

# Estimating stem cell fractions in hierarchically organized tumors

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## Abstract

Cancers arise as a result of genetic and epigenetic alterations. These accumulate in cells during the processes of tissue development, homeostasis and repair. Many tumor types are hierarchically organized and driven by a sub-population of cells often called cancer stem cells. Cancer stem cells are uniquely capable of recapitulating the tumor and can be highly resistant to radio- and chemotherapy treatment. We investigate tumor growth patterns from a theoretical standpoint and show how significant changes in pre- and post-therapy tumor dynamics are tied to the dynamics of cancer stem cells. We identify two characteristic growth regimes of a tumor population that can be leveraged to estimate cancer stem cell fractions *in vivo* using simple linear regression. Our method is a mathematically exact result, parameter free and does not require any microscopic knowledge of the tumor properties. A more accurate quantification of the direct link between the sub-population driving tumor growth and treatment response promises new ways to individualize treatment strategies.

# 1 Significance Statement

2 Under the cancer stem cell hypothesis a tumor population is driven by a fraction of self-renewing  
3 cancer stem cells. Absolute and relative size of this population in human cancers at any stage of the  
4 disease remains unknown. We formulate a mathematical model that describes the tumor cell  
5 population's growth dynamics and response to therapy. This allows to estimate cancer stem cell  
6 fraction from longitudinal measurements of tumor size (often available from imaging). Such estimates  
7 are critical because treatment outcome and risk of relapse depend on the tumor's capacity to  
8 self-renew. Ideally, by tailoring patient treatment strategies based on the relative abundance of cancer  
9 stem cells could lead to radically different therapeutic regime and to the successful eradication of the  
10 disease.

# 11 1 Introduction

12 Cancer comprises a group of diseases that involve abnormal and uncontrolled proliferation of cells  
13 that were once normal. These aberrant properties are induced by alterations in genes that control cell  
14 regulatory mechanisms, microenvironmental response and cell-cell signaling: a group of functions  
15 referred to as the 'Hallmarks of Cancer' [1]. Although large-scale genomic studies have revealed the  
16 spectrum of genomic profiles in many cancers [2], recent accumulating evidence shows that cancers  
17 are characterised by extensive inter-patient [3] and intra-tumor heterogeneity [4] as a consequence of  
18 tumor evolution [5]. This heterogeneity bridges multiple scales and is not only tied to the tumor but  
19 also the context within which it grows, its microenvironment [6].

20 In addition, tumors are often comprised of cancerous cells in distinct stages of differentiation [7]. This  
21 "phenotypic" diversity likely is a remainder of the hierarchical organization of the tumors' tissue of  
22 origin. In most healthy tissue, stem cells maintain tissue homeostasis and a certain number of cell  
23 differentiation compartments give rise to the production of phenotypically distinct mature cell types  
24 [8, 9]. The finding that tissue organization can be maintained in tumors has lead to the postulation of  
25 the existence of cancer stem cells, termed the cancer stem cell hypothesis. Under this hypothesis a  
26 fraction of cells are uniquely able to seed, maintain and re-seed tumors [7]. First identified in leukemia  
27 [8], cancer stem cells have since been shown to drive a number of solid tumors, including colon  
28 [10, 11, 12], brain [13], breast [14], head and neck [15], lung [16], and melanoma [17], among others.

29 These *in vivo* and *in vitro* observations are complimented by a rich emerging body of literature using a  
30 variety of mathematical methods to model the hierarchical organization of tissues in physiological  
31 and pathological contexts. Tissue-specific models include those focused on the cell hierarchy in  
32 colonic crypts [18, 19, 20] and leukemias [21, 22]. Other studies have sought to understand the general  
33 dynamical behavior of tissues organized in a hierarchical way [23, 24, 25, 26].

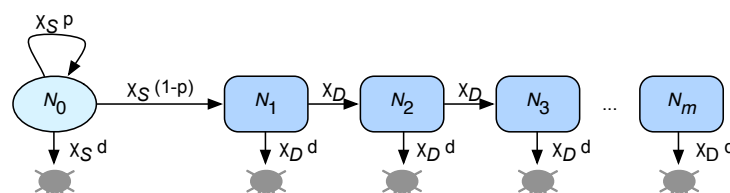
1 Finding an effective treatment strategy against cancers organized into a hierarchy is thought to  
2 require the elimination of all cancer stem cells [27, 28]. However, an increase of the cancer stem cell  
3 fraction during treatment is frequently observed [29, 30]. This increase is potentially due to various  
4 mechanisms, such as cancer stem cell quiescence [31], specific intrinsic mechanisms of  
5 radioresistance[32] and chemoresistance [33], or even microenvironmental plasticity of the non-stem  
6 phenotype [34, 35] promoting the cancer stem cell population.

7 Naïvely, the specific targeting of cancer stem cells seems a promising and necessary approach to  
8 improve treatment [5]. Different sizes of cancer stem cell populations between patients could  
9 potentially influence individualized treatment strategies and improve prognosis [36]. Unfortunately,  
10 the fraction of tumor-driving stem cells is unknown at diagnosis. Currently, the only method that  
11 exists that can infer this information for specific patients is from direct biopsy before and after  
12 treatment. This has major limitations due to marker resolution and sampling frequency and is further  
13 confounded by location dependence and intrinsic heterogeneity, not to mention risk to the patient.  
14 Ideally, we require a continuous measure of the stem fraction that can easily be obtained from  
15 relatively non-invasive means.

16 We use a multi-compartment approach, which allows an analytical description of cell population  
17 dynamics in hierarchically organized tumors [37, 38]. It had been noted before that hierarchical  
18 tumors transition from a fast into a relatively slower phase of tumor growth. During treatment  
19 response, particularly in targeted treatment of leukemias, a similar effect of strong response followed  
20 by weaker response is common [39, 40, 41]. Here we show that these transitions are tied to the  
21 dynamic characteristics of cancer stem cells. Moreover, our analytical results allow us to exploit this  
22 universal property of hierarchical tumor organization. We show how one can estimate the fraction of  
23 tumor-driving cancer stem cells from purely macroscopic observables, such as information about  
24 tumor size gleaned from medical imaging.

## 25 2 Results

26 We model hierarchical tumor organization by a multi compartment approach (see Fig. 1). Each  
27 compartment represents cells at certain differentiation or proliferation stages [21, 37]. We investigate a  
28 minimal model, where compartment 0 contains stem cells that proliferate at a rate  $\chi_S$  and die at a rate  
29  $d_S$ . Transient amplifying cells proliferate at a rate  $\chi_D$  and die at rate  $d_D$ . Self-renewal of cancer stem  
30 cells occurs with a probability  $p$ . Differentiation into transient amplifying cells occurs with probability  
31  $1 - p$ . The cell lineage can undergo at most  $m$  cell doublings before the most differentiated cells enter  
32 senescence. This resembles a cells' Hayflick limit, which might be a consequence of critically short  
33 telomeres, or other cell regulatory mechanisms [42]. Usually, the proliferation rate of transient  
34 amplifying cells is increased as compared to stem cells, for example we have  $\chi_S < \chi_D$ . Modifying the  
35 death rates allows us to implement a minimal representation of immune-response during tumor



**Figure 1. Model schematic, showing key parameters governing the mathematical model based on the cancer stem cell hypothesis.** Cancer stem cells, denoted by  $N_0$ , are exclusively able to maintain the tumor cell population. Transient amplifying cells ( $N_1, \dots, N_m$ ) undergo  $m$  cell division before which they enter cell senescence. Cancer stem cells proliferate with a rate  $\chi_S$ , self renew with probability  $p$  and die at a rate  $\chi_S d$ . Transient amplifying cells proliferate with rate  $\chi_D$  and die at a rate  $\chi_D d$ .

1 growth, as well as different treatment regimens.

2 The deterministic dynamics of a cell population that is organized in such a hierarchy can be described  
3 by a set of coupled linear differential equations. The general analytical solution reduces to a set of  
4 weighted exponential functions (see Methods for details). If there are a finite number of cell divisions,  
5 the tumor growth curve decomposes into two regimes. The first regime is driven by cancer cells filling  
6 up compartments of higher differentiation. The second phase is characterized by a dynamic  
7 equilibrium, in which this drive from below is balanced by loss of cells due to senescence. In addition,  
8 and more importantly, we can infer the impact of the fraction of cancer stem cells on possible 'phase  
9 transitions' during tumor growth and response to treatment.

## 10 Tumor growth

11 We initiate tumor growth with a single (cancer stem) cell in compartment 0. This is in line with the  
12 cancer stem cell hypothesis [43] and does not necessarily imply that the cell of origin was a stem cell.  
13 Potentially stem like properties can be acquired at later stages of the hierarchy, as is common in for  
14 example different acute leukemias [8, 28]. The proliferation parameters of cancer stem cells determine  
15 the long term behavior of the tumor. A tumor grows continuously (and potentially becomes a  
16 detectable cancer), if  $p > (1 + d)/2$ . The probability of stem cell self renewal  $p$  needs to be sufficiently  
17 large to compensate loss of stem cells by random cell death  $d$ . In contrast, the tumor population  
18 vanishes for insufficient cancer stem cell self renewal. In the following, we assume that  $p$  is  
19 sufficiently large to allow for a growing tumor.

20 In this scenario, the population of cancer stem cells expands. In addition, cancer stem cells  
21 differentiate into transient amplifying cells that comprise the bulk of the tumor. However, after  
22 sufficient time, loss of differentiated cells due to cell death or cell senescence and gain of  
23 differentiated cells due to doublings of transient amplifying cells balance one another. When this  
24 balance is reached, the tumor growth dynamics transition into a second phase. Further tumor growth  
25 is limited by the expansion rate of the cancer stem cell compartment, see Fig 2 for an example. These  
26 two distinct growth phases are a generic property of hierarchically organized tumors. WE only

1 assume that proliferation rates of tumor initiating cells and further differentiated cells differ [38].

## 2 **Cancer stem cell fraction**

3 The fraction of cancer stem cells  $r_g$  at time  $t$  during tumor growth is given by

$$4 \quad r_g(t) = \frac{N_0(t)}{\bar{N}(t)}, \quad (1)$$

5 where  $N_0(t)$  corresponds to the number of stem cells, and is  $\bar{N}(t)$  the sum of all tumor cells at time  $t$ .  
6 The fraction of tumor stem cells decreases in the first phase of tumor growth. Then it evolves towards  
7 an equilibrium state for any possible combination of cell proliferation parameters, see Fig. 2.

8 The value of the cancer stem cell fraction in dynamic equilibrium depends on the sign of the  
9 differential flow between the stem and the non-stem compartments. This flow describes the difference  
10 between the net expected growth of the cancer stem cell compartment and the net loss in any given  
11 differentiated (non-stem) compartment due to cell differentiation or death.

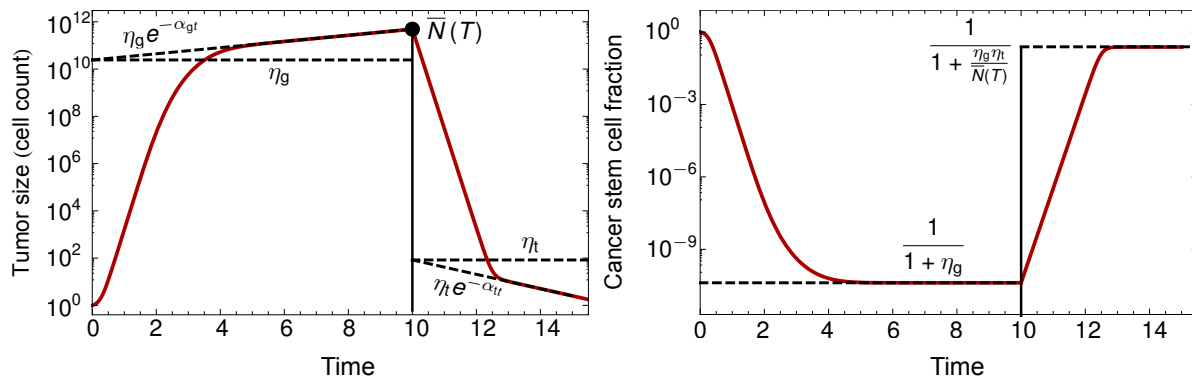
12 If the differential flow is negative, more stem cells are lost by differentiation than gained by self  
13 renewal. Then the stem cell fraction tends to zero. If the differential flow is exactly zero, cancer stem  
14 cells furnish half of the tumor population. For positive values of the differential flow, we have a  
15 surplus in the production of differentiated tumor cells as compared to their losses during further  
16 differentiation. In this third case, one can show that the time dependent components converge to a  
17 constant value ( $\bar{N}(t)/N_0(t) \rightarrow \text{const.}$ ) and the fraction of cancer stem cells take a non trivial value  
18 between 0 and 1, see Methods for details. Thus, the relative composition of the growing tumor  
19 remains constant in the second phase of tumor growth and is given by

$$20 \quad r_g^* = \frac{1}{1 + \text{const}}, \quad (2)$$

21 see Fig. 2 for an example. The value of the constant is calculated analytically in the Method section  
22 and involves all model parameters. Thus from the model's perspective, a detailed microscopic  
23 knowledge of a tumor's properties seems to be a prerequisite to estimate  $r_g^*$ . For example, all  
24 proliferation parameters of different cancer cell types should play a role. Yet, this detailed knowledge  
25 is unlikely or even impossible to gain in a clinical setting. In the following we propose an alternative  
26 method to estimate the constant in the denominator of Equation (2).

## 27 **Estimating the cancer stem cell fraction during growth**

28 An important macroscopic observable of a tumor is its growth curve. Small changes in tumor sizes  
29 can be visualized and analyzed effectively, for example by high resolution magnetic resonance



**Figure 2. Inferring the fraction of cancer stem cells from tumor growth curve or treatment response.** The estimation method is an analytical result that follows from our mathematical model. The red line shows one realization of the model for tumor growth and treatment response. The dashed lines correspond to exponential fits and their offsets that do not require any detailed knowledge on the tumor cell properties. If the offsets  $\eta_g$  and  $\eta_t$  can be estimated from the regression during growth (g) and treatment (t) respectively and the tumor size at the beginning of treatment is  $\bar{N}$ , then one can infer the equilibrium fraction of cancer stem cells during tumor growth and treatment response from purely macroscopic observables without the need of detailed knowledge of tumor cell properties.

1 imaging. Thus, tumor growth curves can be assessed reliably within relatively short time intervals,  
 2 and are recorded routinely in modern clinical care. Most importantly, these techniques do not require  
 3 any knowledge of the microscopic tumor properties.

4 Our mathematical model provides an analytical description of the tumor growth curves. The first  
 5 phase of tumor growth is a combination of rapid stem and differentiated cell proliferation. However,  
 6 as the tumor reaches an equilibrium state its growth follows a slower exponential expansion rate  
 7 driven by the stem cell pool. In dynamic equilibrium, tumor growth can be captured analytically by a  
 8 single exponential function of the form  $a e^{bt}$ . The coefficients  $a$  and  $b$  involve the parameters of the  
 9 mathematical model.

10 Interestingly, one finds that the coefficient  $a$  coincides with the constant in the exact expression of  $r_g^*$   
 11 and we can write  $r_g^* = 1/(1 + a)$ . This observation allows us to estimate  $r_g^*$  from tumor growth curves.  
 12 Instead of calculating the parameter  $a$  analytically, one can fit an exponential function  $\eta_g e^{\alpha_g t}$  to a  
 13 growth curve of a tumor in equilibrium via linear regression of the logarithmically transformed tumor  
 14 size data. This fit gives two parameters  $\alpha_g$  and  $\eta_g$ , which do not require any detailed microscopic  
 15 knowledge. Moreover, the offset  $\eta_g$  of the regression corresponds to the theoretically calculated  
 16 parameter  $a$ . This observation allows us to estimate the fraction of tumor driving cancer stem cells via  
 17 the relation

$$18 \quad r_g^* = \frac{1}{1 + \eta_g}, \quad (3)$$

19 from an exponential fit  $\eta_g e^{\alpha_g t}$  to the tumor growth curve, see Fig. 2 for an illustrative example.

# 1 Estimating the cancer stem cell fraction under treatment

2 Our general approach allows us to implement treatment strategies by altering the death rates  $d$  (or  
3 other parameters of the model) of cancer cells. A hierarchically organized tumor shrinks continuously  
4 under treatment if the death rate  $d$  of cancer cells exceeds the self renewal capability  $p$  of stem cells by  
5  $d > 2p - 1$ , and no treatment resistant clone is present [44]. Under continuous treatment, like  
6 unperturbed growth, we observe a bi-phasic response. The tumor cell population shrinks fast initially,  
7 and transitions into a slower decrease after a characteristic time.

8 The first phase is dominated by the death of differentiated cells. In this phase, treatment selects for  
9 cancer stem cells, see Fig. 2. Then the tumor reaches a dynamic equilibrium stage, in which the  
10 relative flux of cell renewal and cell loss balance. The relative composition of the tumor remains  
11 constant, despite a continuous decrease in tumor size. This causes the transition into a second phase  
12 of tumor shrinking, where the initial treatment effect starts to diminish.

13 The stem cell fraction that is active during treatment response can be estimated by an exponential fit  
14  $\eta_t e^{\alpha t}$  to the tumor shrinkage curve. Under treatment, the tumor's initial condition is not a single  
15 seeding cancer stem cell. We have to take all cancer cells into account. This changes our estimates and  
16 introduces additional complexity. In the Methods section we show that  $\eta_t$ , the offset of the  
17 exponential fit under treatment,  $\eta_g$ , the offset of the exponential fit during growth and  $\bar{N}(T)$ , the total  
18 tumor size at treatment initiation  $T$  suffice to accurately estimate the fraction of cancer stem cells  
19 under treatment, which is then given by the relation

$$20 \quad r_t^* = \frac{1}{1 + \frac{\eta_g \eta_t}{\bar{N}(T)}}. \quad (4)$$

21 This is an exact result of our model and its structure is very similar to the case of untreated tumor  
22 growth, see Fig. 2. However, we require additional information to estimate the fraction of cancer stem  
23 cells under treatment, but this information can be gained from macroscopic observations with no  
24 need for detailed knowledge about the microscopic tumor properties.

## 25 3 Discussion

26 The cancer stem cell hypothesis was formulated almost two decades ago and has attracted much  
27 attention and research but also many critics and much skepticism ever since [45]. While the existence  
28 of cancer stem cells in some tumors is well established, the situation in other cancers remains  
29 somewhat unclear [9, 43]. However, its impact on the understanding and treatment of cancers is  
30 undoubted. Of equivalent importance is the theoretical work on clinical implications of cancer stem  
31 cells. Numerous models have shed light on clinical phenomena from a theoretical perspective and



1 helped to explain patterns of treatment response and evolution of resistance [39, 46, 44, 30, 28].

2 Unfortunately, many models require involved parameterization which is implicitly difficult to obtain  
3 in a clinical setting. Their contribution to individualized treatment strategies thus remain unclear. In  
4 this work, we presented a very simple but general method to estimate the fraction of tumor driving  
5 cancer stem cells. This estimate can be made exclusively from the shape of a tumor's growth curve. It  
6 only consists of a single exponential fit (linear regression) in the case of tumor growth, and two such  
7 regressions of longitudinal tumor size data during treatment.

8 The idea to estimate treatment prognosis and treatment response from biphasic tumor growth in  
9 leukemias is not novel. Different methods were suggested, yet they focus on the slope of the growth  
10 curve [41, 47]. Here, we show instead that the offset of the cancer growth regression, not the slope,  
11 allows for estimation of cancer stem cell fractions. Furthermore, we do not provide a method to  
12 estimate model parameters by fitting procedures, but show a direct functional link between two  
13 tumor properties, namely tumor growth and growth driving fraction of cancer stem cells.

14 Our method is parameter free. It requires no knowledge about microscopic properties of the tumor. It  
15 only utilizes techniques, for example high resolution images, which are already used routinely in  
16 clinical care. Thus, our method could readily complement current treatment protocols and inform  
17 about the relative size of the active pool of cancer stem cells.

18 Here, we neglect the potential emergence of treatment resistant sub-populations. However, the risk of  
19 the evolution of resistance depends critically on the size of the cancer driving stem cell pool size and  
20 the pre-existence of treatment resistant cells is much more likely than their spontaneous emergence  
21 during treatment [48]. Thus our method provides a tool to estimate the risk of a pre-existing  
22 treatment resistant sub population and might help to adjust treatment accordingly, for example a  
23 different combination of drugs.

24 Further, our model neglects a spatial component of tumor growth. This assumption leads to  
25 exponential growth in equilibrium, a situation well met in most leukemias [49, 50, 28], but also found  
26 in some solid tumors [51]. However, in some cases, the spatial component might be of importance and  
27 tumor growth becomes polynomial rather than exponential and our method provides only an  
28 approximation of the actual stem cell fraction. Yet, this divergence might be small compared to  
29 unavoidable errors induced by measurement related noise.

30 The ability to infer cancer stem cell fractions at diagnosis and during treatment can influence  
31 treatment strategies. Aggressiveness and duration of treatment might critically depend on the  
32 number of tumor driving cancer stem cells. In addition the risk of the evolution of resistance increases  
33 dramatically with an increasing stem cell pool [44]. Furthermore the composition of drug cocktails, as  
34 well as timing and scheduling could be adjusted according to knowledge gained about the tumor  
35 stem cell population. This potentially allows an opportunity to move away from the paradigm of  
36 maximum tolerated dose. Instead, it would provide a rational method to adaptively and a maximal



1 effective dose for individualized treatment.

## 2 4 Methods

Here we lay out the deterministic dynamics of a hierarchically organized population. All cell divisions are symmetric. Stem cells divide at a rate  $\chi_S$  and either self renew (producing two stem cells) with probability  $p$  or differentiate (producing two differentiated cells) with probability  $1 - p$ . In addition stem cells might die at a rate  $d$ . Differentiated cells proliferate at a rate  $\chi_D$  and die at a rate  $d$ . Further, differentiated cells can undergo a maximum of  $m$  cell doublings before they enter cell senescence. The system takes the form of a hierarchically coupled set of ordinary differential equations. The stem cell population obeys

$$\frac{\partial}{\partial t} N_0(t) = p \chi_S N_0(t) - (1 + d - p) \chi_S N_0(t) \quad (5)$$

and the first compartment follows

$$\frac{\partial}{\partial t} N_1(t) = 2(1 - p) \chi_S N_0(t) - (1 + d) \chi_D N_1(t). \quad (6)$$

The function  $N_1$  corresponds to the number of differentiated cells that have not undergone further proliferations and thus have  $m$  cell cycles left before they enter cell cycle arrest. For all higher compartments ( $2 \leq i \leq m$ ) we then have

$$\frac{\partial}{\partial t} N_i(t) = 2 \chi_D N_{i-1}(t) - (1 + d) \chi_D N_i(t), \quad (7)$$

3 where  $N_m$  is the number of differentiated cells that only have a single cell cycle left after which they  
4 enter cell cycle arrest and are removed.

The equations (5)–(7) can be solved recursively for general initial conditions. If we set  $N_i(0)$  to be the initial number of cells at time  $t = 0$  in compartment  $i$ , we find

$$N_0(t) = N_0(0) e^{-\alpha t} \quad (8)$$

for the time dependence of cancer stem cells and  $\alpha = (1 + d - 2p) \chi_S$  is the net growth of cancer stem cells. The higher compartments ( $i > 0$ ) evolve according to

$$N_i(t) = N_0(0) \frac{2^i (1 - p) \chi_S \chi_D^{i-1}}{\gamma^i} \left[ e^{-\alpha t} - e^{-\beta t} \sum_{j=0}^{i-1} \frac{\gamma^j}{j!} t^j \right] + e^{-\beta t} \sum_{j=0}^{i-1} \frac{N_{i-j}(0)}{j!} (2 \chi_D)^j t^j. \quad (9)$$

5 The outflow of each differentiated compartment is  $\beta = (1 + d) \chi_D$  and  $\gamma = \beta - \alpha$  corresponds to the  
6 differential outflow of stem and non stem cell compartments. The tumor transition from fast into

1 slower growth is determined by the signs of  $\alpha$  and  $\beta$ . Both  $\chi_D$  and  $d$  are strictly positive and  
 2 consequently all terms in (9) that contain  $\exp(-\beta t)$  vanish in the long run. If we have  $p > (1 + d)/2$ ,  
 3  $\alpha$  has a positive sign and determines tumor growth in the long run. Therefore, if we start from a  
 4 single cell,  $N_0(0) = 1$ , and the initial conditions become negligible, the total number of differentiated  
 5 cells grows by

$$6 \quad \sum_{i=1}^m N_i(t) = e^{-\alpha_g t} \sum_{i=1}^m \frac{2^i(1-p)\chi_S\chi_D^{i-1}}{\gamma_g^i} = \underbrace{(1-p)\frac{2\chi_S}{2\chi_D - \gamma_g} \left[ \left( \frac{2\chi_D}{\gamma_g} \right)^m - 1 \right]}_{a_g} e^{-\alpha_g t} \quad (10)$$

7 and follows a single exponential function  $a_g e^{-\alpha_g t}$ , with an offset  $a_g$  that involves all model parameters.

The fraction of cancer stem cells can be written generally as

$$r(t) = \frac{N_0(t)}{N_0(t) + \sum_{i=1}^m N_i(t)}, \quad (11)$$

and is given in the slower growth phase by

$$r_g^* = \frac{1}{1 + \underbrace{(1-p)\frac{2\chi_S}{2\chi_D - \gamma_g} \left[ \left( \frac{2\chi_D}{\gamma_g} \right)^m - 1 \right]}_{a_g}} = \frac{1}{1 + a_g}. \quad (12)$$

Similarly, during treatment, tumor growth in equilibrium can be written as  $\bar{N}_t = a_t e^{-\alpha_t t}$ . However, in contrast to the tumor growth phase we get an additional term due to changed initial conditions. Instead of a single seeding cancer stem cell, we have  $e^{\alpha_g T}$  cancer stem cells at time of diagnosis  $T$ . Consequently, the fraction of stem cells becomes

$$r_t^* = \frac{1}{1 + a_t e^{\alpha_g T}}. \quad (13)$$

8 By re-substituting the age of the tumor via

$$9 \quad T = \frac{1}{\alpha_g} \ln \left[ \frac{a_g}{\bar{N}(T)} \right], \quad (14)$$

we find for the fraction of cancer stem cells under treatment

$$r_t^* = \frac{1}{1 + \frac{a_t a_g}{\bar{N}(T)}}. \quad (15)$$

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