

1 **The summary diagram of discovered host immunological**
2 **pathways against different pathogens and its relation to**
3 **hypersensitivities**

4
5 **Summary diagram of host immune responses**
6

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36 **Abstract**

37 Since the TH1 and TH2 immune response paradigm, more host immunological
38 pathways have been discovered including TH17, TH9, TH22, Tr1, Treg, Tfh, TH3,
39 and TH1like recently. These immunological pathways' functional clinical importance
40 is not clearly known. In this article, the host immunological pathways are re-
41 organized to get a clear picture. There are four eradicable immune responses:
42 TH1/TH2/TH22/TH $\alpha\beta$ which correspond to four tolerable immune responses:
43 TH1Like/TH9/TH17/TH3. TH1/TH1like provides immunity against intracellular
44 bacteria or protozoa and is related to type4 delayed-type hypersensitivity. TH1
45 immunity includes M1 macrophages, CTLs(Tc1), IFN- γ producing CD4 T cells, and
46 IgG3 producing B cells. TH1Like immunity includes M2 macrophages, suppressive
47 CTL, IFN- γ /TGF- β producing CD4 T cells, and IgA1 producing B cells. TH2/TH9
48 provides immunity against helminths and is related to type1 immediate allergy. TH2
49 immunity includes eosinophils(iEOS), basophils/mast cells(MCct), IL-4 producing
50 CD4 T cells, and IgE/IgG4 producing B cells. TH9 immunity includes eosinophils
51 (rEOS), basophils/mast cells(MCt), IL-9 producing CD4 T cells, and IgA2 producing
52 B cells. TH22/TH17 is an immunity against extracellular bacteria or fungi and is
53 related to type3 immune-complex hypersensitivity. TH22 immunity includes
54 neutrophils(N1), IL-22 producing CD4 T cells, and IgG2 producing B cells. TH17
55 immunity include neutrophils(N2), IL-17 producing CD4 T cells, and IgA2 producing
56 B cells. TH $\alpha\beta$ /TH3 is an immunity against viruses and is related to type2 antibody
57 dependent cytotoxic hypersensitivity. TH $\alpha\beta$ immunity includes stimulatory NK
58 cells(NK1), CTLs(Tc2), IL-10 producing CD4 T cells, and IgG1 producing B cells.
59 TH3 immunity includes regulatory NK cells(NK2), suppressive CTLs, IL-10/TGF β
60 producing CD4 T cells, and IgA1 producing B cells. THfh is the stimulatory pathway
61 to initiate adaptive immunity. Cytokines can help to drive initiatory immunities to
62 eradicable immune reactions. Another inhibitory pathway Treg is the key player
63 which is used to change immune responses to tolerable immune responses which
64 generate milder cytokines and other immune mediators to avoid severe destruction of
65 tissue-organ during any chronic large scale infection. This 4x2+2, the whole diagram
66 of host immunological pathways, describes initiatory, eradicable, regulatory, and
67 tolerable immune responses.

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73 **Main Text**

74 There are many discovered host immunological pathways including traditional TH1,
75 TH2, TH3, TH17, TH22, THfh, Treg, TH9, and Tr1(TH $\alpha\beta$). These identified
76 pathways are not logically organized. Here, I will propose a detailed picture about the
77 whole context of host immunological pathways. (Figure 1)

78

79 The traditional TH1/TH2 paradigm was proposed by Dr. Mosmann in 1986(1). TH1
80 was thought to be the host immunity against viruses and intracellular bacteria. TH2 is
81 the host immunity against multicellular parasites (helminths). In my PhD thesis, I
82 proposed a new TH $\alpha\beta$ immunological pathway against viruses that is separated from
83 the traditional TH1 immunity(2). The TH1 immunity is then focusing on intracellular
84 bacteria and protozoa. Later, TH3 immunity and Tr1 immunological pathways were
85 identified later(3, 4). Recently, additional immune responses have been discovered
86 including TH17, TH22, THfh, Treg, and TH1-like immunological pathways(5-8).

87

88 **Initiatory immune response**

89

90 Follicular helper T cells (THfh) are thought to be the key helper cells for the B cell
91 germinal centers in lymph nodes. THfh cells are characterized by IL-21 producing T
92 cells. BCL6 is a key transcription factor for THfh. TGF β with STAT5 signal can
93 constrain the differentiation of the IL-21 producing helper T cells(9). IL-21
94 production is also related to STAT1 and STAT3 activation as well as STAT5 activation,
95 since immunosuppressive prolactin can induce STAT5a to suppress BCL6
96 expression(10, 11). On the contrary, STAT5b can up-regulate BCL6. STAT5a and
97 STAT5b have distinct target genes in immune responses. The transcription factor to
98 induce THfh should be STAT5b. BCL6 is key in THfh development(12). The
99 follicular helper T cell can induce B cells to start to produce IgM antibody. Thus, it is
100 the earliest T lymphocytes to begin the adaptive host immunity(13-14). Different
101 STAT proteins regulate different immunological pathways. If the infection is tend to
102 be eradicable, the following host immunological pathways are generated with other
103 cytokines.

104

105 **Eradicable immune responses**

106

107 TH1 immunity is driven by IL-12. It is the host immunity against intracellular bacteria
108 or protozoa. The main effector cells of TH1 immunity are stimulatory macrophages
109 (M1), IFN- γ secreting cytotoxic CD8 T cells (Tc1), IFN- γ secreting CD4 T cells, and
110 IgG3 producing B cells(15-18). The key transcription factor for TH1 immunity is
111 STAT4. T-bet also plays a vital role in the TH1 immunological pathway. The TH1

112 immunity against self antigen is a Type 4 Delayed-type hypersensitivity, such as
113 found in type1 diabetes mellitus(19).

114

115 TH2 immunity is driven by IL-4. TH2 immunity is effective against extracellular
116 parasites (helminths) or insects. The main effector cells of TH2 immunity are
117 eosinophils (iEOS), basophils/connective tissue mast cells(MCtc, mast cell tryptase &
118 chymase), IL-4/IL-5 secreting CD4 T cells, and IgG4/IgE producing B cells(20). IgG4
119 activates eosinophils and IgE activates mast cells such as in acute anaphylaxis,
120 respectively(21). The function of IgG4-eosinophil is to activate eosinophil mediated
121 cellular immunity against parasites or insects. The function of IgE-mast cell is to
122 expel helminths or insects by physiological mechanism. Activated mast cells by IgE
123 can release histamine which causes bronchoconstriction, vomiting/nausea, rhinorrhea,
124 skin itchiness, stomach acidification, increased local vascular permeability, or
125 increased bowel movement. These actions can all help to expel helminths or insects
126 physiologically. The key transcription factor for TH2 immunity is STAT6. GATA3
127 also plays a vital role in TH2 immunological pathway. TH2 immunity against self
128 antigen is Type1 immediate allergy such as food/drug allergy or urticaria.

129

130 TH $\alpha\beta$ is distinguished from the traditional TH1 immunity(2). TH $\alpha\beta$ immunity
131 provides protection against viruses. It was called Tr1 cell by some previous
132 researchers(4). TH $\alpha\beta$ immunity is driven by IFN- α/β or IL-10. The main effector cells
133 of TH $\alpha\beta$ immunity are IL-10 producing stimulatory NK cells(CD56-CD16+ NK1
134 cells), IL-10/IL-27 secreting CD4 T cells, IL-10 secreting cytotoxic CD8 T cells
135 (Tc2), and IgG1 producing B cells(15,17,19,22). CD27 molecule is an important
136 component for virus immunity. The key transcription factor for TH $\alpha\beta$ immunity is
137 STAT1and STAT2. TH $\alpha\beta$ immunity against self-antigen is a Type 2 Antibody
138 dependent cytotoxic hypersensitivity such as the acute stage of Myasthenia Gravis. It
139 is worth noting that IL-10 is not merely an immunosuppressive cytokine; it can have
140 potent stimulatory effects on NK cells, CTLs, and B cells(23).

141

142 TH22 is the innate immunity against extracellular bacteria and fungi(24). TH22 is
143 driven by IL-6 or TNF- α . The main effector cells for TH22 immunity are PMNs(N1),
144 IL-22 secreting CD4 T cells, complements, pentraxins, and IgG2 producing B
145 cells(6). The key transcription factor for TH22 is STAT3. AP1 and CEBP are also
146 important. TGF beta can suppress IL-22 to skew to TH17 immunity(25). TH22
147 against self-antigen is Type 3 immune-complex and complement mediated
148 hypersensitivity such as Arthus reaction. It is worth noting that the extracellular or
149 intracellular locations of protozoa or fungi mainly decide the host immunological

150 pathways.

151

152 It is interesting to know that four IgG subtypes fit the four types of acute
153 immunological pathways. Murine IgG antibodies also have four subclasses. There is a
154 correlation between murine and human IgG subtypes: Human IgG1<->Murine IgG2a;
155 Human IgG2<->Murine IgG3; Human IgG3<->Murine IgG2b; Human IgG4<-
156 >Murine IgG1. hIgG1/mIgG2a is effective against viral antigens; hIgG2/mIgG3 is
157 effective against bacterial antigen, especially polysaccharides; hIgG3/mIgG2b is
158 effective against intracellular bacteria; and hIgG4/mIgG1 is related to parasite
159 antigens(26-28).

160

161 **Regulatory immune responses**

162

163 Treg is the host immune inhibitory mechanism. It is driven by IL-2 and TGF- β . The
164 main effector cells for Treg are TGF- β producing CD4 T cells and IgA producing B
165 cells. The key transcription factor for Treg pathway is STAT5, especially STAT5A.
166 However, both STAT5A and STAT5B play non-redundant roles in Treg
167 generation(29). They may act sequentially with STAT5B activation first in THfh
168 signaling. A combination STAT5B and STAT5A signaling induces the generation of
169 Treg. The combination of Treg and the above four immunological pathways is
170 important to change adaptive immunity to tolerable immunity. During the initial
171 infection, acute stage fierce cytokines can rapidly kill pathogens as well as infected
172 cells or tissues. However, if the pathogen infects a lot of cells in a tissue such as liver,
173 killing the infected cells will totally destroy the organ(30). Thus, the regulatory T cells
174 STAT5 signal combined with TH1/TH2/TH22/TH $\alpha\beta$ will make CD4 T cells with less
175 fierce cytokines(29). Then, the TH1like/TH9/TH17/TH3 immunological pathways
176 will be generated in a more chronic stage. It is worth noting that there are two
177 subtypes of IgA antibodies: IgA1 and IgA2. IgA1 is the dominant IgA antibody in
178 serum, and IgA2 is the dominant IgA in mucosa. TGF- β can induce either IgA1 or
179 IgA2, both of which seem to be dependent on the lymphoid follicle location(31). In
180 GULTs or Peyer's Patch, IgA2 is the dominant IgA antibody produced in the GI
181 mucosa there. In lymph nodes of other body locations, IgA1 is the dominant IgA
182 antibody produced there. However, IgA1 is especially related to viral protein antigens
183 and IgA2 is especially related to bacterial antigens such as LPS(32). The heavy chain
184 locus sequence of B cell antibodies is IgM, IgD, IgG3, IgG1, IgA1, IgG2, IgG4, IgE,
185 and IgA2. First, B cells double express IgM and IgD. We can view IgG3, IgG1, and
186 IgA1 as the first group for cellular immunity. Then, IgG2, IgG4, IgE, and IgA2 can be
187 viewed as the second group for humoral immunity. The gene sequence order is

188 important, and it affects the time sequence of isotype switch. It is also worth noting
189 that IL-13 is also a Treg related cytokine which is pro-fibrogenic and related to TGF- β
190 signaling.

191

192 **Tolerable immune responses**

193

194 TH1-like cells (non-classic TH1) are initiated by TGF- β (STAT5 signaling) and IFN-
195 γ (STAT4 signaling). TH1-like cells with Foxp3⁺ regulatory character are identified(8,
196 33). There is a close relation to TH1 helper cells and TH1-like cells. TH1-like cells are
197 the chronic host immunity of the TH1 immune response. Thus, it could be related to
198 chronic inflammation such as long-term tuberculosis infection. The effector cells of
199 TH1-like immunity include suppressive macrophages (M2), suppressive CD8 T cells
200 (CD28⁻), IgA1 producing B cells, and IFN- γ /TGF- β producing CD4 T cells(16,17). A
201 TH1-like immunity induces type4 delayed-type hypersensitivity such as Crohn's
202 disease.

203

204 TH9 cell is driven by IL-4 (STAT6 signaling) which combines TGF- β (STAT5
205 signaling)(34,35). Thus, TH9 cell is closely related to TH2 immunological pathway,
206 and is characterized by IL-9 secreting CD4 T cell. TH9 cells are found to be important
207 in a chronic allergic condition such as asthma. Thus, TH9 helper cell is the chronic T
208 helper cells related to TH2 immunity. The effector cells of TH9 immunity include
209 regulatory eosinophils(rEOS), basophils/mucosal mast cells (MCt, mast cell tryptase),
210 IL-9 producing CD4 T cells, and IgA2 producing B cells(36). TH9 immunity induces
211 type1 allergy including asthma(20, 37).

212

213 The TH17 cell is driven by IL-6 / IL-1 which combines TGF- β (5). Thus, TH17 cell is
214 closely related to TH22 immunological pathway. It is characterized by the IL-17
215 secreting CD4 T cell. TH17 cells are found to be important in chronic immune-
216 complex mediated disease such as rheumatic arthritis. The TH17 helper cell is the
217 chronic T helper cell related to TH22 immunity. TGF beta with STAT5 can suppress
218 the acute IL-22 producing cells and enhance the chronic IL-17 producing cells (25).
219 Because of the role of TGF- β in TH17 immunity, regulatory IL-17 producing cells are
220 noted. The effector cells of TH17 immunity include regulatory neutrophils(N2), IL-17
221 producing CD4 T cells, and IgA2 producing B cells(32).The TH17 immunity induces
222 type3 immune-complex hypersensitivity including ulcerative colitis.

223

224 TH3 cells are driven by IL-10 and TGF beta. Thus, TH3 cells are closely related to
225 TH α immunological pathway. It also produces the IL-10 as well as the TGF- β . Thus,

226 the TH3 helper cell is important to a person with chronic antibody dependent cellular
227 cytotoxic hypersensitivity. The TH3 cell includes the chronic helper T cells
228 corresponding to TH α β helper cell. The TH3 immune effector cells include the IL-13
229 producing regulatory NK cells(CD56+CD16- NK2 cells), IL-10 and TGF- β secreting
230 CD4 T cells, suppressive CD8 T cells (CD28-), and IgA1 producing B cells(17,22).
231 IgA1 is produced in serum and is against viral protein antigens. TH3 immunity
232 induces type2 antibody dependent cytotoxic hypersensitivity including chronic stage
233 of SLE.

234

235 **Conclusions**

236

237 This summary diagram: 4x2+2 immunological pathways present the whole pictures of
238 the host immunological pathways. There are four eradicable immune responses:
239 TH1/TH2/TH22/TH α β which corresponde to four tolerable immune responses:
240 TH1Like/TH9/TH17/TH3. These responses will match the four types of
241 hypersensitivity. From these evidences, we can then clearly understand the detailed
242 immune response against different pathogens as well as allergy/hypersensitivity.

243

244 **Conflict of Interest**

245 *The authors declare that the research was conducted in the absence of any*
246 *commercial or financial relationships that could be construed as a potential conflict*
247 *of interest.*

248

249 **Author Contribution**

250 Wan-Chung Hu is completely responsible for the idea formation, literature research,
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263

264 **Author's Information**

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266 Then, he went to the Department of International Health, the Johns Hopkins
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275

276 **Contribution to the Field Statement**

277 Recently, many new host immunological pathways (T helper cell lineages) have been
278 discovered including TH17, TH22, or TH9. Along with the older TH1/TH2 paradigm,
279 new host immunological pathways have made the host immunity more complicated
280 and difficult. And, we don't know the relation of those host immunological pathways
281 and different pathogens as well as types of hypersensitivities. Thus, this article
282 summarized those host immunological pathways which have been discovered to set
283 up a new paradigm. This new paradigm explains those host immunological pathways
284 which may be used with four different pathogen infection (virus, intracellular
285 bacteria/protozoa, extracellular bacteria/fungi, and helminthes) and are related to four
286 types of allergy/hypersensitivities. Thus, host immune response lineages can be well
287 explained. This is a very important development in the field of immunology. Please
288 see the brief abstract in BioRxiv doi: <https://doi.org/10.1101/006965>.

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445 Figure legends

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447 Figure 1. The summary diagram of host immunological pathways. In the middle, Tfh
448 side (follicular help T cell) begins the initiatory immunity; on the other hand, Treg
449 side (regulatory T cells) initiates the regulatory immunity. Eradicable TH1 and
450 tolerable TH1-like(TH1k) are related as shown in the diagonal line. Eradicable TH2
451 and tolerable TH9 are related as shown in the diagonal line. Eradicable TH22 and
452 tolerable TH17 are related in the diagonal line. Eradicable TH $\alpha\beta$ and tolerable TH3
453 are related in the diagonal line.



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