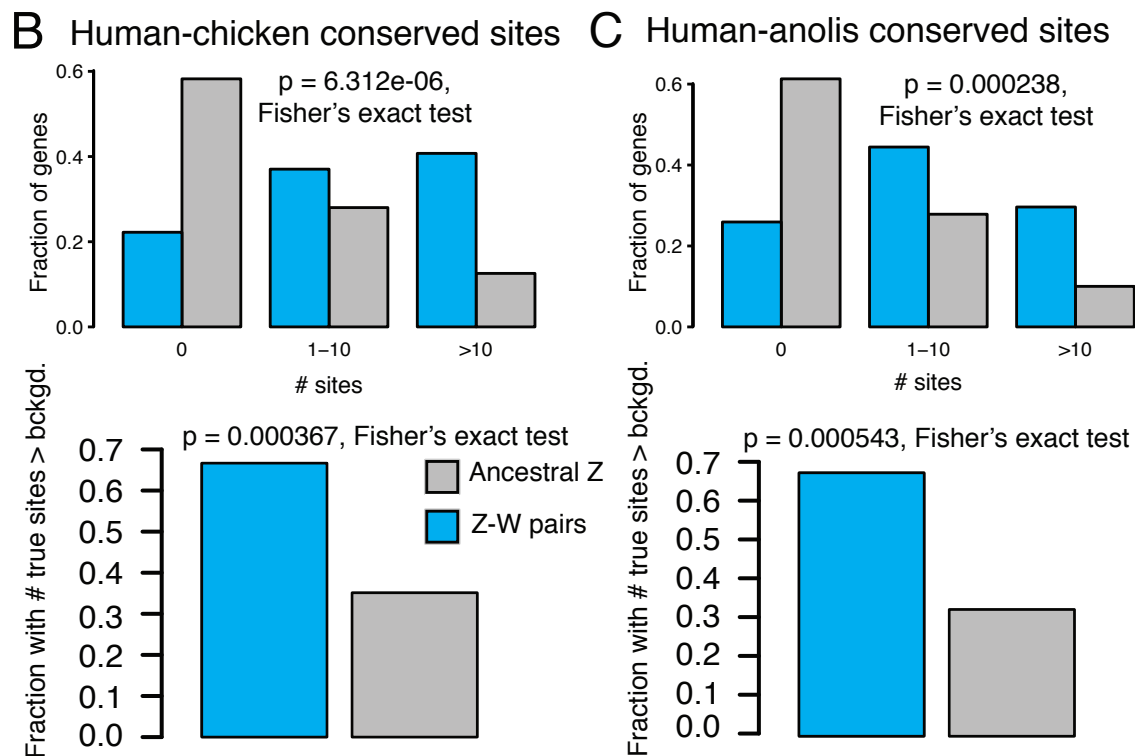
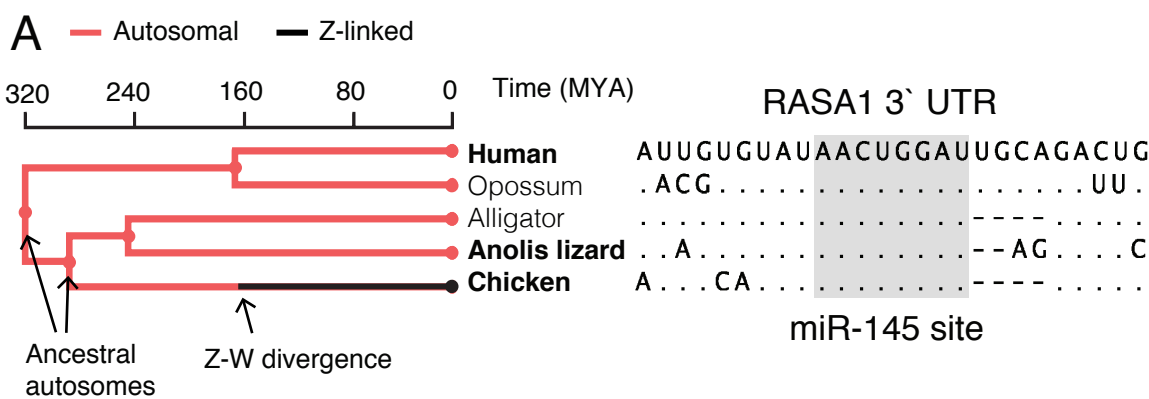
B All Ancestral X genes,
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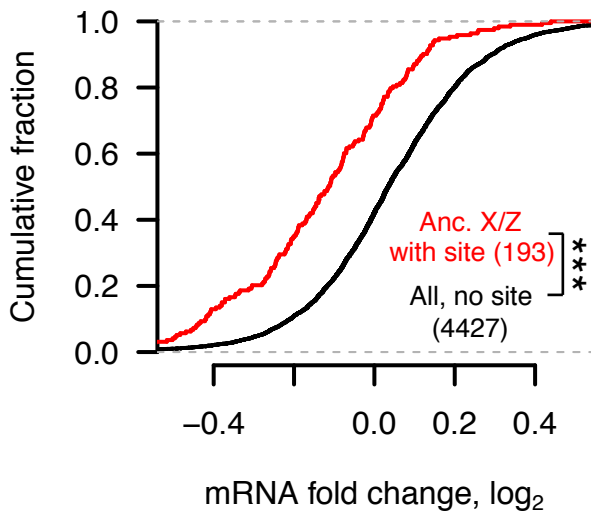
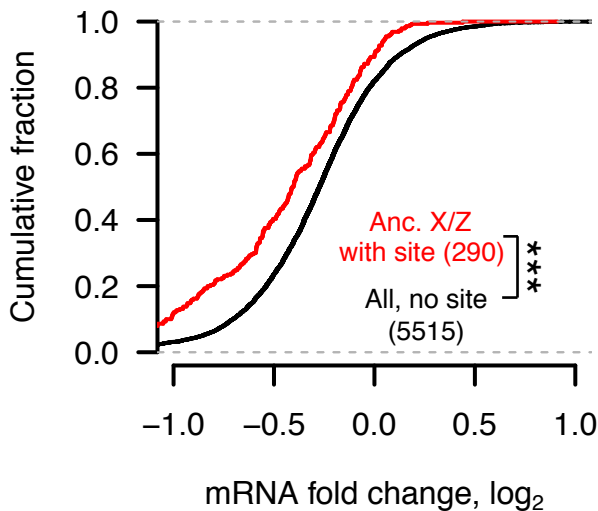
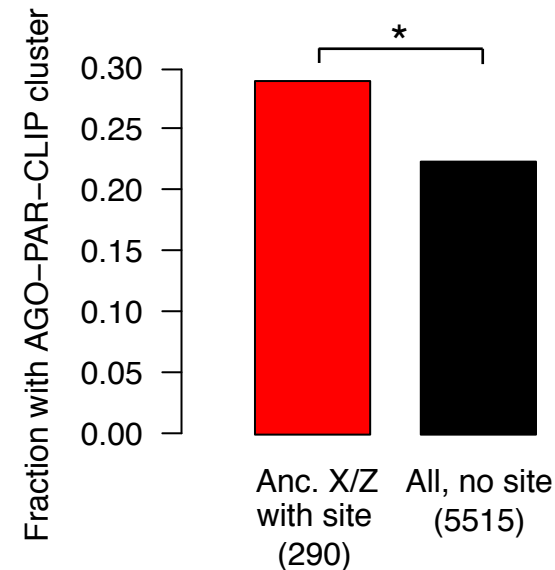
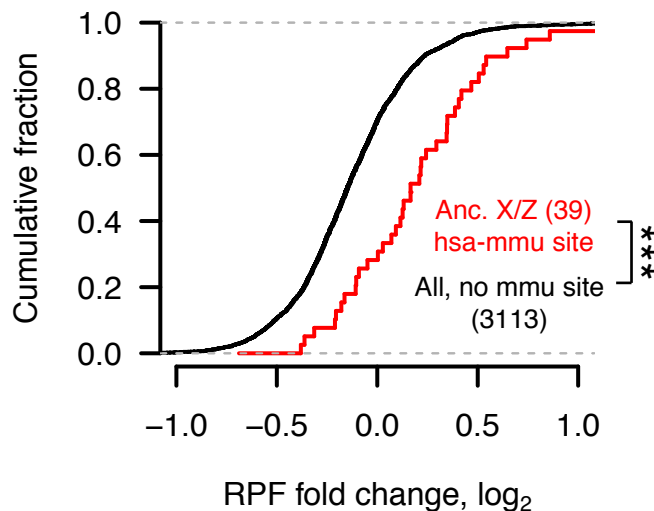


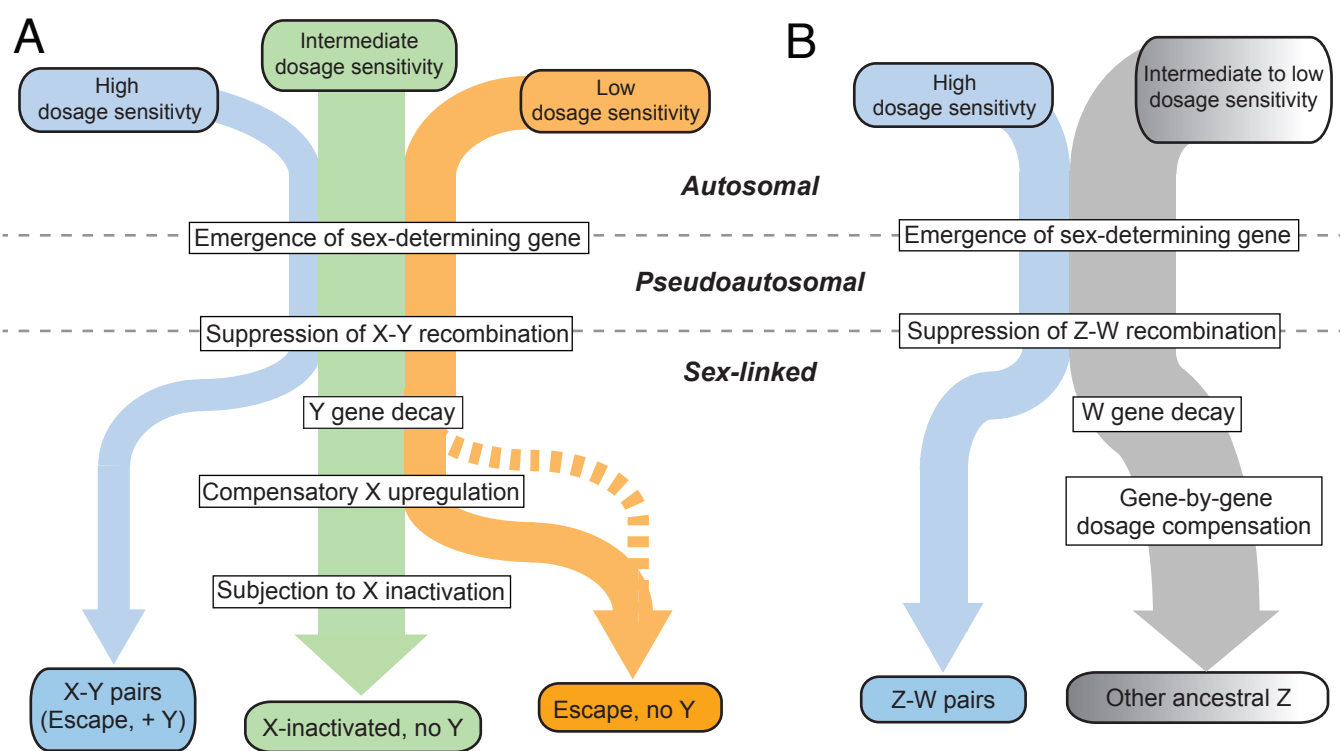
C XAR genes only,
 chicken-opossum conserved sites

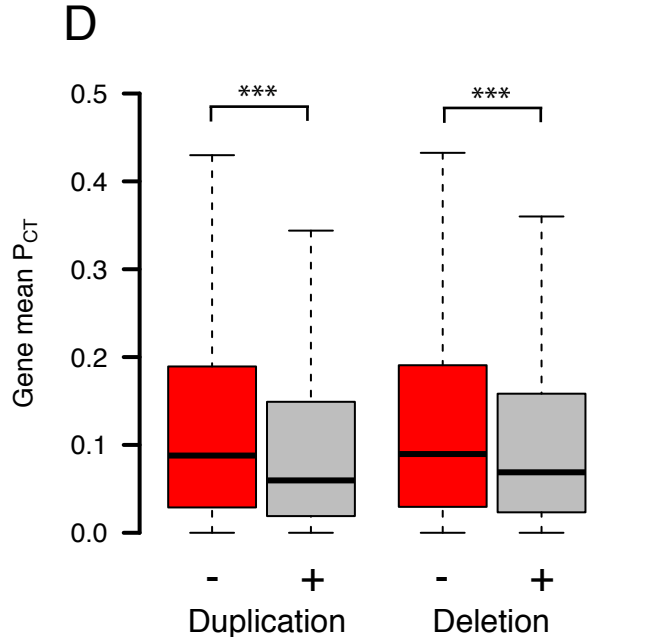
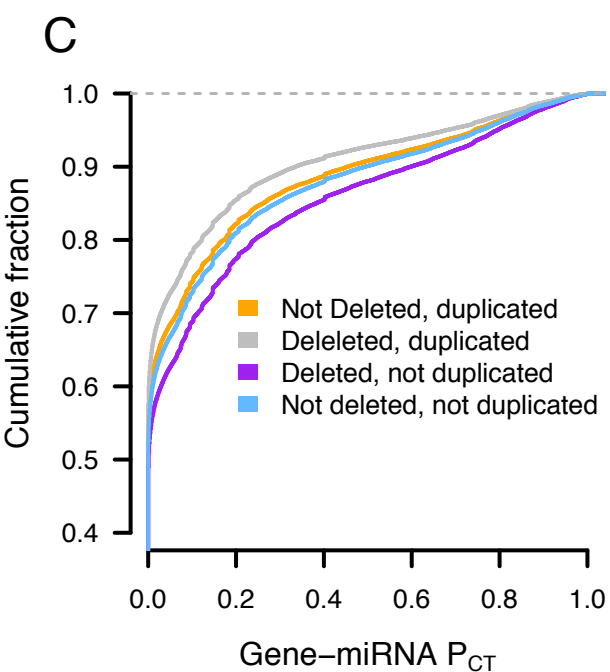
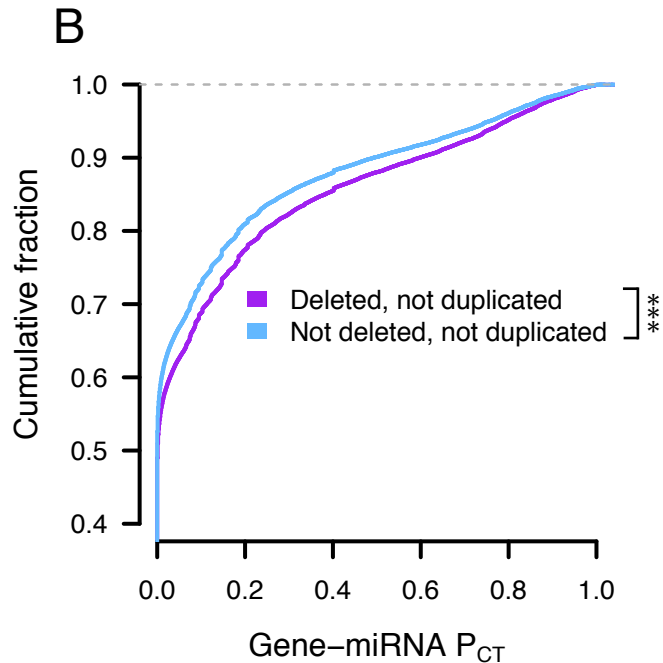
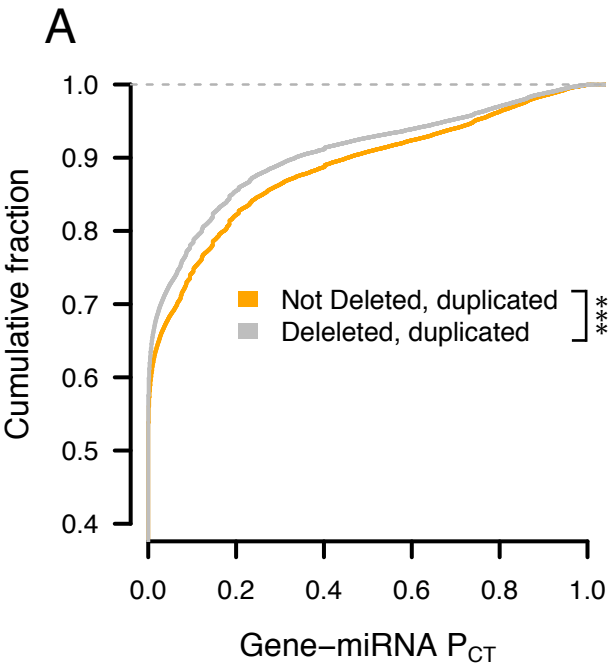


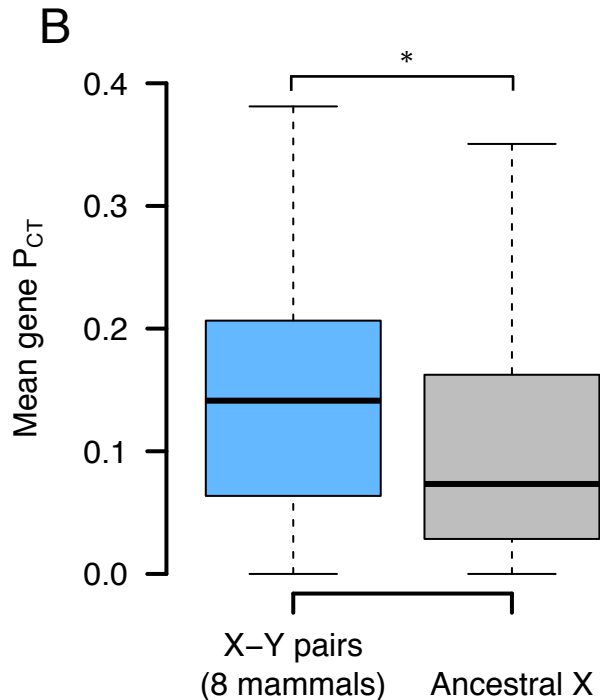
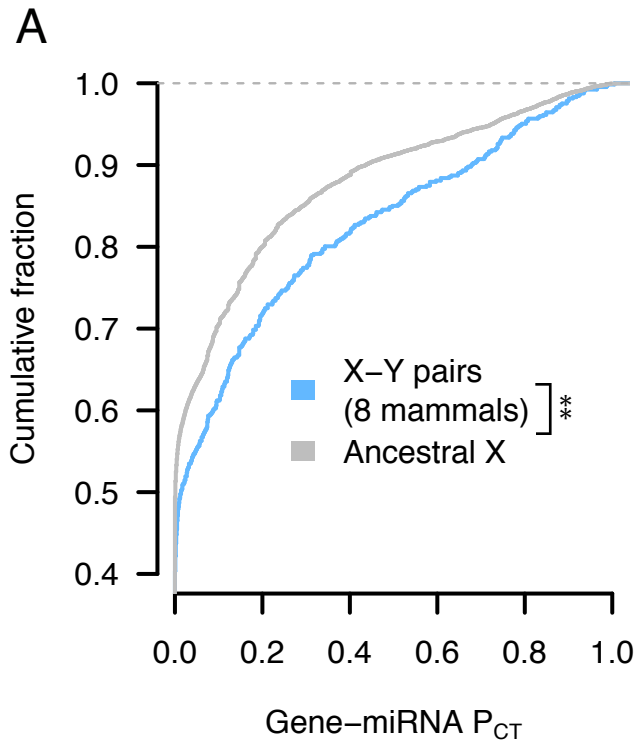


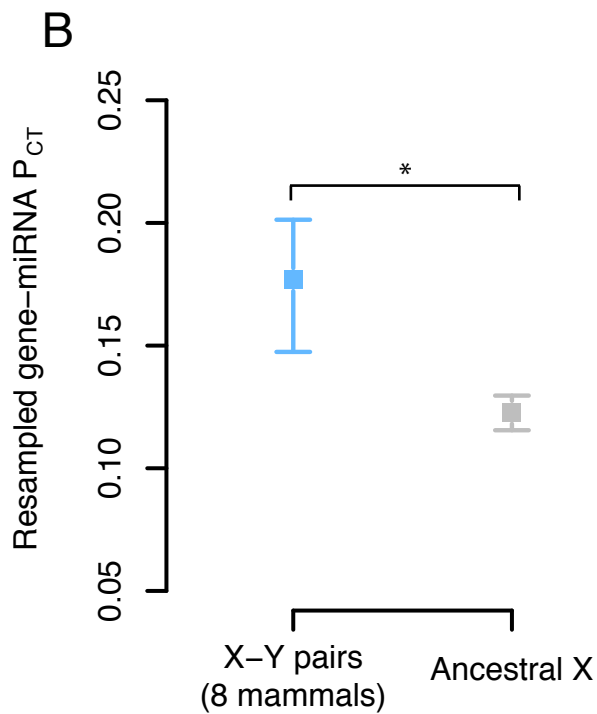
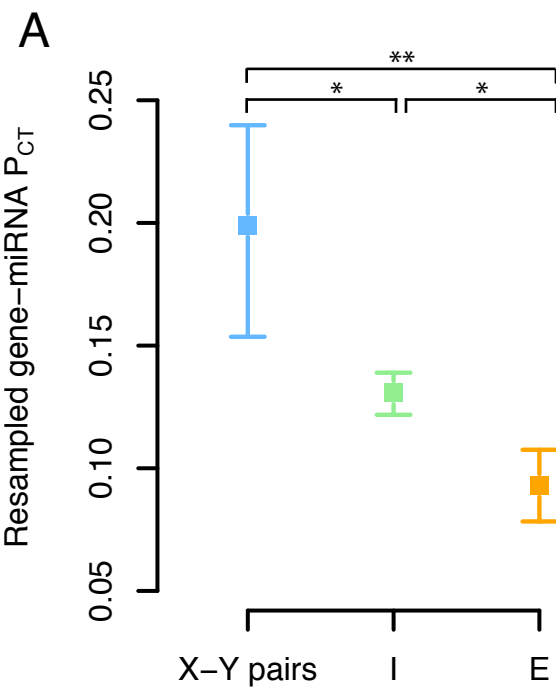


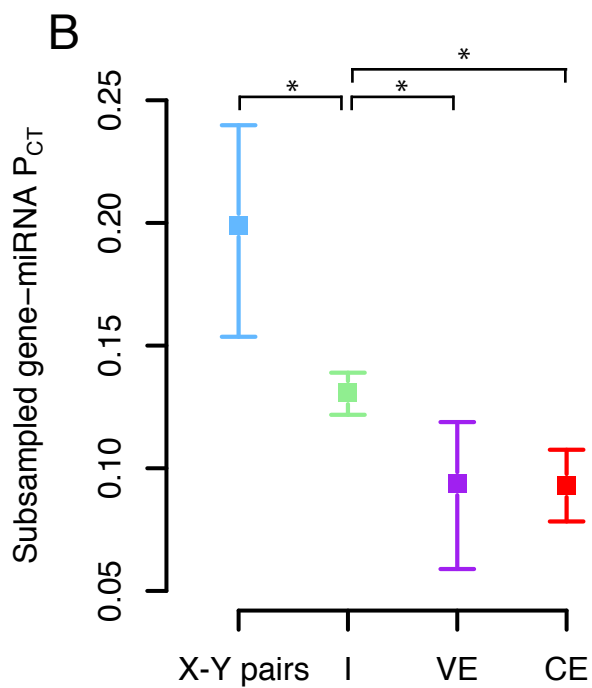
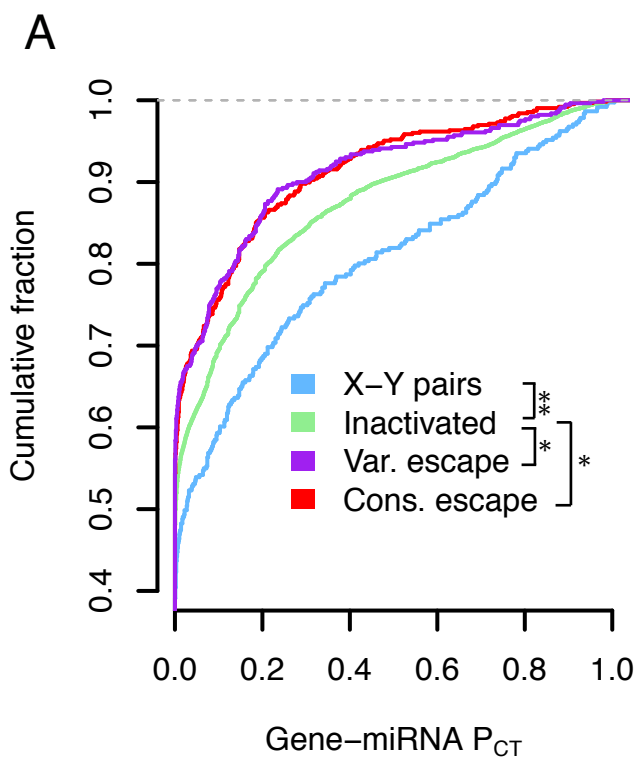
A miR-7 transfection, human HCT116 cells**B** miR-124 transfection, human HEK293 cells**C** miR-124 transfection, human HEK293 cells**D** miR-155 KO, mouse B cells

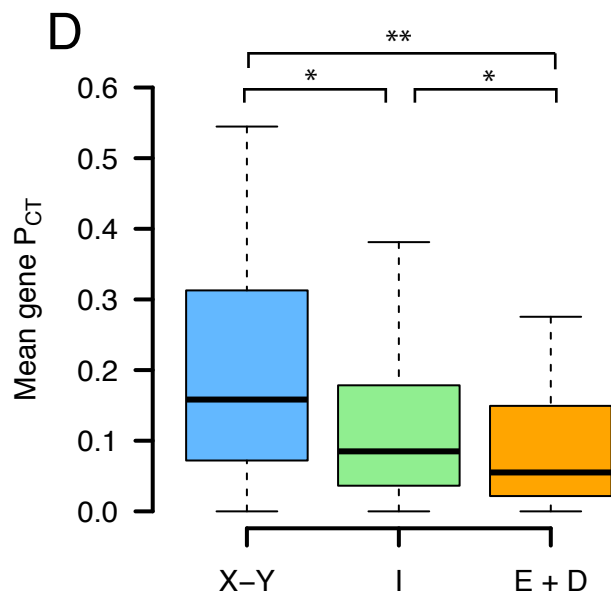
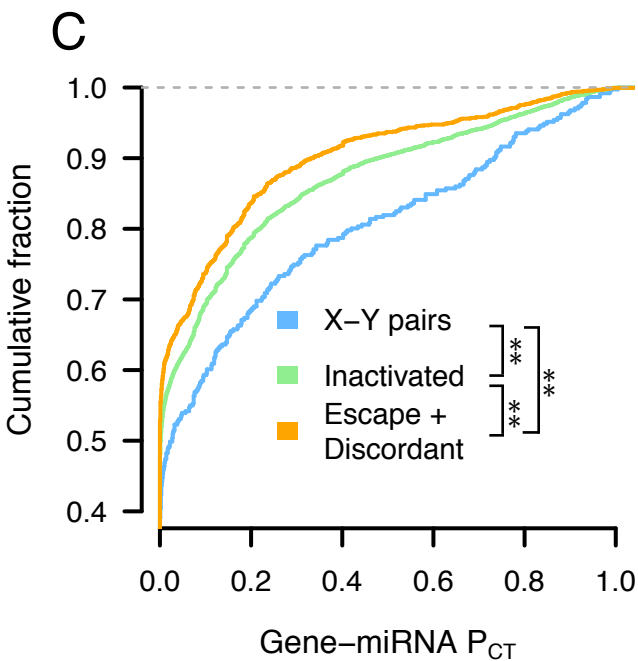
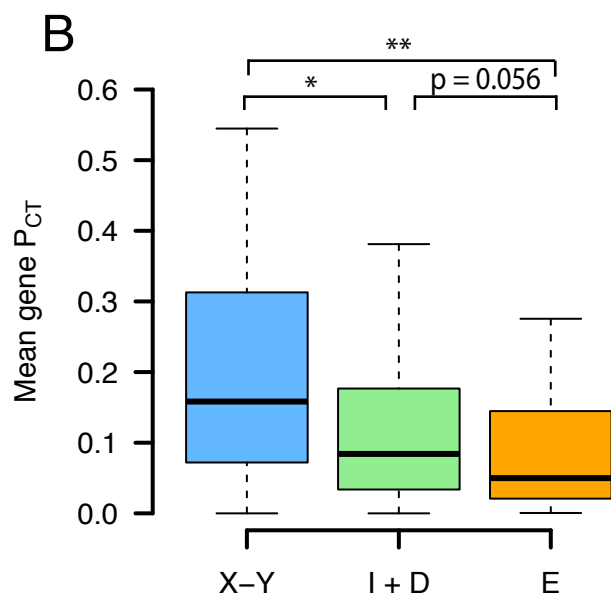
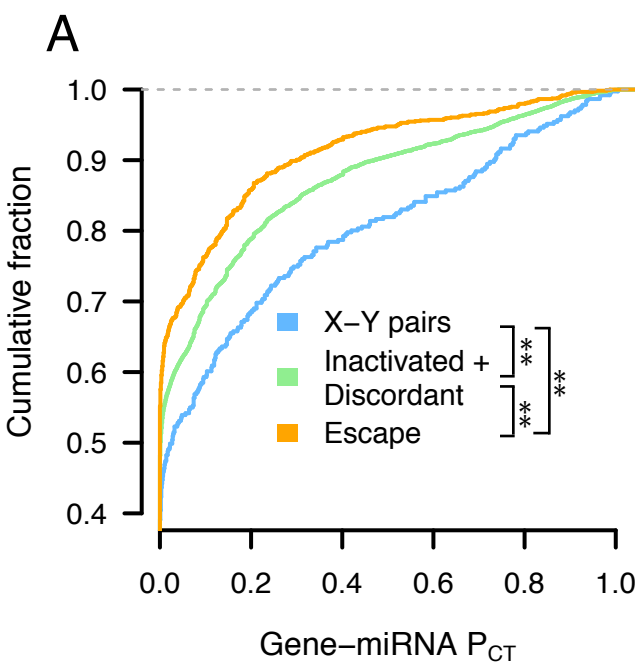


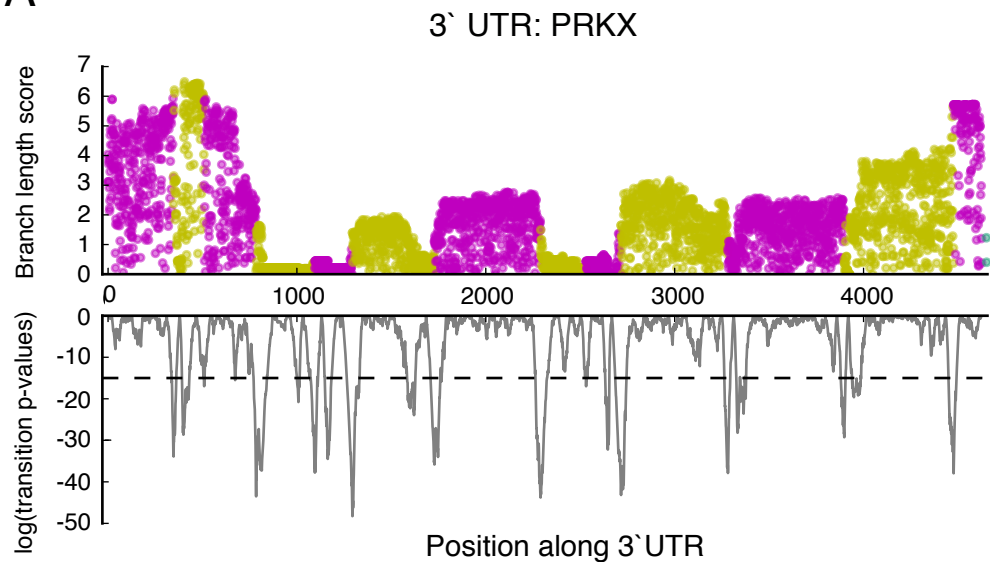
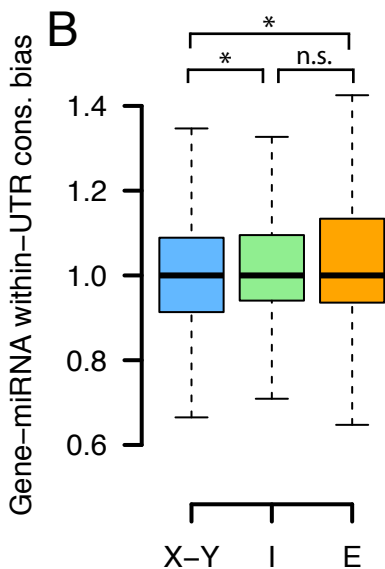
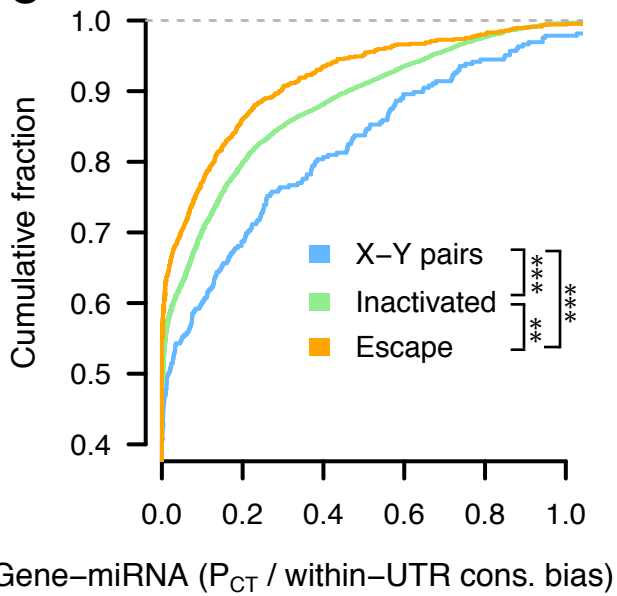




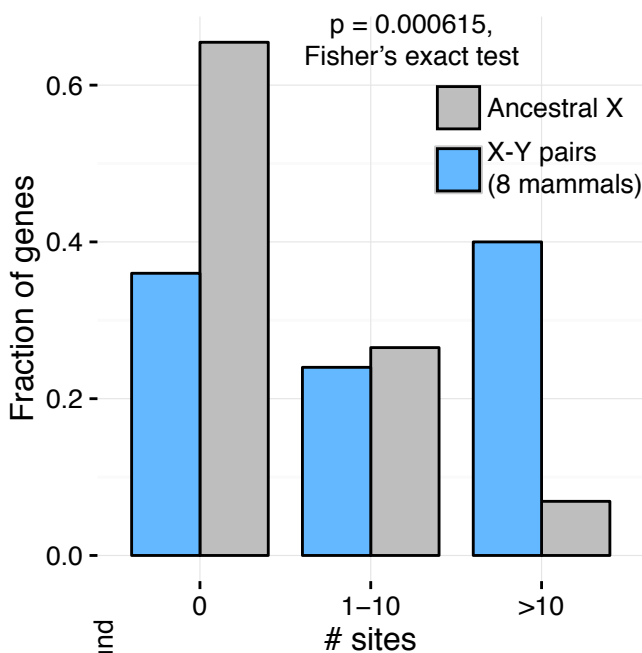




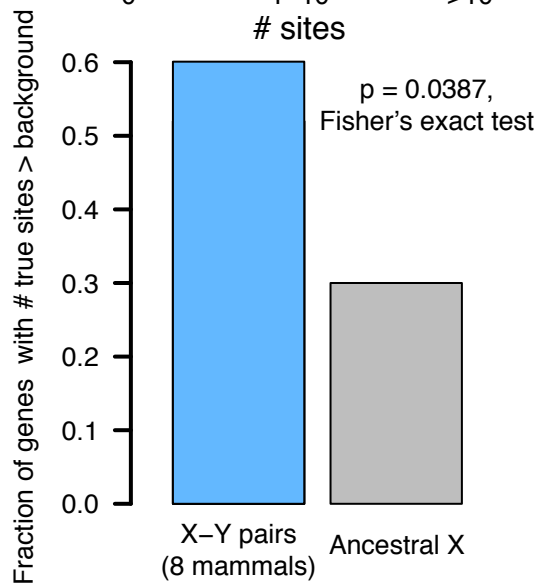
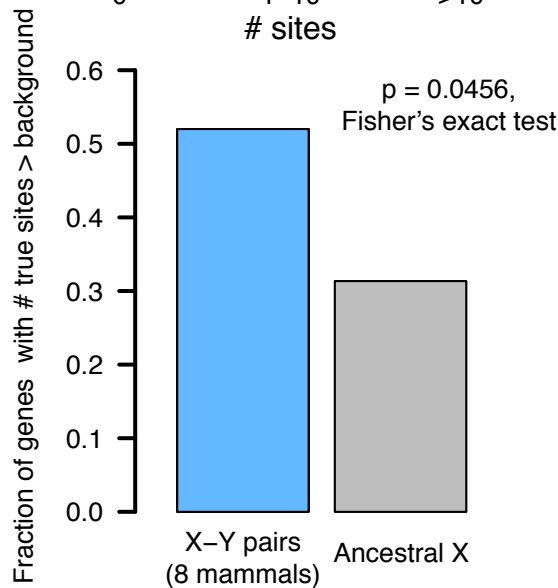
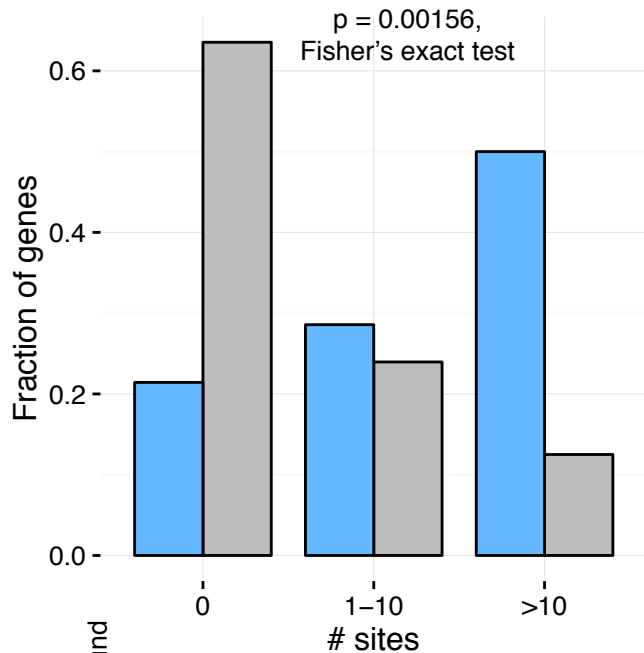


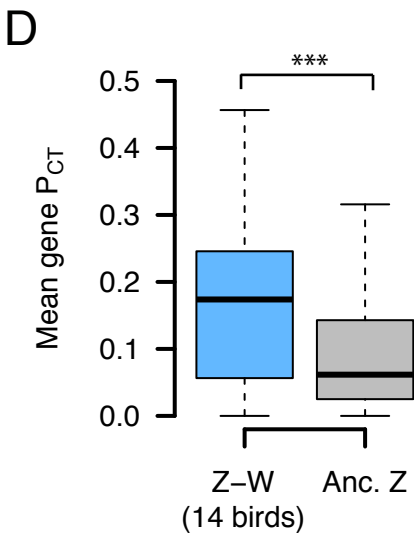
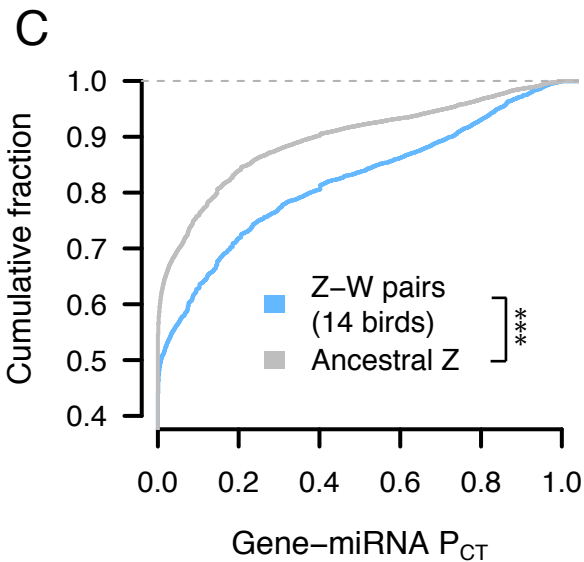
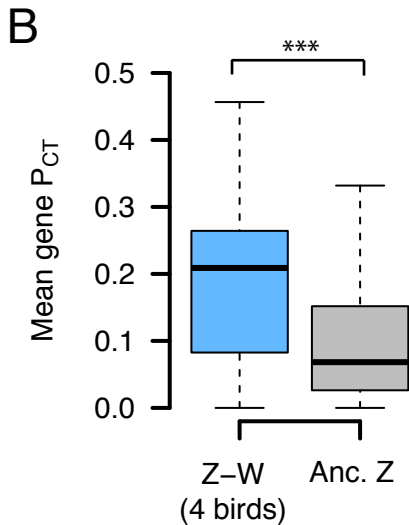
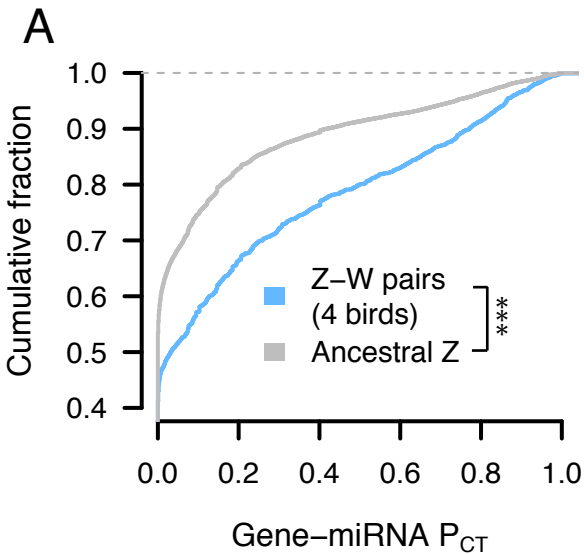
A**B****C**

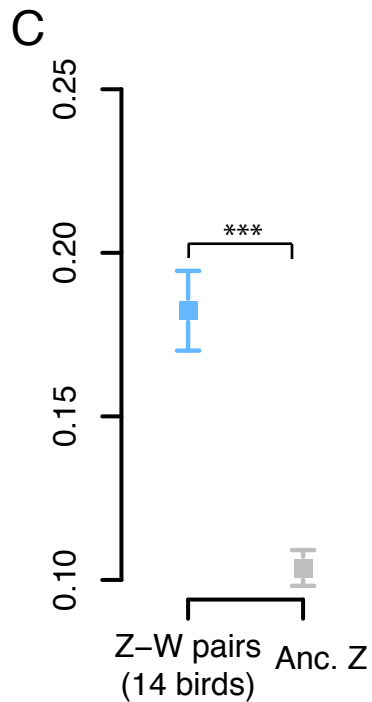
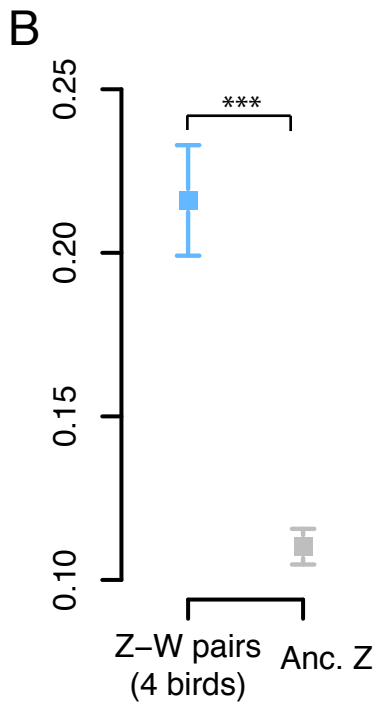
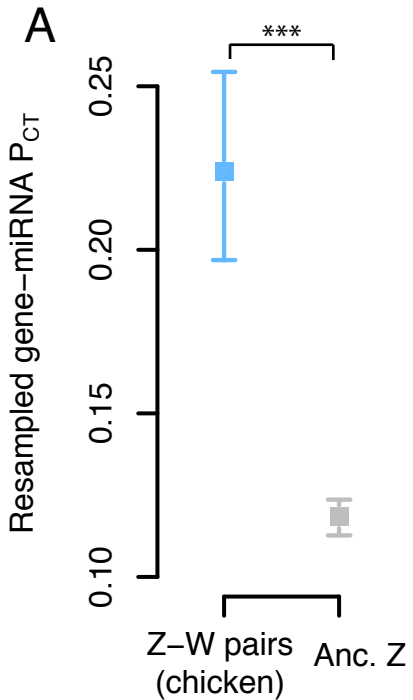
A All Ancestral X genes,
human-chicken conserved sites

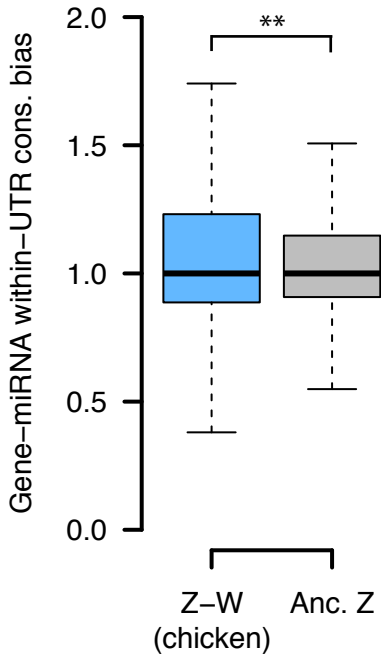
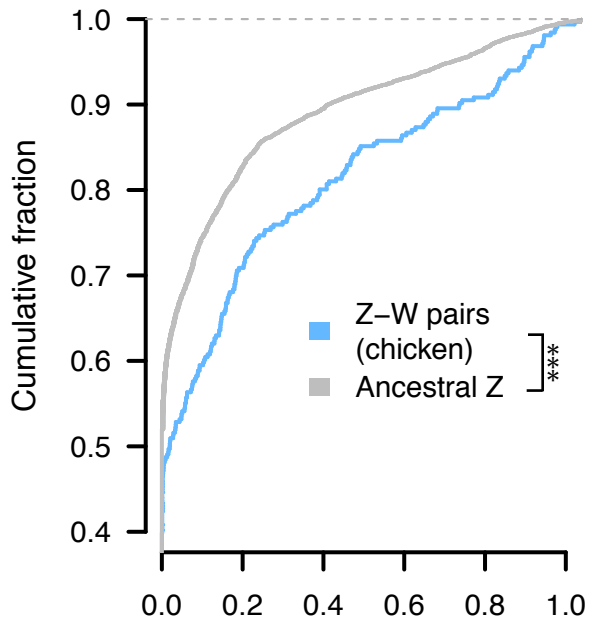


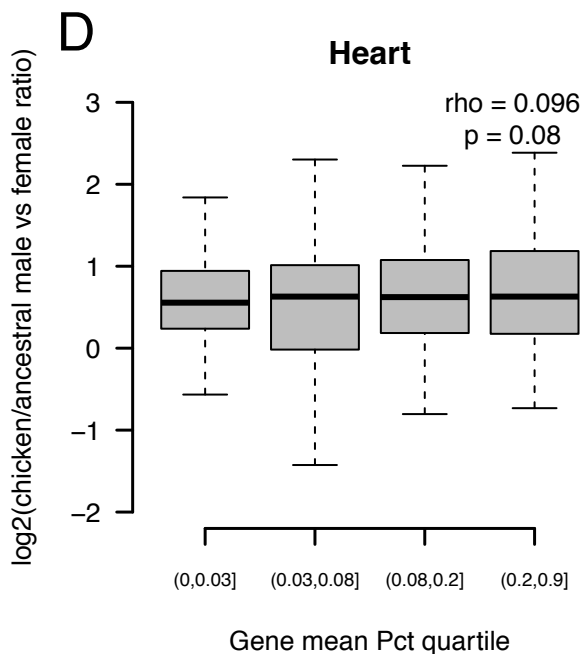
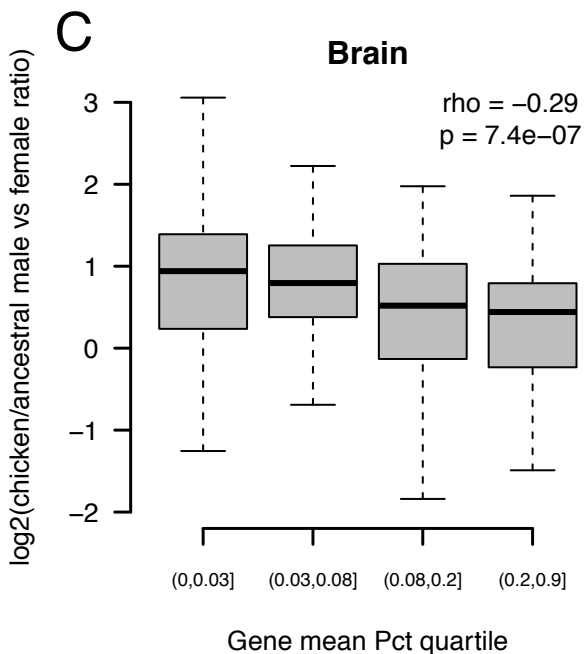
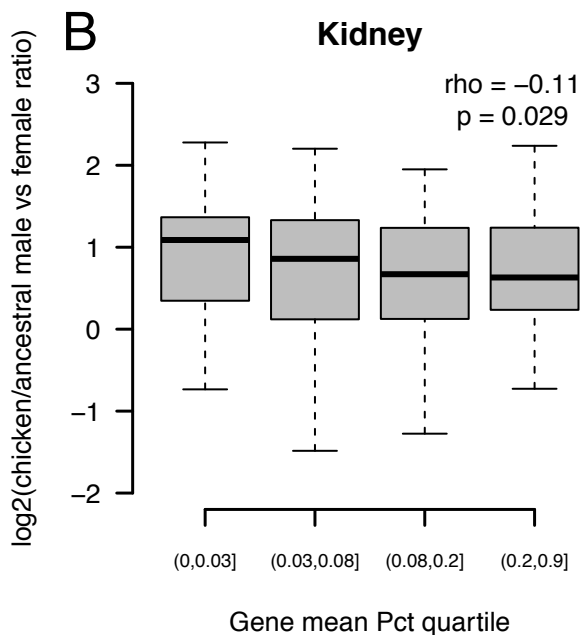
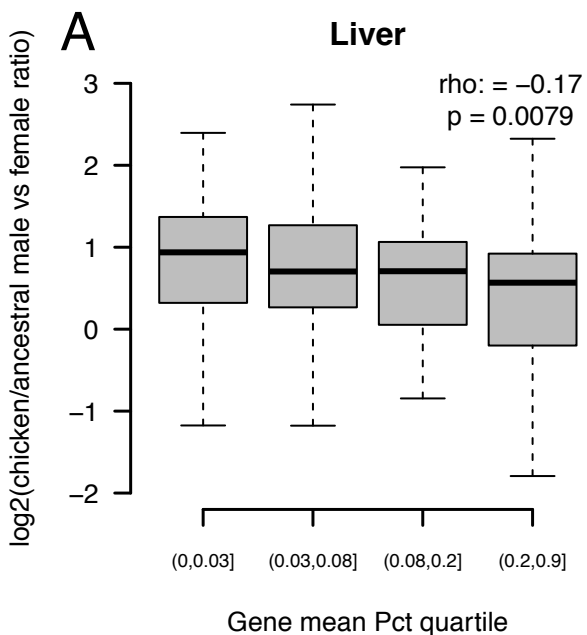
B XAR genes only,
chicken-opossum conserved sites

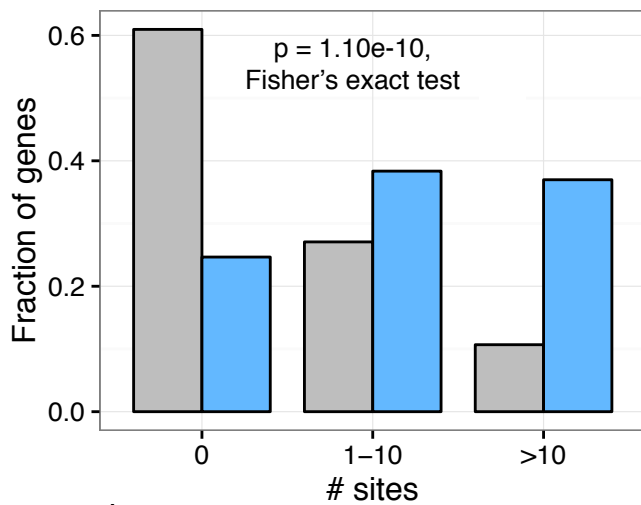
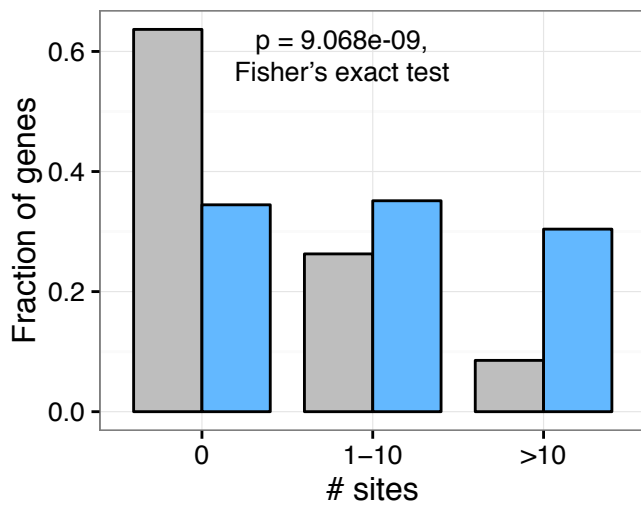




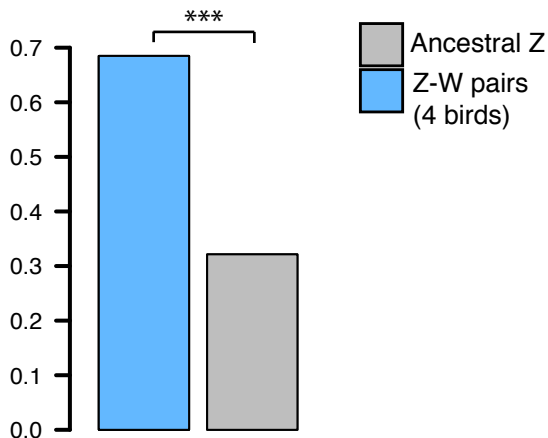


A**B**

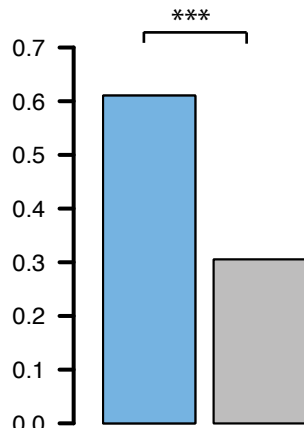


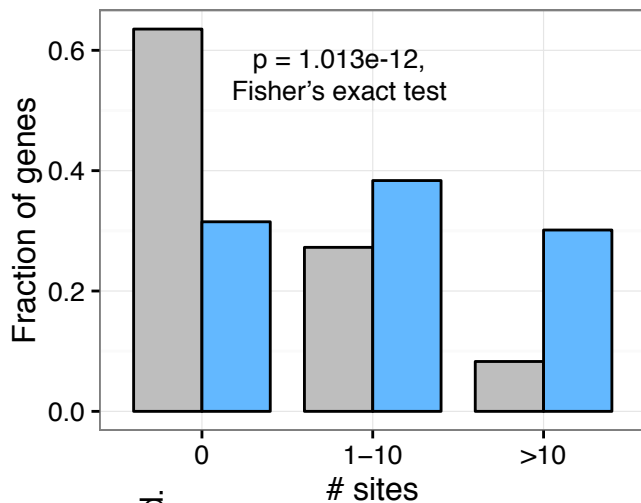
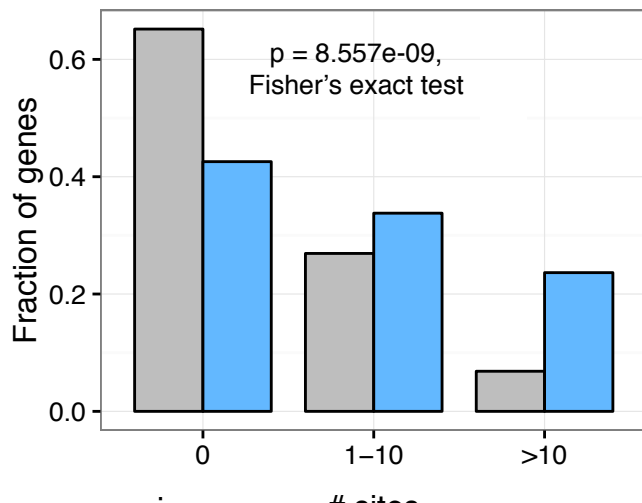
A Human-chicken conserved sites**B** Human-anolis conserved sites

Fraction with # true sites > bckgd.



Fraction with # true sites > bckgd.



A Human-chicken conserved sites**B** Human-anolis conserved sites

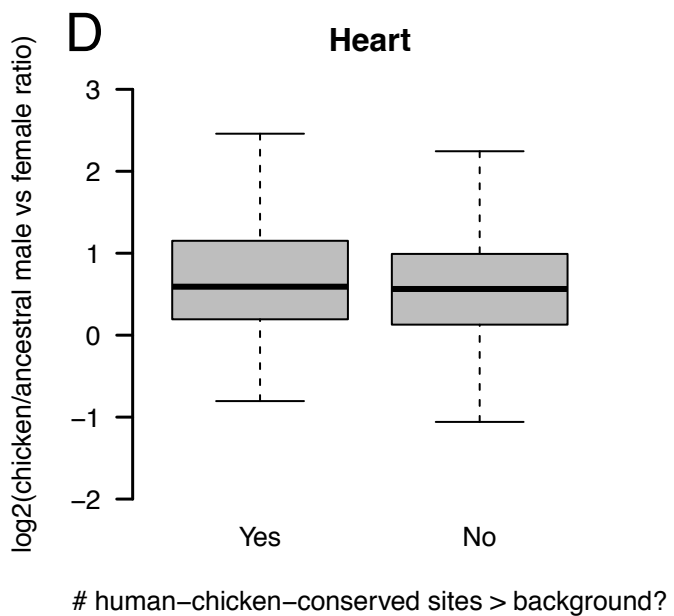
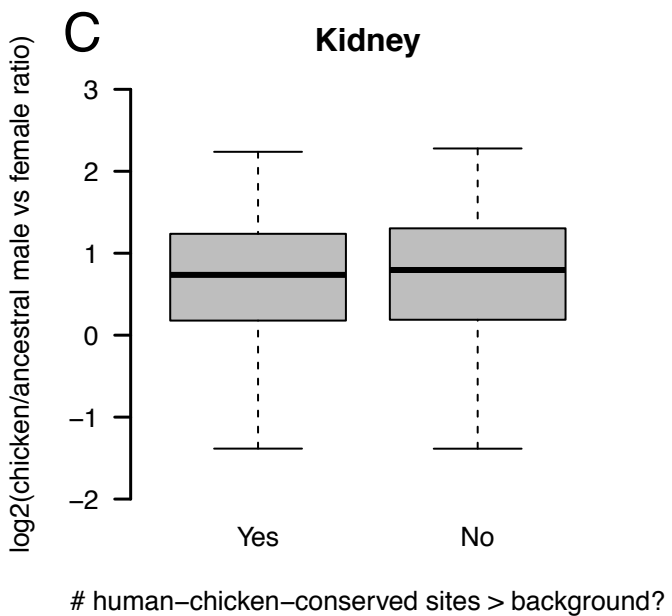
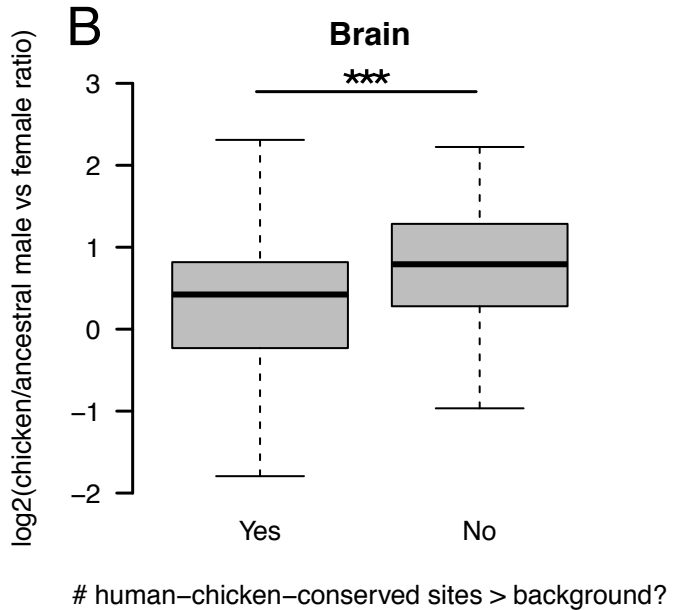
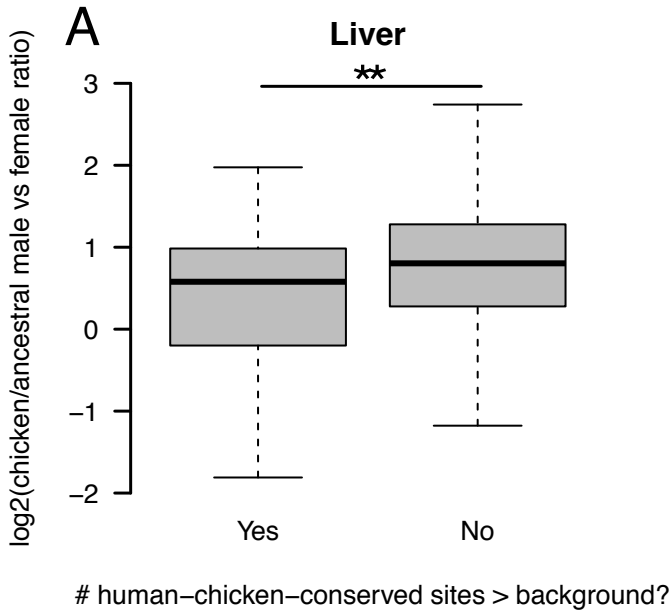
Fraction with # true sites > bckgd.

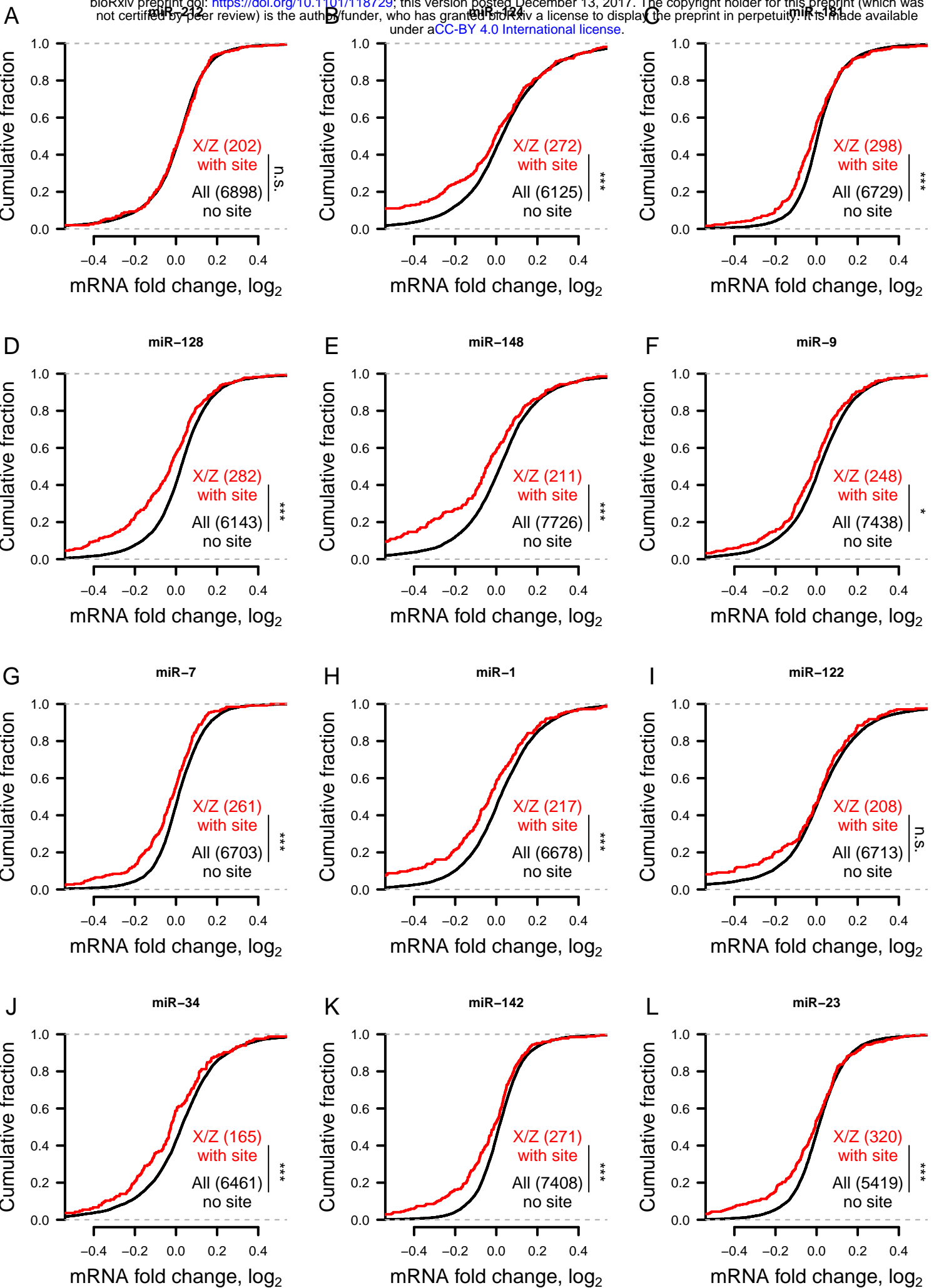
0.0
0.1
0.2
0.3
0.4
0.5
0.6
0.7

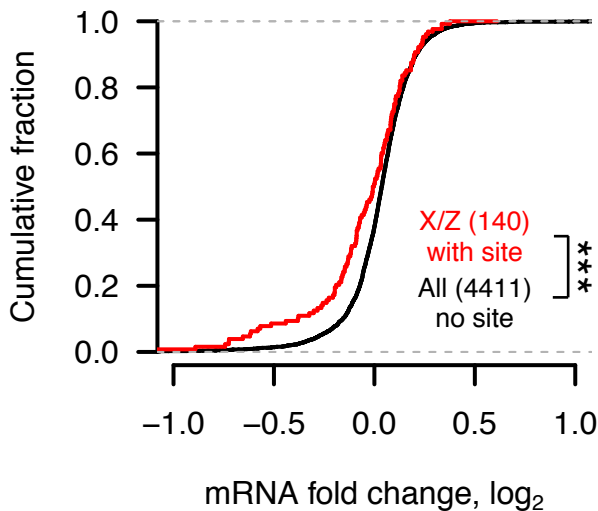
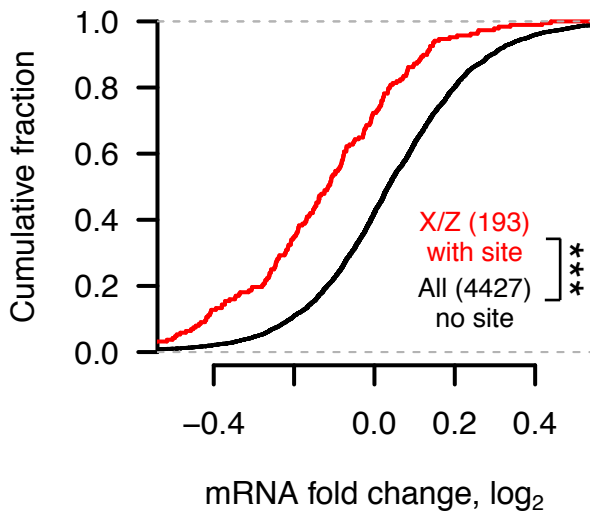
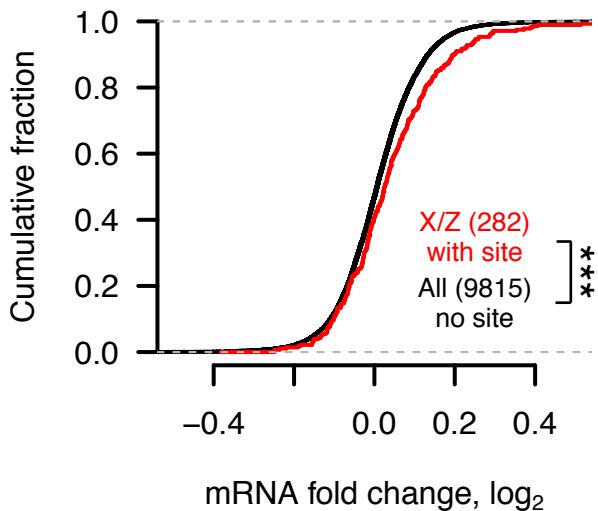
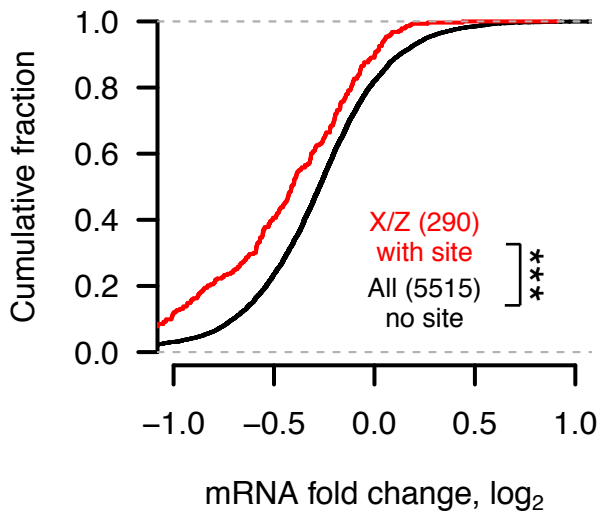
Ancestral Z
Z-W pairs
(14 birds)

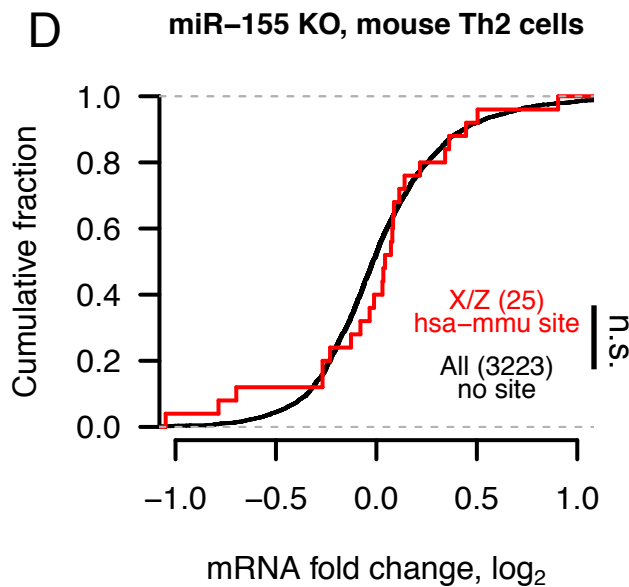
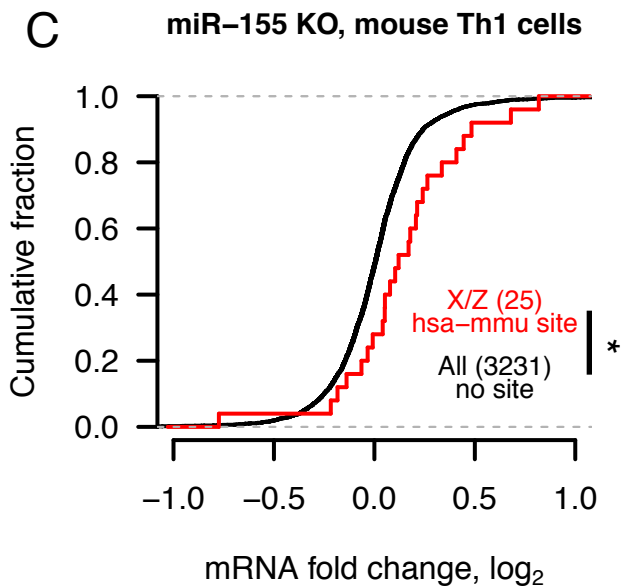
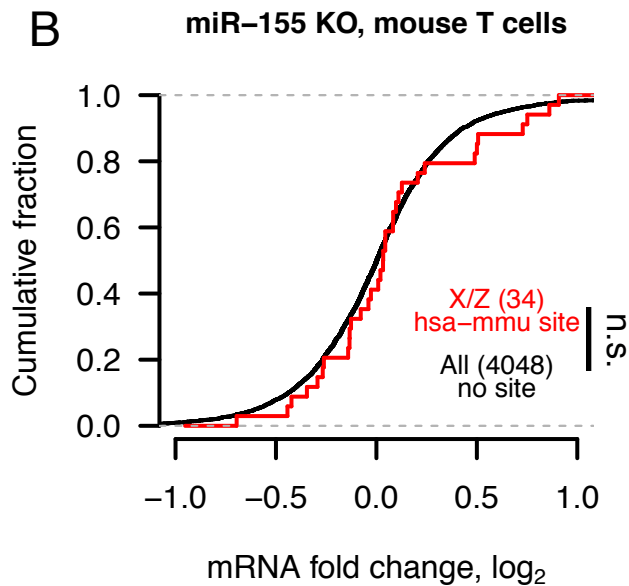
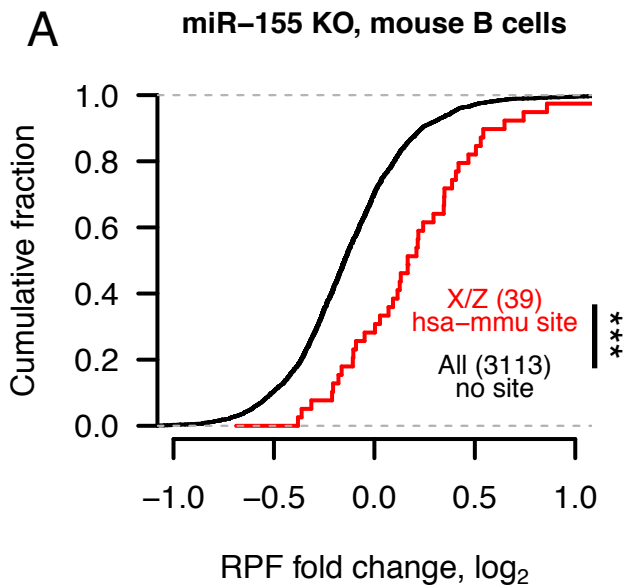
Fraction with # true sites > bckgd.

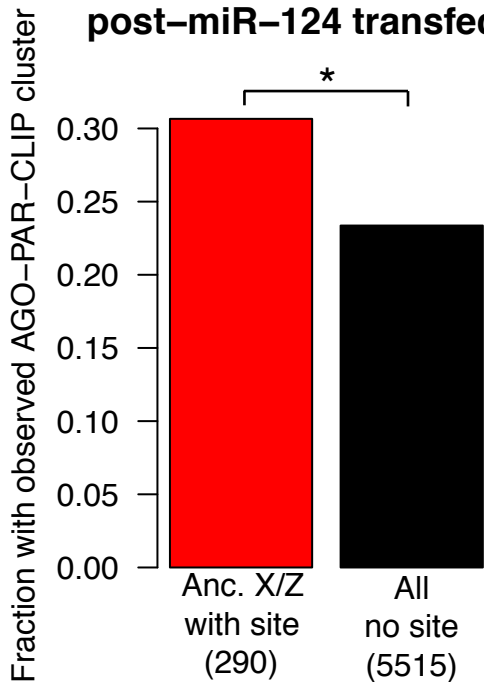
0.0
0.1
0.2
0.3
0.4
0.5
0.6
0.7





A miR-103 transfection, HCT116 cells**B** miR-7 transfection, HCT116 cells**C** miR-92a knockdown, HEK293 cells**D** miR-124 transfection, HEK293 cells



A**post-miR-124 transfection****B****post-miR-7 transfection**