

Genetic diagnosis of Mendelian disorders via RNA sequencing

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44 *Abstract*

45 **Across a large variety of Mendelian disorders, ~50-75% of patients do not receive a**
46 **genetic diagnosis by whole exome sequencing indicative of underlying disease-causing**
47 **variants in non-coding regions. In contrast, whole genome sequencing facilitates the**
48 **discovery of all genetic variants, but their sizeable number, coupled with a poor**
49 **understanding of the non-coding genome, makes their prioritization challenging. Here, we**
50 **demonstrate the power of transcriptome sequencing to provide a confirmed genetic**
51 **diagnosis for 10% (5 of 48) of undiagnosed mitochondrial disease patients and identify**
52 **strong candidate genes for patients remaining without diagnosis. We found a median of 1**
53 **aberrantly expressed gene, 5 aberrant splicing events, and 6 mono-allelically expressed**
54 **rare variants in patient-derived fibroblasts and established disease-causing roles for each**
55 **kind. Private exons often arose from sites that are weakly spliced in other individuals,**
56 **providing an important clue for future variant prioritization. One such intronic exon-**
57 **creating variant was found in three unrelated families in the complex I assembly factor**
58 **TIMMDC1, which we consequently established as a novel disease-associated gene. In**
59 **conclusion, our study expands the diagnostic tools for detecting non-exonic variants of**
60 **Mendelian disorders and provides examples of intronic loss-of-function variants with**
61 **pathological relevance.**

62 Despite the revolutionizing impact of whole exome sequencing (WES) on the molecular
63 genetics of Mendelian disorders, ~50-75% of the patients do not receive a genetic diagnosis after
64 WES¹⁻⁶. The disease-causing variants might be detected by WES but remain as variants of
65 unknown significance (VUS, Methods) or they are missed due to the inability to prioritize them.
66 Many of these VUS are synonymous or non-coding variants that may affect RNA abundance or
67 isoform but cannot be prioritized due to the poor understanding of regulatory sequence to date
68 compared to coding sequence. Furthermore, WES covers only the 2% exonic regions of the
69 genome. Accordingly, it is mostly blind to regulatory variants in non-coding regions that could
70 affect RNA sequence and abundance. While the limitation of genome coverage is overcome by
71 whole genome sequencing (WGS), prioritization and interpretation of variants identified by
72 WGS is in turn limited by their amount⁷⁻⁹.

73 With RNA sequencing (RNA-seq), limitations of the sole genetic information can be
74 complemented by directly probing variations in RNA abundance and in RNA sequence,
75 including allele-specific expression and splice isoforms. At least three extreme situations can be
76 directly interpreted to prioritize candidate disease-causing genes for a rare disorder. First, the
77 expression level of a gene can lie outside its physiological range. Genes with expression outside
78 their physical range can be identified as expression outliers, often using a stringent cutoff on
79 expression variations, for instance using the Z-score¹⁰ or statistics at the level of whole gene
80 sets^{11,12}. The genetic causes of such aberrant expression includes rare variants in the promoter¹³
81 and enhancer but also in coding or intronic regions¹⁰. Second, RNA-seq can reveal extreme cases
82 of allele-specific expression (mono-allelic expression), whereby one allele is silenced, leaving
83 only the other allele expressed. When assuming a recessive mode of inheritance, genes with a
84 single heterozygous rare coding variant identified by WES or WGS analysis are not prioritized.
85 However, mono-allelic expression of such variants fits the recessive mode of inheritance
86 assumption. Detection of mono-allelic expression can thus help re-prioritizing heterozygous rare
87 variants. Reasons for mono-allelic expression can be genetic. A pilot study validated compound

88 heterozygous variants within one gene as cause of TAR syndrome, where one allele is deleted
89 and the other harbors a non-coding variant that reduces expression¹⁴. Mono-allelic expression
90 can also have epigenetic causes such as X-chromosome inactivation or imprinting on autosomal
91 genes, possibly by random choice^{15,16}. Third, splicing of a gene can be affected. Aberrant
92 splicing has long been recognized as a major cause of Mendelian disorders (reviewed in ref.¹⁷⁻
93 ¹⁹). However, the prediction of splicing defects from genetic sequence is difficult because
94 splicing involves a complex set of cis-regulatory elements that are not yet fully understood.
95 Some of them can be deeply located in intronic sequences²⁰ and are thus not covered by WES.
96 Hence, direct probing of splice isoforms by RNA-seq is important, and has led to the discovery
97 of multiple splicing defects based on single gene studies: skipping of multiple exons (exon 45-
98 55)²¹ and creation of a new exon by a deep intronic variant in *DMD*²², intron retention in *LMNA*
99 caused by a 5' splice site variant²³, and skipping of exon 7 in *SMN1* caused by a variant in a
100 splicing factor binding site²⁴. Altogether, RNA-seq promises to be an important complementary
101 tool to facilitate molecular diagnosis of rare genetic disorders. However, no systematic study to
102 date has been conducted to assess its power.

103 Here, we established an analysis pipeline to systematically detect instances of i) aberrant
104 expression, ii) aberrant splicing, and iii) mono-allelic expression of the alternative allele to
105 complement whole exome sequencing based genetic diagnosis. We considered applying our
106 approach on patients diagnosed with a mitochondrial disorder for three reasons. First,
107 mitochondrial diseases collectively represent one of the most frequent inborn errors of
108 metabolism affecting 2 in 10,000 individuals²⁵. Second, the broad range of unspecific clinical
109 symptoms and the genetic diversity in mitochondrial diseases makes molecular diagnosis
110 difficult and WES often results in variants of unknown significance. As a consequence of the bi-
111 genomic control of the energy-generating oxidative phosphorylation (OXPHOS) system,
112 mitochondrial diseases may result from pathogenic mutations of the mitochondrial DNA
113 (mtDNA) or nuclear genome. More than 1,500 different nuclear genes encode mitochondrial
114 proteins²⁶ and causal defects have been identified in approximately 300 genes and presumably
115 more additional disease-associated genes still awaiting identification²⁷. Third, since the diagnosis
116 often relies on biochemical testing of a tissue sample, fibroblast cell lines are usually available
117 from those patients. Moreover, for many patients, the disease mechanisms can be assayed in
118 epidermal fibroblast cell lines even though the disease may manifest in different tissues²⁸. This
119 allows rapid demonstration of the necessary and sufficient role of candidate variants by
120 perturbation and complementation assays²⁹. This also indicates that disease-causing expression
121 defects, if any, should be detectable in these cell lines.

122 **Results**

123 We performed RNA-seq on 105 fibroblast cell lines from patients with a suspected
124 mitochondrial disease including 48 patients for which whole exome sequencing based variant
125 prioritization did not yield a genetic diagnosis (Fig. 1, Methods). After discarding lowly
126 expressed genes, RNA-seq identified 12,680 transcribed genes (at least 10 reads in 5% of all
127 samples, Methods, Supplementary Data 1). We systematically prioritized genes with the
128 following three strategies: i) genes with aberrant expression level¹¹⁻¹³, ii) genes with aberrant
129 splicing^{22,30}, and iii) mono-allelic expression of rare variants¹⁴ (Fig. 1) to estimate their disease

130 association. All strategies are based on the comparison of one patient against the rest. We
131 assumed the causal defects to differ between patients, which is reasonable for mitochondrial
132 disorders with a diversity of ~300 known disease-causing genes (Supplementary Data 2).
133 Therefore, the patients serve as good controls for each other.

134 Once normalized for technical biases, sex, and biopsy site (Supplementary information and
135 Supplementary Fig. 1), the samples typically presented few aberrantly expressed genes (median
136 of 1, Fig. 2a, Supplementary Table 1) with a large effect ($|Z\text{-score}| > 3$) and significant
137 differential expression (Hochberg adjusted $P\text{-value} < 0.05$). Among the most aberrantly
138 expressed genes across all samples, we found 2 genes encoding mitochondrial proteins, *MGST1*
139 (one case) and *TIMMDC1* (two cases) to be significantly down-regulated (Fig. 2b-d and
140 Supplementary Fig. 2). For both genes, WES did not identify any variants in the respective
141 patients, no variant is reported to be disease-associated, and no case of potential bi-allelic rare
142 variant is listed in our in-house database comprising more than 1,200 whole-exomes from
143 mitochondrial patients and 15,000 WES dataset available to us from different ongoing research
144 projects. To evaluate the consequences of diminished RNA expression at the protein level, we
145 performed quantitative proteomics in a total of 31 fibroblast cell lines (including these three
146 patients, and further 17 undiagnosed and 11 diagnosed patients, Methods, Supplementary Table
147 2, Supplementary Data 3) from a second aliquot of cells taken at the same time as the RNA-seq
148 aliquot. Normalized RNA and protein expression levels showed a median rank correlation of
149 0.59, comparable to what has been previously reported^{31,32} (Supplementary Fig. 3). Patient
150 #73804 showed ~2% of control *MGST1* level whilst the lack of detection of *TIMMDC1* in both
151 patients (#35791 and #66744) confirmed an even stronger effect on protein expression,
152 indicating loss of function (Fig. 2e and Supplementary Fig. 4). *MGST1*, a microsomal
153 glutathione S-transferase, is involved in the oxidative stress defense³³. Consequently, the loss of
154 expression of *MGST1* is not only a likely cause of the disease of this patient, who suffers from
155 an infantile-onset neurodegenerative disorder similar to a recently published case with another
156 defect in the reactive oxygen species (ROS) defense system (Supplementary Information)³⁴, but
157 also suggests a treatment with antioxidants. Both *TIMMDC1* patients presented with muscular
158 hypotonia, developmental delay, and neurological deterioration, which led to death in the first 3
159 years of life (Supplementary Information). Consistent with the described function of *TIMMDC1*
160 as a respiratory chain complex I assembly factor^{35,36}, we found isolated complex I deficiency in
161 muscle (Supplementary Fig. 2), and globally decreased levels of complex I subunits in
162 fibroblasts by quantitative proteomics (Fig. 2e and Supplementary Fig. 2) and western blot (Fig.
163 2f). Re-expression of *TIMMDC1* in these cells increased complex I subunit levels (Fig. 2f).
164 These results not only validate *TIMMDC1*-deficiency as disease causing but also provide
165 compelling evidence for an important function of *TIMMDC1* in complex I assembly.

166
167 We identified aberrant splicing events by testing for differential splicing in each patient
168 against the others, using an annotation-free algorithm able to detect also novel splice sites
169 (Methods, median of 5 abnormal events per sample, Fig. 3a). Among the 175 aberrant spliced
170 genes detected in the undiagnosed patients, the most abundant events were, apart from
171 differential expression of isoforms, exon skipping followed by the creation of new exons (Fig.
172 3b). Two genes encoding mitochondrial proteins, *TIMMDC1* and *CLPP*, which were among the
173 20 most significant genes, caught our attention (Supplementary Table 3). Out of 136 exon-
174 junction reads overlapping the acceptor site of *CLPP* exon 6 for patient #58955, 82 (percent
175 spliced in³⁷ $\Psi = 60\%$) skipped exon 5, and 14 ($\Psi = 10\%$) showed a 3'-truncated exon 5, in

176 striking contrast to other samples (Fig. 3c). The likely genetic cause of these two splice defects is
177 a rare homozygous variant in exon 5 of *CLPP* affecting the last nucleotide of exon 5 (c.661G>A,
178 p.Glu221Lys 1.2×10^{-5} frequency in the ExAC database³⁸, Supplementary Fig. 5). Both detected
179 splice defects result in truncated CLPP and western blots corroborated the complete loss of full-
180 length CLPP (Supplementary Fig. 5). Our WES variant filtering reported this variant as a VUS
181 and classified *CLPP* as one among 30 other potentially bi-allelic affected candidate genes
182 (Supplementary Table 1). Since the variant was of unknown significance, the patient remained
183 without genetic diagnosis. The loss of function found by RNA-seq and confirmed by Western
184 blotting now highlights clinical relevance of the variant within *CLPP*. *CLPP* encodes a
185 mitochondrial ATP-dependent endopeptidase³⁹ and *CLPP*-deficiency causes Perrault
186 syndrome^{40,41} (OMIM #601119) which is overlapping with the clinical presentation of the patient
187 investigated here including microcephaly, deafness, and severe psychomotor retardation
188 (Supplementary Information). Moreover, a study recently showed that *Clpp*^{-/-} mice are deficient
189 for complex IV expression⁴², in line with complex IV deficiency of this patient (Supplementary
190 Fig. 5).

191
192 Split read distribution indicated that both *TIMMDC1*-deficient patients expressed almost
193 exclusively a *TIMMDC1* isoform with a new exon in intron 5 (Fig. 3d). This new exon
194 introduces a frameshift yielding a premature stop codon (p.Gly199_Thr200ins5*, Fig. 3e).
195 Moreover, this new exon contained a rare variant (c.596+2146A>G) not listed in the 1,000
196 Genomes Project^{7,8}. Whole genome sequencing demonstrated that this variant is homozygous in
197 both patients (Fig. 3e), the only rare variant in this intron and close to the splice site (+6 of the
198 new exon). We could not identify any rare variant in the promoter region or in any intron-exon
199 boundary of *TIMMDC1*. Additionally, when testing six prediction tools for splicing events, this
200 deep intronic rare variant is predicted by SpliceAid2⁴³ to create multiple binding sites for splice
201 enhancers. Together with the correctly predicted new acceptor and donor sites by SplicePort⁴⁴
202 (Feature generation algorithm score 0.112 and 1.308, respectively) this emphasizes the influence
203 of this variant in the creation of the new exon. Besides, the four other tools predicted no
204 significant change in splicing⁴⁵⁻⁴⁸. We further discovered an additional family in our in-house
205 WGS database (consisting of 36 patients with a suspected mitochondrial disorder and 232 further
206 patients with unrelated diseases) carrying the same homozygous intronic variant. In this family
207 three affected siblings presented with similar clinical symptoms although without a diagnosis of
208 a mitochondrial disorder (Fig. 3e, Supplementary Fig. 2). Two siblings died before the age of 10.
209 A younger brother (#96687), now 6 years of age, presented with muscle hypotonia, failure to
210 thrive and neurological impairment (Supplementary Information), similar to the patients
211 described above. Western blot analysis confirmed *TIMMDC1*-deficiency (Fig. 2f) and impaired
212 complex I assembly, which was restored after re-expression of *TIMMDC1* (Fig. 2g). The
213 discovery of the same intronic *TIMMDC1* variant in three unrelated families from three different
214 ethnicities provides convincing evidence on the causality of this variant for the *TIMMDC1* loss-
215 of-function.

216 In almost all non-*TIMMDC1*-deficiency samples, we noticed a few split reads supporting
217 inclusion of the new exon (Fig. 3d), consistent with an earlier report that many cryptic splice
218 sites are not entirely repressed but active at low levels⁴⁹. We set out to quantify this phenomenon
219 and to interrogate the frequency of private exons originating from weakly spliced exons,
220 independent of their possible association with disease. Consequently, we modeled the
221 distribution of Ψ for the 1,603,042 splicing events detected genome-wide in 105 samples as a

222 mixture of three components. The model classified splicing frequencies per splice site as strong
223 (20%, with $\Psi > 5.3\%$), weak (16%, with $0.16\% < \Psi < 5.3\%$), or background (64%, with $\Psi <$
224 0.16% , Methods, Fig. 3f and Supplementary Fig. 6). Strikingly, the majority (70%, 4.4-fold more
225 than by chance) of the 17 discovered private exons originated from weak splice sites (Fig. 3f
226 bottom). These data confirm that weakly spliced cryptic exons are loci more susceptible to turn
227 into strongly spliced sites than other intronic regions. These weak splicing events are usually
228 dismissed as 'noise' since they are only supported by few reads in a given sample. Our analysis
229 shows that they can be detected as accumulation points across multiple individuals. Hence, these
230 results suggest that the prioritization of deep intronic variants of unknown significances gained
231 through WGS could be improved by annotating weak splice sites and their resulting cryptic
232 exons.

233 As a third approach, we searched for mono-allelic expression (MAE) of rare variants. In
234 median per sample, 35,521 heterozygous SNVs were detected by WES, of which 7,622 were
235 sufficiently covered by RNA-seq to call MAE (more than 10 reads), 20 showed MAE (Hochberg
236 adjusted P -value < 0.05 , allele frequency ≥ 0.8), of which 6 were rare variants (minor allele
237 frequency < 0.001 , Methods, Fig. 4a). Amongst the 18 rare mono-allelic expressed variants in
238 patient #80256 was a VUS in *ALDH18A1* (c.1864C>T, p.Arg622Trp, Fig. 4b), encoding an
239 enzyme involved in mitochondrial proline metabolism⁵⁰. This VUS had been seen in WES
240 compound heterozygous with a nonsense variant (c.1988C>A, p.Ser663*, Fig. 4b and
241 Supplementary Fig. 7). Variants in *ALDH18A1* had been reported to be associated with cutis laxa
242 III (OMIM #138250)^{51,52}, yet the patient did not present cutis laxa. Because of this inconsistent
243 phenotype and the unknown significance of the non-synonymous variant, the variants in
244 *ALDH18A1* were not regarded as disease causing. However, RNA-seq-based aberrant expression
245 (Supplementary Fig. 7) and mono-allelic expression analysis prioritized *ALDH18A1* again. Our
246 systematically performed validation by quantitative proteomics revealed severe reduction down
247 to ~2% ALDH18A1 (Fig. 4c), indicating that the rare MAE variant affects translation or protein
248 stability. Metabolomics profile of blood plasma was in accordance with a defect in proline
249 metabolism (Fig. 4d) and the following changes in urea cycle. Patient fibroblasts showed a
250 growth defect that was rescued by supplementation of proline, validating impaired proline
251 metabolism as the underlying molecular cause (Fig. 4e). Our experimental evidence strongly
252 suggests that the two observed variants are causal. Moreover, a recent report⁵³ on *ALDH18A1*
253 patients extended the phenotypic spectrum to spastic paraplegia (OMIM #138250), which
254 resembles the symptoms of our patient (Supplementary information).

255 In another patient (#62346) we found borderline non-significant low expression of *MCOLN1*
256 with 10 of 11 reads expressing an intronic VUS (c.681-19A>C, Fig. 4f). This intronic variant
257 was detected as part of a retained intron, which introduced a nonsense codon (p.
258 Lys227_Leu228ins16*, Fig. 4f and Supplementary Fig. 8). When looking at the WES data we
259 could additionally identify a heterozygous nonsense variant (c.832C>T, p.Gln278*). The allele
260 with the exonic nonsense mutation was not expressed, most likely due to nonsense-mediated
261 decay. Mutations in *MCOLN1* are associated with mucopolipidosis (OMIM #605248). The
262 symptoms of the patient were initially suggestive for mucopolipidosis, but none of the enzymatic
263 tests available for mucopolipidosis type 1, 2, and 3 revealed an enzyme deficiency in blood
264 leukocytes (Supplementary information). Moreover, *MCOLN1* was missed by our WES variant
265 filter since the intronic variant was not prioritized. Hence, the WES data could not be conclusive

266 about *MCOLNI*. In contrast, the RNA-seq data demonstrated two loss-of-function alleles in
267 *MCOLNI* and therefore established the genetic diagnosis.

268

269 **Discussion**

270 Altogether, our study demonstrates the utility of RNA sequencing in combination with
271 bioinformatics filtering criteria for genetic diagnosis by i) discovering a new disease-associated
272 gene, ii) providing a diagnosis for 10% (5 of 48) of undiagnosed cases, and iii) identifying a
273 limited number of strong candidates. We established a pipeline for the detection of aberrant
274 expression, aberrant splicing and mono-allelic expression of rare variants, that is able to detect
275 significant outliers, i.e. a median of 1, 5, and 6, respectively. Overall, for 36 patients our pipeline
276 provides a strong candidate gene, i.e. a known disease-causing or mitochondrial protein-
277 encoding gene, like *MGST1* (Fig 5a, Supplementary Table 1). This manageable amount, similar
278 to the median number of 16 genes with rare potentially bi-allelic variants detected by WES,
279 allows manual inspection and validation by disease experts. While filtering by frequency is
280 highly efficient when focusing on the coding region, frequency filtering is not as effective for
281 intronic or intergenic variants identified by WGS. The loss-of-function character observed on
282 RNA level thus improved interpretation of VUS identified by genotyping.

283 We focused our analysis on one sample preparation pipeline, which has several advantages.
284 Based on our experience, expression outliers can only reliably be detected after extensive
285 normalization process. This needs information about all technical details starting from the
286 biopsy, growth of the cells, to the RNA extraction and library preparation. Usually not all this
287 information is available in published data sets. For detecting aberrant splicing such as new exons,
288 we would recommend not to mix different tissues because splicing can be tissue-specific. Mono-
289 allelic expression is the most robust of all criteria in this respect because it only relies on read
290 counts within a sample. Overall, we recommend not relying on a single sample being compared
291 to public RNA-seq datasets. Instead, RNA-seq should be included in the pipeline of diagnostic
292 centers in order to generate matching controls over time. The situation is similar for whole
293 exome and whole genome sequencing, where the control for platform-specific biases is
294 important.

295 Here, we included genetically diagnosed patients in our RNA-seq analysis pipeline to
296 increase the power for the detection of aberrant expression and aberrant splicing in fibroblast cell
297 lines. However, when applied to the 40 diagnosed cases with WES and RNA-seq available,
298 aberrant splicing detected 6 out of 8 cases with a causal splicing variant, mono-allelic expression
299 recovered 3 out of 6 patients with heterozygous missense variants compound with a stop or
300 frameshift variant, and aberrant expression recovered 3 out of 9 stop variants. Counterintuitively,
301 only one of the 9 frame-shift variants did lead to a detectable RNA defect, i.e. mono-allelic
302 expression of a near splice site intronic variant within a retained intron. The partial recovery of
303 stop and frameshift variants may reflect incomplete non-sense mediated decay. For none of the
304 14 genes where missense variants were disease causing, a RNA defect could be detected with our
305 pipeline. This is expected, since missense variants more likely affect protein function rather than
306 RNA expression (Supplementary table 4).

307 To our surprise, many newly diagnosed cases were caused by a defective splicing event,
308 which caused loss of function (Fig 5b), confirming the increasing role of splicing defects in both
309 Mendelian^{54,55} and common disorders³⁰. In the case of *TIMMDC1*, the causal variant was
310 intronic, and thus not covered by WES. Even when detected by WGS, such deep intronic
311 variants are difficult to prioritize from the sequence information alone. Here, we showed that
312 RNA-seq of large cohorts can provide important information about intronic positions that are
313 particularly susceptible to affect splicing when mutated. We showed that private exons often
314 arise from loci with weak splicing of about 1%. This suggests that rare variants affecting such
315 cryptic splice sites are more likely to affect splicing and that these can be detected as positions
316 with low yet consistent splicing. We reason that analysis of a RNA-seq compendium of healthy
317 donors across multiple tissues such as GTEx⁵⁶ could provide tissue-specific maps of cryptic
318 splice sites useful for prioritizing intronic variants.

319 Genetic disorders typically show specificity to some tissues, some of which might not be
320 easily accessible for RNA-sequencing. It is therefore natural to question whether transcriptome
321 sequencing of an unaffected tissue can help diagnosis. Here, we performed RNA-seq on patient
322 derived dermal fibroblast cell lines. The fibroblast cell lines are the byproducts of muscle
323 biopsies routinely undertaken in the clinic to biochemically diagnose mitochondrial disorders
324 with enzymatic assays. By using fibroblast cell lines we overcome the limited accessibility of the
325 affected tissues, which in the case of mitochondrial disorders are often high energy demanding
326 tissues like brain, heart, skeletal muscle or liver. It turns out that many genes with a
327 mitochondrial function are expressed in most tissues⁵⁷, including fibroblasts. Hence, extreme
328 regulatory defects such as loss of expression or aberrant splicing of genes encoding
329 mitochondrial proteins can be detected in fibroblasts, even though the physiological consequence
330 on fibroblasts might be negligible. This property might be true for other diseases: the tissue-
331 specific physiological consequence of a variant does not necessarily stem from tissue-specific
332 expression of the gene harboring the variant. In many cases, tissue-specificity might be due to
333 environmental or cellular context, or from tissue-specific expression of further genes. Hence,
334 tissue-specificity does not preclude RNA-seq of unaffected tissues from revealing the causative
335 defect for a large number of patients. Moreover, non-affected tissues have the advantage that the
336 regulatory consequences on other genes are limited and therefore the causal defects are more
337 likely to stand out as outliers⁵⁸.

338 Parallel to our effort, another study systematically investigated the usage of RNA-seq for
339 molecular diagnosis with a similar sample size, using muscle biopsies from rare neuromuscular
340 disease patients⁵⁵. Analogously to our approach, not only exome sequencing-based VUS
341 candidates were validated, but also new disease-causing mechanisms identified using RNA-seq
342 data. Despite a few differences in the approach (expression outliers were not looked for, only
343 samples of the affected tissues were considered and using samples of healthy donors as controls),
344 the results are in line with ours whereby aberrant splicing also turns out to be a frequent disease-
345 causing event. Moreover, the success rate was even higher (35%) confirming the relevance of
346 using RNA-seq for diagnosis of Mendelian disorders.

347 In conclusion, we predict that RNA sequencing will become an essential companion of genome
348 sequencing to address undiagnosed cases of genetic disease.

349 **Methods**

350 **Exome sequencing**

351 Exome sequencing was essentially performed as described previously⁵⁹. In brief, exonic
352 regions were enriched using the SureSelect Human All Exon kit from Agilent (Supplemental
353 Data 4) followed by sequencing as 100 bp paired-end runs on an Illumina HiSeq2000 and
354 Illumina HiSeq2500 (AG_50MB_v4 and AG_50MB_v5 exome kit samples) or as 76 bp paired-
355 end runs on the Illumina GAIIx (AG_38MB_v1 and AG_50MB_v3 exome kit samples).

356 **Exome alignment and variant prioritization**

357 Read alignment to the human reference genome (UCSC Genome Browser build hg19) was
358 done using Burrows-Wheeler Aligner⁶⁰ (v.0.7.5a). Single-nucleotide variants and small
359 insertions and deletions (indels) were detected with SAMtools^{61,62}(version 0.1.19). Variants with
360 a quality score below 90, a genotype quality below 90, a mapping quality below 30, and a read
361 coverage below 10 were discarded. The reported variants and small indels were annotated with
362 the most severe entry by the Variant Effector Predictor⁶³ based on The Sequence Ontology term
363 ranking⁶⁴. The candidate variants for one patient are filtered to be rare, affect the protein
364 sequence and potentially both alleles.

365 Variants are rare with a minor allele frequency < 0.001 within the ExAC database³⁸ and a
366 frequency < 0.05 among our samples. Variants affect the protein, if they are a coding structural
367 variant or their mutation type is one of *ablation*, *deletion*, *frame-shift*, *incomplete*, *start lost*,
368 *insertion*, *missense*, *splice*, *stop gain*, *stop retain*, *unstart*, *unstop*. A potential biallelic effect can
369 be caused by either a homozygous or at least two heterozygous variants in the same gene,
370 whereas in latter case we assume that the heterozygous variants are on different alleles
371 (Supplementary Fig. 9). This filter is designed for a recessive type disease model and does not
372 account for a single heterozygous variant that could be disease-causing in a dominant way.

373 **Variant of unknown significance**

374 “A variation in a genetic sequence whose association with disease risk is unknown. Also
375 called unclassified variant, variant of uncertain significance, and VUS.” (see
376 <https://www.cancer.gov/publications/dictionaries/genetics-dictionary?cdrid=556493>)

377 **Cell culture**

378 Primary patient fibroblast cell lines, normal human dermal fibroblasts (NHDF) from neonatal
379 tissue (Lonza), and 293FT cells (Thermo Fisher Scientific) were cultured in high glucose DMEM
380 (Life Technologies) supplemented with 10% FBS, 1% penicillin/streptomycin, and 200 μ M
381 uridine at 37 °C and 5% CO₂. All fibroblast cell lines have been tested negative for mycoplasma
382 contamination.

383

384 **RNA sequencing**

385 Non-strand specific, polyA-enriched RNA sequencing was performed as described earlier²⁸.
386 Briefly, RNA was isolated from whole-cell lysates using the AllPrep RNA Kit (Qiagen) and
387 RNA integrity number (RIN) was determined with the Agilent 2100 BioAnalyzer (RNA 6000
388 Nano Kit, Agilent). For library preparation, 1 µg of RNA was poly(A) selected, fragmented, and
389 reverse transcribed with the Elute, Prime, Fragment Mix (Illumina). End repair, A-tailing,
390 adaptor ligation, and library enrichment were performed as described in the Low Throughput
391 protocol of the TruSeq RNA Sample Prep Guide (Illumina). RNA libraries were assessed for
392 quality and quantity with the Agilent 2100 BioAnalyzer and the Quant-iT PicoGreen dsDNA
393 Assay Kit (Life Technologies). RNA libraries were sequenced as 100 bp paired-end runs on an
394 Illumina HiSeq2500 platform.

395 **Processing of RNA sequencing files**

396 RNA-seq reads were demultiplexed and mapped with STAR⁶⁵ (version 2.4.2a) to the hg19
397 genome assembly (UCSC Genome Browser build). In addition to the default parameters we
398 detected gene fusions and increased sensitivity for novel splice junctions (chimSegmentMin=20,
399 twopassMode="Basic"). Analysis was restricted to the 27,682 UCSC Known Genes⁶⁶ (genome
400 annotation version hg19) of chromosomes 1 to 22, M, X, or Y. Per gene, reads that are paired
401 with mates from opposite strands and that overlapped completely within the gene on either strand
402 orientation were counted using the *summarizeOverlaps* function of the R/Bioconductor
403 GenomicAlignments⁶⁷ package (parameters: mode=intersectionStrict, singleEnd=FALSE,
404 ignore.strand=TRUE, fragments=FALSE). If the 95th percentile of the coverage across all
405 samples was below 10 reads the gene was considered "not expressed" and discarded from later
406 analysis.

407 **Computing RNA fold changes and differential expression**

408 Before testing for differential expression between one patient of interest and all others, we
409 controlled for technical *batch effect*, *sex*, and biopsy site as inferred from the expression of *hox*
410 genes (Supplementary information, Supplementary Data 1). We modeled the RNA-seq read
411 counts $K_{i,j}$ of gene i in sample j with a generalized linear model using the R/Bioconductor
412 DESeq2 package^{68,69}:

$$K_{i,j} \sim NB(s_j \times q_{i,j}, \alpha_i)$$

$$\log_2(q_{i,j}) = \beta_i^0 + \beta_i^{condition} \mathbf{x}_{i,j}^{condition} + \beta_i^{batch} \mathbf{x}_{i,j}^{batch} + \beta_i^{sex} \mathbf{x}_{i,j}^{sex} + \beta_i^{hox} \mathbf{x}_{i,j}^{hox}$$

413 Where NB is the negative binomial distribution; α_i is a gene specific dispersion parameter; s_j
414 is the size factor of sample j ; β_i^0 is the intercept parameter for gene i . The value of $\mathbf{x}_{i,j}^{condition}$ is 1
415 for all RNA samples j of the patient of interest, thereby allowing for biological replicates, and 0
416 otherwise. The resulting vector $\beta_i^{condition}$ represents the log₂-fold changes for one patient against
417 all others. Z-scores were computed by dividing the fold changes by the standard deviation of the
418 normalized expression level of the respective gene. The P -values corresponding to the

419 $\beta_i^{condition}$ were corrected for multiple testing using the Hochberg family-wise error rate
420 method⁷⁰.

421 **Detection of aberrant splicing**

422 The LeafCutter⁷¹ software was utilized to detect aberrant splicing. Each patient was tested
423 against all others. To adjust LeafCutter to the rare disease setting, we modified the parameters to
424 detect rare clusters, capture local gene fusion events and to detect junctions unique to a patient
425 (minclureads=30; maxintronlen=500,000; mincluratio=1e-5, Supplementary Data 5).
426 Furthermore, one sample was tested against all other samples (min_samples_per_group=1;
427 min_samples_per_intron=1). The resulting *P*-values were corrected for multiple testing using a
428 family-wise error rate approach⁷⁰.

429 The significant splice events (Hochberg adjusted *P*-value < 0.05) detected in the undiagnosed
430 patients were visually classified as exon skipping, exon truncation, exon elongation, new exon,
431 complex splicing (any other splicing event or a combination of the aforementioned ones) and
432 false positives (n=73, Fig 3b). However, due to LeafCutter's restriction to split reads it is
433 difficult to detect intron retention events, since in a perfect intron retention scenario no split-
434 reads are present.

435 For further analysis, only reads spanning a splice junction, so called split reads, were
436 extracted with a mapping quality of greater than 10 to reduce the false positive rate due to
437 mapping issues. Each splice site was annotated as belonging to the start or end of a known exon
438 or to be entirely new. For the reference exon annotation the GENCODE release 24 based on
439 GRCh37 was used⁷². The percent spliced in (Ψ) values for the 3' and 5' sites were calculated as
440 described earlier³⁷:

$$441 \quad \psi_5(D, A) = \frac{n(D, A)}{\sum_{A'} n(D, A')} \quad \text{and} \quad \psi_3(D, A) = \frac{n(D, A)}{\sum_{D'} n(D', A)}$$

442 Where *D* is a donor site and *A* is an acceptor site. $n(D, A)$ denotes the number of reads
443 spanning the given junction. *D'* and *A'* represent all possible donor and acceptor sites,
444 respectively.

445 Classification of splice sites into background, weak and strong was done by modeling the
446 distribution of the ψ_5 and ψ_3 -values with three components. Identifiability of the three
447 components was facilitated by considering three groups of junctions depending on previous
448 annotation of splice sites: 'no side is annotated', 'one side is annotated' and 'both sides are
449 annotated'. Specifically, the number of split reads $n(D, A)$ of a junction conditioned on the total
450 number of reads $N(D, A) = \sum_{A'} n(D, A')$, for ψ_5 , and $N(D, A) = \sum_{D'} n(D', A)$, for ψ_3 , was
451 modeled as:

$$P(n(D, A)|N(D, A)) = \sum_{c \in \{bg, wk, st\}} \sum_{s=0,1,2} \pi_{s,c} \text{BetaBin}(n(D, A)|N(D, A), \alpha_c, \beta_c)$$

452 where *c* is the component index, *s* the number of annotated sites and BetaBin the beta-
453 binomial distribution. Hence, the components were modeled to have the same parameters α_c, β_c

454 in all three groups but their mixing proportions $\pi_{s,c}$ to be group-specific. Fitting was performed
455 using the expectation-maximization algorithm. For the initial step, the data points were classified
456 as background ($\psi < 0.001$), weak spliced ($\psi < 0.1$) and canonical ($\psi \geq 0.1$). After convergence of
457 the clustering the obtained parameters were used to estimate the probability for each junction
458 side to belong to a given class.

459 ***Detection of mono-allelic expression***

460 For mono-allelic expression analysis only heterozygous single nucleotide variants with only
461 one alternative allele detected from exome sequencing data were used. The same quality filters
462 were used as mentioned in the exome sequencing part, but no frequency filter was applied. To
463 get allele counts from RNA sequencing for the remaining variants the function *pileLettersAt*
464 from the R/Bioconductor package *GenomicAlignments*⁶⁷ was used. The data was further filtered
465 for variants with coverage of at least 10 reads on the transcriptome.

466 The DESeq2 package^{68,69} was applied on the final variant set to estimate the significance of
467 the allele-specific expression. Allele-specific expression was estimated on each heterozygous
468 variant independently of others (i.e. without phasing the variants). For each sample, a
469 generalized linear model was fitted with the contrast of the coverage of one allele against the
470 coverage of the other alleles (*condition*). Specifically, we modeled $K_{i,j}$ the number of reads of
471 variant i in sample j as:

$$K_{i,j} \sim NB(s_j \times q_{i,j}, \alpha)$$
$$\log_2(q_{i,j}) = \beta_i^0 + \beta_i^{condition} \mathbf{x}_{i,j}^{condition}$$

472 Where NB is the negative binomial distribution; the dispersion parameter α was fixed for all
473 variants to $\alpha = 0.05$, which is approximately the average dispersion over all samples based on
474 the gene-wise analysis; s_j is the size factor of each condition; β_i^0 is the intercept parameter for
475 variant i . The value of $\mathbf{x}_{i,j}^{condition}$ is 1 for the alternative alleles and 0 otherwise. The resulting
476 $\beta_i^{condition}$ represents the \log_2 -fold changes for the alternative allele against the reference allele.
477 The independent filtering by DESeq2 was disabled (*independentFiltering=FALSE*) to keep the
478 coverage outliers among the results. To classify a variant as mono-allelically expressed a cutoff
479 of $|\beta_i^{condition}| \geq 2$ was used, which corresponds to an allele frequency ≥ 0.8 , and we filtered
480 Hochberg adjusted P -values to be smaller than 0.05.

481 ***Mass spectrometric sample preparation***

482 We performed quantitative proteomics from a second aliquot of cells taken at the same time
483 as the RNA-seq aliquot. Mass spectrometric sample preparation was done as described earlier⁷³.
484 Briefly, cells were lysed in SDC lysis buffer (1% sodium deoxycholate, 10 mM TCEP, 40 mM
485 CAA, 100 mM Tris pH 8.5), boiled for 10 min at 95°C, sonicated and diluted 1:1 with water for
486 LysC and trypsin digestion. The dilution buffer contained appropriate amounts of proteolytic
487 enzyme to ensure a ratio of 1:50 (μg enzyme / μg protein). Digestion was performed at 37°C
488 overnight. Peptides were acidified, loaded on SDB-RPS (poly-styrenedivinylbenzene) material
489 and eluted. Eluted peptides were collected in autosampler vials and dried using a SpeedVac

490 centrifuge (Eppendorf, Concentrator plus, 5305 000.304). Peptides were resuspended in buffer
491 A* (2% ACN, 0.1% TFA) and were sonicated (Branson Ultrasonics, Ultrasonic Cleaner Model
492 2510).

493 ***Mass spectrometric data acquisition***

494 2 µg of peptides per sample were loaded for 100 min gradients separated on a 50 cm column
495 with 75 µm inner diameter in-house packed with 1.9 µm C18 beads (Dr. Maisch GmbH).
496 Reverse phase chromatography was performed at 50°C with an EASY-nLC 1000 ultra-high
497 pressure system (Thermo Fisher Scientific) coupled to the Q Exactive HF⁷⁴ mass spectrometer
498 (Thermo Fisher Scientific) via a nanoelectrospray source (Thermo Fisher Scientific). Peptides
499 were loaded in buffer A (0.1% volume/volume formic acid) and eluted with a nonlinear gradient.
500 Operational parameters were real-time monitored by the SprayQC software⁷⁵. Raw files were
501 analysed by the software MaxQuant⁷⁶ (version 1.5.3.2) and peak lists were searched against the
502 Homo sapiens Uniprot FASTA database (Version 2014/4) and a common contaminants database
503 (247 entries) by the Andromeda search engine⁷⁷. Label-free quantification was done using the
504 MaxLFQ algorithm⁷⁸ (for detailed parameters see Supplementary Table 5) integrated into
505 MaxQuant.

506 ***Processing of proteome intensities***

507 The LFQ intensities and gene names were extracted for 6,566 protein groups from the
508 MaxQuant output file *proteinGroups.txt*. For protein groups with more than one member, the
509 first member was chosen to represent the group as single protein with a distinct gene name
510 (similar to earlier studies⁷⁹). MaxLFQ intensities of 0 actually represent non-quantified peaks
511 and were therefore replaced with missing values (NA). The 10 samples that had a frequency of
512 missing values higher than 50% were considered bad quality and were discarded. Furthermore,
513 proteins were discarded because they had no gene name assigned (n=198), were not the most
514 abundant among their duplicates (n=295), were not expressed in any sample (n=93), because
515 their 95th percentile was not detected (n=549), which was also considered as not expressed,
516 analogously to RNA filtering. Finally, 5,431 proteins and 31 samples were considered for further
517 analysis (Supplementary Data 3).

518 ***Computing protein fold changes and differential expression***

519 Since the mass spectrometric measurements of all samples were done in a single run, no
520 technical artifacts could be found with a hierarchical clustering. Protein differential expression
521 for each patient compared to the others was tested using moderated T-test approach as
522 implemented in the R/Bioconductor limma package⁸⁰. The transcriptome covariates for sex and
523 HOX effects were used in the linear model for normalization.

524 ***Transduction and Transfection***

525 Overexpression of *TIMMDC1* in fibroblast cell lines was performed by lentivirus-mediated
526 expression of the full-length *TIMMDC1* cDNA (DNASU Plasmid Repository) using the
527 ViraPower HiPerform Lentiviral TOPO Expression Kit (Thermo Fisher Scientific)⁸¹. *TIMMDC1*
528 cDNA was cloned into the pLenti6.3/V5-TOPO expression vector and cotransfected into 293FT

529 cells with the packaging plasmid mix using Lipofectamine 2000. After 24 h, the transfection mix
530 was replaced with high glucose DMEM supplemented with 10% FBS. After further 72 h, the
531 viral particle containing supernatant was collected and used for transduction of the fibroblast cell
532 lines. Selection of stably expressing cells was performed using 5 µg/mL Blasticidin (Thermo
533 Fisher Scientific) for 2 weeks.

534 ***Immunoblotting***

535 Total fibroblast cell lysates were subjected to whole protein quantification, separated on 4-
536 12% precast gels (Lonza) by SDS-PAGE electrophoresis and semi-dry transferred to PVDF
537 membranes (GE Healthcare Life Sciences). The membranes were blocked in 5% non-fat milk
538 (Bio Rad) in TBS-T for 1 h and immunoblotted using primary antibodies against CLPP (Abcam,
539 ab56455), MCOLN1 (Abcam, ab28508), NDUFA13 (Abcam, ab110240), NDUFB3 (Abcam,
540 ab55526), NDUFB8 (Abcam, ab110242), TIMMDC1 (Abcam, ab171978), and UQCRC2
541 (Abcam, ab14745) for 1 h at RT or ON at 4°C. Signals were detected by incubation with HRP-
542 conjugated goat anti-rabbit and goat anti-mouse secondary antibodies (Jackson Immuno
543 Research Laboratories) for 1 h and visualized using ECL (GE Healthcare Life Sciences).

544 ***Blue native PAGE (BN-PAGE)***

545 Fresh fibroblast cell pellets were resuspended in PBS supplemented with 0.25 mM PMSF
546 and 10 U/mL DNase I and solubilized using 2 mg digitonin/mg protein. The mixture was
547 incubated on ice for 15 min followed by addition of 1 mL PBS and subsequent centrifugation for
548 10 min at 10000 g and 4°C. The pellet was resuspended in 1x MB (750 mM ε-aminocaproic
549 acid, 50 mM bis-Tris, 0.5 mM EDTA, pH 7.0) and subjected to whole protein quantification.
550 Membrane proteins were solubilized at a protein concentration of 2 µg/µL using 0.5% (v/v) *n*-
551 dodecyl-β-d-maltoside (DDM) for 1 h on ice and centrifuge for 30 min at 10000 g at 4°C. The
552 supernatant was recovered and whole protein amount was quantified. Serva Blue G (SBG) was
553 added to a final concentration of 0.25% (v/v) and 60 µg protein were loaded on NativePAGE 4-
554 16% Bis-Tris gels (Thermo Fisher Scientific). Anode buffer contained 50 mM Bis-Tris, pH 7.0,
555 blue cathode buffer contained 15 mM Bis-Tris, 50 mM Tricine, pH 7.0, 0.02% SBG.
556 Electrophoresis was started at 40 V for 30 min and continued at 130 V until the front line
557 proceeded 2/3 of the gel. Subsequently, blue cathode buffer was replaced by clear cathode buffer
558 not containing SBG (15 mM Bis-Tris, 50 mM Tricine, pH 7.0). Proteins were wet transferred to
559 PVDF membranes and immunoblotted using primary antibodies against NDUFB8 to visualize
560 complex I and UQCRC2 to visualize complex III.

561 ***Proline supplementation growth assay***

562 We modified a method established earlier⁵¹. For the comparative growth assay, equal number
563 of cells (n=250) from patient and control were seeded in 96-well plates and cultured in DMEM
564 containing 10% of either normal or dialyzed FBS. Medium with normal FBS contains small
565 molecules, whereas medium with dialyzed FBS is free of molecules with a molecular weight
566 smaller than 10,000 mw (Proline-free medium). To confirm the effect of Proline deprivation,
567 DMEM containing dialyzed FBS was supplemented with 100 µM L-Proline to rescue the growth
568 defect. After paraformaldehyde fixation, nuclei were stained with 4',6-diamidino-2-phenylindole

569 (DAPI) and cell number was determined using a Cytation3 automated plate reader (BioTek,
570 USA).

571 ***Cellular ROS production***

572 Intensity of hydroethidine (HET) oxidation products as a measure of cellular ROS production
573 was quantified in living skin fibroblasts using epifluorescence microscopy as described
574 previously⁸².

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755

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781 Visualization L.S.K., D.M.B., and C.M. Critical revision of the manuscript: all authors.

782 ***Competing financial interests***

783 The authors declare that they have no competing interests.

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787 Supplementary tables and R code to reproduce paper figures are available online at our
788 webserver (<https://i12g-gagneurweb.in.tum.de/public/paper/mitoMultiOmics>).

789 ***Figure Legends***

790 ***Figure 1: Strategy for genetic diagnosis using RNA-seq***

791 The approach we followed started with RNA sequencing of fibroblasts from unsolved WES
792 patients. Three strategies to facilitate diagnosis were pursued: Detection of aberrant expression
793 (e.g. depletion), aberrant splicing (e.g. exon creation) and mono-allelic expression of the
794 alternative allele (i.e. A as alternative allele). Candidates were validated by proteomic
795 measurements, lentiviral transduction of the wildtype (wt) allele or, in particular cases, by
796 specific metabolic supplementation.

797 ***Figure 2: RNA expression outlier detection and validation***

798 (a) Aberrantly expressed genes (Hochberg corrected P -value < 0.05 and $|Z$ -score $| > 3$) for
799 each patient fibroblasts.

800 (b) Gene-wise RNA expression volcano plot of nominal P -values ($-\log_{10} P$ -value) against Z -
801 scores of the patient #35791 compared against all other fibroblasts. Absolute Z -scores greater
802 than 5 are plotted at ± 5 , respectively.

803 (c) Same as (b) for patient #73804.

804 (d) Sample-wise RNA expression is ranked for the genes *TIMMDC1* (top) and *MGST1*
805 (bottom). Samples with aberrant expression for the corresponding gene are highlighted in red
806 (#73804, #35791, and #66744).

807 (e) Gene-wise comparison of RNA and protein fold changes of patient #35791 against all
808 other fibroblast cell lines. Subunits of the mitochondrial respiratory chain complex I are
809 highlighted (red squares). Reliably detected proteins that were not detected in this sample are
810 shown separately with their corresponding RNA fold changes (points below solid horizontal
811 line).

812 (f) Western blot of *TIMMDC1*, *NDUFA13*, *NDUFB3*, and *NDUFB8* protein in three
813 fibroblast cell lines without (#62346, #91324, #NHDF) and three with a variant in *TIMMDC1*
814 (#35791, #66744, #96687), and fibroblasts re-expressing *TIMMDC1* (“-T”) (#35791-T, #66744-
815 T, #96687-T). UQCRC2 was used as loading control. MW, molecular weight; CI, complex I
816 subunit; CIII, complex III subunit.

817 (g) Blue native PAGE blot of the control fibroblasts re-expressing *TIMMDC1* (NHDF-T),
818 the control fibroblasts (NHDF), patient fibroblasts (#96687), and patient fibroblast re-expressing
819 *TIMMDC1* (#96687-T). Immunodecoration for complex I and complex III was performed using
820 *NDUFB8* and *UQCRC2* antibodies, respectively. CI, complex I subunit; CIII, complex III
821 subunit.

822 **Figure 3: Aberrant splicing detection and quantification**

823 (a) Aberrant splicing events (Hochberg corrected P -value < 0.05) for all fibroblasts.

824 (b) Aberrant splicing events ($n=175$) grouped by their splicing category in undiagnosed patients
825 ($n=48$) after manual inspection.

826 (c) *CLPP* Sashimi plot of exon skipping and truncation events in affected and unaffected
827 fibroblasts (red and orange, respectively). The RNA coverage is given as the \log_{10} RPKM-value
828 and the number of split reads spanning the given intron is indicated on the exon-connecting lines.
829 At the bottom the gene model of the RefSeq annotation is depicted. The aberrantly spliced exon
830 is colored in red.

831 (d) Same as in (c) for *TIMMDC1*. At the bottom the newly created exon is depicted in red
832 within the RefSeq annotation track.

833 (e) Coverage tracks (light red) for patients #35791, #66744, and #91324 based on RNA and
834 whole genome sequencing. For patient #91324 only WGS is available. The homozygous SNV
835 c.596+2146A>G is present in all coverage tracks (vertical orange bar). The top tracks show the
836 genomic annotation: genomic position on chromosome 3, DNA sequence, amino acid translation
837 (grey, stop codon in red), the RefSeq gene model (blue line), the predominant additional exon of
838 *TIMMDC1* (blue rectangle), and the SNV annotation of the 1000 Genomes Project (each black
839 bar represents one variant).

840 (f) Percent spliced in (Ψ) distribution for different splicing classes and genes. Top:
841 Histogram giving the genome-wide distribution of the 3' and 5' Ψ -values based on all reads over
842 all samples. Middle: The shaded horizontal bars represent the densities (black for high density)
843 of the background, weak and strong splicing class, respectively (Methods). Bottom: Ψ -values of
844 the predominant donor and acceptor splice sites of genes with private splice sites (i.e found
845 dominant in at most two samples) computed over all other samples.

846 **Figure 4: Detection and validation of mono-allelic expression of rare variants**

847 (a) Distribution of heterozygous single nucleotide variants (SNVs) across samples for
848 different consecutive filtering steps. Heterozygous SNVs detected by exome sequencing (black),
849 SNVs with RNA-seq coverage of at least 10 reads (gray), SNVs where the alternative allele is
850 mono-allelically expressed (alternative allele frequency > 0.8 and Benjamini-Hochberg corrected
851 P -value < 0.05, blue), and the rare subset of those (ExAC minor allele frequency < 0.001, red).

852 (b) Fold change between alternative (ALT+1) and reference (REF+1) allele read counts for
853 the patient #80256 compared to total read counts per SNV within the sample. Points are colored
854 according to the groups defined in (a).

855 (c) Gene-wise comparison of RNA and protein fold changes of the patient #80256 against all
856 other patients' fibroblasts. The position of the gene *ALDH18A1* is highlighted. Reliably detected
857 proteins that were not detected in this sample are shown separately with their corresponding
858 RNA fold changes (points below solid horizontal line).

859 (d) Relative intensity for metabolites of the proline biosynthesis pathway (inlet) for the
860 patient #80256 and 16 healthy controls of matching age. Equi-tailed 95% interval (whiskers),
861 25th, 75th percentile (boxes) and median (bold horizontal line) are indicated. Data points
862 belonging to the patient are highlighted (red circles and triangles, if Student's t -test P -value <
863 0.05).

864 (e) Cell counts under different growth conditions for the normal human dermal fibroblast
865 (NHDF) and patient #80256. Both fibroblasts were grown in fetal bovine serum (FBS), dialyzed
866 FBS (without proline) and dialyzed FBS with proline added. Boxplot as in (d). P -values are
867 based on a two-sided Wilcoxon test.

868 (f) Intron retention for *MCOLN1* in patient #62346. Tracks from top to bottom: genomic
869 position on chromosome 19, amino acid translation (red for stop codons), RefSeq gene model,
870 coverage of whole exome sequencing of patient #62346, RNA-seq based coverage for patients

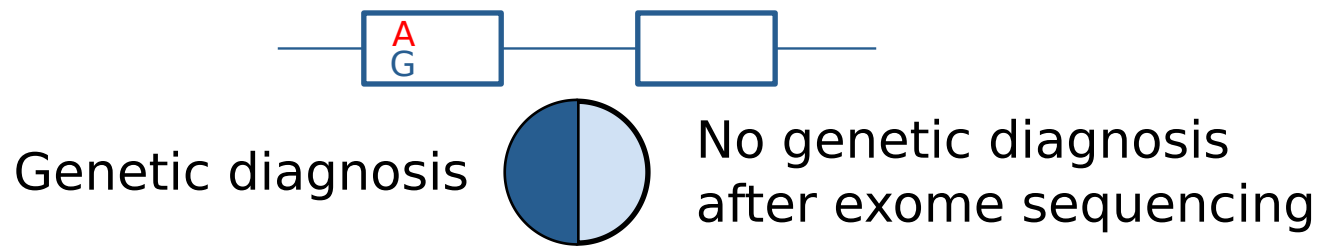
871 #62346 and #85153 (red and orange shading, respectively). SNVs are indicated by non-reference
872 colored bars with respect to the corresponding reference and alternative nucleotide.

873 ***Figure 5: Validation summary***

874 (a) Discovery and validation of genes with RNA defects in newly diagnosed patients, i.e.
875 *TIMMDC1* (n=2 patients), *CLPP*, *ALDH18A1*, and *MCOLN1*, and patients with strong
876 candidates, i.e. *MGST1*. The median number (\pm median absolute deviation) of candidate genes is
877 given per detection strategies. Dotted check, manual inspection not statistically significant.

878 (b) Schematic representation of variant causing splicing defects for *TIMMDC1* (top, new
879 exon red box), *CLPP* (middle, exon skipping and truncation), and *MCOLN1* (bottom, intron
880 retention). Variants are depicted by a red star.

881

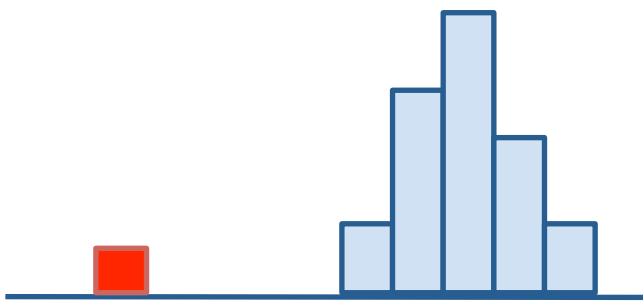


1. Patient fibroblasts (n=105)

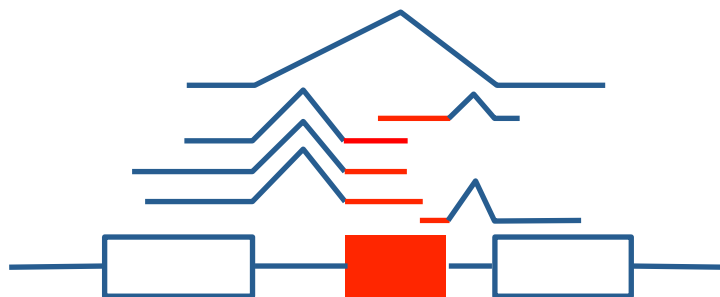


2. RNA sequencing

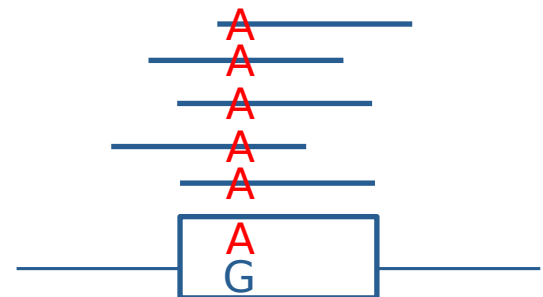
Aberrant expression



Aberrant splicing

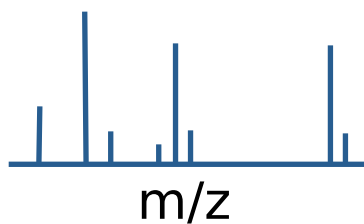


Mono-allelic expression

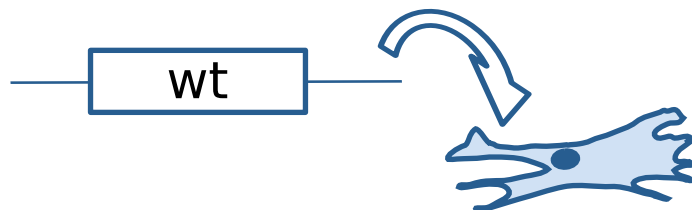


3. Functional and biochemical validation

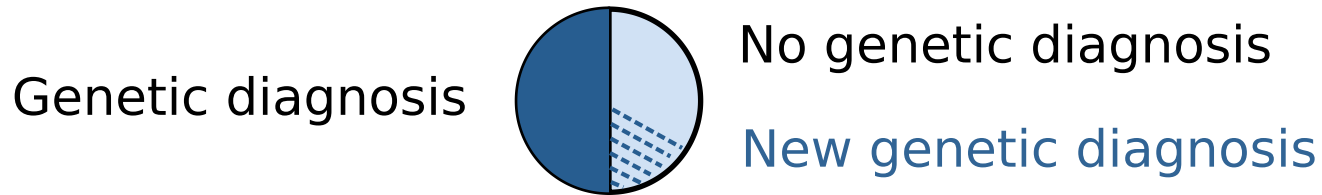
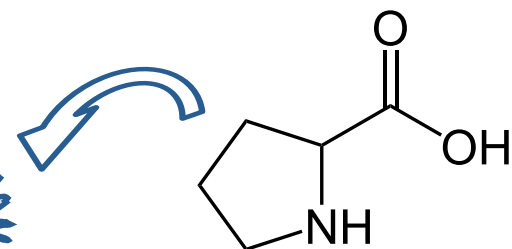
Proteomics

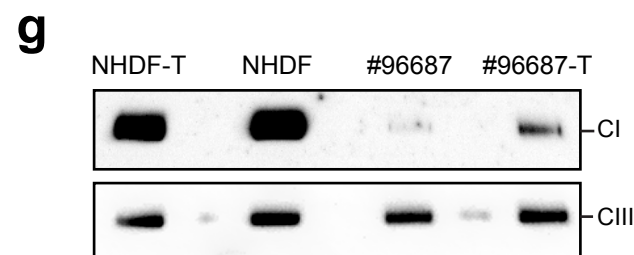
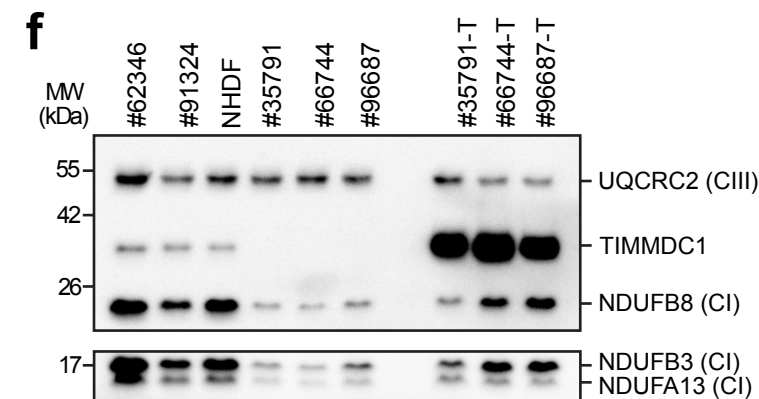
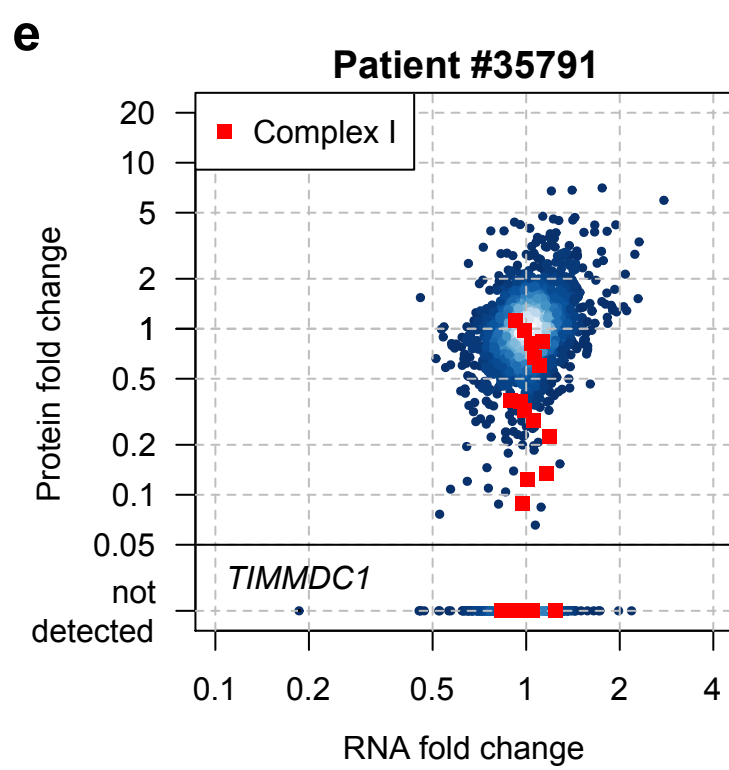
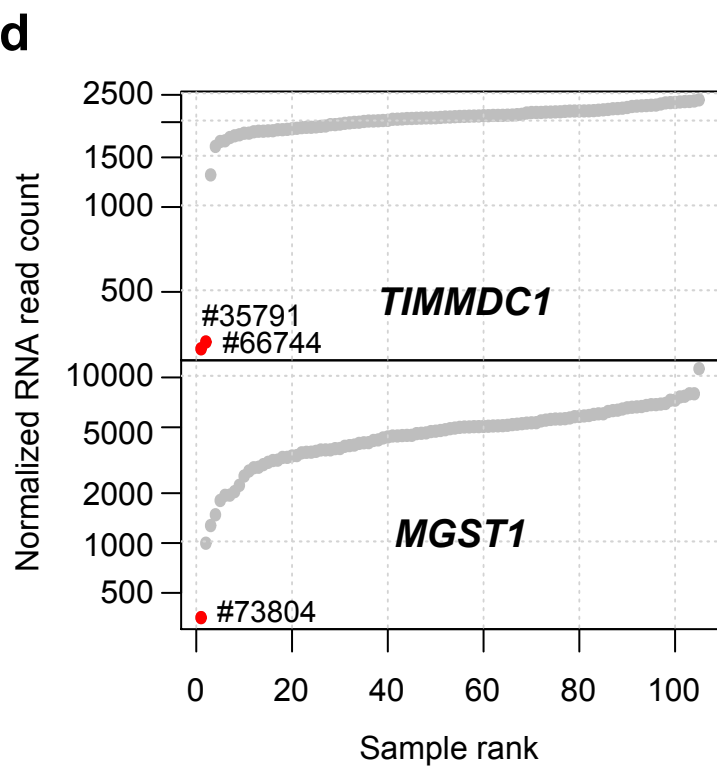
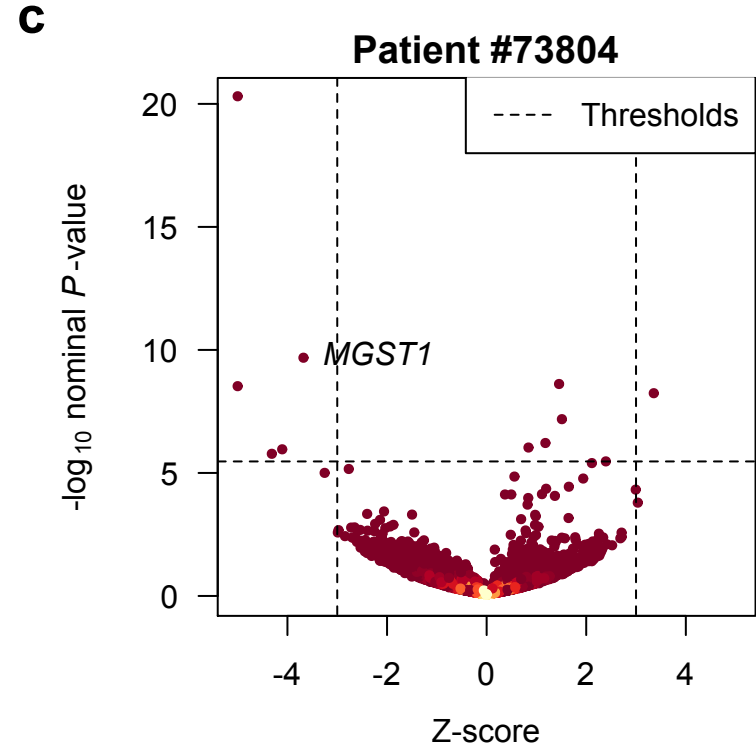
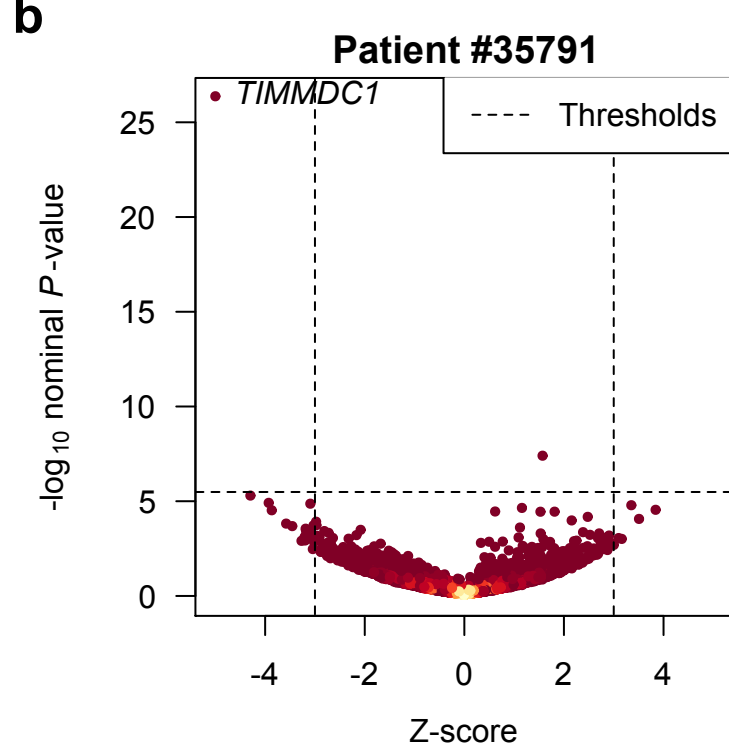
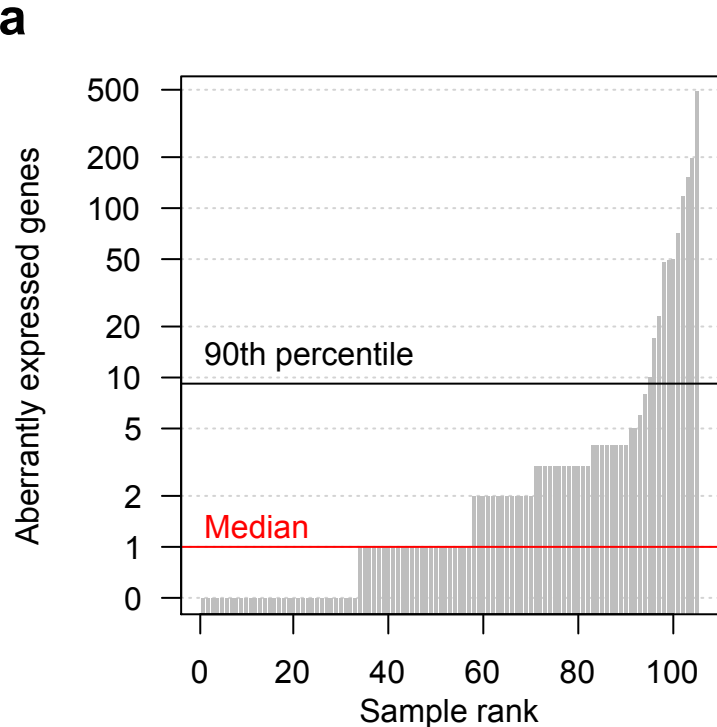


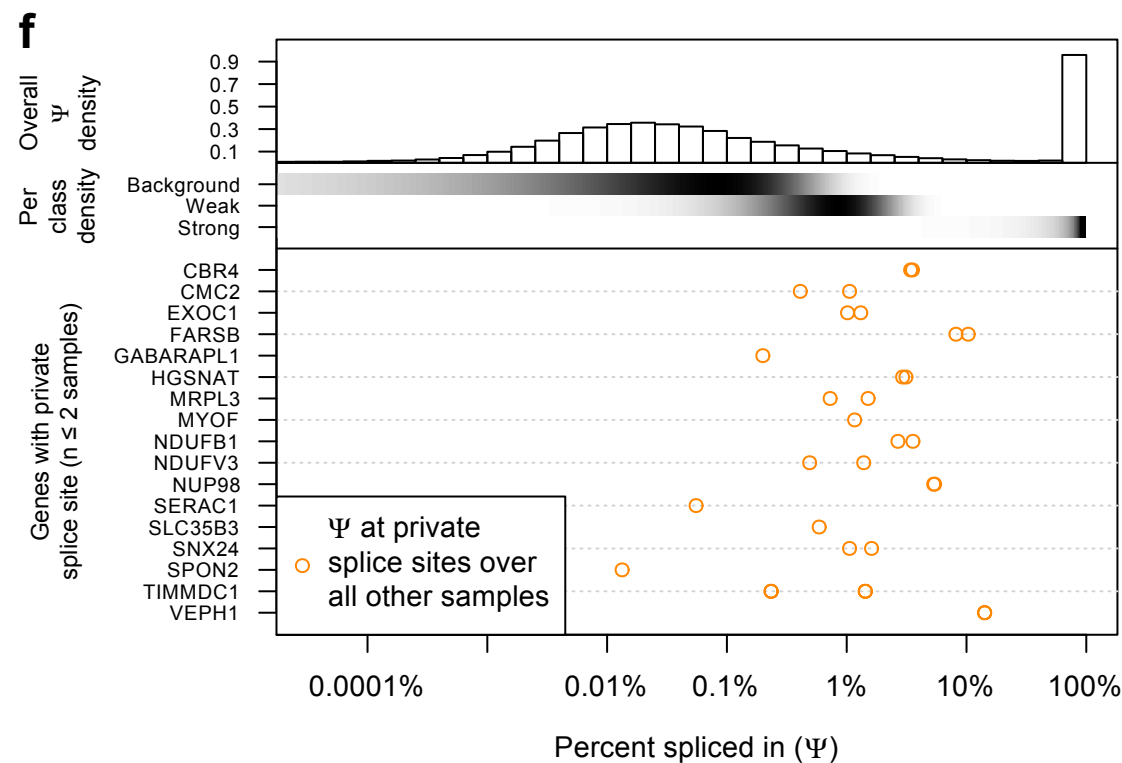
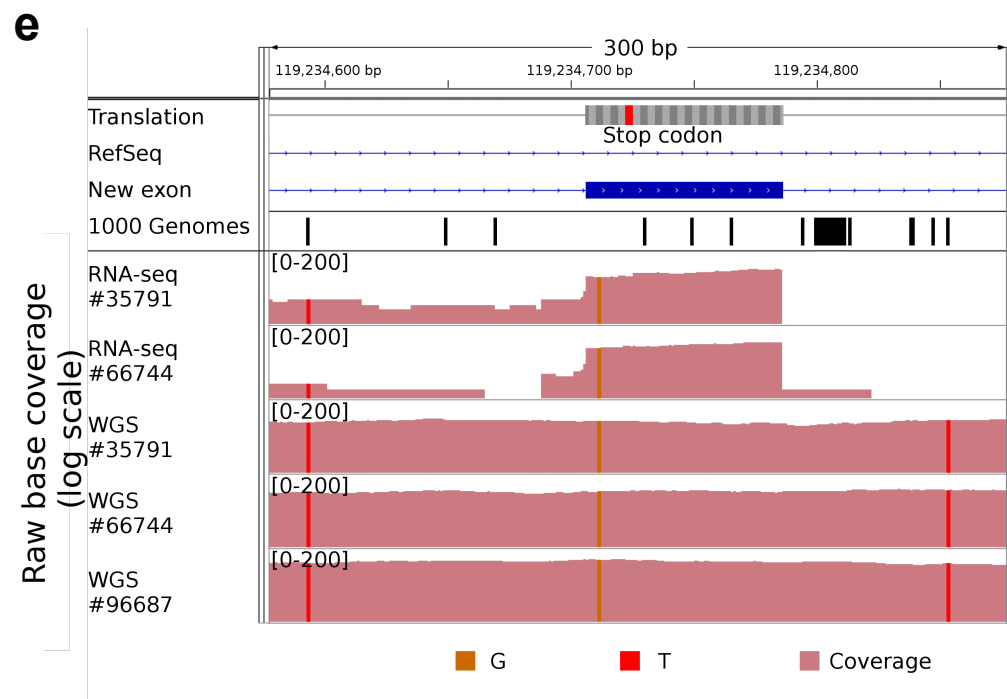
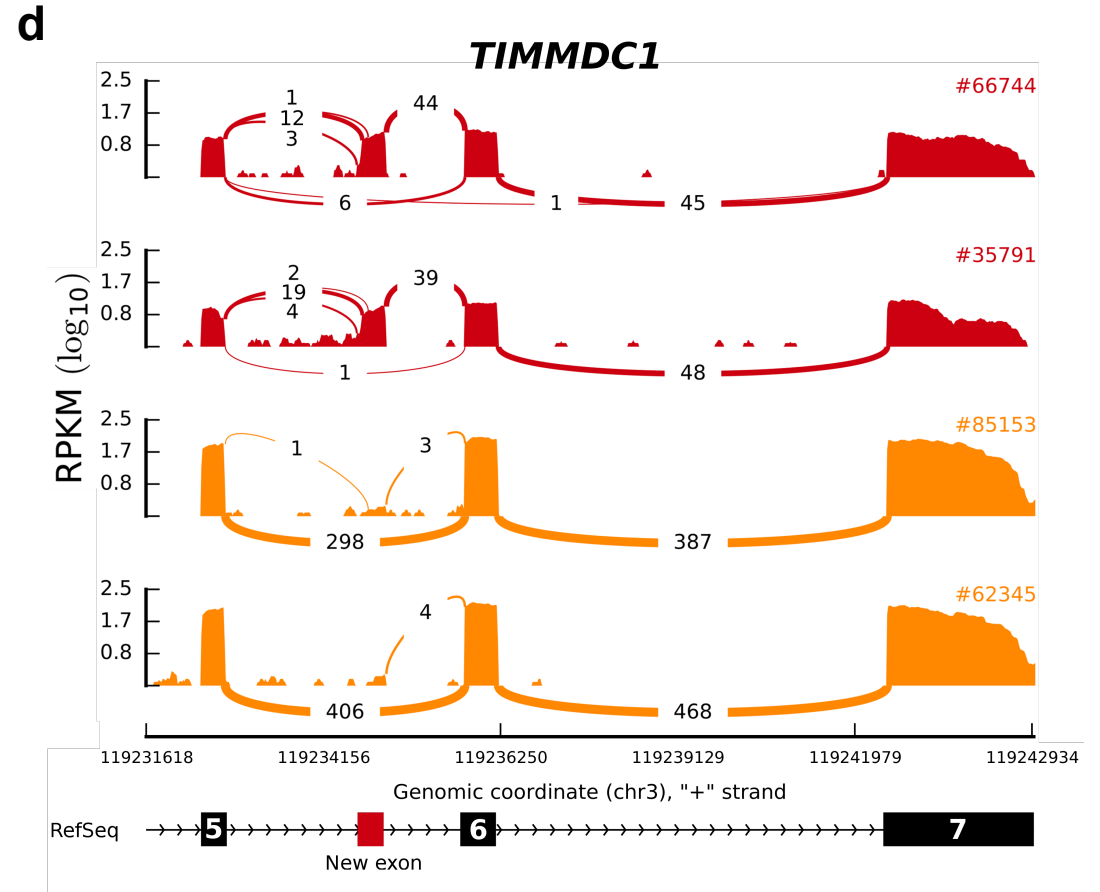
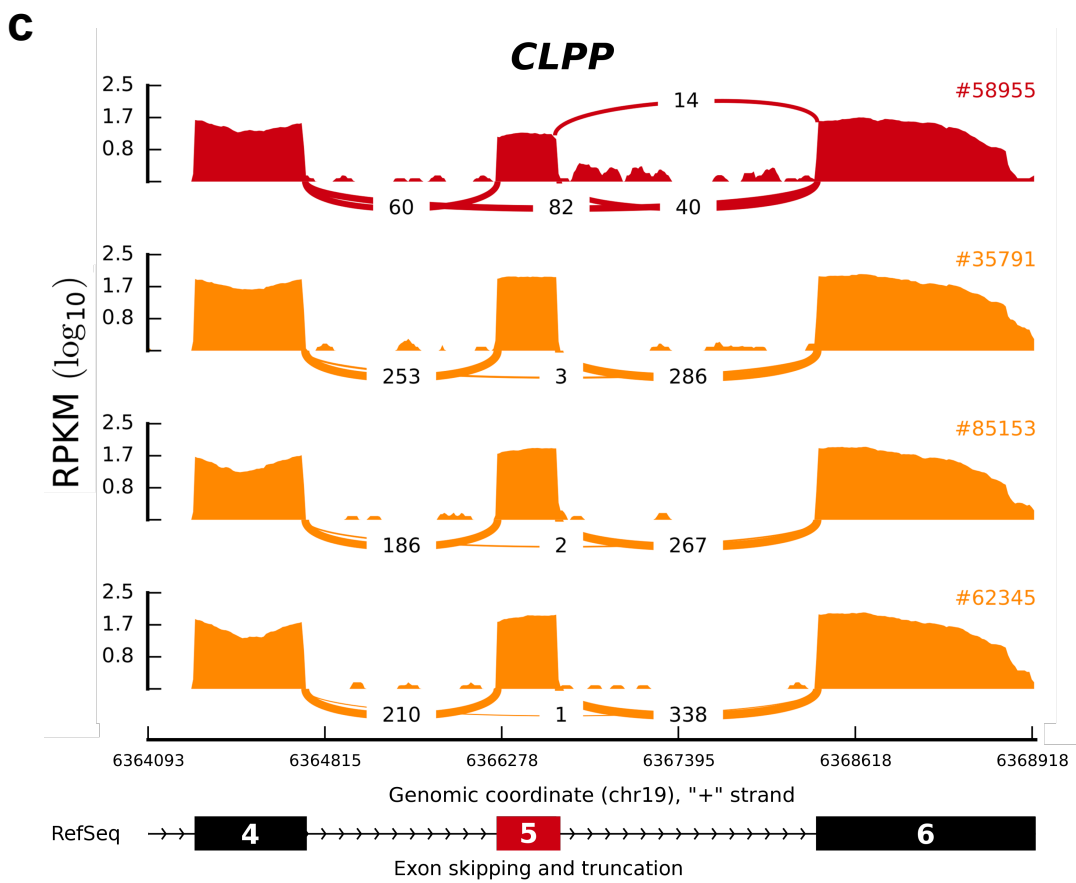
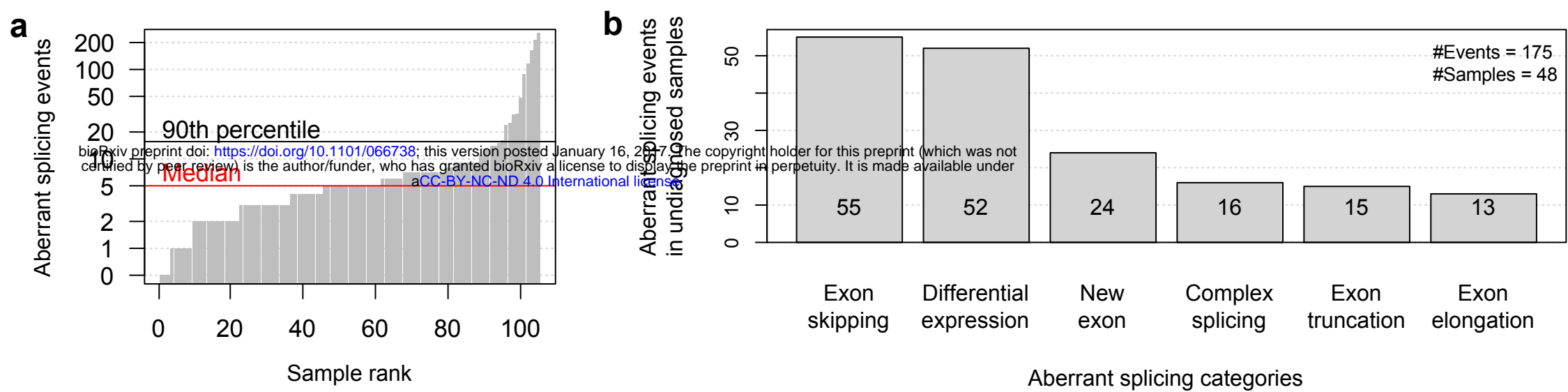
Complementation

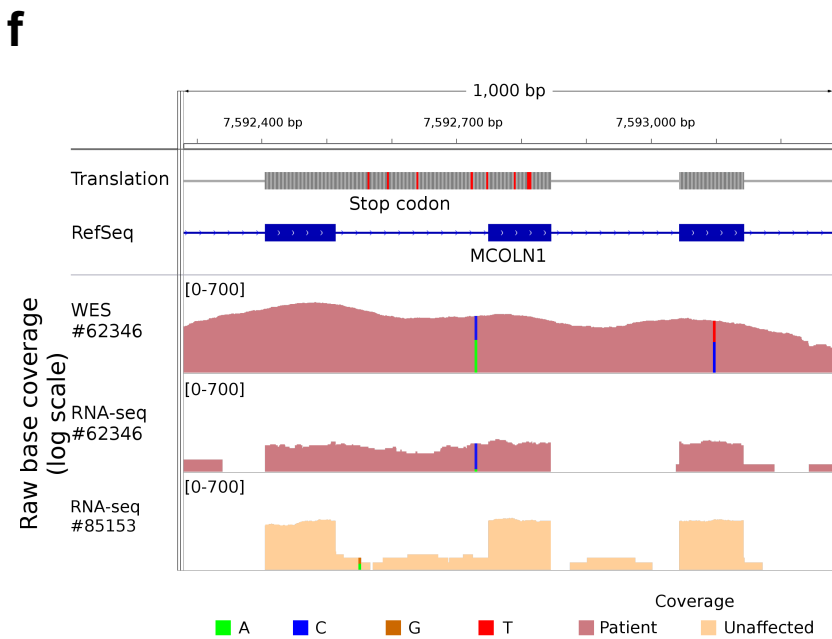
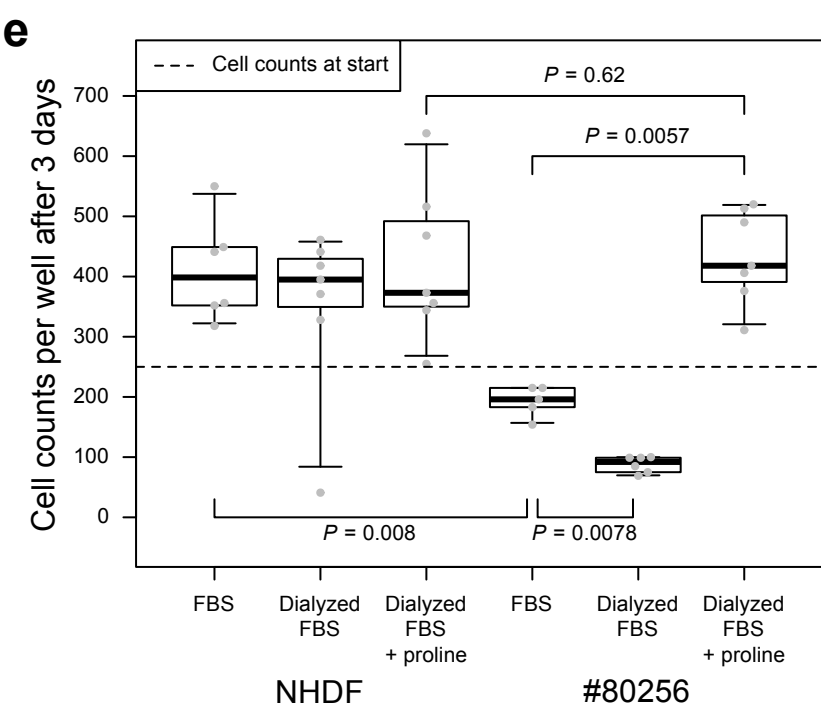
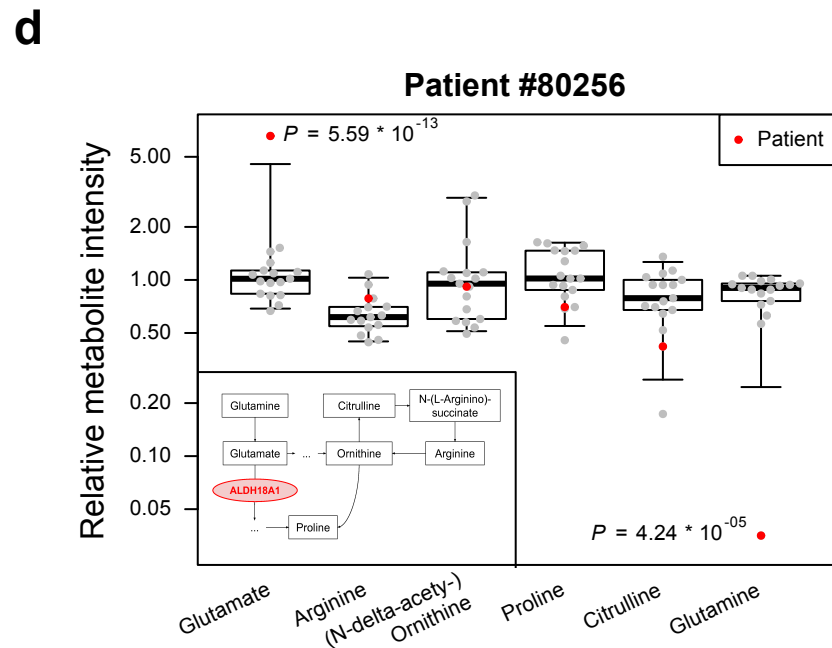
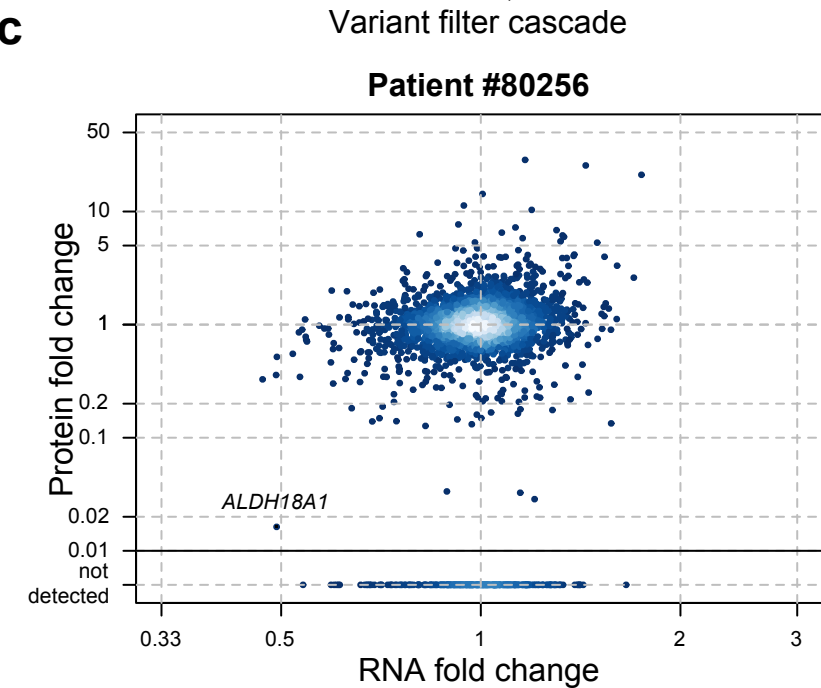
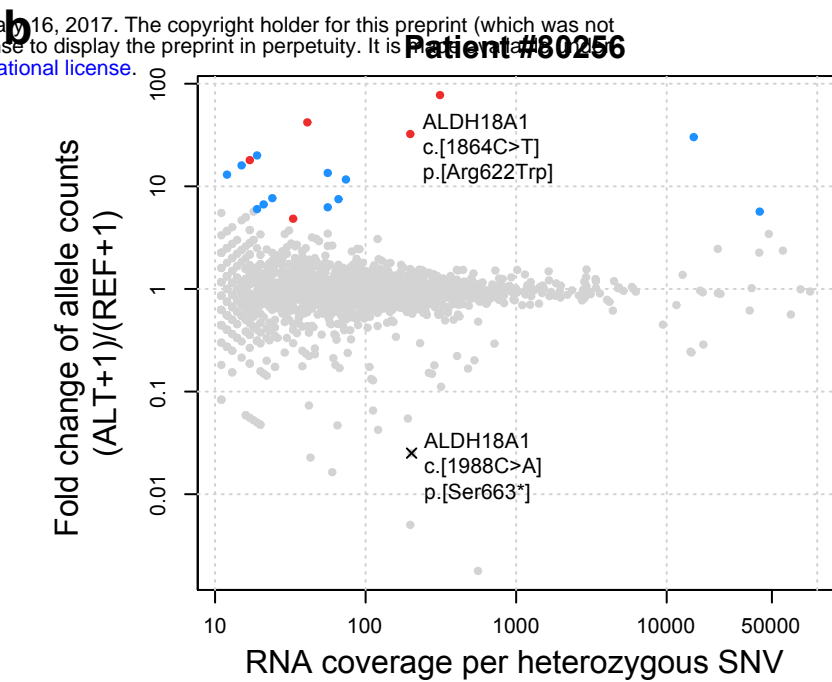
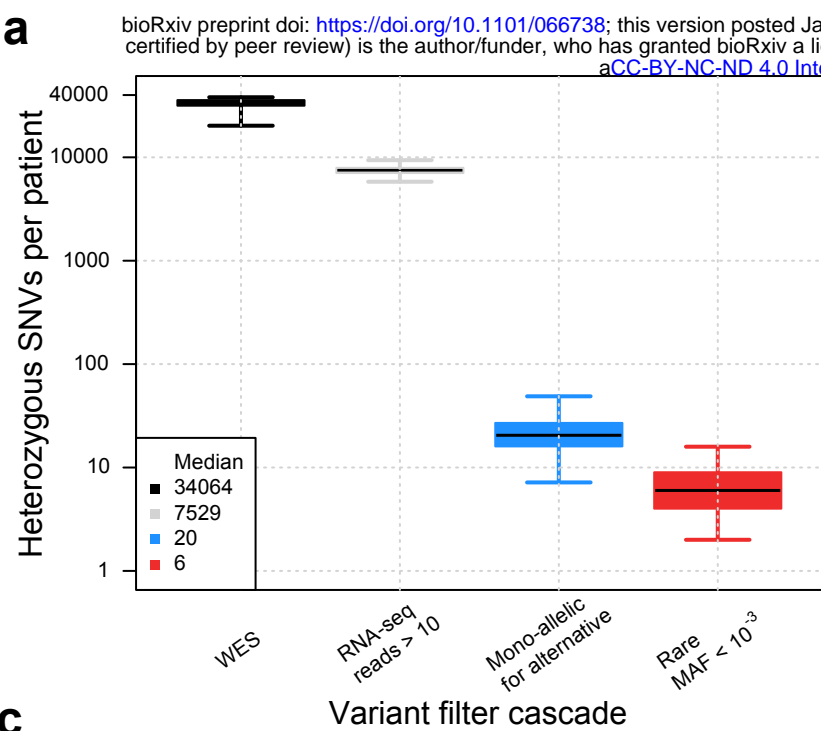


Supplementation

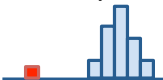


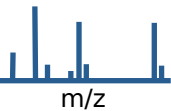

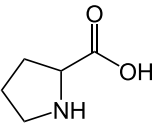








a

		TIMMDC1	MGST1	CLPP	ALDH18A1	MCOLN1	Candidates per sample
Detected by	Aberrant expression 	✓	✓	-	✓	⋯	1± 1
	Aberrant splicing 	✓	-	✓	-	⋯	5± 3
	Mono-allelic expression 	-	-	-	✓	⋯	6± 3
Validated by	Proteomics/Western blot 	✓	✓	✓	✓	-	
	Complementation 	✓	-	-	-	-	
	Supplementation 	-	-	-	✓	-	
Disease associated variant detected		✓	-	✓	✓	✓	

b